

City of Fairhope Adult Recreation Center

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9th Annual Optimum Asset Management
and James P. Nix Center
Health & Wealth Fair

Phone Numbers

City of Fairhope

928-2136

James P. Nix Center

928-2835

Police Department

928-2385

Public Works/Utilities

928-8003

Recreation/Pool

990-0175

Quail Creek Golf Course

990-0240

Baldwin County
Courthouse/BRATS

928-3002

To report Medicare Fraud

1-800-AGELINE

Senior citizens and their loved ones are invited to the 9th Annual Health & Wealth Fair on Thursday, September 25, 2014 at the James P. Nix Center in Fairhope. The event is co-sponsored by the City of Fairhope's James P. Nix Center and Optimum Asset Management of Daphne. The event begins at 9 a.m. and features informational displays from area businesses and professionals in the health and financial fields, door prizes, and three keynote speakers.

Participants who attend all informational booths will be eligible for a free box lunch at noon. Participants who attend the three lectures from noon until 2:00 p.m. will be eligible to win door prizes, including the grand prize of an Apple iPad! You must be present at the 2 p.m. drawing to win the iPad After visiting all of the booths, enjoy a few rounds of BINGO in the Nix Center card room. Bingo games will be ongoing throughout the morning and winners will win cash prizes! You must visit all informational booths before playing Bingo.

Informational booths and health screenings will be provided from 9:00 a.m. until noon by the following agencies: Optimum Asset Management, Community Hospice, Home Instead Senior Care, South Baldwin Regional Medical Center Wound Care Center, Robertsdale Rehabilitation & Health Care Center, The Brenntity, Gentiva Hospice,

Sponsors

Phone Numbers

[Aseracare Hospice](#)

943-6094

[Atlantes Financial Advisors Corp.](#)

928-1616

[Baldwin](#)

[House](#)

621-1717

[Bay Eyes](#)

990-3937

[Dowell Financial Group](#)
445-8800

[Fairhope Health and Rehab](#)

928-2152

[Covenant Hospice](#)

626-5255

[Hartmann, Blackmon & Kilgore](#)

928-2443

[Homestead Village](#)

Schneider Insurance Agency, Country Place Senior Living, Worsham Insurance Group, Lynwood Healthcare & Rehab, Covenant Hospice, Fairhope Health & Rehab, Community Services for Vision Rehabilitation, Aging in Alabama, Council on Aging, Montrose Bay Health & Rehab, Aseracare, Tyndall Federal Credit Union, Community Bank, Fairhope Vein Treatment Center, HealthSource Chiropractic, Professional Healthcare Services, Southern Capital Services and Fairhope Yoga.

The Health & Wealth Fair is free and open to the public, so bring your friends! For more information, call the Nix Center.

MARK YOUR CALENDAR

September 3-BIRTHDAY BASH; 10:30 a.m.

Celebrate your Birthday with the Nix Center. Enjoy Birthday Cake, Ice Cream, Games and Prizes!! Sponsored by Atlantes Financial Advisors Corporation, Bay Eyes Cataract and Laser Center & Wolfe-Bayview Funeral Home

September 3- KARAOKE; 11:30 a.m.

Sing Karaoke with your friends at the Nix Center in a casual, fun environment! Karaoke will begin right after Birthday Bash in the ballroom.

929-0250

[Gentiva](#)

621-0882

[Optimum Asset Management, Inc.](#)

625-8885

[PNC Bank](#)
928-8838

[Wolfe-Bayview Funeral Home](#)

928-9555

[Alabama Hospice Care](#)

345-1023

NIX CENTER BALLROOM DANCE

Dances are held the 2nd & 4th Thursday of every month at the Nix Center from

7:00 p.m. - 10:00 p.m.

Costs: \$5.00 **Members**

\$9.00 **Guests**

September 9- COFFEE WITH A COP; 9:00 a.m.

Enjoy coffee and donuts with Chief Petties and a Fairhope Police Officer every second Tuesday of the month to discuss scams, fraud and other issues of interest.

