

The James P. Nix Center

December
2014

City of Fairhope Adult Recreation Center

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Phone Numbers

[City of Fairhope](#)

928-2136

James P. Nix Center

928-2835

Police Department

928-2385

Public Works/Utilities

928-8003

Recreation/Pool

990-0175

Quail Creek Golf Course

990-0240

Baldwin County
Courthouse/BRATS

928-3002

To report Medicare Fraud

1-800-AGELINE

Jam'n Folks Christmas Concert

The Annual Holiday Concert by the Jam'n Folks will be on Thursday, December 11 at 2 p.m. The Jam'n Folks, a folk instrument group, will perform Christmas music on instruments such as Dulcimers and Whistles. Song selections include Jingle Bells, A Cajun Christmas, Joy To The World and many more! You will not want to miss this festive holiday celebration! Light refreshments will be served following the concert. The Jam'n Folks play at the Nix Center every Tuesday from 9 a.m. until noon and always welcome an audience.

Fairhope's Magical Christmas Parade

The Annual Fairhope Magical Christmas Parade takes to the streets of Fairhope on Friday, December 5. Fairhope's Christmas Parade begins at 7 p.m. at the intersection of Morphy and Section Streets, and continues down Section to Oak Street. The excitement will build as more than 50 parade units dazzle the crowd in anticipation of Santa Claus' arrival to Fairhope for the Holiday Season.

Sponsors

Phone Numbers

[Aseracare Hospice](#)

943-6094

[Atlantes Financial Advisors Corp.](#)

928-1616

[Baldwin](#)

[House](#)

621-1717

[Bay Eyes](#)

990-3937

[Fairhope Health and Rehab](#)

928-2152

[Covenant Hospice](#)

626-5255

[Hartmann, Blackmon & Kilgore](#)

928-2443

[Homestead Village](#)

929-0250

MARK YOUR CALENDAR

December 1 -- POTLUCK LUNCH; noon

Join us for our monthly Potluck luncheon. Main entree will be Pulled Pork. Cost is \$1. Please bring a dish that serves at least 8 people. Sponsored By: Alabama Hospice Care

December 3-BIRTHDAY BASH; 10:30 a.m.

Celebrate your Birthday with the Nix Center. Enjoy Birthday Cake, Ice Cream, Games and Prizes!! Sponsored by Atlantes Financial Advisors Corporation, Bay Eyes Cataract and Laser Center & Wolfe-Bayview Funeral Home

December 9 - COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with Chief Joe Petties as he discusses local scams and fraud you need to be aware of. This event is open to the public.

December 10- TO YOUR HEALTH; 10:00 a.m.

Topic: Oral Care For Seniors
Presented By: Dr. Marjorie O'Neil, DMD Fairhope Smiles

December 11 - JAM'N FOLKS CONCERT; 2 p.m.

Join the Nix Center for the Annual Holiday Concert with the Jam'n Folks. Come listen or sing along to your

[Gentiva](#)

621-0882

[Optimum Asset Management, Inc.](#)

625-8885

[PNC Bank](#)
928-8838

[Wolfe-Bayview Funeral Home](#)

928-9555

[Alabama Hospice Care](#)

345-1023

[Country Place Living](#)

929-3627

[The Brennty](#)

928-5555/626-9000

**NIX CENTER
BALLROOM DANCE**

Dances are held the 2nd & 4th Thursday of every month

favorite Christmas Carols! Refreshments, including Sherry's Famous Ice Cream Egg Nog, will be served following the concert.

December 18- ICE CREAM SOCIAL; 2 p.m.

Join us for Pecan Pie and Ice Cream, friends and door prizes!

Sponsored by: **Kelly Dowell Financial and PNC Bank**

DAILY DONATIONS

Just a reminder to please donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what we use to purchase the snacks and coffee you are served at the center everyday. Thank you for your ongoing support of the Nix Center and our programs.

