The James P. Nix Center

May, 2015

City of Fairhope Adult Recreation Center	
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	928-2136
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	To report Medicare Fraud
	1-800-AGELINE
City of Fairhope Celebrates	
Older Americans Month	Sponsors

Sponsors

The City of Fairhope and the James P. Nix Center will observe Older Americans Month in May. This year the Older Americans Act is celebrating its 50th anniversary with a theme of "Get Into The Act". Its focus is on how older adults are taking charge of their health, getting engaged in their community and making a positive impact in the lives of others.

The Nix Center will celebrate the occasion with special speakers and programs throughout the month. On Monday, May 4th, the monthly Potluck Lunch will kick-off our celebration with a performance by the Eastern Shore Choral Society. Comprised primarily of senior citizens, the ESCS is a perfect example of seniors "Getting Into The Act" in their community. Next, Chief Joe Petties will discuss the

importance of seniors being aware and speaking up about fraud/crime in our area at the monthly "Coffee With A Cop" on Tuesday, May 12th at 9 a.m.

The Nix Center Lunch & Learn on Wednesday, May 20th will take on a "Farm To Table" theme, showing how seniors can grow vegetables at home or in a community garden. Focusing on healthy eating, attendees will learn how to incorporate local produce and their own home-grown produce into their diets.

Our final celebration of Older Americans Month is at BINGO on Wednesday, May 27th. Members will play 5 games of Bingo, with extra special prizes and information given after each game on how to "Get Into The Act" in the community. Bingo is free of charge this month.

For more information on Older Americans Month and Nix Center activities, please see the Nix Center front desk.

USO Dance

943-6094

Phone Numbers

Aseracare Hospice

Atlantes Financial Advisors Corp.

928-1616

Southern Eye Network

990-3937

Covenant Hospice

626-5255

Hartmann, Blackmon & Kilgore 928-2443

Homestead Village 929-0250

Gentiva

621-0882

Optimum Asset Management, Inc.

625-8885

PNC Bank 928-8838 The Nix Center will host our annual USO Dance on **Thursday, May 28 at 7 p.m.** Dress in your warera attire or your service uniform and take a picture in the Army Jeep! Take a look through history with the display of service uniforms, pictures and advertisements provided by King Palmer and Carl Lejsek. Dance the night away with local favorite Exit 105! Doors open at 6:30 p.m., \$5 for Nix Center members and \$9 for guests.

MARK YOUR CALENDAR

May 6-BIRTHDAY BASH; 10:30 a.m.

Celebrate your Birthday with the Nix Center. Enjoy Birthday Cake, Ice Cream, Games and Prizes!! Sponsored by <u>Atlantes Financial Advisors</u> <u>Corporation, Southern Eye Network</u> <u>& Wolfe-Bayview Funeral Home</u>

May 4 -- POTLUCK LUNCH; noon

Join us for our monthly Potluck luncheon. Main entree will be Fried Chicken. Cost is \$1. Please bring a dish that serves at least 8 people. SPECIAL PERFORMANCE BY THE EASTERN SHORE CHORAL SOCIETY!!!

Sponsored By: Mercy Home Care

May 13- TO YOUR HEALTH; 10:00 a.m. Topic: Strokes-Signs, Treatment & Care Presented By: <u>Mike Chaney, Visiting Angels</u> Wolfe-Bayview Funeral Home

928-9555

Country Place Living

929-3627

The Brennity

928-5555/626-9000

NIX CENTER BALLROOM DANCE

Dances are held the 2nd & 4th Thursday of every month at the Nix Center from

7:00 p.m. - 10:00 p.m.

Costs: \$5.00 Members

\$9.00 Guests

<u>May 14</u> Band: Sonny Tanner

<u>May 28</u> Band: Exit 105 Theme: USO Dance

Split the pot drawing held at every dance!

<u>Thanks to our dance</u> <u>helpers Betty Deese, Marie</u>

May 14- TEA TIME; 2 p.m.

Topic: "What does the Coast Guard Do?" <u>and</u> "Boating Safety" Speaker: Larry Jensen, USCG Auxiliary Sponsored by: <u>Covenant Hospice</u>

May 12 - COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with Chief Joe Petties as he discusses local scams and fraud you need to be aware of. This event is open to the public.

