

The James P. Nix Center

October  
2015

*City of Fairhope Adult Recreation Center*

In This Issue

[Fall Into Fairhope!](#)

[Ocean Springs Bus Trip](#)

[MARK YOUR CALENDER](#)

[Lunch & Learn](#)

[Flu Shot Clinic at the Nix Center](#)

[Sunset Yoga for Charity](#)

[AARP Fraud Program](#)

[Dementia Education Program](#)

[Crepe Paper Flower Making Class](#)

[Cooking Class- Turkey Leftovers](#)

[Living Well Alabama](#)

[St. James Concert Series](#)

[Breast Cancer Awareness Month](#)

[Nix Center Ballroom Dance](#)

[ACTIVITES AROUND TOWN](#)

Fall Into Fairhope

The seasons are changing, which means it's time to "Fall Into Fairhope"! The Grand Festival of Art, the Alabama Coastal Birdfest & Conservation Expo and the Grand

Phone Numbers

[City of Fairhope](#)

928-2136

James P. Nix Center

928-2835

Police Department

928-2385

Public Works/Utilities

928-8003

Recreation/Pool

990-0175

Quail Creek Golf Course

990-0240

Baldwin County  
Courthouse/BRATS

928-3002

To report Medicare Fraud

1-800-AGELINE

Sponsors

Phone Numbers

[Aseracare Hospice](#)

943-6094

[Atlantes Financial  
Advisors Corp.](#)

928-1616

[Southern Eye Network](#)

990-3937

[Covenant Hospice](#)  
626-5255

[Hartmann, Blackmon &  
Kilgore](#)

928-2443

[Homestead Village](#)

929-0250

[Gentiva](#)

Festival of Books will all take place in the first weekend in October. The weekend also includes First Friday Artwalk, beginning at the Eastern Shore Art Center, on Friday,

October 2.

The Grand Festival of Art is held on the downtown Fairhope campus of Faulkner State Community College. The festival is on Saturday, October 3 and Sunday, October 4 and will feature fine artists and craftspeople from across the U.S.

The Alabama Coastal Birdfest's Bird & Conservation Expo takes place at the new amphitheater on the southeast corner of the Faulkner campus on Saturday, October 3. The free, family-friendly event features sea creature touch-tanks,

raptor demonstrations, booths, vendors, exhibits, and lots of hands-on fun for all ages. The event is part of the four-day Birdfest, with more than 30 guided trips by boat and on foot, two evening events, and workshops.

The Grand Festival of Books, also on October 3, includes author readings, book signings, and other activities for readers of all ages. A few of the authors scheduled include: Jennifer Horne, Matthew Quinn, Frye Gaillard, Karyn Tunk and many more!

For more information on all of the Fall Into Fairhope events, visit the Fall Into Fairhope Facebook page.

## Ocean Springs, MS Bus Trip

The Nix Center will take a bus trip to Ocean Springs, MS on **Friday, October 16**. Nix Center members are invited to sign up to ride a bus to Ocean Springs

621-0882

[Optimum Asset Management, Inc.](#)  
625-8885

[PNC Bank](#)  
928-8838

[Wolfe-Bayview Funeral Home](#)  
928-9555

[Country Place Living](#)  
929-3627

[The Brennity](#)  
928-5555/626-9000

[The Gardens of Daphne](#)  
625-0802

[The Blake at Malbis](#)  
625-6400

### NIX CENTER BALLROOM DANCE

Dances are held the 2nd & 4th Thursday of every month at the Nix Center from  
**7:00 p.m. - 10:00 p.m.**  
Costs: \$5.00 **Members**  
\$9.00 **Guests**

**October 8**  
**Band: Exit 105**

**October 22**  
**Band: JR Owen**  
**Theme: Halloween Costume Contest!!**

Split the pot drawing held at every dance!

*Thanks to our dance helpers Betty Deese, Marie Weatherly, Bonnie Matchey, Jerry Bergman,*

and enjoy all that the beautiful town has to offer. We will visit the Walter Anderson Museum of Art and the Ocean Springs Museum of History. You will have time for lunch in downtown Ocean Springs and time to shop around town before the bus leaves to head home mid-afternoon. We ask that you sign up in advance so we can have a headcount for museum tours, lunch and the bus. For more information, call 929-1447.

