



James P. Nix Senior Center

City of Fairhope Adult Recreation Center
1 Bayou Dr., Fairhope, AL , 251-928-2835

May 2023

The City of Fairhope
251-928-2136
Public Works/ Utilities
251-928-8003
Police Department
251-928-2385
Recreation Ctr/ Pool
251-928-7270
Quail Creek Golf
251-990-0240

James P. Nix Center
Senior Services Mgr.
Kim Ryland
Senior Services Ass't.
Angie Dennis
Rental Coordinator
Margie Smitherman
Staff
Peggy Hall
Bruce Margreiter
Sonya Reed
Mary Wilsford



OUR FAMILY HELPING YOURS!

Serving both Mobile
and Baldwin Counties.

(251) 214-0684
www.hembreeac.com



The Nix Has Something for Everyone!

Anne's Alone Program- If you would like someone to call each weekday morning to check on you, please fill out a form at the front desk.

Band, Anyone? Are you interested in pulling out that old instrument and starting a band for fun? Contact Bob at 706-974-3572!

Blood Pressure Checks - HomeNow will provide blood pressure checks before and during the break at Bingo on the 2nd and 4th Wednesdays of the month.

Bowling for Nix Members - If you would like to join a Thursday afternoon bowling group with other Nix members, text Linda at 256-527-4135.

Coping Conversations with Covenant Care- join this grief support group that meets on Thursday mornings at 9:30 a.m.

The Nix Center Bus runs on Mon., Wed., and Thurs. If you live in the city of Fairhope and need transportation to the grocery store, library, post office, ... please give us a call.

The Nix Golfers meet on Tuesdays at Quail Creek Golf Course. Sign in is at 7:15. Call Ron Kozlowski 248-765-1476 for more information.

**City of Fairhope
City Council Meetings**
The 2nd and 4th
Mondays of the month
at 6:00 p.m.

EMERGENCY INFORMATION

For any medical, fire, or
police emergencies,
please dial 911.

**Utilities: Electric,
Water/Sewer and Gas**
251-928-8003

Power Outages, Blown
Transformers, Power
Lines or Pole Down
Gas Leaks, Cut Gas Line,
Carbon Monoxide
Alarm, Gas Smell,
Gas Outage
Sewer Spill, Cut Water
Line, Cut Sewer Line, Lift
Station Alarm/Light,
Water Outage, Sewer
Backup Overflow



It's Fiesta Time!
THURSDAY, MAY 11TH
6:30 P.M. - 9:30 P.M.

MEMBERS - \$5
NON-MEMBERS - \$9

MUSIC BY:
JR OWENS

SPONSORED BY:
SYNERGY
HomeCare

The poster features a colorful border with leaves and flowers, a parrot, a sombrero, a piñata, and a llama playing a guitar.

Meet and Eat!



1539 US Highway 98
Daphne, AL 36526

Thursday, May 25 @ 4:00

**Join other Nix Members at Taziki's
for food and fun!**

Please register at our front desk.

Mexican Train Dominoes
Thursdays @ 1:00



Mexican Train Dominoes... no
experience necessary. Contact the
front desk for more information!!



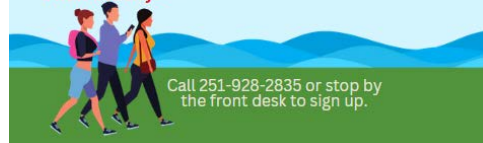
ALONG THE BAY WEDNESDAYS, I!

1ST & 3RD WEDNESDAY
10:30 A.M.

Vitamin D
+
Fitness

Increase your mental & physical health by joining us for a walk along beautiful Mobile Bay. We will meet at the Fairhope Pier at 10:30 a.m., weather permitting. Our walking path will be around the North and South Beach Park areas. Be sure to bring a towel and water bottle for a great fitness activity.

Always consult with your doctor when starting a new activity.

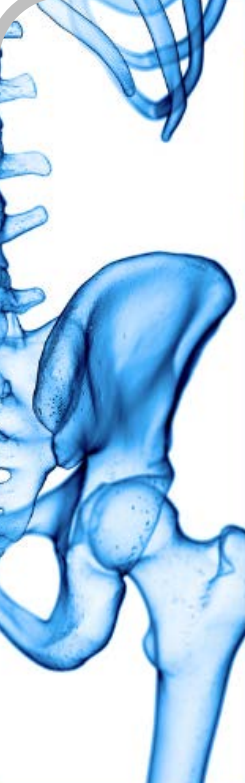


Call 251-928-2835 or stop by
the front desk to sign up.

