The James P. Nix Center

January 2015

City of Fairhope Adult Recreation Center

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ACTIVITES AROUND TOWN

Phone Numbers

City of Fairhope

928-2136

James P. Nix Center

928-2835

Police Department

928-2385

Public Works/Utilities

928-8003

Recreation/Pool

990-0175

Quail Creek Golf Course

990-0240

Baldwin County Courthouse/BRATS

928-3002

To report Medicare Fraud

1-800-AGELINE

Sponsors

3rd Annual Nix Center Volunteer Fair

Phone Numbers

Aseracare Hospice

943-6094

Atlantes Financial Advisors Corp.

928-1616

Baldwin

House

621-1717

Bay Eyes

990-3937

Fairhope Health and Rehab 928-2152

Covenant Hospice

626-5255

Hartmann, Blackmon & Kilgore 928-2443

Homestead Village 929-0250

The Nix Center will host a Volunteer Fair on Tuesday, January 27 from 1:00-3:00 p.m. With the New Year upon us, now if the perfect time to get involved and give back to your community. Local groups are looking for all types of volunteers with many different talents to offer.

Local organizations who are in need of volunteers will have booths setup with information about their group and what kind of volunteer they are looking for. You can sign up to volunteer at the fair or take home information to make sure you find the right fit.

There is such a diverse group of organizations looking for volunteers. Visit booths from The Haven, Covenant Hospice, SELF, Thomas Hospital Auxiliary, Mercy Medical, Shepherd's Place, Legal Services of Alabama, Aging in Alabama, The City of Fairhope and many more!

The Volunteer Fair is open to the public and admittance is free of charge. For more information, contact the Nix Center front desk at 251-928-2835.

Keeping Your Smile For A Lifetime

Join Dr. Marjorie O'Neil for a Lunch & Learn, sponsored by Fairhope Smiles on **Tuesday**, **January 13 at 11:00 a.m.** in the Nix Center Ballroom. Dr. O'Neil will share information on dental implants, gum disease, dry mouth, and retaining your teeth longer as you age. Fairhope Smiles will provide a **FREE** Honey Baked Ham boxed lunch to all who attend. All attendees will also receive a goody-bag full of dental supplies. You must register in advance with the Nix Center front desk.

Gentiva

621-0882

Optimum Asset
Management, Inc.

625-8885

PNC Bank 928-8838

Wolfe-Bayview Funeral Home

928-9555

MARK YOUR CALENDAR

January 5 -- POTLUCK LUNCH; noon

Join us for our monthly Potluck luncheon. Main entree will be Lasagna. Cost is \$1. Please bring a dish that serves at least 8 people. Sponsored By: Westminster Village

Alabama Hospice Care

345-1023

Country Place Living

929-3627

The Brennity

928-5555/626-9000

January 7-BIRTHDAY BASH; 10:30 a.m.

Celebrate your Birthday with the Nix Center.
Enjoy Birthday Cake, Ice Cream, Games and Prizes!!
Sponsored by <u>Atlantes Financial Advisors</u>
Corporation, Bay Eyes Cataract and Laser Center
& Wolfe-Bayview Funeral Home

January 13 - COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with Chief Joe Petties as he

NIX CENTER BALLROOM DANCE

Dances are held the 2nd & 4th Thursday of every month at the Nix discusses local scams and fraud you need to be aware of. This event is open to the public.

January 14- TO YOUR HEALTH; 10:00 a.m.

Topic: The Benefits of Volunteering For Seniors Presented By: Sara Crowley, <u>Aseracare Hospice</u>

January 8 - TEA TIME; 2 p.m.

Topic: Hydroponic Growing in Baldwin County Speaker: Anita Craine, <u>Craine Creek Farms</u>

January 15- ICE CREAM SOCIAL; 2 p.m.

Join us for Ice Cream, friends and door prizes!

Sponsored by: PNC Bank

January 23 - FINANCIAL FRIDAY; 10 a.m.

Topic: Fixed Income Investing

Speaker: Thomas Adent, **Morgan Stanley** Financial

Advisor

January 28 - BINGO; 1 p.m.

Play 10 games of Bingo with your friends at the Nix Center. \$1 for 3 cards. Refreshments served after game 5. Prizes after every game! Sponsored By: **Gentiva Home Health**

DAILY DONATIONS

Just a reminder to please donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what

Center from

7:00 p.m. - 10:00 p.m.

Costs: \$5.00 Members

\$9.00 **Guests**

<u>January 8</u> Band: Sonny Tanner

January 22
Band: Charlie Freeman

Split the pot drawing held at every dance!