Lunch & Learn

The Nix Center and **Country Place Living**

will host a "Lunch & Learn", featuring a different speaker or demonstration each time. Lunch will be \$2 per person and will include your main entree

, drink and dessert. Attendees must sign up in advance and pay at the door. This month's Lunch & Learn will be on **Wednesday, December 17 at**

at the Nix Center from
7:00 p.m. - 10:00 p.m.

Costs: \$5.00 **Members**

\$9.00 **Guests**

December 11
Band: Exit 105
Theme: Holiday Celebration

Enjoy special Holiday refreshments!

Split the pot drawing held at every dance!

****There will be only one dance in December****

Thanks to our dance helpers Betty Deese, Marie Weatherly, Bonnie Matchey, Jerry Bergmann, Louise Eckman & Frances Hocquard.

ACTIVITIES AROUND TOWN

New Year's Eve Celebration
Wed, Dec. 31 from 8:30 p.m. to 12:30 a.m. in downtown

11:00 a.m. Lunch diners will learn about **Consequences for Untreated Hearing Loss.** You may "brown bag" your lunch and receive a drink and dessert for no additional charge. Check with the front desk for the monthly entree and to sign up.

Ecumenical Ministries Christmas Sharing Program

We are still collecting items for the Homebound elderly for Ecumenical Ministries Christmas Sharing program. We have committed to filling bags for 20 home-bound elderly in our community. Donation suggestions include canned meat, soup or fruit; Socks for men and women; Toiletries including soap, lotion, Kleenex and deodorant; Small blankets; and Holiday candies and cookies. The deadline to donate is December 10. Monetary donations are also accepted. For more information, see Sarah Smith at the Nix Center front desk.

Painting Party with "Art Party To You"

You will not want to miss the Painting Party at the Nix Center on **Thursday, December 4** at 10 a.m.! Linda Scott, with Art Party To You, will be here to walk us through the steps as we paint our very own 16x20 pre-sketched canvas. All materials will be provided. Participants will get to choose from 3 different sketches to paint. Paint something for yourself or create a personalized Christmas gift for friends or family! The cost of the class is \$25 and must be paid in advance. Class size limited to the first 12 people who register, so sign up at the Nix Center front desk.

Fairhope. All are invited to this family friendly celebration, with the countdown and ball drop at midnight!

Eastern Shore Choral Society

Holiday concert on Thursday, December 4 at 7:30 p.m. and Sunday, December 7 at 3 p.m. Tickets can be purchased at the door or purchased through a choral member. Visit www.escs.org for more info.

JAMES P. NIX SENIOR ACTVITY CENTER

Location

One Bayou Drive

Fairhope, Alabama 36532

[\(251\)928-2835](tel:(251)928-2835)

Fax [\(251\)990-0207](tel:(251)990-0207)

Hours

Holiday Shopping Trip to the Tanger Outlet Mall in Foley!

The Nix Center wants to make your Holiday Shopping easy and fun!! Ride the Nix Center bus with friends to the Tanger Outlet Mall in Foley on **Tuesday, December 2**. The bus will leave the Nix Center at 9:30 a.m. and head to Foley for shopping, lunch and more shopping! The bus will return to the Nix Center around 2 p.m. Please register at the Nix Center front desk, as space is limited on the bus.

3rd Annual Volunteer Fair

The Nix Center will host the annual Volunteer Fair on **Tuesday, January 27** from 1-3 p.m. If you or an organization you are affiliated with is looking for volunteers, this is the perfect opportunity to fill those spots! Booth spaces can be reserved with Sarah Smith at the Nix Center front desk (929-1447). The free booth spaces are first come, first served. The fair is free and open to the public. More information on organizations participating will be available in the January newsletter.

Senior Care 101 Forum at the Nix Center

8:00 a.m.-5:00 p.m.