## MARK YOUR CALENDAR

### October 7-BIRTHDAY BASH; 10:30 a.m.

Celebrate your Birthday with the Nix Center. Enjoy Birthday Cake, Ice Cream, Games and Prizes!! Sponsored by Atlantes Financial Advisors , Southern Eye Network & Wolfe-Bayview Funeral Home

### October 14- TO YOUR HEALTH; 10:00 a.m.

Topic: Volunteering with Hospice  
Presented By: Katie Spratlin, Community Hospice

### October 8- TEA TIME; 2 p.m.

Topic: Who Has The Highest Risk of Breast Cancer & A Brief Overview of Treatment  
Speaker: Lori Downey, Network Development Manager, Gulf Coast Cancer Centers  
Sponsored by: Covenant Hospice

### October 13- COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with Chief Joe Petties as he discusses local scams and fraud you need to be aware of. This event is open to the public.

### October 15- ICE CREAM SOCIAL; 2 p.m.

Join us for Ice Cream, friends and door prizes!  
Sponsored by: PNC Bank & The Gardens of Daphne

Louise Eckman & Audrey Strnad.

## ACTIVITIES AROUND TOWN

### SARPC Senior Lifestyle Expo

Thursday, October 1 from 9:30 a.m. to 1:30 p.m. at the Baldwin County Coliseum in Robertsdale. Enjoy information, free health screenings, games, prizes and more!

### Founder's Day Concert

Sunday, October 4 from 6-8 p.m. Baldwin Pops Founder's Day Concert on the Henry George Bluff.

### Downtown Trick-or-Treat

Saturday, October 24 from 10 a.m.-2 p.m. in downtown Fairhope. Children and their families are invited to wear their Halloween

**October 28 - BINGO; 1 p.m.**

Play 10 games of Bingo. Cost is \$1 for 3 cards.  
Refreshments served and prizes following each game!  
Sponsored By: **Gentiva Home Care**

**DAILY DONATIONS**

Just a reminder to please donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what we use to purchase the snacks and coffee you are served at the center everyday. Thank you for your ongoing support of the Nix Center and our programs.

**Lunch & Learn**

The Nix Center and Country Place Senior Living will host a "Lunch & Learn" on the 3rd Wednesday of each month, featuring a different speaker or demonstration. Lunch will be \$2 per person and will include your main entrée, drink and dessert. Lunch entrée will be announced closer to time. Attendees must sign up in advance and pay at the door. This month's Lunch & Learn will be on **Wednesday, October 21 at 11:00 a.m.** The topic for Lunch & Learn will be Dental Care For Seniors, presented by Dr. Ashley Wasserman. Please register in advance with the Nix Center front desk.

**FLU SHOT CLINIC  
AT THE NIX CENTER**

The Nix Center will host a Flu Shot Clinic on **Thursday, October 1** from 10 a.m. until 1 p.m. in the Nix Center ballroom. Representative from Rite Aid Pharmacy will be here administering flu shots on a first come, first served basis. The clinic is open to

costumes and trick or treat at participating stores.

**JAMES P. NIX  
SENIOR ACTIVITY  
CENTER**

**Location**

One Bayou Drive  
Fairhope, Alabama 36532  
(251)928-2835  
Fax(251)990-0207

**Hours**

8:00 a.m.-5:00 p.m.  
Monday-Friday

**Email**

sherry.sullivan@  
cofairhope.com

OR

[sarah.smith@  
cofairhope.com](mailto:sarah.smith@cofairhope.com)

**Website**

[www.cofairhope.com](http://www.cofairhope.com)

**Personnel**

**Director, Community  
Affairs,  
Sherry Sullivan**

**Facility Manager,  
Sarah Smith**

Danon Atkinson  
Karen Beauchamp  
Peggy Hall  
Josh Graham  
Sara Hann  
Marguerite Peterson  
Mona Schoenrock  
Paige Turberville

This publication is produced by the James P. Nix Center. Printing of this newsletter is provided by **Hartmann, Blackmon & Kilgore, P.C. & Homestead Village.**

the public, with no age requirement. Please bring your photo ID and insurance provider card.

