

City of Fairhope Adult Recreation Center

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Fairhope Museum of History
Elderberry Festival

Phone Numbers

[City of Fairhope](#)

928-2136

James P. Nix Center

928-2835

Police Department

928-2385

Public Works/Utilities

928-8003

Recreation/Pool

990-0175

Quail Creek Golf Course

990-0240

Baldwin County
Courthouse/BRATS

928-3002

To report Medicare Fraud

1-800-AGELINE

Sponsors

The Fairhope Museum of History will celebrate the fifth annual "Elderberry Festival" on Saturday, August 17, 2013. The festival will begin at 10:00 am at the Fairhope Museum of History and end with the "Elderberry Ball" from 6:00 to 9:00 pm. The Elderberry Festival will present a wealth of information about the berry, a lowland weed prevalent in Baldwin County, that has been used for generations to create folk remedies, jams, jellies, baked goods and more.

Those interested in the Elderberry Cook-off should bring entries to the Museum by 5:00 pm Friday, August 16. Contest categories include pie, cake, bread, jam, jelly, juice, jello, butter and elder-flower creations. Blue and red ribbons will be awarded on Saturday morning to winning entries. Informational and educational demonstrations on how to use the elderberry will be at the Museum Saturday, from 10:00 am until 4:00 pm. The Baldwin County Antique Engine and Tractor Club will display rebuilt tractors and farm equipment, as well as the Old Fashion Ice Cream Maker serving "Elderberry Ice Cream".

The "Elderberry Festival" will wrap up with the "Elderberry Ball" from 6:00 to 9:00 pm, with the crowning of the Elderberry Queen, Queen Eli III. Musical entertainment will be

Phone Numbers

[Aseracare Hospice](#)

943-6094

[Atlantes Financial Advisors Corp.](#)

928-1616

[Baldwin](#)

[House](#)

621-1717

[Bay Eyes](#)

990-3937

[Fairhope Health and Rehab](#)

928-2152

[Covenant Hospice](#)

626-5255

[Hartmann, Blackmon & Kilgore](#)

928-2443

[Homestead Village](#)

929-0250

[Mercy Medical](#)

provided by Kracker Dan Minstrels. For more information on the Elderberry Festival and Ball, contact the Museum at 251-929-1471.

MARK YOUR CALENDAR

August 5-POTLUCK LUNCHEON; noon

Join us for our monthly Potluck Luncheon.

Main entree will be Baked Lemon Chicken

Participants should bring a dish that serves at least 8 people. Cost is \$1.

NEW TO POTLUCK!! We will be playing games for a chance to win a CASH PRIZE!!

Sponsored by: Baldwin House

August 7- BIRTHDAY BASH; 10:30 a.m.

Celebrate your Birthday with the Nix Center.

Enjoy Birthday Cake, Ice Cream, Games and Prizes!!Sponsored by Atlantes Financial Advisors, Corporation, Bay Eyes

Cataract and Laser Center & Wolfe-Bayview Funeral Home

August 8- TEA TIME; 2 p.m.

Topic: J.D. Crowe's cartoon inspirations

Presented by: J.D. Crowe, cartoonist and columnist for Mobile Press Register and AL.com

Sponsored by: Covenant Hospice

August 13- COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with Chief Petties and a Fairhope Police Officer every second Tuesday of the month to discuss scams, fraud and other issues of interest.

August 14-TO YOUR HEALTH; 10 a.m.

Topic: Senior Health & Wellness Expo

Presented by: Missy Dunnam and Diane Daniell

See insert for more information

August 15- ICE CREAM SOCIAL; 2 p.m.

621-4200

[Gentiva](#)

621-0882

[Montrose Bay Health and Rehab](#)

928-2177

[Optimum Asset Management, Inc.](#)

625-8885

[PNC Bank](#)
928-8838

[Thomas Hospital](#)

928-2375

[Wolfe-Bayview Funeral Home](#)

928-9555

**FAIRHOPE'S
FAMOUS CABARET
DANCES**

Cabaret dances are held the 2nd & 4th Thursday of every month from

Join us for a Hot Fudge Sundae, friends and door prizes!
Sponsored by: **Montrose Bay Health & Rehab and PNC Bank**

- **August 20- "How to Stand Tall"; 10 a.m.**

Join Christy Deese with **Rebound Rehab** for a special seminar on Posture and Your Spine. Please notify the front desk if you plan to attend.

- **August 28-BINGO; 1 p.m.**

Please join us for 10 games of bingo, prizes and Refreshments. Cost is \$1 for 3 cards. Please register at the front desk. Sponsored by: **Gentiva Hospice**

Blood Pressure Screening

Montrose Bay Health & Rehab offers the screening On the 2nd Monday of each month at 9 a.m.

Aseracare Hospice offers the screening on the 3rd Tuesday of each month. at 9 a.m.