September 10- TO YOUR HEALTH; 10:00 a.m.

Topic: Vein Disease

Presented By: Rodney Sirk, M.D., RVT, Fairhope Vein Treatment Center

September 11 - TEA TIME; 2 p.m.

Topic: "Aid & Attendance"- Veterans Home Care Benefits

Presented By: Pamela Akins, Alabama Home Care Companions

Sponsored By: Covenant Hospice

September 18- ICE CREAM SOCIAL

Join us for an Ice Cream Sundae, friends and door prizes! Ice Cream Social will be during the Senior Citizens Day event in the morning.

Sponsored by: **Kelly Dowell Financial and PNC Bank**

September 24- BINGO; 1 p.m.

Join the Nix Center for 10 games of Bingo. Cost is \$1 for 3 cards. Prizes after each game, with a cash prize following game 10. Refreshments served.

Sponsored By: **Gentiva Home Health**

September 11
Band: JR Owen

September 25
Band: Sonny Tanner

**Split the pot drawing held
at every dance!**

***Thanks to our dance
hostesses Betty Ary, Betty
Deese, Marie Weatherly &
Bonnie Matchey.***

JUST A REMINDER!!

A minimum daily donation of \$.50 per person is requested to cover the cost of coffee and other refreshments. Your cooperation and generosity are greatly appreciated. Thank You!

Lunch & Learn

The Nix Center and Country Place Living will host a "Lunch & Learn", featuring a different speaker or demonstration each time. Lunch will be \$2 per person and will include your main entree, drink and dessert. Attendees must sign up in advance and pay at the door. This month's Lunch & Learn will be on **Wednesday, September 17 at 11:00 a.m.** Lunch diners will learn about the different bird species in the area. You may "brown bag" your lunch and receive a drink and dessert for no additional charge. Check with the front desk for the monthly entree and to sign up. If you have suggested topics or speakers for future Lunch & Learn's, please see Sarah Smith at the Nix Center front desk.

City of Fairhope Fall Farmer's Market

The City of Fairhope Fall Farmer's Market is here! The market will be held on Thursday afternoons from 3-6 p.m. behind the Fairhope Public Library on Bancroft Street in downtown Fairhope. The market will begin on Thursday, **September 25** and run through Thursday, **November 6**, offering fresh Baldwin County produce, fresh cut flowers, local honey, a large variety of plants, baked goods and more! The Haven will also be

ACTIVITIES AROUND TOWN

L.A. Songwriter's Festival

September 11-13 at the American Legion Post in Fairhope. Tickets are \$15 per night or \$30 for a 3 day pass.

Alabama Coastal Cleanup

Saturday, Sept. 20 from 8 a.m.-noon. Volunteer to

on hand with pets up for adoption. For more information on the Fall Farmer's Market, call 251-929-1466.

Fall Fashion Show

The Nix Center will host a Fall Fashion Show on Monday, September 15 at 10:30 a.m. The Colony Shop, A Place Remembered, The Cat's Meow and M & F Casuals, all in Downtown Fairhope, will present looks from their Fall clothing and accessory lines. Sponsored by Robertsdale Rehabilitation & Healthcare Center and Gentiva Homecare and Hospice, the show will be centered on Fall styles tailored to the fashionable senior lady. Refreshments will be served immediately following the runway show. To register or for more information, please see the Nix Center front desk, or call 251-928-2835.

Go To The Movies With The Nix Center

On the third Tuesday (**September 16**) of each month members ride the Nix Center bus to the movie theater in Daphne. Space is limited to the

clean up our coast and inland areas. For more info, call 929-1466.

St. James Concert Series

Friday, Sept. 26 at 7 p.m. Listen to Jose Sunderland and Robert Holm play the cello and piano.