May 21- ICE CREAM SOCIAL; 2 p.m.

Join us for Ice Cream, friends and door prizes! Sponsored by: <u>PNC Bank & The Gardens of Daphne</u>

May 27 - BINGO; 1 p.m.

SPECIAL OLDER AMERICANS MONTH BINGO! 5 Games with special prizes and information! Bingo is FREE this month.

Sponsored By: Gentiva Home Health

DAILY DONATIONS

Just a reminder to please donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what we use to purchase the snacks and coffee you are served at the center everyday. Thank you for your ongoing support of the Nix Center and our programs. <u>Weatherly, Bonnie</u> <u>Matchey, Jerry Bergman,</u> <u>Louise Eckman & Audrey</u> Strnad.

ACTIVITIES AROUND TOWN

<u>First Friday Art</u> Walk

Enjoy the arts and warm weather on Friday, May 1 at the Art Center. Begins at 6 p.m. Stroll Downtown Fairhope after you visit the Art Center for more fun!

Stroke Support

Group Thursday, May 7 at Thomas Hospital Wellness Center. Free and open to the public. Call 251-279-1859 for more info.

Fairhope Girls

Lunch & Learn

The Nix Center and Country Place Senior Living will host a "Lunch & Learn" on the 3rd Wednesday of each month, featuring a different speaker or demonstration. Lunch will be \$2 per person and will include your main entrée, drink and dessert. Lunch will be lasagna, salad and dessert. Attendees must sign up in advance and pay at the door. This month's Lunch & Learn will be on **Wednesday, May 20at 11:00 a.m.** Our special Older Americans Month topic for Lunch & Learn in May will be <u>Healthy Eating: Incorporating Local & Home-Grown Produce Into Your Diet.</u> Please register in advance with the Nix Center front desk.

AARP Fraud Program

Join JoAnn Crawford, a volunteer with AARP, for a presentation about current fraud and scams to be aware of on Thursday, May 21 at 10:30 a.m. JoAnn will show a short video on current scams plaguing seniors, how to avoid being a victim and others things to look for. There will be time for questions from the audience. You will not want to miss this informative presentation that could save you from becoming prey to fraud and scams. Please register in advance at the Nix Center front desk.

Basic Ballroom Dance Lessons!

Skip Smith, Ballroom Dance Instructor, will start a new series of basic ballroom dance lessons on **Thursday**, **May 7** at 5:30 p.m. The six-session, one-hour class is \$35 for Nix Center members and \$40 for non-members. Please sign up at the Nix Center front desk to participate.

Night Out Thursday, May 7. Enjoy shopping, dining and strolling in Downtown Fairhope. Tickets are \$20 and available at the Nix Center.

Baldwin Pops

Sunset Concert Monday, May 25 at 6:30 p.m. at the Henry George Park at the bluff. Call 251-232-1013 for more information.

JAMES P. NIX SENIOR ACTVITY CENTER

Location

One Bayou Drive

Fairhope, Alabama 36532

(251)928-2835

Fax(251)990-0207

Hours

8:00 a.m.-5:00 p.m.

Monday-Friday

<u>Email</u>

sherry.sullivan@

cofairhope.com

OR

<u>sarah.smith@</u>

cofairhope.com

Website

www.cofairhope.com

Personnel

Director, Community Affairs,

Sherry Sullivan

Facility Assistant, Sarah Smith

Danon Atkinson

Karen Beauchamp

The Nix Center will be closed on Monday, May 25 in celebration

of Memorial Day.

FREE Music Performance by the Atkinson Duo

Back by popular demand, the Atkinson Duo is returning to the Nix Center for a free concert performance on **Wednesday, May 13 at 2 p.m.** The "Sunset Serenade" is an hour-long program of beautiful classical, sacred and folkmelodies from around the world, performed on the harp, violin, piano, and voice. Besides providing an educational and enjoyable afternoon, the theme is also designed to bring a sense of peace and restfulness in the midst of troubled times. Titles include *Love's Old Sweet Song*, *Frasquita Serenade*, *He's Got the Whole World*, *Gypsy Fantasy* and more!

