

City of Fairhope Adult Recreation Center

In This Issue

[Fairhope Elderberry Festival](#)

[Brick Paver Program](#)

[MARK YOUR CALENDER](#)

[Lunch & Learn](#)

[National Senior Citizen](#)

[Sunset Yoga for Charity](#)

[AARP Driver Safety Program](#)

[Ann's Alone Free Calling Service](#)

[Go To The Movies With The Nix Center](#)

[Sailing on Mobile Bay](#)

[Basic Ballroom Dance Lessons](#)

[Health & Wealth Fair](#)

[Holiday Schedule](#)

[Nix Center Ballroom Dance](#)

[ACTIVITES AROUND TOWN](#)

Fairhope Elderberry Festival
at the Museum of History

The Fairhope Museum of History invites everyone to celebrate the 7th Annual Elderberry Festival on **Saturday, August 8** beginning at 10 a.m. Festivities include demonstrations, tastings, pie-eating contest,

Phone Numbers

[City of Fairhope](#)

928-2136

James P. Nix Center

928-2835

Police Department

928-2385

Public Works/Utilities

928-8003

Recreation/Pool

990-0175

Quail Creek Golf Course

990-0240

Baldwin County
Courthouse/BRATS

928-3002

To report Medicare Fraud

1-800-AGELINE

Sponsors

Phone Numbers

[Aseracare Hospice](#)

943-6094

[Atlantes Financial
Advisors Corp.](#)

928-1616

[Southern Eye Network](#)

990-3937

[Covenant Hospice](#)

626-5255

music and more! The public is invited to submit their best homemade elderberry goody for the Elderberry Cook-off Contest, with categories including pie, cake, bread, jam, jelly, juice, Jello and butter.

There will be music all day on the museum grounds, art vendors on the lawn and much more to enjoy! The event is free and open to the public. To enter an item in the cook-off contest, bring your entry to the museum by 5 p.m. on Friday, August 7. For more information, call the museum at 251-929-1471.

Brick Paver Program at the Nix Center

The Nix Center has a brick paver program similar to the one in downtown Fairhope. The program is designed to honor or memorialize friends or family members by placing a 12x12 limestone paver at the entrance of the Nix Center. The bricks can have up to six lines of text with 17 characters on each line. Each brick costs \$100 and will arrive up to three months after ordering. If you have any additional questions, stop by the front desk.

MARK YOUR CALENDAR

August 5-BIRTHDAY BASH; 10:30 a.m.

Celebrate your Birthday with the Nix Center. Enjoy Birthday Cake, Ice Cream, Games and Prizes!! Sponsored by Atlantes Financial Advisors , Southern Eye Network & Wolfe-Bayview Funeral Home

August 3 -- POTLUCK LUNCH; noon

Join us for our monthly Potluck luncheon. Main entree will be Sub Sandwiches and a Cheese Tray from Publix. Cost is \$1. Please bring a dish that serves at least 8 people.

[Hartmann, Blackmon & Kilgore](#)
928-2443

[Homestead Village](#)
929-0250

[Gentiva](#)
621-0882

[Optimum Asset Management, Inc.](#)
625-8885

[PNC Bank](#)
928-8838

[Wolfe-Bayview Funeral Home](#)
928-9555

[Country Place Living](#)
929-3627

[The Brenntiy](#)
928-5555/626-9000

[The Gardens of Daphne](#)
625-0802

NIX CENTER BALLROOM DANCE

Dances are held the 2nd & 4th Thursday of every month at the Nix Center from
7:00 p.m. - 10:00 p.m.
Costs: \$5.00 Members
\$9.00 Guests

August 13
Band: Exit 105

August 27
Band: JR Owen
Theme: Sock Hop

Split the pot drawing held at every dance!

Thanks to our dance helpers Betty Deese, Marie

Sponsored By: **Eastern Shore Rehab**

August 12- TO YOUR HEALTH; 10:00 a.m.

Topic: Obesity and it's Associated Risks

Presented By: **Dr. Christian Augustin, Bayside Chiropractic**

August 13- TEA TIME; 2 p.m.

Topic: The History of the Punta Clara Kitchen & Home

Speaker: Kim Clay, Punta Clara

Sponsored by: **Covenant Hospice**

August 11- COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with Chief Joe Petties as he discusses local scams and fraud you need to be aware of. This event is open to the public.

August 20- ICE CREAM SOCIAL; 2 p.m.

Join us for Ice Cream, friends and door prizes!

