

The James P. Nix Center

August 2014

City of Fairhope Adult Recreation Center

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Congressman Byrne to host
Senior Citizens Day event in Fairhope

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[City of Fairhope](#)

928-2136

James P. Nix Center

928-2835

Police Department

928-2385

Public Works/Utilities

928-8003

Recreation/Pool

990-0175

Quail Creek Golf Course

990-0240

Baldwin County
Courthouse/BRATS

928-3002

To report Medicare Fraud

1-800-AGELINE

Sponsors

Area senior citizens are invited to attend a special event in their honor sponsored by U.S. Rep. Bradley Byrne on National Senior Citizens Day, 8:30 a.m. to noon on Thursday, August 21, at the James P. Nix Center in Fairhope.

Rep. Byrne will bring together representatives from key federal and state agencies and organizations in a Resource Fair to highlight services and benefits of special interest to senior citizens. Participants will have the opportunity to have a conversation with Congressman Byrne in a Senior Citizens Roundtable from 9:30 a.m. to 10:30 a.m.

Byrne said: "Baldwin County, the Fairhope area in particular, enjoys a large community of active and involved retirees. I am looking forward to hearing from them and having a great discussion on issues that matter most to our area's seniors."

Among the many planned Resource Fair activities, the South Alabama Regional Planning Commission's Area Agency on Aging will sponsor a free legal clinic. To obtain a power of attorney or advanced directive at no cost from a local attorney, participants must be at least age 60, bring proof of identity, and provide the complete name, address and telephone number of the person or persons to whom they will assign power of attorney.

Phone Numbers

[Aseracare Hospice](#)

943-6094

[Atlantes Financial Advisors Corp.](#)

928-1616

[Baldwin](#)

[House](#)

621-1717

[Bay Eyes](#)

990-3937

[Dowell Financial Group](#) 445-8800

[Fairhope Health and Rehab](#)

928-2152

[Covenant Hospice](#)

626-5255

[Hartmann, Blackmon & Kilgore](#)

928-2443

[Homestead Village](#)

929-0250

Free blood-pressure checks and refreshments - including an "Ice Cream Social" - will be provided courtesy of the Nix Center.

Who: Congressman Bradley Byrne (AL-1) and area senior citizens

What: Senior Citizens Resource Fair and Roundtable

When: Thursday, August 21, 2014, 8:30 am - noon CT

Where: James P. Nix Center, 1 Bayou Drive, Fairhope

[Mercy Medical](#)

621-4200

[Gentiva](#)

621-0882

[Optimum Asset Management, Inc.](#)

625-8885

[PNC Bank](#)

928-8838

[Thomas Hospital](#)

928-2375

[Wolfe-Bayview Funeral Home](#)

928-9555

[Alabama Hospice Care](#)

345-1023

MARK YOUR CALENDAR

August 4 POTLUCK LUNCH; noon

Join us for our monthly Potluck Luncheon.

Main entrée will be BBQ Chicken.

Participants should bring a dish that serves at least 8 people. Cost is \$1 for Nix members who bring a dish.

Sponsored by: Baldwin House

August 6-BIRTHDAY BASH; 10:30 a.m.

**NIX CENTER
BALLROOM
DANCE**

Dances are held the 2nd & 4th Thursday of every

Celebrate your Birthday with the Nix Center.
Enjoy Birthday Cake, Ice Cream, Games and Prizes!!
Sponsored by Atlantes Financial Advisors Corporation, Bay Eyes Cataract and Laser Center & Wolfe-Bayview Funeral Home

- **August 6- KARAOKE; 11:30 a.m.**

Sing Karaoke with your friends at the Nix Center in a casual, fun environment! Karaoke will begin right after Birthday Bash in the ballroom.

August 12- COFFEE WITH A COP; 9:00 a.m.

Enjoy coffee and donuts with Chief Petties and a Fairhope Police Officer every second Tuesday of the month to discuss scams, fraud and other issues of interest.

August 13- TO YOUR HEALTH; 10:00 a.m.

Topic: Senior Medical Patrol
Presented By: Marcella Nettles, SARPC

August 14 - TEA TIME; 2 p.m.

Topic: Shepherd's Place
Presented By: Ann Pearson, Shepherd's Place

Sponsored By: Covenant Hospice

August 21- ICE CREAM SOCIAL

Join us for an Ice Cream Sundae, friends and door prizes! Ice Cream Social will be during the Senior Citizens Day event in the morning.

Sponsored by: Kelly Dowell Financial and PNC Bank

- **August 27 - BINGO; 1 p.m.**

Join the Nix Center for 10 games of Bingo. Cost is \$1 for 3 cards. Prizes after each game, with a cash prize following game 10. Refreshments served.