GO TO THE MOVIES WITH THE NIX CENTER

On the third Tuesday of each month the Nix Center takes a group to the movies in Daphne. Participants ride the Nix Center bus to the movie theater, space is limited to the first 11 people and you must pre-register. Only pre-registered participants will be guaranteed a seat on the bus.

On **August 20**, participants will see go to the movies. Movie to be announced. Time to be announced and movie subject to change. Check with Nix Center personnel for change. Participants are responsible for admission fee to movie and refreshments.

Please register at the Nix Center Front Desk at 251-928-2835.

7:00 p.m. - 10:00 p.m.

Costs: \$5.00 Members

\$9.00 Guests

August 8

Band: Charlie Freeman
Location: Nix Center

August 22

Band: Exit 105
Location: Nix Center

August 29

Band: Tony Bower Duo
Location: Nix Center
Theme: Beach Luau

-
Split the pot drawing held at every dance!

Thanks to our dance hostesses Gloria Davis,

Betty Deese, Marie

Weatherly & Bonnie

Matchey.

Nix Center Monthly Coffee With a Cop

The Nix Center program "Coffee With a Cop" enables seniors and others to meet face to face with Chief Petties and a Fairhope Police officer to ask questions and learn about how to deal with scams, fraud, and other issues of interest. The program is held on the second Tuesday (August 13) of each month at 9 am.

For more information on Coffee With a Cop at Nix Center, call 928-2835.

Live Alone and Want Someone to Call You Daily?

The Nix Center offers a free telephone calling program for seniors who live alone and want someone to check on them daily. Volunteers will call participants before 9 a.m. each day. You must register and provide some personal information and emergency call information. Participants are also responsible for advising the Nix Center when they will be out of town. If the participant is not reached, then their emergency contact or the police will be notified. To sign-up for the program, stop by or call the Nix Center at 928-2835.

Nix Center Offering Dance Lessons

ACTIVITIES AROUND TOWN

Sunday Sunset Series
Sunday evenings from June 2- August 25 on the Bluff at the American Legion. Music,

food and a Tiki bar. 4:00 pm. For info, call 251-928-9132.

Elderberry Festival and Ball

Saturday, August 17 from 10 am until 9 pm at the Fairhope Museum of History. For info, call 251-929-1471.

Skip Smith, ballroom dance instructor, will offer ballroom dance lessons beginning **September 5**. Lessons are from 5:30 until 6:30 and cost \$30 for Nix Center members and \$40 for non-members. Prices are per person. Dances covered include the Waltz, Samba, Cha Cha and more! To sign up for lessons, please contact the Nix Center Front desk.

A Matter of Balance Offering Classes

A Matter of Balance, in conjunction with the Area Agency on Aging, will begin offering a balance class at the Nix Center on **Monday, August 19th**. The two hour classes are twice a week for four weeks. Ending on September 16th. Classes are Mondays and Wednesdays from 10 am until noon at the Nix Center.

The program emphasizes practical strategies

to manage falls. Participants will learn to view falls as controllable, set goals for increasing activity, make changes to reduce fall risks at home and how to exercise to increase strength and balance.

The class will be beneficial to many people, including those who are concerned about falls, interested in improving balance, flexibility and strength, and anyone who has fallen in the past.

Class sizes are limited, so please sign up ahead of time at the Nix Center front desk. For more information, contact Marie Cafferty at mcafferty@sarpc.org OR at 251-706-4692.

Parkinsons Support Group

A Parkinson's Support Group meets at **Homestead Village** in Fairhope on the first **Thursday** of each month at **10 a.m.** in the Camellia Room. The group is free and open to the public and lead by Chaplin Cindy Still of Community Hospice of Foley. For more information or directions, call 251-929-0250.

Brick Paver Program at Nix Center

Ray Hall Casino Trips

Wednesday, Aug 21
IP Casino

Wednesday, Sept 18
Hard Rock Casino

To reserve your spot, call Richard at 928-0672.

JAMES P. NIX SENIOR ACTIVITY CENTER

Location

One Bayou Drive
Fairhope, Alabama 36532
(251)928-2835
Fax(251)990-0207

Hours

8:00 a.m.-5:00 p.m.
Monday-Friday

Email

sherry.sullivan@cofairhope.com

The Nix Center has a brick paver program similar to the one in downtown Fairhope. The program is designed to honor or memorialize friends or family members by placing a 12x12 limestone paver at the entrance of the Nix Center. The bricks can have up to six lines of text with 17 characters on each line.

The bricks cost \$100 each and take up to three months to come in once ordered. For questions about the bricks or an order form, stop by the front desk or call 928-2835.

SAILING ON MOBILE BAY

Boating on Mobile Bay is in full swing! Skipper Gary Gover and first mate Pat Gover will take six Nix Center Members on his sail boat at 4:00 on Friday afternoons, weather permitting. Sail is from 4:00 until dark.

Participants should dress with layered clothing and wear deck shoes or other soft-soled shoes and are welcome to bring snacks and treats.