### Sunset Yoga for Charity

The final Sunset Yoga for Charity will be on Friday, October 23 at 5 p.m. on the Henry George Bluff in Fairhope. All classes are donation only and the money goes to the respective charity. The charity benefitting in October is Lifeline Children Services. For more information, contact Billie Reinhart at 251-379-4493.

### AARP Fraud Prevention Program

AARP Alabama will offer a free Fraud Prevention Program at the Nix Center on **Tuesday, October 6** at 10 a.m. AARP volunteer Joann Crawford will teach us how to protect yourself from Identity Theft, Investment Fraud, and other common scams. Please register in advance at the Nix Center front desk.

### Dementia Education

Presented By Covenant Hospice

Covenant Hospice will host a Dementia Education program at the Nix Center on **Thursday, October 29** at 1 p.m. The three-hour program will cover Helping Children Understand Alzheimer's, Hospice Care in Advanced Stage Alzheimer's Disease and Terminal Delirium. This seminar is free and open to the public. For more information on what will be covered, please contact Leslie Johnson with Covenant Hospice at 251-626-5255.

### Crepe Paper Flower Making Class

### Presented By The Blake at Malbis

The Blake at Malbis will sponsor a Crepe Paper Flower making class at the Nix Center on Monday, **October 19 at 10 a.m.** The class is free to Nix Center members. Participants will learn how to make crepe paper flowers that can be used in many different ways, including adding a little something special to holiday gift packages! Please register in advance at the front desk. The Blake at Malbis will be offering arts & crafts classes similar to this one for Nix Center members once a quarter.

### Turkey Leftovers Cooking Class

The Nix Center will host a cooking class with Faulkner State on **Thursday, October 22 at 10:30 a.m.** Entice your taste buds with these not so boring turkey leftovers: Turkey Pot Pie Bites, Turkey Croquets, and Turkey Corn Chowder! The cost is \$10 per person and will be paid upon arrival at the class. Please register in advance at the Nix Center front desk.

### Living Well Alabama: Better Choices, Better Health

The Area Agency on Aging, in conjunction with the Alabama Department of Senior Services will offer Living Well Alabama at the Nix Center. Living Well meets once a week for 6 weeks. The free

workshop series begins **Thursday, October 8 and runs through November 12.** Each workshop is

2 ½ hours beginning at 9:30 a.m. and includes a 20 minute break. Living Well is for people with any type of chronic condition and for caregivers of people with chronic conditions. Participants who complete the program report that they feel better, have fewer

hospitalizations, less visits to the emergency room and learn to communicate better with their physicians. You will learn how to cope with fatigue, pain and frustration related to ongoing health conditions. If you have a health condition such as high blood pressure, arthritis, diabetes, heart disease, cancer or stroke, Living Well can help you develop skills to better manage your health! To register to participate, please sign up at the Nix Center front desk.

## St. James Concert Series

St. James Episcopal Church will host Yakov, Aleksandra & Dina Kasman at their Concert Series on **Sunday, October 18 at 4 p.m.** Van Cliburn Silver Medalist Yakov Kasman returns to perform on the Bosendorfer with daughters Sasha and Dina who both began their music studies with mother Tatiana and now study with their father. A graduate and postgraduate of the Moscow State Tchaikovsky Conservatory and previously a professor at this conservatory, Dr. Kasman, who has performed in solo concerts and with more than 70 orchestras over the globe, is Professor of Piano/Artist-in-Residence at UAB. Sasha, a junior at UAB, has won numerous awards and has performed in the US, France, Ukraine, Russia, Japan and South Korea. Youngest at 15, Dina, also a competition winner, has performed with the National Symphony of Ukraine as well as in the "Keys to a Miracle" recitals in Birmingham raising funds for charities. For more information on attending this concert or any of the other concerts in the series, please call 251-928-2912.

## City of Fairhope Supports Breast Cancer Awareness Month

The City of Fairhope and the Downtown Fairhope Business Association is showing its support of Breast Cancer Awareness Month and have teamed up and are "Painting the Town Pink" this October. As part of the awareness effort, the fountain at Fairhope Municipal Pier and Park will be dyed pink, store fronts

and trees throughout downtown will be decorated with pink bows, and breast cancer awareness flags will be hung throughout downtown Fairhope and at the Pier. Every Monday in October, the Fairhope Welcome Center will be serving pink lemonade.

