

City of Fairhope Adult Recreation Center

In This Issue

[Nix Center Health & Wealth Fair](#)

[MARK YOUR CALENDER](#)

[Blood Pressure Screening](#)

[Go To The Movie with Nix Center](#)

[Coffee with a Cop](#)

[Volunteers Needed](#)

[Nix Center Dance Lessons](#)

[Cooking Class](#)

[Alabama Coastal Cleanup](#)

[Museum of History Tea Time at Tue](#)

[Brick Paver Program](#)

[Sailing on Mobile Bay](#)

[Fairhope's Famous Cabaret Dances](#)

[ACTIVITES AROUND TOWN](#)

[Ray Hall Casino Trips](#)

8th Annual Optimum Asset Management
and James P. Nix Center

Phone Numbers

[City of Fairhope](#)

928-2136

James P. Nix Center

928-2835

Police Department

928-2385

Public Works/Utilities

928-8003

Recreation/Pool

990-0175

Quail Creek Golf Course

990-0240

Baldwin County
Courthouse/BRATS

928-3002

To report Medicare Fraud

1-800-AGELINE

Sponsors

Health & Wealth Fair

Senior citizens and their loved ones are invited to the 8th Annual Health & Wealth Fair on **Thursday, September 26, 2013** at the James P. Nix Center in Fairhope. The event is co-sponsored by the City of Fairhope's James P. Nix Center and Optimum Asset Management of Daphne. The event begins at 9 am and features informational displays from area businesses and professionals in the health and financial fields, door prizes, and three keynote speakers.

Participants who attend all informational booths will be eligible for a free box lunch at noon, compliments of The Brenntity. Participants who attend the three lectures from noon until 2:00 p.m. will be eligible to win door prizes, including the grand prize of an Apple iPad! You must be present at the 2 p.m. drawing to win the iPad.

Informational booths and some health screenings will be provided from 9:00 a.m. until noon by the following agencies: Harris Properties Management, The Brenntity, Mrs. Alabama 2013 with the "Look Good, Feel Better" campaign, Advocare, Community Hospice, Ascent Audiology & Hearing, Project Rebound, Alta Pointe, Baldwin County Council on Aging and many more!

Phone Numbers

[Aseracare Hospice](#)

943-6094

[Atlantes Financial Advisors Corp.](#)

928-1616

[Baldwin](#)

[House](#)

621-1717

[Bay Eyes](#)

990-3937

[Fairhope Health and Rehab](#)

928-2152

[Covenant Hospice](#)

626-5255

[Hartmann, Blackmon & Kilgore](#)

928-2443

[Homestead Village](#)

929-0250

[Mercy Medical](#)

The Health & Wealth Fair is free to the public, so bring your friends! For more information, see the Nix Center front desk.

621-4200

[Gentiva](#)

621-0882

[Montrose Bay Health and Rehab](#)

928-2177

MARK YOUR CALENDAR

September 4- BIRTHDAY BASH; 10:30 a.m.

Celebrate your Birthday with the Nix Center. Enjoy Birthday Cake, Ice Cream, Games and Prizes!! Sponsored by **Atlantes Financial Advisors, Corporation, Bay Eyes Cataract and Laser Center & Wolfe-Bayview Funeral Home**

[Optimum Asset Management, Inc.](#)

625-8885

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September 10- COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with Chief Petties and a Fairhope Police Officer every second Tuesday of the month to discuss scams, fraud and other issues of interest.

[PNC Bank](#)
928-8838

September 11-TO YOUR HEALTH; 10 a.m.

Topic: Nutrition for One
Presented by: Amie Dodd, RN with Gentiva

[Thomas Hospital](#)

928-2375

September 12- TEA TIME; 2 p.m.

Topic: Affordable Care Act: Health Care Laws and Medicare Changes
Presented by: James Robertson, Regional Ship Coordinator for the Area Agency on Aging
Sponsored by: **Covenant Hospice**

[Wolfe-Bayview Funeral Home](#)

928-9555

September 19- ICE CREAM SOCIAL; 2 p.m.