American Cancer Society Gala

Friday, September 26 from 6-11 p.m. Be a part of a worthy cause and support ACS. Tickets are \$100 per person.

first 11 people who register. Movie to be announced. Time to be announced closer to movie date. Check with Nix Center personnel for possible changes. Participants are responsible for admission fee to movie and refreshments. Only pre-registered participants will be guaranteed a seat on the bus.

Sunset Yoga for Charity

Every 2nd & 4th Friday from March through October a yoga class is held North of the Fairhope Pier at the Bluff. Yoga on **September 12** benefits Mercy For Animals and Yoga on **September 26** benefits the Wounded Warrior Project. All class are donation only and the money goes to the respective charity. Times change with the sunset. Classes are at 6:30 p.m. in September. For more information, contact Billie Reinhart at 251-379-4493 or visit www.thrivefairhope.com.

Ann's Alone FREE Calling Service

The Nix Center offers a free telephone calling program, Ann's Alone, for seniors who live alone and want someone to check in on them daily. Volunteers will be calling participants by 9 a.m. each day. You must register and provide some personal information and emergency call information. Participants are also responsible for advising callers when they will be out of town. If a volunteer does not get an answer from a participant, then their emergency contact or the police will be notified. To sign-up for the program,

call or stop by the Nix Center front desk.

**The Nix Center will
be closed on
Monday, September 1
for Labor Day.**

**There will be No
Potluck Lunch in September.**

Center James P. Nix

Daily Activities for September

MONDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool for men & women

9:00 Tone & Stretch with Joni

12:30-4:00

Eastern Shore Duplicate Bridge Club

\$2.00 per game. For more information, call Art

Meyers at 626-5109.

www.eastenshorebridgeclub.com

1:00-4:00 Open Cards, Mahjong, Canasta

1:30-4:00 Hand, Foot & Knee

TUESDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

8:00 **Nix Center Golf Mixed Scramble at Quail Creek**
Reservations required, fee to play is required.

If you would like to play, call Bob Mull at 990-9958.

9:00 FREE Blood Pressure Screening with

Aseracare Hospice (September 16)

9:00 COFFEE WITH A COP (September 9)

9:00-10:00 Free Low Impact Aerobic Class

9:00-12:00 Jam N' Folks Music Group

12:30 Tuesday Movie (September 16)

Ride the Nix Center bus to the movie theater in

Daphne.

Movie will be announced.

Space is limited to 11 people.

Participants are responsible for admission fee

to the

movie and refreshments.

Pre-registration is required.

12:30-4:00 Open Cards, Hand & Foot, Party Bridge,

Scrabble, Cribbage, etc.

(Must bring your own foursome)

12:30 299 Duplicate Bridge

For more information, contact Janet Anderson

at 251-990-5514

WEDNESDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 Line Dancing with Carolyn. No
Reservation required;

\$5 fee is required.

9:30-11:30 "Arts & Crafts & Chat"

Bring your own craft or hobby and socialize
while you do your own project-- just come chat.

10:00 **TO YOUR HEALTH (September 10)**

Topic: Vein Disease

Presented by: Rodney Sirk, Fairhope Vein Treatment
Center

10:30 **SEPTEMBER BIRTHDAY BASH (September 3)**

sponsored by Atlantes Financial Advisors
Corporation, Bay Eyes Cataract & Laser Center
& Wolfe-Bayview Funeral Home.

Nix Center member, Jack Lynch, will entertain
the group with his harmonica.

10:45 **LUNCH TRIP ON THE BUS (September 10)**

Ride the Nix Center bus to The Gift Horse

in Foley!

11:30 **KARAOKE (September 3)**

Join your friends in singing karaoke!

12:30 Open Cards, Mahjong, Cribbage, Pinochle & more

(Must bring your own foursome or stop

by for a list of people who may be interested

in creating a foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club \$2 per game;

for information, call Art Meyers at 625-5109.

www.easternshorebridge.com

1:00-3:00 **BINGO (September 24)**

Sponsored by **Gentiva Home Health**

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THURSDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 Free Low Impact Aerobic Class

9:30 Widowed Persons Support Group

Sponsored by **Covenant Hospice**

12:30- 4:00 Open Cards, Pinochle and Games

(must bring your own foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club

\$2 per game. For information call Art Meyers at

626-5109. www.easternshorebridgeclub.com

1:30 Men's Coffee Group. Join in on an afternoon

of fellowship and stimulating conversation. All are welcome to add their own information or opinions or listen to those of others.