Sponsored by: **PNC Bank & The Gardens of Daphne**

- **August 26 - BINGO; 1 p.m.**

Play 10 games of Bingo. Cost is \$1 for 3 cards.

Refreshments served and prizes following each game!

Sponsored By: **Gentiva Home Care**

- **August 28 - FINANCIAL FRIDAY; 10 a.m.**

Topic: Technology in Banking

Speaker: Kimberly Wingrove, **PNC Bank**

DAILY DONATIONS

Just a reminder to please donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what

Weatherly, Bonnie
Matchey, Jerry Bergman,
Louise Eckman & Audrey
Strnad.

**ACTIVITIES
AROUND TOWN**

Stroke Support Group

1st Thursday of the month at Thomas Hospital Wellness Center Seminar Room. 10 a.m.-12 p.m. For survivors, caregivers, family and friends. Call 279-1859 for more information.

First Friday Art Walk

Enjoy the arts and warm weather on Friday, August 7 at the Art Center. Begins at 6 p.m. Stroll Downtown Fairhope after you visit the Art Center for more fun!

Glow In The Park
Thursday, August 6
at 7:30 p.m.
Enjoy an outdoor

we use to purchase the snacks and coffee you are served at the center everyday. Thank you for your ongoing support of the Nix Center and our programs.

Lunch & Learn

The Nix Center and Country Place Senior Living will host a "Lunch & Learn" on the 3rd Wednesday of each month, featuring a different speaker or demonstration. Lunch will be \$2 per person and will include your main entrée, drink and dessert. Attendees are asked to sign up in advance and pay at the door. This month's Lunch & Learn will be on **Wednesday, August 19 at 11:00 a.m.** The topic will be The Spiritual Dimension of Death & Dying, presented by Chaplain Shawn Mizelle of Mercy Home Care. Please register in advance with the Nix Center front desk.

National Senior Citizen's Day

On **Friday, August 21** the United States will celebrate National Senior Citizens Day. In August of 1988, President Reagan signed a proclamation declaring August 21 to be observed as National Senior Citizen Day. Since then, people around the U.S. have celebrated senior citizens on this day and help highlight the contributions that senior citizens have made to society as well as the importance of helping to protect the well-being of seniors. Make sure to check the Nix Center Facebook page the week of August 21 to get a list of discounts offered to senior citizens locally and nationally in honor of this special occasion.

Sunset Yoga for Charity

Every 2nd & 4th Friday from March through October a yoga class is held North of the Fairhope Pier at the Bluff. Yoga on August 7 benefits Ecumenical Ministries and Yoga on August 21 benefits the Refuge for Women. All classes are donation only and the money goes to the respective charity. Times change with the sunset. Classes are at

movie in the Fairhoper's Community Park. The movie shown will be A Bug's Life. A great time for grandparents, parents & children!

JAMES P. NIX SENIOR ACTIVITY CENTER

Location

One Bayou Drive
Fairhope, Alabama 36532
(251)928-2835
Fax(251)990-0207

Hours

8:00 a.m.-5:00 p.m.
Monday-Friday

Email

sherry.sullivan@
cofairhope.com

OR

[sarah.smith@
cofairhope.com](mailto:sarah.smith@cofairhope.com)

Website

www.cofairhope.com

Personnel

**Director, Community
Affairs,
Sherry Sullivan**

**Facility Assistant, Sarah
Smith**

Danon Atkinson
Karen Beauchamp
Peggy Hall
Josh Graham
Sara Hann
Marguerite Peterson
Mona Schoenrock
Paige Turberville

This publication is produced

6:30 p.m. in August. For more information, contact Billie Reinhart at 251-379-4493.

by the James P. Nix Center.
Printing of this newsletter is
provided by
[Hartmann, Blackmon &
Kilgore, P.C. &
Homestead Village.](#)

AARP Driver Safety Program

AARP will host a Driver Safety Class on **Tuesday, August 4** from 9 a.m. until 4 p.m. at Homestead Village in Fairhope. Participation is \$15 for AARP members and \$20 for non-members. Most states offer a discount on your car insurance with a certificate from this class. The class will break for lunch at noon. You may purchase a lunch from Homestead Village for \$8. To register for the class, please call 251-929-0250.

Ann's Alone Free Calling Service

The Nix Center offers a free telephone calling program, Ann's Alone, for seniors who live alone and want someone to check in on them daily. Volunteers will be calling participants by 9 a.m. each day. You must register and provide some personal information and emergency call information. Participants are also responsible for advising callers when they will be out of town. If a volunteer does not get an answer from a participant, then their emergency contact or the police will be notified. To sign-up for the program, see the Nix Center front desk.