Cover Pictures

1. Torch Run; 2. Joyful Jammers Concert; 3. Birthday Bash; 4.-5. Cookie Bake Off

Special Programs




James P. Nix Center
Members

**"HIP HIP HOORAY,
Relief is on the Way!"**

May 2nd
@ 11:30a.m.

Sponsored by:




HealthActions
PHYSICAL THERAPY & FITNESS

Join us for a **FREE lunch** as the team from **HealthActions Physical Therapy** discusses non-surgical ways that get to the root of your hip issue and get you moving better!

Participants will be eligible to sign up during the Lunch & Learn for a **FREE PT consult** if they are experiencing any pain or mobility issues.


****Must be a member to participate.****
Call 251-928-2835 or stop by the front desk to sign up.



**JOIN YOUR NIX
CENTER FRIENDS AT
THE ALABAMA GULF
COAST ZOO**




**TUESDAY, MAY 9, 2023
MEET AT THE ZOO AT 10A.M.,
OR SIGN UP TO RIDE THE BUS.
(LIMITED BUS SEATING)**

**REGISTER AND PAY AT THE
NIX CENTER FRONT DESK:
COST \$17.00**



**Lunch and Learn
at the Nix Center**

**Why is
Primary Care
Important?**



Premier Family Care Clinic

Tuesday, May 16 @ 11:30
Please sign up at our front desk,
251-928-2835



**Eastern Shore
Cello Choir
Spring Concert**

Thursday, May 18 at 1:00 p.m.



JAMES P. NIX SENIOR CENTER

Monday

Tuesday



Thank You to
Our Sponsors



Senior Living and Care Solutions



WOLFE-BAYVIEW
Funeral Homes & Crematory, Inc.

1

9am Stretch & Tone
10am Open Cards
11am Wood Carving
***11am Potluck**
12:15pm Duplicate Bridge
1pm Mahjong

2

8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitches
***11:30am "Hip Hip Hooray,
Relief is on the Way!"**
12:15pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre

8

9am Stretch & Tone
10am Open Cards
11am Wood Carving
12:15pm Duplicate Bridge
1pm Mahjong

9

8am Stretch Class
9am Low Impact Aerobics
9am Coffee with a Cop
9am Joyful Jammers
9:30am Senior Stitches
***10am Alabama Gulf Coast
Zoo**
12:15pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre

15

9am Stretch & Tone
11am Wood Carving
10am Open Cards
***11am Potluck**
12:15pm Duplicate Bridge
1pm Mahjong

16

8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers!
9:30am Senior Stitches
***11:30am "Why is Primary
Care Important?"**
12:15pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre

22

9am Stretch & Tone
10am Open Cards
11am Wood Carving
12:15pm Duplicate Bridge
1pm Mahjong

23

8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitches
***10am Self Publishing
Workshop**
12:15pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre

29

CLOSED
*** HAPPY ***
MEMORIAL
Day

30

8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitches
12:15pm Duplicate Bridge
****1pm NO TECH TUESDAY****
1pm F. Walsh Bridge & Euchre

Wednesday

Thursday

Friday

3 9am Line Dancing
 9:30am Beading Class
 9:30am Table Tennis
 10:15am Advanced Tai Chi
 *10:30am Birthday Bash
 *10:30am Along the Bay, I
 12:15pm Duplicate Bridge
 *12:30pm Along the Bay
 Wednesday, II
 1pm Pitch/Setback
 1pm Mahjong

4 8am Stretch Class
 9am Low Impact Aerobics
 9:30 Coping Conversations
 10:15am Tai Chi
 12:15pm-4pm Duplicate Bridge
 1pm Acoustic Jammers
 1pm Mexican Train Dominoes
 1:30pm Coffee & Conversation

5 9am Zumba Gold
 9am Jam'n Folks on Mtn.
 Dulcimers for Beginners
 11:15am Table Tennis
 12:15pm Duplicate Bridge
 12:30pm Chicken Foot
 Dominoes

10 9am Line Dancing
 9:30am Beading Class
 9:30am Table Tennis
 10:15am Advanced Tai Chi
 12:15pm Duplicate Bridge
 1pm Bingo
 1pm Pitch/Setback
 1pm Mahjong

11 8am Stretch Class
 9am Low Impact Aerobics
 9:30 Coping Conversations
 10:15am Tai Chi
 12:15pm-4pm Duplicate Bridge
 1pm Acoustic Jammers
 1pm Mexican Train Dominoes
 1:30pm Coffee & Conversation
 6:30pm Dance