2:00 **TEA TIME (September 11)**

Topic: Aid & Attendance--Veterans Home Care Benefits

Presented By: Pamela Akins, Alabama Home Care

Companions

2:00 **ICE CREAM SOCIAL (September 18)**

Join us for an Ice Cream Sundae, friends,

door prizes and much more!

Sponsored by **Kelly Dowell Financial & PNC Bank**

7:00-10:00 Fairhope's Famous Dances

(September 11 & September 25))

FRIDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 GOLD ZUMBA with Joni

12:30 Eastern Shore Duplicate Bridge Club

\$2 per game. For information, call Art Meyers at 626-5109.

www.easternshorebridgeclub.com

12:30 Open Cards

12:30-4:00 Mexican Dominos

1:00-4:00 Open Cards, Mahjong, Hand & Foot, Canasta, etc

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James P. Nix Center Senior Savings Program

Please call the business for details about discounts. Restaurants require presentations of **James P. Nix Center Membership Cards** before ordering to guarantee discount. Encourage your favorite place to join our club of advertisers.

- ◆ **Benedict Painting & Wall Covering:** Professional painting, wall covering and power washing. 15% discount to Nix Center members. (928-9639)
- ◆ **Cape Travel** offers discounts on tours, packages and cruises to Nix Center members. Disney travel products are non-applicable. 251-928-0233 or Chelsea@gocapetravel.com
- ◆ **Delatorre Day Spa:** \$335 worth of services for \$85 less 10% on 1st visit only. Visit www.delaspa.com 25 plus years of experience, by appointment only. 19300 Greeno Road, Highway 98, Fairhope (656-4680)
- ◆ **Eastern Shore Canine** in home pet services, private lessons, grooming with home pick-up services. 10% off all services for Nix Center members. Call 401-4415 or visit www.easternshorecanine.com for info.
- ◆ **Eastern Shore Glass:** 10% off materials, not including labor (928-5108)
- ◆ **El Mexicano Restaurant:** 10% off Monday through Thursday. Located next to Winn Dixie (929-7827)
- ◆ **Fabulous Frog Pet Sitting & Beyond:** You do not have to board your pet — stress free in-home care — your pet will thank you! We offer full-time care also. 10% off all pet sitting services to Nix Center members. Please call, (251) 300-4657. Also, commercial and residential cleaning.
- ◆ **Fairhope Alterations:** 10% off all hems (929-3938)
- ◆ **Hampton Inn Fairhope:** 15% off standard room rates for Nix Center members and their visiting families. Based upon valid during special events. Call 928-0956 or visit www.fairhope.hamptoninn.com and ask for the James P. Nix Rate.
- ◆ **Holiday Inn Express (Fairhope):** 15% off regular room rates. Call 928-9191. Not valid during special events.
- ◆ **Homestead Village Wellness Center:** \$50.00 enrollment fee waived one time only (929-0260)
- ◆ **Honey Baked Ham:** 10% off lunch (928-7282)
- ◆ **Hughes Funeral Home & Crematory:** 10% off any pre-planned funeral or cremation. (621-5890) Also visit www.hughesfh.com.
- ◆ **Julwin's:** 10% off all menu items (990-9372)
- ◆ **Key West Inn:** 25% off rack rates, depending on availability, for Nix Center members and their visiting family members. When making reservations, please mention your membership with the Nix Center and ask for the special Nix Center rate. (990-7373 or 1-800-833-0555)
- ◆ **Massage Matters & More/Patti Street:** \$45 for first time visit for massage services and a 5% discount thereafter. Located on highway 98, just north of Rock Creek (423-7905)
- ◆ **Microtel Inn & Suites:** \$80+tax for single room, \$70+tax for a double/queen room and \$83+tax for suites. For reservations, call 621-7807 or visit www.microtelinn.com for additional information. Open to Nix Center members and their guests. Reservations recommended.
- ◆ **Old 27 Grill:** 10 % Off all menu items. (281-2663)
- ◆ **Peaches-n-Clean Carpet Cleaning:** 10% off cleaning cost with membership card. (621-0068)
- ◆ **Ruby Tuesday (Fairhope):** Free sundae with purchase of a meal. (990-5077)
- ◆ **Sandra's Place:** 15% discount (990-3344)
- ◆ **Southern Veranda Florist:** 10% off all merchandise-gifts & flowers (928-4433)
- ◆ **Subway Sandwiches:** 10% off entire order (928-0803)