Thanks to our dance
helpers Betty Deese, Marie
Weatherly, Bonnie
Matchey, Jerry Bergmann,
Louise Eckman & Frances
Hocquard.

ACTIVITIES AROUND TOWN

Fairhope NYE
Celebration
Wed, December 31
from 8:30 p.m. to
12:30 a.m. in
downtown
Fairhope. All are

we use to purchase the snacks and coffee you are served at the center everyday. Thank you for your ongoing support of the Nix Center and our programs. invited to this family friendly celebration, with the countdown and ball drop at midnight!

Lunch & Learn

The Nix Center and Country Place Living

will host a "Lunch & Learn", featuring a different speaker or demonstration each month. Lunch will be \$2 per person and will include your main entree

, drink and dessert. Attendees must sign up in advance and pay at the door. This month's Lunch & Learn will be on **Wednesday**, **January 21 at 11:00 a.m**. Lunch diners will learn about **Congestive Heart Failure**. Check with the front desk for the monthly entree and to sign up.

"Downton Abbey" Cooking Class

We have a treat for all the Downtown Abbey fans out there! With the new Season of Downton Abbey starting in January, learn about the different foods and beverages that your favorite characters would enjoy! On **Thursday, January 22** from 10:30 a.m.-12:00 p.m. taste the foods and learn the manners and table settings of a grand house. While the Lords and Ladies feasted on prime beef and aspics, the maids and butlers dined on "toad in the hole" and "spotted dick". So, for a morning, eat the "bill-of-fare" Downton Abbey style. Dr. Diane Spillman, with Faulkner State Community College, will be our guest chef and presenter. Please register in advance. The cost of the class is \$8 per person.

"Growing Up In Fairhope" Lecture
January 6 at 6 p.m. at the Fairhope Public Library. Anna & Reed Myers will tell their story of growing up in Fairhope. For more info, call 928-8162.

Chocolate & Champagne
Fantasy
Help raise funds for the Friends of the Fairhope Public Library on January 31 at 7 p.m. at the Library . For more info, call 251-928-7483.

Ballroom Dance Lessons

Skip Smith, Ballroom Dance Instructor, will start a new series of basic ballroom dance lessons on **Thursday**, **January 8** at 5:30 p.m. The six-session, one-hour class is \$30 for Nix Center members and \$40 for non-members. Please sign up at the Nix Center front desk to participate.

WANTED: Keyboarding Instructor

The Nix Center is looking for a volunteer to teach keyboarding lessons to Nix Center members. Class sizes will be small and equipment supplied by the Nix Center. Class times and frequency will be set according to the instructor's availability and room availability. All interested persons should contact Sarah Smith in the Nix Center front office or call 251-929-1447.

St. James Concert Series

St. James Episcopal Church will host the Magnolia Chamber Orchestra on **Saturday**, **January 17** at 4 p.m. The Magnolia Chamber Orchestra is dedicated to the vision of bringing music to the Gulf Coast community through intimate chamber music concerts. The Program will feature "The Seasons", by Vivaldi & Piazzolla. For more information on

JAMES P. NIX SENIOR ACTVITY CENTER ___

Location

One Bayou Drive

Fairhope, Alabama 36532

(251)928-2835

Fax(251)990-0207

Hours

8:00 a.m.-5:00 p.m.

Monday-Friday

Email

sherry.sullivan@

cofairhope.com

OR

sarah.smith@

cofairhope.com

Website

www.cofairhope.com

Personnel

Director, Community
Affairs.

Sherry Sullivan

attending the concert, contact St. James Church at 251-928-2912. Attendance is free and open to the public.

Danon Atkinson

Facility Assistant, Sarah

Smith

Karen Beauchamp

Peggy Hall

Josh Graham

Sara Hann

Marguerite Peterson

Paige Turberville

This publication is produced by the James P. Nix Center. Printing of this newsletter is provided by

Hartmann, Blackmon & Kilgore, P.C. & Homestead Village.

"Be Happy, Be Well" Wellness Program

Take part in a two-hour program to bring balance and harmony to a healthy mind, body and spirit. The program on **Tuesday**, **January 6 at 2 p.m.** will teach you the importance of finding and living your passion, choosing relationships with people that support your purpose and discover the importance of a healthy body and easy techniques for living well. Becky Ardrey, with Fairhope Yoga will be the guest presenter. Participants will take home easy recipes and nutrition tip. The cost is \$10 per person to

participate in the program. Please register and pay in advance. For more info, see the Nix Center front desk.