Please register at the front desk. Spaces are limited.

James P. Nix Center

Daily Activities for August

MONDAY

8:00-9:00 Video Exercise

Website

www.cofairhope.com

Personnel

Director, Community Affairs,

Sherry Sullivan

Danon Atkinson

Karen Beauchamp

Richard Cink

Peggy Dews

Sara Hann

Marguerite Peterson

Sarah Smith

Paige Turberville

This publication is produced by the James P. Nix Center. Printing of this newsletter is provided by

Hartmann, Blackmon & Kilgore, P.C. & Homestead Village.

8:00-4:00 Pool for men & women

9:00 Tone & Stretch with Joni

9:00 FREE Blood Pressure Screening

12:00 with **Montrose BayHealth & Rehab** (August 12)
POTLUCK LUNCHEON (August 5)

Main entree will be Baked Lemon Chicken. Participants should bring a dish to serve at least 8

people. Cost is \$1. Sponsored by **Baldwin House**

12:30-4:00

[Eastern Shore Duplicate Bridge Club](#)

\$2.00 per game. For more information, call Art Meyers at 626-5109.

www.eastenshorebridgeclub.com

1:00-4:00 Open Cards, Mahjong, Hand & Foot, Canasta

TUESDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women
8:00 **Nix Center Golf Mixed Scramble at Quail Creek**
Reservations required, fee to play is required.

If you would like to play, call Bob Mull at 990-9958.

9:00 FREE Blood Pressure Screening with

Aseracare Hospice (August 20)

9:00 **COFFEE WITH A COP** (August 13)

9:00-10:00 Free Low Impact Aerobic Class

9:00-12:00 Jam N' Folks Music Group

10:00-11:00 **HOW TO STAND TALL posture seminar**

(August 20)

12:30 **Tuesday Movie August 20)**

Ride the Nix Center bus to the movie theatre in Daphne.

Movie TBD. Space is limited to 11 people.

Participants are responsible for admission fee to the movie and refreshments. Pre-registration is required.

12:30-4:00 Open Cards, Chess, Hand & Foot, Party Bridge, Scrabble, Cribbage, etc.

(Must bring your own foursome)

WEDNESDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 Line Dancing with Carolyn. No Reservation required; \$5 fee is required.

9:30-11:30 **"Arts & Crafts & Chat"**

Bring your own craft or hobby and socialize while you do your own project-- just come & chat.

10:00 **TO YOUR HEALTH (August 14)**

Topic: Senior Health & Wellness Expo

Presented by: Miss Dunnam and Diane Daniell

10:30 **August BIRTHDAY BASH (August 7)**

sponsored by Atlantes Financial Advisors

Corporation, Bay Eyes Cataract & Laser Center & Wolfe-Bayview Funeral Home.

Nix Center member, Jack Lynch, will entertain the group with his harmonica.

12:30 Open Cards, Mah Jong, Cribbage, Pinochle & more

(Must bring your own foursome or stop
by for a list of people who may be interested
in creating a foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club \$2 per game;
for information, call Art Meyers at 625-5109.

www.easternshorebridge.com

1:00 **BINGO (August 28)**

Please join us for 10 games of bingo, prizes
and refreshments. Cost is \$1 for 3 cards.

Sponsored by **Gentiva.**

THURSDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 Free Low Impact Aerobic Class

9:30 Widowed Persons Support Group

(August 1, 8, 15, 22 & 29)

Sponsored by **Covenant Hospice**

12:30- 4:00 Open Cards, Pinochle and Games

(must bring your own foursome)

12:30-4:00 Eastern Shore Duplicate Bridge Club

\$2 per game. For information call Art Meyers at

626-5109. www.easternshorebridgeclub.com

1:30 **Men's Coffee Group.** Come and join in on an afternoon

of fellowship and stimulating conversation. All are

welcome to add their own information or options and to

listen to those of others.

2:00 **TEA TIME (August 8)**

Topic: JD Crowe's Cartoon Inspirations

Speaker: JD Crowe

Please register at the front desk.

Sponsored by **Covenant Hospice**

2:00 **ICE CREAM SOCIAL (August 15)**

Join us for an Ice Cream Sundae, friends, door prizes

and much more!

Sponsored by **PNC Bank and Montrose Bay Health**

and Rehab

7:30-10:30 Fairhope's Famous Dances **(August 8, 22 & 29)**

FRIDAY

8:00-9:00 Video Exercise

8:00-4:00 Pool/Billiards for men & women

9:00 **GOLD ZUMBA** with Joni

12:30 Eastern Shore Duplicate Bridge Club
\$2 per game. For information, call
Art Meyers at 626-5109.
www.easternshorebridgeclub.com

12:30 Open Cards

12:30-4:00 Mexican Dominos

4:00 **Boating on the Bay** with Gary & Pat Gover

Please register with the Front Desk. Space is limited.