Go To The Movies with the Nix Center

On the third Tuesday (**August 18**) of each month members ride the Nix Center bus to the movie theater in Daphne. Space is limited to the first 11 people who register. Movie to be announced. Time

to be announced closer to movie date. Check with Nix Center personnel for possible changes. Participants are responsible for admission fee to movie and refreshments. Only pre-registered participants will be guaranteed a seat on the bus.

Come Sail Away!!

The weather is nice and boating on Mobile Bay is back!! Skipper Gary Gover and first mate Pat Gover take six Nix Center Members on his sail boat on Friday afternoons, weather permitting. Participants should dress with layered clothing and wear deck shoes or other soft-soled shoes and are welcome to bring snacks and treats. Please register at the front desk. Spaces are limited and reserved for Nix Center members.

Basic Ballroom Dance Lessons

Skip Smith, Ballroom Dance Instructor, will start a new series of basic ballroom dance lessons on **Thursday, September 10 at 5:30 p.m.** The six-session, one-hour class is \$35 for Nix Center members and \$40 for non-members. Please sign up at the Nix Center front desk to participate.

Mark Your Calendar!!!

The 10th Annual Optimum Asset Management & James P. Nix Center Health & Wealth Fair will be held on Thursday, **September 24 from 9 a.m. to 2 p.m.** Attendance is free and open to the public. Participants will enjoy informational booths, Bingo with prizes, FREE lunch, door prizes and a chance to win an Apple iPad!

Just a Reminder!!

The Nix Center will be closed on Monday, September 7 for Labor Day. We will not have a Potluck Lunch in September.

Membership Information

Have you moved lately?
Have a new telephone number?
Started using E-mail?
Stop by the Nix Center front desk to update your
membership information with Sarah Smith.

**JAMES P. NIX CENTER
DAILY ACTIVITIES FOR
AUGUST**

MONDAY

- 8:00-9:00 Video Exercise
8:00-4:00 Pool for men & women
8:45-9:15 Blood Pressure Screening with Montrose Bay Health & Rehab

(August 3)

- 9:00 Tone & Stretch with Joni
12:00 POTLUCK LUNCH (**August 3**)
Entree: Publix Sub Sandwiches & Cheese Platter
Sponsor: **Eastern Shore Rehab**

12:30-4:00

Eastern Shore Duplicate Bridge Club
\$2.00 per game. For more information, call Art
Meyers at 626-5109.

www.eastenshorebridgeclub.com

- 1:00-4:00 Open Cards, Mahjong, Canasta
1:30-4:00 Hand, Foot & Knee

TUESDAY

- 8:00-9:00 Helen McKee Senior Stretch Class
8:00 Video Exercise
8:00-4:00 Pool/Billiards for men & women
8:00 **Nix Center Golf Mixed Scramble at Quail Creek**
Reservations required, fee to play is required.

If you would like to play, call Bob Mull at 990-9958.

9:00 FREE Blood Pressure Screening with
Aseracare Hospice (August 18)

9:00-10:00 Free Low Impact Aerobic Class

9:00-12:00 Jam N' Folks Music Group

12:30 **Tuesday Movie (August 18)**

Ride the Nix Center bus to the movie theater in

Daphne.

Movie will be announced.

Space is limited to 11 people.

Participants are responsible for admission fee
to the

movie and refreshments.

Pre-registration is required.

12:30-4:00 Open Cards, Hand & Foot, Party Bridge,
Scrabble, Cribbage, etc.

(Must bring your own foursome)

12:30 299 Duplicate Bridge

For more information, contact Janet Anderson
at 251-990-5514

WEDNESDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 Line Dancing-- No
Reservation required;

\$5 fee is required.

9:30-11:30 "Arts & Crafts & Chat"

Bring your own craft or hobby and socialize
while you do your own project-- just come chat.

10:00 **TO YOUR HEALTH (August 12)**

Topic: Obesity & It's Associated Risks

Presented by:

Dr. Christian Augustin, Bayside Chiropractic

10:30 **AUGUST BIRTHDAY BASH (August 5)**

sponsored by Atlantes Financial Advisors,

Southern Eye Network
& Wolfe-Bayview Funeral Home.