Updated 6/2013

Happy Birthday September Babies



SEPTEMBER 1: Barbara Teano, Dorothy Bung
SEPTEMBER 2: Bill Brooke, Bonnie Robinson, Leni Shanks, Pat Barrow
SEPTEMBER 3: Brenda Haskew, Joann Hobbs, Margaret Smith, Norma Smith, Pam Burkel, Robert Holliman, Thomas Holder
SEPTEMBER 4: Dorothy Avery, George Freeman, Heidi Schneekloth, Knight Upchurch
SEPTEMBER 5: Bari Campbell, James Stowers, Mari Cummings, Waynard White
SEPTEMBER 6: Kenneth Cooper, Lew Humphrey
SEPTEMBER 7: Joan Thompson, John Stieber, Kay Huke, Mary McGinnis, Nancy Ward, Yurika Hinton, Yvonne Marsh
SEPTEMBER 8: Donna Broussard, Joan Rogers

SEPTEMBER 9: Bonnie Mabrey, Robert McKee, Wanda Phillips
SEPTEMBER 10: Betsy Loch, Romona Giodano, Ruth Rutkowski
SEPTEMBER 11: Brenda Suda, Patii Miller
SEPTEMBER 12: Alice Hyde, Ann Jones, Bette Dowsey, Billie Loomis, Norm Wachtl
SEPTEMBER 13: Barbara Crawford, Helen Ingram, Louise Deren
SEPTEMBER 14: Bruce Jones, Cheyl Boyce, Paula Powell, Sally Jones
SEPTEMBER 15: Elaine Hardison, Mernilee Kaufman, Susan Trimble
SEPTEMBER 16: Christine Ellison, Dorothy Ford, Joseph Donelan, William Ninis, Yvonne Cox
SEPTEMBER 17: Bernie Harvey, Frances Myers, Joan Hayes
SEPTEMBER 18: Carole Schneider
SEPTEMBER 19: LaDonna Youngblood, Reed Myers, Richard Murphy, Richard Jones
SEPTEMBER 20: Barbara Bauer, Henry Peace, Janet Taverna, Julie Marks
SEPTEMBER 21: Arthur Andrewes, Ronald Lee

SEPTEMBER 22: Brandly Monroe, Norman Ard, Susan Morgan
SEPTEMBER 23: Allen Campbell, Carl Couret, James Perry, Judy Singleton, Linda Sacks, Susan Fossett
SEPTEMBER 24: Eva Fralick, Jim Nickerson
SEPTEMBER 25: Betty Wilkinson, Elizabeth Blatchford, Howard Deck, Melba Saunders
SEPTEMBER 26: Gene Turk, Judy Hendrix, Ken Renz
SEPTEMBER 27: Anita Graham, Lillian Woods, Poe Impastato, Randal Wright
SEPTEMBER 28: Art Meyers, Donna Dinan, Joan Ardrey, Martha Muscat, Patricia Stucke
SEPTEMBER 29: Phyllis Pittman
SEPTEMBER 30: Kim Jardine, Maureen Watkins, Rose Vredevelt



ESILL INVITES YOU THIS FALL

- ▶ TO LEARN SOMETHING NEW!
- ▶ TO MAKE SOMETHING NEW!
- ▶ TO TRY SOMETHING NEW!