## Membership Information

Have you moved lately?  
Have a new telephone number?  
Started using E-mail?  
Stop by the Nix Center front desk to update your membership information with Sarah Smith.

## JAMES P. NIX CENTER DAILY ACTIVITIES FOR OCTOBER

### MONDAY

- 8:00-4:00 Pool for men & women  
9:00 Tone & Stretch with Joni  
10:00 **The Blake Art Project Class (October 19)**  
12:00 **POTLUCK LUNCH (October 5)**  
Main Entree: Baked Chicken  
Sponsor: **Southern Care Hospice**

**1**

### **2:30-4:00**

Eastern Shore Duplicate Bridge Club  
\$2.00 per game. For more information, call Art Meyers at 626-5109.  
[www.eastenshorebridgeclub.com](http://www.eastenshorebridgeclub.com)

- 1:00-4:00 Open Cards, Mahjong, Canasta  
1:30-4:00 Hand, Foot & Knee

### TUESDAY



- 8:00-9:00 Helen McKee Senior Stretch Class
- 8:00-4:00 Pool/Billiards for men & women
- 8:00 **Nix Center Golf Mixed Scramble at Quail Creek**  
Reservations required, fee to play is required.  
If you would like to play, call Bob Mull at 990-9958.
- 9:00 FREE Blood Pressure Screening with  
Aseracare Hospice (October 20)
- 9:00-10:00 Free Low Impact Aerobic Class
- 9:00-12:00 Jam N' Folks Music Group
- 10:00 **AARP FRAUD PREVENTION PROGRAM (October 6)**
- 12:30 **Tuesday Movie (October 20)**  
Ride the Nix Center bus to the movie theater in

**Daphne.**

**Movie will be announced.**

Space is limited to 11 people.  
Participants are responsible for admission fee  
to the

**movie and refreshments.**

**Pre-registration is required.**

- 12:30-4:00 Open Cards, Hand & Foot, Party Bridge,  
Scrabble, Cribbage, etc.  
*(Must bring your own foursome)*
- 12:30 **299 Duplicate Bridge Club**  
For more information, contact Janet Anderson  
at 251-990-5514

**WEDNESDAY**

- 8:00-4:00 Pool/Billiards for men & women
- 9:00 Line Dancing-- No  
Reservation required;
- \$5 fee is required.**
- 9:30-11:30 "Arts & Crafts & Chat"  
Bring your own craft or hobby and socialize  
while you do your own project-- just come chat.
- 10:00 **TO YOUR HEALTH (October 14)**  
Topic: Volunteering with Hospice  
Presented by: Katie Spratlin, Community Hospice

- 10:30      **OCTOBER BIRTHDAY BASH (October 7)**  
sponsored by Atlantes Financial Advisors,  
Southern Eye Network  
& Wolfe-Bayview Funeral Home.
- 10:45      **LUNCH TRIP ON THE BUS (october 14)**  
Ride the Nix Center bus to lunch on the Easter Shore!
- 11:00      **LUNCH & LEARN (October 21)**  
**Sponsored by: Country Place Senior Living**
- 12:30      Open Cards, Mahjong, Cribbage, Pinochle & more  
(Must bring your own foursome or stop  
by for a list of people who may be interested  
in creating a foursome)
- 12:30-4:00    Eastern Shore Duplicate Bridge Club \$2 per game;  
for information, call Art Meyers at 625-5109.  
[www.easternshorebridge.com](http://www.easternshorebridge.com)
- 1:00-3:00    **BINGO (October 28)**
- 1:30-4:00    Hand, Foot & Knee

-  
**THURSDAY**

- 8:00-9:00    Helen McKee Senior Stretch Class
- 8:00-4:00    Pool/Billiards for men & women
- 9:00-10:00   Free Low Impact Aerobic Class
- 9:30          Spouse Grief Support Group  
**(October 1, 8, 15, 22 & 29)**  
Sponsored by Covenant Hospice
- 10:00-1:00   **FLU SHOT CLINIC (October 1)**
- 12:30- 4:00   Open Cards, Pinochle and Games  
(must bring your own foursome)
- 12:30-4:00   Eastern Shore Duplicate Bridge Club  
\$2 per game. For information call Art Meyers at  
626-5109. [www.easternshorebridgeclub.com](http://www.easternshorebridgeclub.com)
- 1:30          **Coffee Group.** Men and Women are invited to j  
join in on an afternoon of fellowship and stimulating  
conversation. All are welcome to add their own information  
or opinions or listen to those of others.
- 2:00          **TEA TIME (October 8)**