12 9am Zumba Gold
 9am Jam'n Folks on Mtn.
 Dulcimers for Beginners
 11:15am Table Tennis
 12:15pm Duplicate Bridge
 12:30pm Chicken Foot
 Dominoes

17 9am Line Dancing
 9:30am Beading Class
 9:30am Table Tennis
 10:15am Advanced Tai Chi
 *10:30am Along the Bay Wed., I
 12:15pm Duplicate Bridge
 *12:30pm Along the Bay
 Wednesday, II
 1pm Pitch/Setback
 1pm Mahjong

18 8am Stretch Class
 9am Low Impact Aerobics
 9:30 Coping Conversations
 10:15am Tai Chi
 12:15pm Duplicate Bridge
 1pm Acoustic Jammers
 1pm Mexican Train Dominoes
 *1pm Eastern Shore Cello Concert
 1:30pm Coffee & Conversation
 2 pm Ice Cream Social

19 9am Zumba Gold
 9am Jam'n Folks on Mtn.
 Dulcimers for Beginners
 11:15am Table Tennis
 12:15pm Duplicate Bridge
 12:30pm Chicken Foot
 Dominoes

24 9am Line Dancing
 9:30am Beading Class
 9:30am Table Tennis
 10:15am Advanced Tai Chi
 12:15pm Duplicate Bridge
 1pm Bingo
 1pm Pitch/Setback
 1pm Mahjong

25 8am Stretch Class
 9am Low Impact Aerobics
 9:30 Coping Conversations
 10:15am Tai Chi
 12:15pm Duplicate Bridge
 1pm Acoustic Jammers
 1pm Mexican Train Dominoes
 1:30pm Coffee & Conversation
 *4:00 Meet and Eat

26 9am Zumba Gold
 9am Jam'n Folks on Mtn.
 Dulcimers for Beginners
 11:15am Table Tennis
 12:15pm Duplicate Bridge
 12:30pm Chicken Foot
 Dominoes

31 9am Line Dancing
 9:30am Beading Class
 9:30am Table Tennis
 10:15am Advanced Tai Chi
 12:15pm Duplicate Bridge
 1pm Pitch/Setback
 1pm Mahjong

Nix Center Hours:
Monday-Friday
8 am-5pm

Billiards' Room Hours M-F: 8-5
Cardroom Hours M-F: 8-5
(May 3 & 9, 2023 11:30-5)

***REGISTRATION REQUIRED**



Self Publishing Workshop

with Sarah Blizzard Robinson
Tuesday, May 23
10:00 a.m.-12:00 p.m.

With multiple ways to go about the self-publishing business, Sarah shares her experience, and the ways to bring your story to life and successfully market your book.

Sarah Blizzard Robinson is the author of the memoir, *As a Result*. A cautionary tale, the coming-of-age, marriage and recovery stories are woven together from the author's depth of experience, offering hope to generations of families dealing with the effects of alcoholism, grief and codependency.

The author has called the Gulf Coast home off and on for many years, and she and her husband recently joined the throngs of people moving to Fairhope, Alabama. Her essays, short stories, poems and profile articles appear in newspapers, literary journals, magazines and anthologies. A graduate of Caron Foundations' recovery program, the author has been sober and grateful since 1986. In her book talks, Sarah highlights the importance of telling our stories.

Robinson gives book talks to recovery groups, women's groups, and book clubs. She teaches workshops on Memoir and Creative Writing, as well as Self-Publishing. Her writings have won awards and been published since 2009 in the following formats: Outside Bozeman Magazine, WV Living Magazine, Morgantown Living, and Heartwood Literary Magazine.

Sarah's had numerous poems published in Pittsburgh's Carlow University's *Voices from the Attic* anthologies. Sarah's most recent publications include poems in Ohio's *Appalachian Voices: I Thought I Heard a Cardinal Sing*.

**DO YOU LIKE TO BOWL?
JOIN OUR NIX MEMBERS ON
THURSDAYS AT 1 P.M. AT
EASTERN SHORE LANES IN
SPANISH FORT
CONTACT LINDA VIA
TEXT 256-527-4135**



**Congratulations to the
Nix Center's
First Annual Cookie Bake
Off Winner,
Sandy Haight!!**

Chocolate Coconut Balls

- 6 ounces chocolate chips
- 1 can sweetened condensed milk
- 2 cups graham cracker crumbs
- 1/2 cup nuts

Melt chocolate chips in double boiler. Remove from heat and add remaining ingredients. Roll into balls, then roll in coconut.

Monthly Programs

May



Birthday Bash
Wednesday, May 3rd
@ 10:30



ALONG THE BAY WEDNESDAY, !!

1ST & 3RD
WEDNESDAY
12:30 p.m.