AARP Tax Assistance

Mark your calendar! Free tax assistance with AARP will start Monday, February 2 and run through Wednesday, April 15, 2015. Tax assistance will be held at the Nix Center on Monday, Wednesday and Fridays from 8 a.m. until noon. Assistance is available on a first come, first served basis. Please

bring all important documents.

Rec Center Walking Track

With the weather getting cooler, don't let your physical activity diminish! The Rec Center track is open to the public with or without a membership. Take advantage of this wonderful facility and stay in shape in the New Year!

Tea Time at the Museum of History

<u>January 6-</u> Nancy Raia, Community Arts Director for the Eastern Shore Arts Center, will discuss her job and her recent art related activities.

<u>January 13-</u> Jill McLemore, Fairhope resident, will tell about her exciting life growing up in Fairhope and then working in Hollywood.

<u>January 20-</u> Cella Parker, Fairhope native, will share her stories of growing up in Fairhope.

<u>January 27-</u> Kyla Kelim will share her expertise on elder law, nursing homes, Medicaid, Medicare and Social Security disability matters.

Tea Time is on Tuesdays at 2 p.m. at the Museum

Membership Information

Have you moved lately?
Have a new telephone number?
Started using E-mail?
Stop by the Nix Center front desk to update your membership information with Sarah Smith.

Nix Center Holiday Closings

The Nix Center will be closed on Thursday, January 1.

The Nix Center will be closed on Monday, January 19.

JAMES P. NIX CENTER DAILY ACTIVITIES FOR JANUARY

MONDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool for men & women

9:00 Tone & Stretch with Joni

12:00 POTLUCK LUNCH (JANUARY 5)

Entree: LASAGNA

Sponsor: WESTMINSTER VILLAGE

12:30-4:00

Eastern Shore Duplicate Bridge Club

\$2.00 per game. For more information, call Art

Meyers at 626-5109.

www.eastenshorebridgeclub.com

1:00-4:00 Open Cards, Mahjong, Canasta

1:30-4:00 Hand, Foot & Knee

TUESDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

8:00 Nix Center Golf Mixed Scramble at Quail Creek

Reservations required, fee to play is required.

If you would like to play, call Bob Mull at 990-9958.

9:00 FREE Blood Pressure Screening with

Aseracare Hospice (JANUARY 20)

9:00-10:00 Free Low Impact Aerobic Class

9:00-12:00 Jam N' Folks Music Group

12:30 Tuesday Movie (JANUARY 20)

Ride the Nix Center bus to the movie theater in

Daphne.

Movie will be announced.

Space is limited to 11 people.

Participants are responsible for admission fee

to the

movie and refreshments.

Pre-registration is required.

12:30-4:00 Open Cards, Hand & Foot, Party Bridge,

Scrabble, Cribbage, etc.

(Must bring your own foursome)

12:30 299 Duplicate Bridge

For more information, contact Janet Anderson

at 251-990-5514

WEDNESDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 Line Dancing with Carolyn. No

Reservation required;

\$5 fee is required.

9:30-11:30 "Arts & Crafts & Chat"

Bring your own craft or hobby and socialize

while you do your own project-- just come chat.

10:00 TO YOUR HEALTH (JANUARY 14)

Topic: The Benefits of Volunteering For Seniors

Presented by: Sara Crowley, Aseracare Hospice

10:30 **JANUARY BIRTHDAY BASH (JANUARY 7)**

sponsored by <u>Atlantes Financial Advisors</u>

Corporation, Bay Eyes Cataract & Laser Center

<u>& Wolfe-Bayview Funeral Home.</u>

10:45	LUNCH TRIP ON THE BUS (JANUARY 14)	
	Ride the Nix Center bus to Olive Garden in Spanish Fort!	
12:30	Open Cards, Mahjong, Cribbage, Pinochle & more	
	(Must bring your own foursome or stop	
	by for a list of people who may be interested	
	in creating a foursome)	
12:30-4:00	Eastern Shore Duplicate Bridge Club \$2 per game;	
	for information, call Art Meyers at 625-5109.	
	<u>www.easternshorebridge.co</u> m	
1:00-3:00	BINGO (JANUARY 28)	
1:30-4:00	Hand, Foot & Knee	
-		
THURSDAY		
8:00-9:00	Helen McKee Senior Stretch Class	
8:00	Video Exercise	
8:00-4:00	Pool/Billiards for men & women	
9:00-10:00	Free Low Impact Aerobic Class	
9:30	Widowed Persons Support Group	
	(JANUARY 8, 15, 22 & 29)	
	Sponsored by <u>Covenant Hospice</u>	
12:30- 4:00	Open Cards, Pinochle and Games	
	(must bring your own foursome)	
12:30-4:00	Eastern Shore Duplicate Bridge Club	
	\$2 per game. For information call Art Meyers at	
	626-5109.www.easternshorebridgeclub.com	
1:30	Men's Coffee Group. Join in on an afternoon	

of fellowship and stimulating conversation. All are

welcome to add their own information or

opinions or listen to those of others.