- 10:45 **LUNCH TRIP ON THE BUS (August 12)**
Ride the Nix Center bus to lunch on the Easter Shore!
- 12:30 Open Cards, Mahjong, Cribbage, Pinochle & more
(Must bring your own foursome or stop
by for a list of people who may be interested
in creating a foursome)
- 12:30-4:00 Eastern Shore Duplicate Bridge Club \$2 per game;
for information, call Art Meyers at 625-5109.
www.easternshorebridge.com
- 1:00-3:00 **BINGO (August 26)**
- 1:30-4:00 Hand, Foot & Knee

-

THURSDAY

- 8:00-9:00 Helen McKee Senior Stretch Class
- 8:00 Video Exercise
- 8:00-4:00 Pool/Billiards for men & women
- 9:00-10:00 Free Low Impact Aerobic Class
- 9:30 Spouse Grief Support Group
(August 6, 13, 20 & 27)
Sponsored by Covenant Hospice
- 12:30- 4:00 Open Cards, Pinochle and Games
(must bring your own foursome)
- 12:30-4:00 Eastern Shore Duplicate Bridge Club
\$2 per game. For information call Art Meyers at
626-5109. www.easternshorebridgeclub.com
- 1:30 **Men's Coffee Group.** Join in on an afternoon
of fellowship and stimulating conversation. All are
welcome to add their own information or
opinions or listen to those of others.
- 2:00 **TEA TIME (August 13)**
Topic: The History of the Punta Clara Kitchen & Home
Presented By: Kim Clay
Sponsored By: Covenant Hospice
- 2:00 **ICE CREAM SOCIAL (August 20)**

Join us for Ice Cream friends, door prizes and much more!

Sponsored by **The Gardens of Daphne & PNC Bank**

7:00-10:00 Fairhope's Famous Dances **(August 13 & August 27)**

FRIDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 **GOLD ZUMBA** with Joni **(August 7, 14, 21 & 28)**

10:00 **FINANCIAL FRIDAY (August 28)**

Topic: Technology in Banking

Speaker: Kimberly Wingrove, **PNC Bank**

12:30 Eastern Shore Duplicate Bridge Club

\$2 per game. For information, call
Art Meyers at 626-5109.

www.easternshorebridgeclub.com

12:30 Open Cards

12:30-4:00 Mexican Dominos

1:00-4:00 Open Cards, Mahjong, Hand & Foot, Canasta, etc

James P. Nix Center Senior Savings Program

Please call the business for details about discounts. Restaurants require presentations of **James P. Nix Center Membership Cards** before ordering to guarantee discount. Encourage your favorite place to join our club of advertisers.

- ◆ **Benedict Painting & Wall Covering:** Professional painting, wall covering and power washing. 15% discount to Nix Center members. (928-9639)
- ◆ **Cape Travel** offers discounts on tours, packages and cruises to Nix Center members. Disney travel products are non-applicable. 251-928-0233 or Chelsea@gocapetravel.com
- ◆ **Delatorre Day Spa:** \$335 worth of services for \$85 less 10% on 1st visit only. Visit www.delaspa.com 25 plus years of experience, by appointment only. 19300 Greeno Road, Highway 98, Fairhope (656-4880)
- ◆ **Eastern Shore Canine** in home pet services, private lessons, grooming with home pick-up services. 10% off all services for Nix Center members. Call 401-4415 or visit www.easternshorecanine.com for info.
- ◆ **Eastern Shore Glass:** 10% off materials, not including labor (928-5108)
- ◆ **El Mexicano Restaurant:** 10% off Monday through Thursday. Located next to Winn Dixie (929-7827)
- ◆ **Fabulous Frog Pet Sitting & Beyond:** You do not have to board your pet — stress free in-home care — your pet will thank you! We offer full-time care also. 10% off all pet sitting services to Nix Center members. Please call, (251) 300-4657. Also, commercial and residential cleaning.
- ◆ **Fairhope Alterations:** 10% off all hems (929-3938)
- ◆ **Hampton Inn Fairhope:** 15% off standard room rates for Nix Center members and their visiting families. Based upon valid during special events. Call 928-0956 or visit www.fairhope.hamptoninn.com and ask for the James P. Nix Rate.
- ◆ **Holiday Inn Express (Fairhope):** 15% off regular room rates. Call 928-9191. Not valid during special events.
- ◆ **Homestead Village Wellness Center:** \$50.00 enrollment fee waived one time only (929-0260)
- ◆ **Honey Baked Ham:** 10% off lunch (928-7262)
- ◆ **Hughes Funeral Home & Crematory:** 10% off any pre-planned funeral or cremation. (621-5890) Also visit www.hughesfh.com.
- ◆ **Julwin's:** 10% off all menu items (990-9372)
- ◆ **Key West Inn:** 25% off rack rates, depending on availability, for Nix Center members and their visiting family members. When making reservations, please mention your membership with the Nix Center and ask for the special Nix Center rate. (990-7373 or 1-800-833-0555)
- ◆ **Massage Matters & More/Patti Street:** \$45 for first time visit for massage services and a 5% discount thereafter. Located on highway 98, just north of Rock Creek (423-7905)
- ◆ **Microtel Inn & Suites:** \$80+tax for single room, \$70+tax for a double/queen room and \$83+tax for suites. For reservations, call 621-7807 or visit www.microtelinn.com for additional information. Open to Nix Center members and their guests. Reservations recommended.
- ◆ **Old 27 Grill:** 10% Off all menu items. (281-2663)
- ◆ **Peaches-n-Clean Carpet Cleaning:** 10% off cleaning cost with membership card. (621-0088)
- ◆ **Ruby Tuesday (Fairhope):** Free sundae with purchase of a meal. (990-5077)
- ◆ **Sandra's Place:** 15% discount (990-3344)
- ◆ **Southern Veranda Florist:** 10% off all merchandise-gifts & flowers (928-4433)
- ◆ **Subway Sandwiches:** 10% off entire order (928-0803)