Join us for Apple Pie a la Mode, friends and door prizes!
Sponsored by: **Montrose Bay Health & Rehab and PNC Bank**

**FAIRHOPE'S
FAMOUS CABARET
DANCES**

September 25-BINGO; 1 p.m.

Please join us for 10 games of bingo, prizes and Refreshments. Cost is \$1 for 3 cards. Please register at the front desk. Sponsored by: **Gentiva Hospice**

Cabaret dances are held the 2nd & 4th Thursday of every month from

September 26- Health & Wealth Fair; 9 a.m.

8th Annual Health & Wealth Fair with informational booths, door prizes, free boxed lunch after attending all boothd and three keynote speakers. Ask the Nix Center front desk for more information. FREE to the public.

Blood Pressure Screening

Montrose Bay Health & Rehab offers the screening On the 2nd Monday of each month at 9 a.m.

Aseracare Hospice offers the screening on the 3rd Tuesday of each month. at 9 a.m.

GO TO THE MOVIES WITH THE NIX CENTER

On the third Tuesday of each month the Nix Center takes a group to the movies in Daphne. Participants ride the Nix Center bus to the movie theater, space is limited to the first 11 people and you must pre-register. Only pre-registered participants will be guaranteed a seat on the bus.

On September 17, participants will see go to the movies. Movie will be Planes. Time to be announced and movie subject to change. Check with Nix Center personnel for change. Participants are responsible for admission fee to movie and refreshments.

Please register at the Nix Center Front Desk at 251-928-2835.

**Nix Center Monthly
Coffee With a Cop**

7:00 p.m. - 10:00 p.m.

Costs: \$5.00 **Members**

\$9.00 **Guests**

September 12

Band: Exit 105

Location: Nix Center

Theme: Sock Hop

September 26

Band: Charlie Freeman

Location: Nix Center

**Split the pot drawing held
at every dance!**

**Thanks to our dance
hostesses Gloria Davis,**

**Betty Deese, Marie
Weatherly & Bonnie**

Matchey.

The Nix Center program "Coffee With a Cop" enables seniors and others to meet face to face with Chief Petties and a Fairhope Police officer to ask questions and learn about how to deal with scams, fraud, and other issues of interest. The program is held on the second Tuesday (September 10) of each month at 9 am.

For more information on Coffee With a Cop at Nix Center, call 928-2835.

FAIRHOPE WELCOME CENTER

SEEKING VOLUNTEERS

The Fairhope Welcome Center located on North Section Street in downtown Fairhope is seeking friendly and knowledgeable volunteers who love

Fairhope. The Fairhope Welcome Center Ambassadors greet and answer questions for thousands of visitors and local community members each year. We are looking for volunteers on Monday, Wednesday, Friday and Saturday to work 3-4 hour shifts. If you would like additional information about serving as a welcome center ambassador please call 929-1466.

ACTIVITIES AROUND TOWN

First Friday Art Walk
Friday, September 6th,
6-8 pm beginning at the
Eastern Shore Art
Center. Call 928-2228
for info.

**Baldwin Senior
Travelers Trip**

Nix Center Offering Dance Lessons

Skip Smith, ballroom dance instructor, will offer ballroom dance lessons beginning **September 12**. Lessons are from 5:30 until 6:30 and cost \$30 for Nix Center members and \$40 for non-members. Prices are per person. Dances covered include the Waltz, Samba, Cha Cha and more! To sign up for lessons, please contact the Nix Center Front desk.

Look What's Cooking!

Join your friends at the Nix Center in

Tuesday, September 10 the Senior Travelers will bus to Birmingham to see the traveling Broadway show "Jersey Boys". Call 928-8478 for more info.

Village Peddler Cooking Class

Monday, September 23, class with Kim & Deese Chatwood. Call 928-4850 for more info.

learning how to cook a special treat with Scott Dumas from **Pinzones** in downtown Fairhope! Scott will demonstrate how to prepare a **Roasted Vegetable Tuscan Flatbread** and have samples for the class to taste! Class will be on **September 5** in the Nix Center Kitchen at 10:30 am. Class size will be small, so space is limited. Please register with the Nix Center front desk to reserve your spot!