2:00 TEA TIME (JANUARY 8)

Topic: Hyrdoponic Growing in Baldwin County

Presented By: Anita Craine, Craine Creek Farms

2:00 ICE CREAM SOCIAL (JANUARY 15)

Join us for Ice Cream friends,

door prizes and much more!

Sponsored by **The Gardens of Daphne** & **PNC Bank**

7:00-10:00 Fairhope's Famous Dances (JANUARY 8 & JANUARY 22)

FRIDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 GOLD ZUMBA with Joni (JANUARY 2, 9, 16, 23 & 30)

12:30 Eastern Shore Duplicate Bridge Club

\$2 per game. For information, call

Art Meyers at 626-5109.

www.easternshorebridgeclub.com

12:30 Open Cards

12:30-4:00 Mexican Dominos

1:00-4:00 Open Cards, Mahjong, Hand & Foot, Canasta, etc

James P. Nix Center Senior Savings Program

Please call the business for details about discounts. Restaurants require presentations of James P. Nix Center Membership Cards before ordering to guarantee discount. Encourage your favorite place to join our club of advertisers.

- . Benedict Painting & Wall Covering: Professional painting, wall covering and power washing.

- Benedict Painting & Wall Covering: Professional painting, wall covering and power washing. 15% discount to Nix Center members. (928-9639)

 Cape Travel offers discounts on tours, packages and cruises to Nix Center members. Disney travel products are non-applicable. 251-928-0233 or Chelsea@gocapetravel.com

 Delatorre Day Spa: S335 worth of services for \$85 less 10% on 1st visit only. Visit www.delaspa.com
 25 plus years of experience, by appointment only. 19300 Greeno Road, Highway 98, Fairhope (656-4880)

 Eastern Shore Canine in home pet services, private lessons, grooming with home pick-up services.
 10% off all services for Nix Center members. Call 401-4415 or visit www.easternshorecananine.com for in-

- fo.

 Eastern Shore Glass: 10% off materials, not including labor (928-5108)

 El Mexicano Restaurant: 10% off Monday through Thursday. Located next to Winn Dixie (929-7827)

 Fabulous Frog Pet Sitting & Beyond: You do not have to board your pet stress free in-home care your pet will thank you! We offer full-time care also. 10% off all pet sitting services to Nix Center members. Please call, (251) 300-4657. Also, commercial and residential cleaning.

 Fairhope Alterations: 10% off all hems (929-3938)

 Hampton Inn Fairhope: 15% off standard room rates for Nix Center members and their visiting families. Based upon valid during special events. Call 928-0956 or visit www.fairhope.hamptoninn.com and ask for the larges P. Nix Rate.

- Holiday Inn Express (Fairhope): 15% off regular room rates. Call 928-9191. Not valid during special

- Homestead Village Wellness Center: \$50.00 enrollment fee waived one time only (929-0260)
 Honey Baked Ham: 10% off lunch (928-7262)
 Hughes Funeral Home & Crematory: 10% off any pre-planned funeral or cremation. (621-5890)
- Also visit www.hughesfh.com. Julwin's: 10% off all menu items (990-9372)
- Key West Inn: 25% off rack rates, depending on availability, for Nix Center members and their visit-Ney west rint. 25% off rack rates, depending on availability, for hix Center members and trief visiting family members. When making reservations, please mention your membership with the Nix Center and ask for the special Nix Center rate. (990-7373 or 1-800-833-0555)

 Massage Matters & More/Patti Street: 545 for first time visit for massage services and a 5% discount thereafter. Located on highway 98, just north of Rock Creek (423-7905)

 Microtel Inn & Suites: \$60+tex for single room, \$70+tex for a double/queen room and \$83+tex for
- wilders and the state of single room, \$7944x for a doublequeen from and \$634x suites. For reservations, call 621-7807 or visit www.microtelinn.com for additional information.

 Open to Nix Center members and their guests. Reservations recommended.