Monday-Friday

Email

sherry.sullivan@

cofairhope.com

OR

[sarah.smith@](mailto:sarah.smith@cofairhope.com)

cofairhope.com

Website

www.cofairhope.com

Personnel

**Director, Community
Affairs,**

Sherry Sullivan

**Facility Assistant, Sarah
Smith**

Danon Atkinson

Karen Beauchamp

Peggy Hall

Josh Graham

Sara Hann

Marguerite Peterson

Paige Turberville

Area healthcare organizations will host a Senior Care Forum on **Monday, December 15** from 11 a.m. until 2 p.m. in the Nix Center ballroom. The public is invited to attend this free informational seminar with speakers from Thomas Hospital, North Baldwin Infirmary, Synergy HomeCare, Aseracare Hospice, Amedisys, Eastern Shore Rehab, Care Patrol and elder law specialist Kyla Kelim. Topics covered include maintaining a healthy lifestyle, geriatric care, non-medical homecare, differences in the various types of living facilities, Elder Law and much more! Attendees will receive a **free lunch** provided by the seminar speakers. You will also get the chance to visit the informational booths of all speakers and sponsors to obtain informational materials as well as ask your specific questions to these healthcare experts. This is one seminar you can't afford to miss! Please register in advance at the Nix Center front desk.

This publication is produced by the James P. Nix Center. Printing of this newsletter is provided by

[Hartmann, Blackmon & Kilgore, P.C. & Homestead Village.](#)

FREE Chair Yoga Classes Offered at the Nix Center

Fairhope Yoga will offer Nix Center members 4 FREE chair yoga classes in November and December. Classes will be held in the Nix Center ballroom on Monday November 17 and 24 and on Monday, **December 1 and 8**, all at 2 p.m. Yoga is great for the mind, body and soul and chair yoga is tailor made for senior citizens. Classes should last around 45 minutes and no equipment is needed. For more information, please see the Nix Center Front Desk.

Mark Your Calendar!

AARP will begin **Tax Assistance** on Monday, February 2 and continue through Wednesday, April 15, 2015. Assistance will be offered on Mondays, Wednesdays and Fridays from 8 a.m. until noon. On a first come, first served basis. Please bring all important documents.

Reflexology Class at the Nix Center

The Nix Center will host a Reflexology class on **Tuesday, December 16** from 1-3 p.m. Instructor Julie Brent, certified Reflexologist since 1986, will teach you the techniques of applying pressure to the hands and feet to assist you in reducing pain, relieving tension and encouraging the body to heal faster. Cost to participate is \$12 per person. Pre-registration is requested for the purpose of having enough handout materials available. For more information, call the Nix Center at [251-928-2835](tel:251-928-2835).

Basic Ballroom Dance Lessons

Begin in January!

Skip Smith, Ballroom Dance Instructor, will start a new series of basic ballroom dance lessons on **Thursday, January 8** at 5:30 p.m. The six-session, one-hour class is \$30 for Nix Center members and \$40 for non-members. Please sign up at the Nix Center front desk to participate.

Beginner Bridge Lessons at the Nix Center

Learn the game of bridge with instructor Frank Walsh. Frank will teach a beginners bridge class starting on **Thursday, January 8** at 9:30 a.m. The class will meet every week, with 20 spots available for students. The cost for the 1 1/2 hour class is \$5 per lesson. Please register in advance, as spots are expected to fill quickly. For more information, please see the Nix Center front desk.

Nix Center Holiday Closings

The Nix Center will close at noon on
Wednesday, December 24.

The Nix Center will be closed on
Thursday, December 25.

The Nix Center will be closed on
Thursday, January 1.

JAMES P. NIX CENTER
DAILY ACTIVITIES FOR

DECEMBER

MONDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool for men & women

9:00 Tone & Stretch with Joni

12:00 POTLUCK LUNCH (**DECEMBER 1**)

Entree: Pulled Pork

Sponsor: ALABAMA HOSPICE CARE

12:30-4:00

Eastern Shore Duplicate Bridge Club

\$2.00 per game. For more information, call Art

Meyers at 626-5109.

www.eastenshorebridgeclub.com

1:00-4:00 Open Cards, Mahjong, Canasta

1:30-4:00 Hand, Foot & Knee

TUESDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

8:00 **Nix Center Golf Mixed Scramble at Quail Creek**
Reservations required, fee to play is required.