Brief Topic: Who Has The Highest Risk of Breast Cancer & a  
Overview of Treatment

Manager Presented By: Lori Downey, Network Development  
with Gulf Coast Cancer Center

Sponsored By: **Covenant Hospice**

2:00 **ICE CREAM SOCIAL (October 15)**

Join us for Ice Cream friends, door prizes and much more!

Sponsored by **The Gardens of Daphne & PNC Bank**

7:00-10:00 Fairhope's Famous Dances **(Oct. 8 & Oct. 22)**

### **FRIDAY**

8:00-4:00 Pool/Billiards for men & women

9:00 **GOLD ZUMBA** with Joni **(October 2, 9, 16, 23 & 30)**

12:30 Eastern Shore Duplicate Bridge Club

\$2 per game. For information, call  
Art Meyers at 626-5109.

[www.easternshorebridgeclub.com](http://www.easternshorebridgeclub.com)

12:30 Open Cards

12:30-4:00 Mexican Dominos

1:00-4:00 Open Cards, Mahjong, Hand & Foot, Canasta, etc

## Happy Birthday October Babies



**OCTOBER 1:** Dorothy Herides, Kathy Woodin, Michael Cerps, Paul East, Renea Canton, Robert Sutherland, Sally DeJarlais, Walter D'Oliva

**OCTOBER 2:** Joan Browning, Robert Johnson

**OCTOBER 3:** Arthur Ellison, Betty Vance

**OCTOBER 4:** Jodi Smith, Kathy Boone, Rose Marshall, Sara Martin, Thomas McCullough

**OCTOBER 5:** Gary Quay, Sharon Sims, Vi Scharles

**OCTOBER 6:** Betty Mae Turner, Glenda Gravlee, Mary McCullough, Shirley Bums

**OCTOBER 7:** Andrea Fagan, Margaret Bero, Mary Jane

**OCTOBER 8:** Ann Wierzalowski

**OCTOBER 9:** Betty Stone

**OCTOBER 10:** Jerry Barnett, Lawrence Marshall, Max Maltox

**OCTOBER 11:** Lois Bednarowski

**OCTOBER 12:** Kathryn Crawford, Magrid Wichers, Tony Deas

**OCTOBER 13:** Arthur Ball, Peter Presel

**OCTOBER 14:** Chester Mae, Ila Anteine, Janet Waito, Laverne Larsen

**OCTOBER 15:** Betty Busby

**OCTOBER 16:** Dan Knight, Ingrid Schellenberg, Linda Wright, Maureen Muschel, Paul Glenn Sell, Susan Hebert

**OCTOBER 18:** Betty Gurley, Carolyn Bishop, Delane Small, Frances Smith, Joann Kibbe, Judith Matteis, Margalenehen Kerrinne, Mary Alice Fath, Marylene Lowery

**OCTOBER 19:** Bill Trimble, Cheryl Williams, David Schultze, Jackie Holmes, Mary Renfroe

**OCTOBER 20:** Douglas

Fancher, Kanetta Comly

**OCTOBER 21:** Bernice

Cherryholmes, Court Hurst, Linda Hamilton, Mary Laseau, Richard Earp, Robert Bruern

**OCTOBER 22:** Harry

Cichowski, Harvey Joanning, Jane McLendon, Joan Schnitzer, Katchie Cane,

Pat Hess, Sharle Tatum

**OCTOBER 23:** Andrea Lytle,

Gayla Mercer, Kay Burton, Mabel Daves

**OCTOBER 24:** Floyd Frasier, Marjorie Wegner

**OCTOBER 25:** Bobbie

O'Farrell, Clark Lankton, Kitty Moreland, Marion Metzger

**OCTOBER 26:** Elaine Postma, Evelyn Jamvold, Martin Powell, Mary Ann Pugh

**OCTOBER 27:** Joe Dubiel, Ron Muschel, Susan Helms

**OCTOBER 29:** Peggy McKenzie

**OCTOBER 30:** Betty Jean Lobsiger, Flo Schneider, Gary King, Patti Lewis

**OCTOBER 31:** Beatrice

Canning, Daryl Haskew, Jacqueline Lee



## James P. Nix Center Senior Savings Program

Please call the business for details about discounts. Restaurants require presentations of **James P. Nix Center Membership Cards** before ordering to guarantee discount. Encourage your favorite place to join our club of advertisers.