Sponsored By: Gentiva Home Health

month at the Nix Center from

7:00 p.m. - 10:00 p.m.

Costs: \$5.00 **Members**

\$9.00 **Guests**

August 14

Band: Charlie Freeman

August 28

Band: Exit 105
Theme: Country & Western

Split the pot drawing held at every dance!

Thanks to our dance hostesses Betty Ary, Betty Deese, Marie Weatherly & Bonnie Matchey.

- **August 22- FINANCIAL FRIDAY; 10:00 a.m.**

Topic: Reverse Mortgage

Speaker: Charlie Crocker, **Workforce Housing Alliance**

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JUST A REMINDER!!

A minimum daily donation of \$.50 per person is requested to cover the cost of coffee and other refreshments. Your cooperation and generosity are greatly appreciated. Thank You!

Mark Your Calendar!

Optimum Asset Management & the James P. Nix Center Health & Wealth Fair will be held on Thursday, September 25 from 9 a.m. until 2 p.m. Activities include informational booths, speakers, FREE lunch, BINGO and prizes! This event is free and open to the public.

**NEW to the Nix Center!!
Lunch & Learn**

**ACTIVITIES
AROUND TOWN**

First Friday Art

The Nix Center and Country Place Living will begin hosting a "Lunch & Learn", featuring a different speaker or demonstration each time. Lunch will be \$2 per person and will include your main entrée, drink and dessert. Attendees must sign up in advance and pay at the door. This month's Lunch & Learn will be on Wednesday, August 20 at 11:00 a.m. Lunch diners will learn about Living Wills and Power of Attorney's from a local attorney. You may "brown bag" your lunch and receive a drink and dessert for no additional charge. Check with the front desk for the monthly entrée and to sign up. If you have suggested topics or speakers for future Lunch & Learn's, please see Sarah Smith at the Nix Center front desk.

Tea for Two at the Museum of History

August 5-Donnie Barrett will present a class on the 150th anniversary of the Civil War.

August 12-Creighton "Peco" Forsman will present his new book "She's Bound to be a Goer!" about the bay boats which served communities along Mobile Bay.

August 19-Ron Driesbach will present a history of the Eastern Martial Arts of Tai Chi and Chi Gung, as well as demonstrate simple techniques to improve memory and balance.

August 26-Flo Schneider, great granddaughter of a Fairhope founder, will tell of her family history.

****Every Tuesday at 2 p.m. at the Museum****

Go To The Movies With The Nix Center

Walk
Eastern Shore Art Walk, Friday, August 1 at 6 p.m. Stroll Downtown Fairhope and enjoy art, music, and more. For more information, call 928-2228.

Elderberry Festival
Fairhope Museum of History Elderberry Festival on Saturday, August 9, 10 a.m.-9 p.m. Learn about the Elderberry and sample creations using the Berry. For more information, call 929-1471.

Genealogy Class
Genealogy class at the Fairhope Public Library, August 11-12 from 2-3:30 p.m. For more information on Library programs, call 928-7483.

On the third Tuesday (**August 19**) of each month members ride the Nix Center bus to the movie theater in Daphne. Space is limited to the first 11 people who register. Movie to be announced. Time to be announced closer to movie date. Check with Nix Center personnel for possible changes. Participants are responsible for admission fee to movie and refreshments. Only pre-registered participants will be guaranteed a seat on the bus.

Sunset Yoga for Charity

Every 2nd & 4th Friday from March through October a yoga class is held North of the Fairhope Pier at the Bluff. Yoga on **August 8** benefits The Haven and Yoga on **August 22** benefits Share The Beach. All classes are donation only and the money goes to the respective charity. Times change with the sunset. Classes are at 6:30 p.m. in August. For more information, contact Billie Reinhart at 251-379-4493 or visit www.thrivefairhope.com.

Coffee With A Cop

The Nix Center program "Coffee With a Cop" enables seniors and others to meet face to face with Chief Joseph Petties and a Fairhope Police officer to ask questions and learn about how to deal with scams, fraud, and other issues of interest. The program is held on the second Tuesday (**August 12**) of each month at 9 am. This event is open to the public, so bring your friends and neighbors! Call 928-2835 for more information.

Ray Hall Casino Trips

Wednesday, July 16
Palace Casino

To reserve your spot,
call Richard at
928-0672.

JAMES P. NIX SENIOR ACTIVITY CENTER

Location

One Bayou Drive
Fairhope, Alabama 36532
(251)928-2835
Fax(251)990-0207

Hours

8:00 a.m.-5:00 p.m.
Monday-Friday

Email

sherry.sullivan@

The Nix Center will have a Senior Fall Fashion Show in September. Make sure to be on the lookout for more information!