The Eastern Shore Institute for Lifelong Learning (ESILL), our local adult education program offering "School for the Fun of It," has new and returning courses starting in September. Call the instructor to register. For the latest information and course details, visit our website, www.ESILL.org.

Hands-On Art Classes

Mosaic Gifts: Tues., 1-3pm, Sep. 30-Nov. 18, \$72, Jan Johnson, 366-9170.
Sumi-e – Asian Brush Painting: 9-noon, Tues. & Fri., Sep. 30-Oct. 24, \$108. Maria Papp. Call Laurie, 990-5555, to register.
Watercolor for Beginners: Thurs., 9-noon, Sep. 25-Oct. 2, Oct. 16-Nov. 20, \$108. Loran Chavez, 623-3925.
Watercolor Will Do What? Thurs., 1-4 pm, Sep. 25-Oct. 2, Oct. 16-Nov. 20, \$108. Loran Chavez, 623-3925.
Pen & Ink With Color: Tues., 1-4pm, Sep. 30-Nov. 4, \$61. Nancy Winger, 929-1988.
Try Your Hand at Painting: Tues., 1-4pm, Sep. 30 or Oct. 28, \$14. Allison Thorpe, 972-464-9887.
Brushstrokes & Brilliance: Acrylics or Oils: Wed., 9-noon, Oct. 1-Nov. 19, \$108, Loran Chavez, 623-3925.

Music

***Variations on a Theme:** Mon., 10-noon, Sep. 29-Nov. 24, \$81. Vincentine Williams, 626-2712.

Ancient Wisdom of the World, Part 1:

Mon., 1:30-3:30pm, Sept. 29-Oct. 20, \$36. Fred Marchman, 929-0995.

Recover Your Creativity!

The Artist's Way
Part 1: Tues., 10-11:30am, Sep. 30-Oct. 21, \$27. Allison Thorpe, 972-464-9887.

Recover your creativity from a variety of blocks, including limiting beliefs, fear, self-sabotage, and other inhibiting forces, replacing them with artistic confidence and productivity.

(Part 2 is offered in Oct.-Nov.)

Crafts & Hobbies

***Cooking with Vikki Day—What's for Dinner?**
Part 1: Mon. 10am-1pm, Sep. 29-Oct. 27, \$58. Register with Mary Jane Skinner, 625-4806.
***Machine Quilting—Beginner and Intermediate:** Tue., 10am-1pm, Sept. 30-Nov. 18, \$108. Sherry Mozley, 228-2388.
***Food & Travel Tips for Visiting Italy:** Mon., 6:30-8pm, Sept. 29-Oct. 20, \$27. Stefano Feo, 609-1068.
Digital Photography: Tues., 9-noon, Oct. 7-Nov. 13, \$81. Gene Sellier, 597-7543.

Short Story Miscellany –

Anton Chekhov to Alice Munro: Thurs., 1-3pm, Oct. 9-23, \$27. Brenda Hutchingson, 650-2499.

Language Study

***German for Travelers Part I:** Tues., 10-noon, Sep. 30-Oct. 21, \$36. Becky Naylor, 626-8907.
***Joy of French Conversation:** Tues., 3-4:30pm, Sep. 30-Nov. 11, \$48. Dr. Jazz Normand, 928-2284.
***Spanish for Beginners:** Mon. and Wed., 9:30-11:30am, Sep. 29-Nov. 12, \$64. Maria Whatley, 517-7273.

Italian starts in October!

More Courses on the Back!



Ray Hall Casino Trips

Wednesday, July 16
Palace Casino

To reserve your spot,
call Richard at
928-0672.

JAMES P. NIX SENIOR ACTIVITY CENTER

Location

One Bayou Drive
Fairhope, Alabama 36532
(251)928-2835
Fax(251)990-0207

... AND STILL MORE COURSES THAT MAKE YOU FEEL GOOD!