 Old 27 Grill: 10 % Off all menu items. (281-2663)

 Peaches-n-Clean Carpet Cleaning: 10% off cleaning cost with membership card. (621-0066)

 Ruby Tuesday (Fairhope): Free sundae with purchase of a meal. (990-5077)

- Sandra's Place: 15% discount (990-3344)
 Southern Veranda Florist: 10% off all merchandise-gifts & flowers (928-4433)
 Subway Sandwiches: 10% off entire order (928-0803)

Updated 6/2013

Happy Birthday January Babies



JANUARY 2: Linda Sue Campbell, Lynda Ruland, Nancy Brunden, Patricia Mitchell JANUARY 3: Bardee Davidson, Bob Erwin, Judy Simpson, Sara Semmes JANUARY 4: Karen Brunaugh, Memise Danielson, Nancy Lambe, Sue Cummings JANUARY 5: Janet Kearney, Jill Teumer, Sarah Mae JANUARY 6: Dan Stubbs, Nelda Shipp JANUARY 7: Elsa Dobbeck, Jayne Murphy JANUARY 8: Phillip Brewer JANUARY 9: Bonnie Camer-on, Eva Costa, Jackie Golson JANUARY 10: Ann Hearin, Mary Michael, Richard Kibbe JANUARY 11: Elaine Bruenn, Tress Hess JANUARY 12: Gloria Harris, Helen Renner, Thomas Harvey

Young

JANUARY 14: Barbara
Stieber, Cindy Brewer, Edith
Burt, Mary Haas, Mimi Little
JANUARY 15: Catharine
Sherman, Marcelyn Gow
JANUARY 16: Frances
Carter, Judy Kingston
JANUARY 17: Carolyn
Ellis, Elizabeth Wright, Kris
Lafferty, Lana Rue Wilson,
Monroe Anderson, Richard
Phillips, Win Dukes
JANUARY 18: Kay
Garnham, Lawrence Rathbun,
Sara Hann, Tony Wesley

M

JANUARY 19: Jacqueline Nelson JANUARY 20: Barbara Hill, Deborah East, Doris Cronin, Ernie Turner, Harry Gree Harry Moreland, Joan Yost, Pinky Bass, Tommi Lacy JANUARY 21: Beth Geiger, Robert Czyszon, Rod Mundy JANUARY 22: Bettie Speck, Dale Warner, Jane McPherson, Pam Perkins, Paul Hill, Thomas Stone

JANUARY 23: Frankie Hyde
JANUARY 24: Marie Calder,
Nancy Strachan, Sarah Katz
JANUARY 25: Alex Correa,
Lovelace Cook
JANUARY 26: James Aman,
Lillian Sponaugle, Peggy
Killinger, Rosie Killian,
Tommy Faust
JANUARY 27: Jack Benson,
Rose Garnto, Sandra Bishop,
Sandra Hand
JANUARY 28: Gloria Myers,
Linda Sue Loper, Patty Turner
JANUARY 29: Dee Forrest,
Eleanore Scott, Karen Mundy,
Maxine Belina, Wanda Tredway
JANUARY 30: Diane Foster,
Sharon Byrme
JANUARY 31: Jean Knight,



Susan McCarty

UPCOMING EVENTS







Join the Brennity at Fairhope this winter for an assortment of fun events!

Inspire Your Heart with Art

Join us for a night out at Paint and Pals in Daphnel Friday, January 30 from 4 - 6 p.m.

Mardi Gras Ball

Enjoy live music and chef-prepared hars d'aeuvres Tuesday, February 17 from 5:30 - 7 p.m.

Healthy Eyes Expo

Premier Medical will help keep your eyes healthy Thursday, March 12 from 2 - 3:30 p.m.

RSVP for these events to 251-928-5555



251-928-5555

50 Spring Run Road Fairhope, Alabama 36532

COTTAGES, INDEPENDENT LIVING ASSISTED LIVING

BrennityFairhope.com

A JACOBA SENJOR LIVING COMMUNITY 🚊 🕹 🚮





UPCOMING EVENTS







Join the Brennity at Daphne this winter for an assortment of fun events!

New Year, New You

Enjoy food and a balloon release focusing on new wishes! Friday, January 2 from 4 - 6 p.m.

Be Heart Smart

Learn habits to promote a healthy heart Tuesday, February 10 from 2 - 4 p.m.

Healthy Foods for a Healthy Life

Enjoy delicious food and learn from a dietician Thursday, March |2 from | - 3 p.m.

RSVP for these events to 251-626-9000



251-626-9000

27440 County Road 13 Daphne, Alabama 36526

ALF## 00217, 00204

Assisted Living . Memory Care

BrennityDaphne.com

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