Come Sail Away!!

The weather is nice and boating on Mobile Bay is back!! Skipper Gary Gover and first mate Pat Gover take six Nix Center Members on his sail boat on Friday afternoons, weather permitting. The first sail of the season will be on **Friday**, **May** **29th**. Participants should dress with layered clothing and wear deck shoes or other soft-soled shoes and are welcome to bring snacks and treats. Please register at the front desk. Spaces are limited and reserved for Nix Center members.

Foley Senior Center

Older Americans Breakfast

In celebration of Older Americans Month, the Foley Senior Center is hosting a breakfast on Wednesday, **May 20 at 9 a.m.** A FREE breakfast will be served, along with entertainment and door prizes. Advanced registration is required. Please sign up either with the Foley Senior Center or at the

sign up either with the Foley Senior Center or at the Nix Center by April 15th. For more information, call 251-943-1877.

City of Fairhope Summer Farmer's Market

The City of Fairhope Summer Farmer's Market is right around the corner! This unofficial start to Summer in Fairhope is always an exciting time in Fairhope! The market will be held on Thursday afternoons from 3:00 p.m. to 6:00 p.m. behind the Fairhope Public Library on Bancroft Street in downtown Fairhope. The market will begin Thursday, May 14 and run through July 9 offering fresh Baldwin County produce, fresh cut flowers, local honey, a large variety of plants, baked goods and more! The Haven will also be on hand with pets up for adoption. For more information, call 251-929-1466. Peggy Hall

Josh Graham

Sara Hann

Marguerite Peterson

Mona Schoenrock

Paige Turberville

This publication is produced by the James P. Nix Center. Printing of this newsletter is provided by

Hartmann, Blackmon & Kilgore, P.C. & Homestead Village.

Free Farmer's Market Vouchers

The State of Alabama's Farmer's Market Authority is once again offering FREE market vouchers. Vouchers are available to seniors over the age of 60 who meet the income requirement. Vouchers are given on a first come, first served basis. To apply for a voucher, visit www.fma.alabama.gov or call 1-800-243-5463 for more information. If you need assistance applying online, please see Sarah Smith at the Nix Center front desk.

BREAKING NEWS!!

The Nix Center now has Wi-Fi!! The access name is City of Fairhope, with no password required.

Questions? See the Nix Center front desk.

Membership Information

Have you moved lately? Have a new telephone number? Started using E-mail? Stop by the Nix Center front desk to update your membership information with Sarah Smith.

JAMES P. NIX CENTER

DAILY ACTIVITIES FOR

MAY

MONDAY

8:00-9:00	Video Exercise		
8:00-4:00	Pool for men & women		
8:45-9:15	Blood Pressure Screening with Montrose Bay Health & Rehab		
(MAY 4)			
9:00	Tone & Stretch with Joni		
12:00	POTLUCK LUNCH (MAY 4)		
	Entree: FRIED CHICKEN		
	Sponsor: MERCY HOME CARE		
12:30-4:00			
Eastern Shore Duplicate Bridge Club			
\$2.00 per game. For more information, call Art			
Meyers at 626-5109.			
	www.eastenshorebridgeclub.com		
1:00-4:00 1:30-4:00	Open Cards, Mahjong, Canasta Hand, Foot & Knee		

<u>TUESDAY</u>

WEDNESDAY

8:00-9:00	Video Exercise			
8:00-4:00	Pool/Billiards for men & women			
9:00 Reservation	Line Dancing No required;			
\$5 fee is required.				
9:30-11:30	"Arts & Crafts & Chat"			
	Bring your own craft or hobby and socialize			
	while you do your own project just come chat.			
10:00	TO YOUR HEALTH (MAY 13)			
	Topic: Strokes-Signs, Treatment & Care			
	Presented by: Mike Chaney, Visiting Angels			
10:30	MAY BIRTHDAY BASH (MAY 6)			
	sponsored by Atlantes Financial Advisors			
	Corporation, Southern Eye Network			
	& Wolfe-Bayview Funeral Home.			
10:45	LUNCH TRIP ON THE BUS (MAY 13)			
	Ride the Nix Center bus to lunch on the Easter Shore!			
	Lunch destination will be MAGNOLIA BLOSSOM CAFE.			
12:30	Open Cards, Mahjong, Cribbage, Pinochle & more			
	(Must bring your own foursome or stop			
	by for a list of people who may be interested			
	in creating a foursome)			
12:30-4:00	Eastern Shore Duplicate Bridge Club \$2 per game;			
	for information, call Art Meyers at 625-5109.			
	www.easternshorebridge.com			