New Course!

Self-Hypnosis for Self-Improvement

Hypnosis is a natural mental phenomenon; your mind already knows how to go there. Self-hypnosis allows you to access your subconscious mind and to reprogram it for your own higher good. Learn about hypnosis, how it works, how to use it by yourself to relax, to energize, to recall events, to learn faster, to stop bad habits and start good ones.
 Mon., 2-4pm, Sep. 29-Nov. 3, \$54.
 Shirley Geer, 990-4061.

YOGA FOR FITNESS & STRESS MANAGEMENT

Learn yoga poses that increase flexibility and balance, and breathing techniques that improve health and calm the mind.
 Tuition \$41, Christina Caprez, 928-9565.
Yoga for Fitness I Mon., 9:15-10:45am, Sept. 29-Oct. 27 and Nov. 10.
Yoga for Fitness II Mon., 9:15-10:45am, Nov. 17-Dec. 22.

CHAIR YOGA - SITTING & STANDING



For anyone who wants to exercise but has difficulty with floor postures.
 Wed., 10:30-11:30am, Oct. 1-29, \$23. Billie Reinhart, 379-4493.

Balance – It's a Good Thing!

Employ strategies and exercises to improve your balance. Each class contains floor time and swimming pool time to build muscle strength and enhance balance.
 Sat., 9:30-11am, Oct. 4-Nov. 8, \$41, Kathleen Fendelman, 348-2044.

MEDITATION:

A NEW WAY TO BE
 \$36, Betsey Grady, 752-6509.
Meditation I Mon., 10:30-11:30am, Sept. 29-Nov. 17.
Meditation II Fri., 10:30-11:30am, Oct. 3-Nov. 21.

Creative Writing:

Intro to Fiction: Begin or re-immense yourself in the journey of writing with this imaginative and enjoyable class.
 Fri., 11:45am-1:45pm, Oct. 3-24, \$36, Mahala Church, 287-2728.

Flower Arranging is Fun

-Intermediate for those with some experience
 Thurs., 10-noon, Oct. 2-23, \$36.
 Betty Savage, 928-6992.

Essential Oils and Healing Herbs

Experience the best nature has to offer when you use essential oils or homegrown herbs for skin care, first aid, stress relief, and more.
 Mon., 8-8pm, Sept. 29-Oct. 27, \$45, Angelica Jones, 895-7735.

Other ESILL courses starting in October and November: •Beginner & Intermediate Italian; •Photo Shop Elements Techniques; •Vegetable Container Gardens; •China Painting; •Compact Camera Creativity; •From Monet to Van Gogh: A History of Impressionism; •Painting Potpourri; •Watercolor Will Do What? •Book Buying, Collecting and Selling; •Compassionate Caregiving; •Print Book Self-Publishing; •Revise Your Novel; •Walking the Bible, Studying Job; •God, Gats, Gangsters & Gin; •Life on the Road – Gypsy History and Culture; •Reel Life – History in the Movies; •World War I, 1914-1918; •Beginner's Sewing; •A Day in Elberta; •EVOO and You; •Morning in Cathedral Square; •Pine Needle Basketry; •Fall Appetizers and Holiday Desserts; •Tattooing for Beginners; •Temari; •Visit the U.S. Sports Academy's Sport Art Museums; •Lifestories: World Events and You.

Go to ESILL.com for details on these courses or look for ESILL flyers at the Libraries.

Hours

8:00 a.m.-5:00 p.m.

Monday-Friday

Email

sherry.sullivan@

cofairhope.com

OR

[sarah.smith@](mailto:sarah.smith@cofairhope.com)

cofairhope.com

Website

www.cofairhope.com

Personnel

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Sherry Sullivan

Facility Assistant, Sarah Smith

Danon Atkinson

Karen Beauchamp

Peggy Hall

Josh Graham

Sara Hann

Marguerite Peterson

Paige Turberville

Dale Wilson

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