There will be NO exercise classes on Thursday, August 21.

The Nix Center will be closed on Monday, September 1 for Labor Day.

Center **James P. Nix**

Daily Activities for August

MONDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool for men & women

9:00 Tone & Stretch with Joni

12:00 POTLUCK LUNCH (August 4)

 Main Entree: BBQ Chicken

 Sponsor: Baldwin House

12:30-4:00

Eastern Shore Duplicate Bridge Club

\$2.00 per game. For more information, call Art

Meyers at 626-5109.

cofairhope.com

OR

[sarah.smith@](mailto:sarah.smith@cofairhope.com)

cofairhope.com

Website

www.cofairhope.com

Personnel

Director, Community
Affairs,

Sherry Sullivan

Facility Assistant, Sarah
Smith

Danon Atkinson

Karen Beauchamp

Peggy Hall

Josh Graham

Sara Hann

Marguerite Peterson

Paige Turberville

Dale Wilson

This publication is
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www.eastenshorebridgeclub.com

1:00-4:00 Open Cards, Mahjong, Hand & Foot, Canasta

newsletter is provided by

**Hartmann, Blackmon &
Kilgore, P.C. &
Homestead Village.**

TUESDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

8:00 **Nix Center Golf Mixed Scramble at Quail Creek**
Reservations required, fee to play is required.

If you would like to play, call Bob Mull at 990-9958.

9:00 FREE Blood Pressure Screening with

Aseracare Hospice (August 19)

9:00 COFFEE WITH A COP (August 12)

9:00-10:00 Free Low Impact Aerobic Class

9:00-12:00 Jam N' Folks Music Group

12:30 Tuesday Movie (August 19)

Ride the Nix Center bus to the movie theater in

Daphne.

Movie will be announced.

Space is limited to 11 people.

Participants are responsible for admission fee

to the

movie and refreshments.

Pre-registration is required.

12:30-4:00 Open Cards, Hand & Foot, Party Bridge,

Scrabble, Cribbage, etc.

12:30 299 Duplicate Bridge

For more information, contact Janet Anderson
at 251-990-5514

8:00-9:00	Video Exercise
8:00-4:00	Pool/Billiards for men & women
9:00 Reservation	Line Dancing with Carolyn. No required;

9:30-11:30 "Arts & Crafts & Chat"

Bring your own craft or hobby and socialize while you do your own project-- just come chat.

Nix Center member, Jack Lynch, will entertain the group with his harmonica.

11:30 **KARAOKE (August 6)**

Join your friends in singing karaoke!

12:30 Open Cards, Mahjong, Cribbage, Pinochle & more

(Must bring your own foursome or stop
by for a list of people who may be interested
in creating a foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club \$2 per game;
for information, call Art Meyers at 625-5109.

www.easternshorebridge.com

1:00-3:00 **BINGO (August 27**

Sponsored by **Gentiva Home Health**

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THURSDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 Free Low Impact Aerobic Class

9:30 Widowed Persons Support Group

Sponsored by **Covenant Hospice**

12:30- 4:00 Open Cards, Pinochle and Games

(must bring your own foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club

\$2 per game. For information call Art Meyers at

626-5109. www.easternshorebridgeclub.com

1:30 Men's Coffee Group. Join in on an afternoon

of fellowship and stimulating conversation. All are

welcome to add their own information or

opinions or listen to those of others.

2:00 **TEA TIME (August 14)**

Topic: Shepherd's Place

Presented By: Ann Pearson, Shepherd's Place

ICE CREAM SOCIAL (August 21)

Join us for an Ice Cream Sundae, friends,

door prizes and much more! Ice Cream Social

will take place during the Senior Citizens Day on the

morning of August 21.

Sponsored by **Kelly Dowell Financial** & **PNC Bank**

7:00-10:00 Fairhope's Famous Dances **(August 14 & August 28)**

FRIDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 GOLD ZUMBA with Joni

9:00-1:00 BOATING ON MOBILE BAY

Stop by the Nix Center front desk to sign up.

10:00-11:00 **FINANCIAL FRIDAY (August 22)**

Topic: Reverse Mortgage

Speaker: Charlie Crocker, Workforce Housing Alliance

12:30 Eastern Shore Duplicate Bridge Club
\$2 per game. For information, call
Art Meyers at 626-5109.
www.easternshorebridgeclub.com

12:30 Open Cards

12:30-4:00 Mexican Dominos

1:00-4:00 Open Cards, Mahjong, Hand & Foot, Canasta, etc

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