Alabama Coastal Cleanup

Show your support for Alabama's waterways by participating in the 26th Annual Alabama Coastal Cleanup scheduled for **Saturday,**

September 21, 2013 from 8:00 a.m. until noon. Grab a hot dog at the annual cookout from 10 a.m. until 12

Ray Hall Casino Trips

Wednesday, Sept 18
Hard Rock Casino

Wednesday, Oct 16
Palace Casino

To reserve your spot, call Richard at 928-0672.

JAMES P. NIX SENIOR ACTIVITY CENTER

Location

One Bayou Drive
Fairhope, Alabama 36532

(251)928-2835

Fax(251)990-0207

Hours

p.m. and learn the many ways to keep our streets, sidewalks and waterways clean. Fairhope is one of the Alabama Coastal Clean-up zones.

Those who wish to volunteer will gather at 8 am at the pier. Come prepared with sunscreen, a hat, gloves, shoes and lots of water. For more information, call 251-929-1466.

Fairhope Museum of History

Tea Time at "Tue"

Sept. 3-Walter Crook, a native of Fairhope, will speak about his career with the Baldwin County

Sheriff's Department.

Sept. 10-Frances Coleman, editorial columnist for the Mobile Press Register, will discuss recent local and national news stories.

Sept. 17-Robert "Butch" Mason will tell about his family's history in Fairhope politics, history and the pharmacy and post office businesses.

8:00 a.m.-5:00 p.m.

Monday-Friday

Email

sherry.sullivan@

cofairhope.com

Website

www.cofairhope.com

Personnel

Director, Community
Affairs,

Sherry Sullivan

Danon Atkinson

Karen Beauchamp

Richard Cink

Peggy Dews

Josh Graham

Sara Hann

Marguerite Peterson

Sarah Smith

Paige Turberville

This publication is produced by the James P. Nix Center. Printing of this newsletter is provided by

Hartmann, Blackmon & Kilgore, P.C. &

Sept. 24- Joyce Willard grew up in Fairhope and has fond memories of the old town. She will tell us about her memories of Fairhope and being married to Curtis Willard, the well-known photographer and movie maker.

****All speakers begin at 2 pm on Tuesdays**

at the Museum**

Brick Paver Program

at Nix Center

The Nix Center has a brick paver program similar to the one in downtown Fairhope. The program is designed to honor or memorialize friends or family members by placing a 12x12 limestone paver at the entrance of the Nix Center. The bricks can have up to six lines of text with 17 characters on each line.

The bricks cost \$100 each and take up to three months to come in once ordered. For questions about the bricks or an order form, stop by the front desk or call 928-2835.

SAILING ON MOBILE BAY

Boating on Mobile Bay is in full swing! Skipper Gary Gover and first mate Pat Gover will take six Nix Center Members on his sail boat at 4:00 on Friday afternoons, weather permitting. Sail is from 4:00 until dark.

Participants should dress with layered clothing and wear deck shoes or other soft-soled shoes and are welcome to bring snacks and treats.

Please register at the front desk. Spaces are limited.

James P. Nix
Center
Daily Activities for September

MONDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool for men & women

9:00 Tone & Stretch with Joni

9:00 FREE Blood Pressure Screening

with **Montrose BayHealth & Rehab**

(September 9)

12:30-4:00 Eastern Shore Duplicate Bridge Club

\$2.00 per game. For more information, call Art Meyers

at 626-5109.

www.eastenshorebridgeclub.com

1:00-4:00 Open Cards, Mahjong, Hand & Foot, Canasta

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TUESDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women
8:00 **Nix Center Golf Mixed Scramble at Quail Creek**
Reservations required, fee to play is required.

If you would like to play, call Bob Mull at 990-9958.

9:00 FREE Blood Pressure Screening with

Aseracare Hospice (September 17)

9:00 **COFFEE WITH A COP (September 10)**

9:00-10:00 Free Low Impact Aerobic Class

9:00-12:00 Jam N' Folks Music Group

12:30 **Tuesday Movie (September 17)**

Ride the Nix Center bus to the movie theatre in Daphne.