1:00-3:00	BINGO	(MAY	27)
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1:30-4:00 Hand, Foot & Knee

THURSDAY

- 8:00-9:00 Helen McKee Senior Stretch Class
- 8:00 Video Exercise
- 8:00-4:00 Pool/Billiards for men & women
- 9:00-10:00 Free Low Impact Aerobic Class
- 9:30 Spouse Grief Support Group

(MAY 7, 14, 21 & 28)

Sponsored by Covenant Hospice

12:30- 4:00 Open Cards, Pinochle and Games

(must bring your own foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club

\$2 per game. For information call Art Meyers at

626-5109.<u>www.easternshorebridgeclub.com</u>

1:30 Men's Coffee Group. Join in on an afternoon

of fellowship and stimulating conversation. All are

welcome to add their own information or

opinions or listen to those of others.

2:00 **TEA TIME (MAY 14)**

Topic: What Does The Coast Guard Do? and Boating Safety

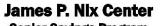
Presented By: Larry Jensen, USCG Auxiliary

Sponsored By: Covenant Hospice

2:00 ICE CREAM SOCIAL (MAY 21)

Join us for Ice Cream friends, door prizes and much more!

7:00-10:00	Sponsored by <u>The Gardens of Daphne</u> & <u>PNC Bank</u> Fairhope's Famous Dances (MAY 14 & MAY 28)	
<u>FRIDAY</u>		
8:00-9:00	Video Exercise	
8:00-4:00	Pool/Billiards for men & women	
9:00	GOLD ZUMBA with Joni (MAY 1, 8, 15, 22 & 29)	
12:30	Eastern Shore Duplicate Bridge Club	
	\$2 per game. For information, call Art Meyers at 626-5109. <u>www.easternshorebridgeclub.com</u>	
12:30	Open Cards	
12:30-4:00	Mexican Dominos	
1:00-4:00	Open Cards, Mahjong, Hand & Foot, Canasta, etc	



Senior Savings Program

Please call the business for details about discounts. Restaurants require presentations of James P. Nix Center Membership Cards before ordering to guarantee discount. Encourage your favorite place to join our club of advertisers.

- + Benedict Painting & Wall Covering: Professional painting, wall covering and power washing.
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- .
- Benedict Painting & Wall Covering: Professional painting, wall covering and power washing. 15% discount to Nix Center members. (928-9639) Cape Travel offers discounts on tours, packages and cruises to Nix Center members. Disney travel products are non-applicable. 251-928-0233 or Chelsea@gocapetravel.com Delatorre Day Spa: S335 worth of services for \$\$35 less 10% on 1st visit only. Visit www.delaspa.com 25 plus years of experience, by appointment only. 19300 Greeno Road, Highway 98, Fairhope (656 4880) Eastern Shore Canine in home pet services, private lessons, grooming with home pick-up services. 10% off all services for Nix Center members. Call 401-4415 or visit www.eastemshorecananine.com for in-fo. .