- ◆ **Benedict Painting & Wall Covering:** Professional painting, wall covering and power washing. 15% discount to Nix Center members. (928-9639)
- ◆ **Cape Travel** offers discounts on tours, packages and cruises to Nix Center members. Disney travel products are non-applicable. 251-928-0233 or Chelsea@gocapetravel.com
- ◆ **Delatorre Day Spa:** \$335 worth of services for \$85 less 10% on 1st visit only. Visit [www.delaspa.com](http://www.delaspa.com) 25 plus years of experience, by appointment only. 19300 Greeno Road, Highway 98, Fairhope (656-4880)
- ◆ **Eastern Shore Canine** in home pet services, private lessons, grooming with home pick-up services. 10% off all services for Nix Center members. Call 401-4415 or visit [www.easternshorecanine.com](http://www.easternshorecanine.com) for info.
- ◆ **Eastern Shore Glass:** 10% off materials, not including labor (928-5108)
- ◆ **El Mexicano Restaurant:** 10% off Monday through Thursday. Located next to Winn Dixie (929-7827)
- ◆ **Fabulous Frog Pet Sitting & Beyond:** You do not have to board your pet — stress free in-home care — your pet will thank you! We offer full-time care also. 10% off all pet sitting services to Nix Center members. Please call, (251) 300-4657. Also, commercial and residential cleaning.
- ◆ **Fairhope Alterations:** 10% off all hems (929-3938)
- ◆ **Hampton Inn Fairhope:** 15% off standard room rates for Nix Center members and their visiting families. Based upon valid during special events. Call 928-0956 or visit [www.fairhope.hamptoninn.com](http://www.fairhope.hamptoninn.com) and ask for the James P. Nix Rate.
- ◆ **Holiday Inn Express (Fairhope):** 15% off regular room rates. Call 928-9191. Not valid during special events.
- ◆ **Homestead Village Wellness Center:** \$50.00 enrollment fee waived one time only (929-0260)
- ◆ **Honey Baked Ham:** 10% off lunch (928-7262)
- ◆ **Hughes Funeral Home & Crematory:** 10% off any pre-planned funeral or cremation. (621-5890) Also visit [www.hughesfh.com](http://www.hughesfh.com).
- ◆ **Julwin's:** 10% off all menu items (990-9372)
- ◆ **Key West Inn:** 25% off rack rates, depending on availability, for Nix Center members and their visiting family members. When making reservations, please mention your membership with the Nix Center and ask for the special Nix Center rate. (990-7373 or 1-800-833-0555)
- ◆ **Massage Matters & More/Patti Street:** \$45 for first time visit for massage services and a 5% discount thereafter. Located on highway 98, just north of Rock Creek (423-7905)
- ◆ **Microtel Inn & Suites:** \$60+tax for single room, \$70+tax for a double/queen room and \$83+tax for suites. For reservations, call 621-7807 or visit [www.microtelinn.com](http://www.microtelinn.com) for additional information. Open to Nix Center members and their guests. Reservations recommended.
- ◆ **Old 27 Grill:** 10 % Off all menu items. (281-2663)
- ◆ **Peaches-n-Clean Carpet Cleaning:** 10% off cleaning cost with membership card. (621-0086)
- ◆ **Ruby Tuesday (Fairhope):** Free sundae with purchase of a meal. (990-5077)
- ◆ **Sandra's Place:** 15% discount (990-3344)
- ◆ **Southern Veranda Florist:** 10% off all merchandise-gifts & flowers (928-4433)
- ◆ **Subway Sandwiches:** 10% off entire order (928-0603)

**Updated 6/2013**