BINGO
May 10th & 24th
@ 1:00 p.m.



James P. Nix Center
COFFEE WITH A COP
Tuesday, May 9th @ 9 a.m.



Ice Cream
SOCIAL
THURSDAY,
MAY 18TH
@ 2 P.M.



NO Tech Tuesday
This Month
Class will resume
in May.

May Birthdays

1 Harry H.

2 Dexter C., Kara W.

3 David C., Deedee H., Judy M., Kay C., Rosanne G., Tena K.

4 Amy D., Linda R., Norman H.

5 Alison T., Delbert H., Fran H., Letty O., Valerie H.

6 Kevin M., Queen W.

7 Brenda A., Michelle H.

8 James P., Mike B., Peter R.

9 Betty A., Cathy J., Dick H., James S., Jim D.

10 Bruce R., Linda L., Robert M.

11 Elly B., Gary L., Joni M., Ron S.

12 Gray W., John C., Karen W., Paula P.

14 Don J.

15 Melvin H., Ralph J., Rhonda E.

16 Mary Beth S.

17 Amy F., Henry C., James R., Joe T.

18 Fay F., Susan G.

19 Charlotte S., Cynthia J., Elizabeth J., Penny S.

20 Brooke B.

21 Ed S., Giorgi L., Joe R., Michelle O., Mimi H., Vanessa E.

22 Barbara H., Frank F.

23 Debora M., Roger A.

24 Debbie M., Harris B

25 Alice E., Jim W.

26 Betty W., Gwen R., Norm R., Sam Bowman

27 Mary W.

28 Dee H., Emily C., Mary L., Peggy H., Susan A., Terry B., Toni R.

29 Jim L., Judy S., Nancy H., Stanley O., Virgil D.

30 Beverlyly L., Carolyn C., Diane B.



James P. Nix Center Senior Savings Program

Present Nix Center membership card prior to purchase. Please thank our donors for their support.

<p>Anya's House 10% off entire purchase</p> <p>505 N. Section St. 843-532-0413</p>	<p>Bill-E's 10% off menu items</p> <p>19992 Hwy 181 251-281-2663</p>	<p>Bouch's Cigars 10% discount on regular price merchandise</p> <p>77 S. Section St. 251-517-9526</p>	<p>The Cat's Meow 10% discount on regular price merchandise</p> <p>395 Fairhope Ave. 251-990-0061</p>
<p>Eastern Shore Glass 10% off material only</p> <p>22886 US 98 251-928-5108</p>	<p>El Mexicana 10% off Mon. -Thurs.</p> <p>195 Baldwin Square 251-929-7827</p>	<p>Fairhope Pharmacy 10% off Christmas and Gifts</p> <p>398 Fairhope Ave. 251-928-8822</p>	<p>We Love Our Seniors!</p>  <p>The Nix Center Staff</p>
<p>Mr. Gene's Beans 10% off Coffee</p> <p>302 De La Mare Ave. 251-928-6915</p>	<p>Honey Baked Ham 10% off lunch</p> <p>426 Fairhope Ave. 251-928-7262</p>	<p>Lyons Share 20% off framing</p> <p>330 De La Mare Ave. 251-928-2507</p>	<p>M & F Casuals Free gift with purchase</p> <p>380 Fairhope Ave. 251-928-5564</p>
	<p>Monogram Mercantile 10% off monogram</p> <p>555 S. Section St. 251-510-0696</p>	<p>Objects 10% off coffee</p> <p>25 S. Section St. B. 251-510-0696</p>	<p>Old Tyme Feed 10% off plants</p> <p>19580 S. Greeno Rd. 251-928-1156</p>
<p>Panini Pete's 10% off order</p> <p>42 S Section St. 251-929-0122</p>	<p>Peaches-n-Clean 10% off Carpet Cleaning</p> <p>8602 Athlete Dr., Daphne 251-621-0066</p>	<p>Private Gallery 10% off regular price merchandise</p> <p>218 Fairhope Ave. 251-990-4555</p>	<p>Sandra's Place 10% discount</p> <p>Best Chicken Salad, Period! 218 Fairhope Ave. 251-990-3344</p>
<p>Southern Veranda 10% off</p> <p>105 N. Bancroft St. 251-928-4433</p>	<p>Stowe's Jewelers 10% discount</p> <p>393 Fairhope Ave. 251-928-5349</p>	<p>Subway Sandwiches 10% off order</p> <p>80 Plantation Pointe 251-928-0603</p>	<p>Tamara's Downtown 10% off</p> <p>104 N Section St. 251-929-2219</p>