- fo. Eastern Shore Glass: 10% off materials, not including labor (928-5108) El Mexicano Restaurant: 10% off Monday through Thursday. Located next to Winn Dixie (929-7827) Fabulous Frog Pet Sitting & Beyond: You do not have to board your pet stress free in-home care your pet will thank you! We offer full-time care also. 10% off all pet sitting services to Nix Center members. Please call, (251) 300-4657. Also, commercial and residential cleaning. Fairhope Alterations: 10% off all hems (929-3938) Hampton Inn Fairhope: 15% off standard room rates for Nix Center members and their visiting fami-lies. Based upon valid during special events. Call 928-0956 or visit www.fairhope.hamptoninn.com and ask for the James P. Nix Pate
- for the James P. Nix Rate
- Holiday Inn Express (Fairhope): 15% off regular room rates. Call 928-9191. Not valid during special . events
- Homestead Village Wellness Center: \$50.00 enrollment fee waived one time only (929-0260) Honey Baked Ham: 10% off lunch (928-7262) Hughes Funeral Home & Crematory: 10% off any pre-planned funeral or cremation. (621-5690) Also visit www.hughesfh.com. Julwin's: 10% off all menu items (990-9372)
- Key West Inn: 25% off rack rates, depending on availability, for Nix Center members and their visit-Ney west tim: 25% off fack rates, depending on availability, for NiX Center memors and their Visi ing family members. When making reservations, please memtion your membership with the Nix Center and ask for the special Nix Center rate. (990-7373 or 1-800-833-0555) Massage Matters & More/Patti Street: 545 for first time visit for massage services and a 5% discount thereafter. Located on highway 98, just north of Rock Creek (423-7905) Microtel Inn & Suites: \$80+tex for single room, S70+tex for a double/queen room and \$83+tex for
- .
- ٠ Microter inn & Suites: sourtax for single room, s/u+tax for a double/queen room and sourtax suites. For reservations, call 621-7807 or visit www.microtelinn.com for additional information. Open to Nix Center members and their guests. Reservations recommended. Old 27 Grill: 10 % Off all menu items. (281-2663) Peaches-n-Clean Carpet Cleaning: 10% off cleaning cost with membership card. (621-0066) Ruby Tuesday (fairhope): Free sundae with purchase of a meal. (990-5077)

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- Sandra's Place: 15% discount (990-3344) Southern Veranda Florist: 10% off all merchandise-gifts & flowers (928-4433) Subway Sandwiches: 10% off entire order (928-0803)

Updated 6/2013

Happy Birthday May Babies

MAY 1: Anna Myers, Harry Hackney, Nancy Miller MAY 2: Barbara Ross, Carole Renz, Patricia Boss, Thomas Judd, William Maurer MAY 3: Betty Williamson, Bill Burdick, Ed Ahrens, Hattie Turberville, Kay Cobb MAY 4: William Van Beckum MAY 5: Delbert Hess, Fran Hocquard, Letty Oratowski, Marshall Brunden, Sidney Chandler

MAY 6: Susan Bretifeller MAY 6: Susan Bretifeller MAY 7: Cynthia Tellman, Virginia Cantrell MAY 8: Dede Wilson, Judy Niemeyer, Paul Moreno, Ruth

Niemeyer, Paul Moreno, Ruth Arata MAY 9: Jim Davenport MAY 10: Barbara Phillips, Bob McArthur, Bruce Raymond MAY 11: Cile McNeese MAY 12: Bruce Macqueen, John Cherkofsky, Karen White MAY 13: Pat Shelton MAY 14: Jeanne Howe, Marion Williams, Mike White, Xina

Stone



MAY 15: Albert Grassley, Arleen Harvey, Kenneth Simmons, Nancy Weems, Ralph Jennings MAY 16: Patricia Earle, Stan Evans, Walter Linne MAY 17: Donna Smith, Ruth Panneton MAY 18: Fay Felty, Vivien Harmon MAY 19: Charlene Rathbun, Elizabeth Jennings, MAY 20: Duane Sponaugle MAY 21: Margie Harner, Margie McTaggart, Mimi Hollimon

MAY 22: Junius Klein, Margie Gewirtz MAY 23: Clifford Nelson, Collin Rust, Shirley McDonald MAY 24: Melissa Dansak, Sandra McLeod, Thresa Dumeyer MAY 25: Betty Phillips, Maurice Hocquard

Marrice Hocquard MAy 26: Gwen Rohan, Nancy Randolph, Vicki MacDonald MAY 27: Eloise Head, Lawson Swaringen MAY 28: Mary Lemoine MAY 28: Barbara Turner, Jan

MAY 29: Barbara Turner, Jane Libbey, Joan Neely, Michael Renz, Raymond Pearce, Robert Burton, Stanley O'Halloran, Virgil Decker MAY 30: Leonard Nelson, Patricia Schultze MAY 31: Jeri Ann Dryer, Lois Magnon

Summer