If you would like to play, call Bob Mull at 990-9958.

9:00 FREE Blood Pressure Screening with

Aseracare Hospice (DECEMBER 16)

9:00-10:00 Free Low Impact Aerobic Class

9:00-12:00 Jam N' Folks Music Group

12:30 **Tuesday Movie (DECEMBER 16)**

Ride the Nix Center bus to the movie theater in

Daphne.

Movie will be announced.

Space is limited to 11 people.

Participants are responsible for admission fee

to the

movie and refreshments.

Pre-registration is required.

12:30-4:00 Open Cards, Hand & Foot, Party Bridge,

Scrabble, Cribbage, etc.

(Must bring your own foursome)

12:30 299 Duplicate Bridge

For more information, contact Janet Anderson

at [251-990-5514](tel:251-990-5514)

WEDNESDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 Line Dancing with Carolyn. No
Reservation required;

\$5 fee is required.

9:30-11:30 "Arts & Crafts & Chat"

Bring your own craft or hobby and socialize while you do your own project-- just come chat.

10:00 **TO YOUR HEALTH (DECEMBER 10)**

Topic: Oral Care For Seniors

Presented by: Dr. Marjorie O'Neil, DMD [Fairhope Smiles](#)

10:30 **DECEMBER BIRTHDAY BASH (DECEMBER 3)**

sponsored by [Atlantes Financial Advisors](#)

[Corporation, Bay Eyes Cataract & Laser Center](#)

[& Wolfe-Bayview Funeral Home.](#)

10:45 **LUNCH TRIP ON THE BUS (DECEMBER 10)**

Ride the Nix Center bus to [Panini Pete's in Fairhope!](#)

12:30 Open Cards, Mahjong, Cribbage, Pinochle & more

(Must bring your own foursome or stop

by for a list of people who may be interested

in creating a foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club \$2 per game;

for information, call Art Meyers at 625-5109.

www.easternshorebridge.com

1:30-4:00 Hand, Foot & Knee

-

THURSDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 Free Low Impact Aerobic Class

9:30 Widowed Persons Support Group **(DECEMBER 4, 11 & 18)**

Sponsored by Covenant Hospice

12:30- 4:00 Open Cards, Pinochle and Games

(must bring your own foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club

\$2 per game. For information call Art Meyers at

626-5109. www.easternshorebridgeclub.com

1:30 Men's Coffee Group. Join in on an afternoon

of fellowship and stimulating conversation. All are

welcome to add their own information or

opinions or listen to those of others.

2:00 **TEA TIME (DECEMBER 11)**

Topic: HOLIDAY CONCERT

Presented By: JAM'N FOLKS

2:00 **ICE CREAM SOCIAL (DECEMBER 18)**

Join us for Pecan Pie and Ice Cream friends,

door prizes and much more!

Sponsored by Kelly Dowell Financial & PNC Bank

7:00-10:00 Fairhope's Famous Dances **(DECEMBER 11)**

FRIDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 **GOLD ZUMBA** with Joni **(DECEMBER 5, 12 & 26)**

12:30 Eastern Shore Duplicate Bridge Club

\$2 per game. For information, call
Art Meyers at 626-5109.

www.easternshorebridgeclub.com

- 12:30 Open Cards
- 12:30-4:00 Mexican Dominos
- 1:00-4:00 Open Cards, Mahjong, Hand & Foot, Canasta, etc

James P. Nix Center Senior Savings Program

Please call the business for details about discounts. Restaurants require presentations of **James P. Nix Center Membership Cards** before ordering to guarantee discount. Encourage your favorite place to join our club of advertisers.