Updated 6/2013

Happy Birthday August Babies



AUGUST 1: Deborah Peery, Linda Farris, Thomas Ellis
AUGUST 2: Gene Morace, Jim Huggins, John Gammer, John Lobsiger
AUGUST 3: Anita Decker
AUGUST 4: Ann Luscombe, Carol Zimmerman, Joan Ross
AUGUST 5: Carl Burnham, Carolyn Sharpe, Fran Jackson, Thomas Hollomon
AUGUST 6: Carol Jones, Mary Blackman, Patricia Portier
AUGUST 7: Audrey Strnad, Bill Pannell, Carol Carmody, Lee Keel, Rod Drummond
AUGUST 8: Anne Armstrong, Linda Delatorre, Marti Hash, Ruth Geraci
AUGUST 9: Bill Bonniwell, Darlene Anderson, H.M. Roeder, Jane Jensen, Roger Schnare
AUGUST 10: Mike Neely, Sam Cameron

AUGUST 11: Betty Hosuton, Debra Barone, Frederic Michaels, Janet Anderson, Kathy Mattox, Linda Laney, Linda Lofin, Mary Ann Maradik, Ray Lockler, Sam Johns, Wanda Ogletree
AUGUST 12: Frieda Ward, Gerald Bung, Joanne Rains, Peggy Fuquay
AUGUST 13: Anne Trippe, Dick Pierce, Eugene Jones, Irene Shetler
AUGUST 14: Anne Nix, James Wilson, Roy Walker
AUGUST 15: Beryl Hollis, Dorothy Chandler, Jim Daves, Jim Parnell, Thad Anderson
AUGUST 16: Carlos Dorman, Donald Leshner, Jo Ann Stubbs
AUGUST 17: Carolyn Patterson, Connie Rowe, James Duncan, Mac Golson
AUGUST 18: Linnea Kralik
AUGUST 19: Everett Smith, Linda Cone, Margaret Neely, Savan Wilson
AUGUST 20: Jeannie Cornwall
AUGUST 21: Becky Harris, Larry Jayjohn, Lisa Locke, Virginia Stabler
AUGUST 22: Bill Heath, Melanie Maples, Mike Harvey, Paul Smith, Sally Ansell, Steve Allen, Thomas Beaudrot

AUGUST 23: Barbara Jean Gutierrez, Nancy Dennis, Pat Northington, Patty Box
AUGUST 24: Angele Baker, Anna Carol Fogle, Brenda Rollins, Dianne York, Jane Smith, Sam Comly, Vera Giles
AUGUST 25: Danon Atkinson, Gloria Davis, James Crawford, T.C. Johnson
AUGUST 26: Hilda Mitchell, Ivan Broussard, Jerry Ellis
AUGUST 27: Ann Young, Becky Sappington, Eugene Wilson, Thelma Kattan
AUGUST 29: Charles Roberson, Larry Dotson, Sandy Frailie, William Marshall, William Terry
AUGUST 30: Bonnie Howard, Rose Mary Heveran
AUGUST 31: Bill Barnett, Bruce Currie, Rebecca Sebring, Robert Zitsch, Sandra Mallette, Sharon Allen