Movie TBD. Space is limited to 11 people.

Participants are responsible for admission fee to the
movie and refreshments. Pre-registration is required.

12:30-4:00 Open Cards, Hand & Foot, Party Bridge,

Scrabble, Cribbage, etc.

(Must bring your own foursome)

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WEDNESDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 Line Dancing with Carolyn. No Reservation required;
\$5 fee is required.

9:30-11:30 **"Arts & Crafts & Chat"**

Bring your own craft or hobby and socialize

while you do your own project-- just come & chat.

10:00 **TO YOUR HEALTH (September 11)**

Topic: Nutrition For One

Presented by: Amie Dodd, RN with Gentiva

10:30 **SEPTEMBER BIRTHDAY BASH (September 4)**

sponsored by **Atlantes Financial Advisors**

Corporation, Bay Eyes Cataract & Laser Center

& Wolfe-Bayview Funeral Home.

Nix Center member, Jack Lynch, will entertain

the group with his harmonica.

12:30 Open Cards, Mah Jong, Cribbage, Pinochle & more

(Must bring your own foursome or stop

by for a list of people who may be interested

in creating a foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club \$2 per game;

for information, call Art Meyers at 625-5109.

www.easternshorebridge.com

1:00 **BINGO (September 25)**

Please join us for 10 games of bingo, prizes

and refreshments. Cost is \$1 for 3 cards.

Sponsored by **Gentiva.**

THURSDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00-2:00 **HEALTH & WEALTH FAIR (September 26)**

9:00-10:00 Free Low Impact Aerobic Class

9:30 Widowed Persons Support Group

(September 5, 12, 19 & 26)

Sponsored by **Covenant Hospice**

12:30- 4:00 Open Cards, Pinochle and Games

(must bring your own foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club

\$2 per game. For information call Art Meyers at

626-5109. www.easternshorebridgeclub.com

1:30 **Men's Coffee Group.** Come and join in on an afternoon

of fellowship and stimulating conversation. All are

welcome to add their own information or options and to

listen to those of others.

2:00 **TEA TIME (September 12)**

Topic: Affordable Care Act: Health Care Laws and

Medicare Changes

Speaker: James Robertson, Area Agency on Aging

Please register at the front desk.

Sponsored by **Covenant Hospice**

2:00 **ICE CREAM SOCIAL (September 19)**

Join us for Apple Pie a la Mode, friends, door prizes

and much more!

Sponsored by **PNC Bank and Montrose Bay Health**

and Rehab

7:00-10:00 Fairhope's Famous Dances **(September 12 & 26)**

-

FRIDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 **GOLD ZUMBA** with Joni

10:00-11:00 **Pocket Billiards Class --please register at the front desk.**

(September 20- November 8)

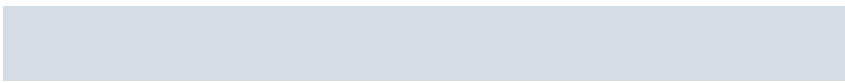
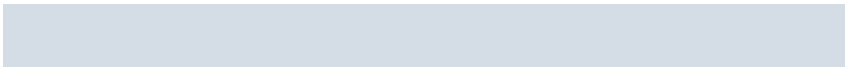
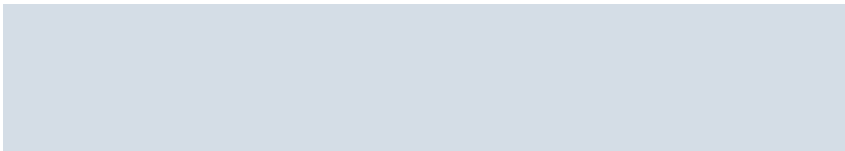
12:30 Eastern Shore Duplicate Bridge Club
\$2 per game. For information, call
Art Meyers at 626-5109.
www.easternshorebridgeclub.com

12:30 Open Cards

12:30-4:00 Mexican Dominos

4:00 **Boating on the Bay** with Gary & Pat Gover

Please register with the Front Desk. Space is limited.



The Nix Center will be
closed Monday, September
2 in observance of
Labor Day.