- ◆ **Benedict Painting & Wall Covering:** Professional painting, wall covering and power washing. 15% discount to Nix Center members. (928-9639)
- ◆ **Cape Travel** offers discounts on tours, packages and cruises to Nix Center members. Disney travel products are non-applicable. 251-928-0233 or Chelsea@gocapetravel.com
- ◆ **Delatorre Day Spa:** \$335 worth of services for \$85 less 10% on 1st visit only. Visit www.delaspa.com 25 plus years of experience, by appointment only. 19300 Greeno Road, Highway 98, Fairhope (656-4880)
- ◆ **Eastern Shore Canine** in home pet services, private lessons, grooming with home pick-up services. 10% off all services for Nix Center members. Call 401-4415 or visit www.easternshorecanine.com for info.
- ◆ **Eastern Shore Glass:** 10% off materials, not including labor (928-5108)
- ◆ **El Mexicano Restaurant:** 10% off Monday through Thursday. Located next to Wynn Dixie (929-7827)
- ◆ **Fabulous Frog Pet Sitting & Beyond:** You do not have to board your pet — stress free in-home care — your pet will thank you! We offer full-time care also. 10% off all pet sitting services to Nix Center members. Please call, (251) 300-4657. Also, commercial and residential cleaning.
- ◆ **Fairhope Alterations:** 10% off all hems (929-3938)
- ◆ **Hampton Inn Fairhope:** 15% off standard room rates for Nix Center members and their visiting families. Based upon valid during special events. Call 928-0956 or visit www.fairhope.hamptoninn.com and ask for the James P. Nix Rate.
- ◆ **Holiday Inn Express (Fairhope):** 15% off regular room rates. Call 928-9191. Not valid during special events.
- ◆ **Homestead Village Wellness Center:** \$50.00 enrollment fee waived one time only (929-0260)
- ◆ **Honey Baked Ham:** 10% off lunch (928-7282)
- ◆ **Hughes Funeral Home & Crematory:** 10% off any pre-planned funeral or cremation. (621-5890) Also visit www.hughesfh.com.
- ◆ **Julwin's:** 10% off all menu items (990-9372)
- ◆ **Key West Inn:** 25% off rack rates, depending on availability, for Nix Center members and their visiting family members. When making reservations, please mention your membership with the Nix Center and ask for the special Nix Center rate. (990-7373 or 1-800-833-0555)
- ◆ **Massage Matters & More/Patti Street:** \$45 for first time visit for massage services and a 5% discount thereafter. Located on highway 98, just north of Rock Creek (423-7905)
- ◆ **Microtel Inn & Suites:** \$80+tax for single room, \$70+tax for a double/queen room and \$83+tax for suites. For reservations, call 621-7807 or visit www.microtelinn.com for additional information. Open to Nix Center members and their guests. Reservations recommended.
- ◆ **Old 27 Grill:** 10 % Off all menu items. (281-2963)
- ◆ **Peaches-n-Clean Carpet Cleaning:** 10% off cleaning cost with membership card. (621-0068)
- ◆ **Ruby Tuesday (Fairhope):** Free sundae with purchase of a meal. (990-5077)
- ◆ **Sandra's Place:** 15% discount (990-3344)
- ◆ **Southern Veranda Florist:** 10% off all merchandise-gifts & flowers (928-4433)
- ◆ **Subway Sandwiches:** 10% off entire order (928-0803)

Updated 6/2013

Happy Birthday December Babies



DECEMBER 1: Earl Lancashire
DECEMBER 2: Grace Wade, Jeanine Normand
DECEMBER 3: Ashley Gallagher, Louise Eckman, Pamela DeLaPena
DECEMBER 4: Jane Whitehead, Joe Mundy, John Helmstadter
DECEMBER 5: Alice Kohler, Michael Landers, Ralph Peterson
DECEMBER 6: Christine Walsh, Ken Berner, Shirley Kossow
DECEMBER 8: Dale Their, Mary Lahaye, Ruby Noonan
DECEMBER 9: Carolyn Hill, Dorothy Chambers, Nancy Roberson, Paul De Tamble
DECEMBER 10: Bea Wilson, Bill Davis, Gerald Fortis
DECEMBER 11: Genevieve Turner, Millie Metzger, Sue Cade
DECEMBER 13: Frances Parks, Lynn Martin, Ron Glordano

DECEMBER 14: Art Chauvin, Joan Rothe, Joyce Jones, Toni Reardon, Walter Ruland
DECEMBER 15: Ellen Rauh, Janet White, Jim Martin
DECEMBER 16: Carolyn Walton, Gene Sellier, Teddy Love
DECEMBER 17: Bruce Pierce, Frank Walsh, Juanie Noland



DECEMBER 18: Gale Uimer, Iris Chandler, Jim Dunlap, Paula Meyer, Terry Howe
DECEMBER 20: Barbara Young, James Ransom, Thomas Sheffield
DECEMBER 21: Barbara Edgar, David York, Frances Hollis, Henry Hand
DECEMBER 22: Claudia Walls, Lena Speir, Mary Ledus, Tina Strunk
DECEMBER 23: Joan Journey, Marta Fillingim, Rita Glennon

DECEMBER 24: David Holloway, Marilyn La Hatte, Marilyn Williams
DECEMBER 25: Clarence Kossow, Edward Hails, Elise Johns, Helen Wilkinson, Jack Chin
DECEMBER 26: Carol Parsons, Carol Niebler, Carolyn Burns
DECEMBER 27: Regina Bush
DECEMBER 28: Carol Anderson, Grace Dixon, James Anton, Robert Cak
DECEMBER 29: Carol Simmons, Dale Perry, Donald Schweitzer, Katherine Robinson, Wilma Jayjohn
DECEMBER 30: Barbara Gleszer, Carolyn Randol
DECEMBER 31: Ann Tarr, Kippie Atkins, Larry Westholm, Linda Joanne Roder, Pam Lytle



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moving or just need a break,
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Country Place Senior Living offers *short-term* stays
in our well-appointed assisted living residence:



- Comfortable residential setting with professional staff and other friendly seniors
- Gives you the time you need to take care of yourself and your obligations, *worry free*
- Nurse supervision, 24-hour care, delicious dining, great activities, wonderful new friends and much more
- No long-term contract or extensive paperwork
- Medication management, incontinence care, oxygen assistance, nightly safety checks and other care and assistance services

Whatever your reason, Country Place Senior Living is here to help you and provide your loved one a trusted temporary home that's safe, fun and easy to adjust to.

For more information call
251.929.3627
or visit us online at
CountryPlaceSeniorLiving.net

8127 Gayfer Road Extension
Fairhope, AL 36532

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loved ones active and having a ball.

You May Qualify for \$2,085 a Month in Veterans Benefits!

We're hosting a free seminar to help you identify your exact VA benefits amount and how you can use the *money you've earned* for assistance with daily activities, healthcare and other benefits offered by Country Place Senior Living of Fairhope.

PLEASE JOIN US!

Tuesday, December 2, 2014

NOON – 1:00 PM

Country Place Senior Living of Fairhope
8127 Gayfer Road Ext. • 251.929.3627

- Free VA Benefits Seminar
- Complimentary Lunch To Go

Country Place
SENIOR  LIVING
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CALL **251.929.3627** TO
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www.CountryPlaceSeniorLiving.net

Approved by ABSWE for 1.0 CEU • Nurses, Social Workers, Nursing Home Administrators and Assisted Living Facility Administrators may submit a Certificate of Attendance to the ABN for 1.0 CEU approval.

Presented by Assisted Senior Benefits, a family owned company with offices in Nashville, TN and Dallas, TX. Their goal is to provide the senior community with the information needed to make informed decisions without selling them any products.

