

James P. Nix Senior Center City of Fairhope Adult Recreation Center 1 Bayou Dr., Fairhope, AL , 251-928-2835 March 2023

The City of Fairhope 251-928-2136 Public Works/ Utilities 251-928-8003 Police Department 251-928-2385 Recreation Ctr/ Pool 251-928-7270 Quail Creek Golf 251-990-0240

James P. Nix Center Senior Services Mgr. Kim Ryland Senior Services Ass't. Angie Dennis Rental Coordinator Margie Smitherman Staff Peggy Hall Bruce Margreiter Sonya Reed Mary Wilsford

Hembree

LPING

OUR FAMILY HE

Serving both Mobile and Baldwin Counties.

(251) 214-0684 www.hembreeac.com









The Nix Has Something for Everyone!

Anne's Alone Program- If you would like someone to call each weekday morning to check on you, please fill out a form at the front desk.

Blood Pressure Checks - Springhill Home Care will check blood pressure on the 3rd Tuesday of the month at 8:30 a.m., and HomeNow will provide checks before and during the break at Bingo on the 2nd and 4th Wednesdays of the month.

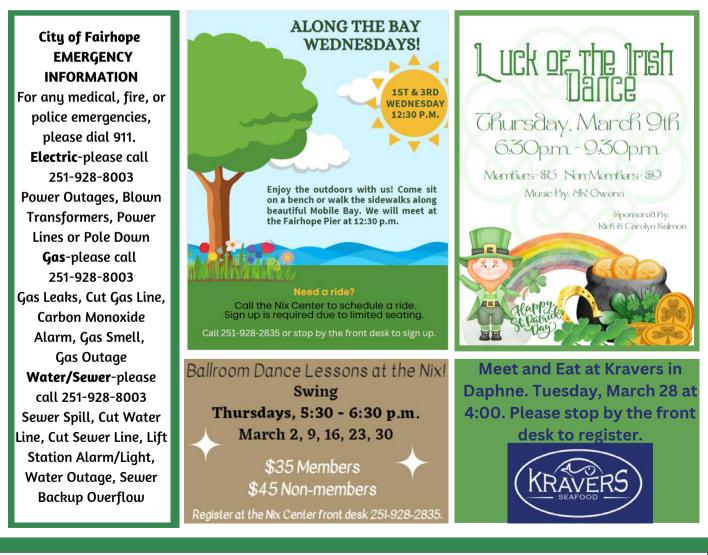
Bowling for Nix Members - If you would like to join a Thursday afternoon bowling group with other Nix members, text Linda at 256-527-4135.

Coping Conversations with Covenant Care- a grief support group that meets on Thursday mornings at 9:30 a.m.

The Nix Center Bus runs on Mon., Wed., and Thurs. If you live in the city of Fairhope and need transportation, to the grocery store, Wellness Center, ... please give us a call.

The Nix Golfers meet on Tuesdays at Quail Creek Golf Course. Sign in is at 7:15. Call Ron Kozlowski 248-765-1476 for more information.

Puzzles w/ larger pieces (500-1000) are needed for the library if you have any to donate.



Cover Pictures

Special Programs



JAMES P. NIX SENIOR CENTER

JAMES F. NIA SENIOR CENTER						
	Monday	Tuesday				
Thank You to Our Sponsors	Nix Center Hours: Monday-Friday 8 am-5pm Billiards Room Hours M-F: 8-5 Cardroom Hours M-F: 8-5 (March 1, 2023 11:30-5)	*REGISTRATION REQUIRED				
GARDENS OF DASADENS OF DASADEN	6 8am Pool/Billiards 9am Stretch & Tone 10am Open Cards 11am Wood Carving *11am Potluck 12:15pm Duplicate Bridge 1pm Mahjong	 8am Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 10am Open Cards 12:15pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre 				
Lickin Good ONUTS	13 8am Pool/Billiards 9am Stretch & Tone 10am Open Cards 11am Wood Carving 12:15pm Duplicate Bridge 1pm Mahjong	14 8amPool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers! 9am Coffee with a Cop 9:30am Senior Stitchers 10am Open Cards *10:30am Medicare Fraud 12:15pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre				
Senior Living and Care Solutions Senior Living and Care Solutions SouthernCare® Hospice Services	20 8am Pool/Billiards 9am Stretch & Tone 11am Wood Carving 10am Open Cards *11am Potluck 12:15pm Duplicate Bridge 1pm Mahjong	21 8am Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 10am Open Cards *10:30am Property Tax Presentation 12:15pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre				
WOLFE-BAYVIEW Funeral Homes & Crematory, Inc.	27 8am Pool/Billiards 9am Stretch & Tone 10am Open Cards 11am Wood Carving 12:15pm Duplicate Bridge 1pm Mahjong	28 8am Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 10am Open Cards 12:15pm Duplicate Bridge 1pm F. Walsh Bridge & Euchre 1:30pm Tech Tuesday *4:00 Meet and Eat				

March 2023

Wednesday

Thursday

Friday

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8am Pool/Billiards 9am Line Dancing 9:30am Beading Class 9:30am Table Tennis 10am Open Cards 10:30am Birthday Bash 10:15am Advanced Tai Chi 12:15pm Duplicate Bridge *12:30pm Along the Bay Wednesday 1pm Pitch/Setback 1pm Mahjong	2 8am Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30 Coping Conversations 10:15am Tai Chi 10am Open Cards 12:15pm Duplicate Bridge 1pm Acoustic Jammers 1pm Mexican Train Dominoes 1:30pm Coffee & Conversation	3 8am Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am Open Cards 11:15am Table Tennis 12:15pm Duplicate Bridge 12:30pm Chicken Foot Dominoes
 8 8am Pool/Billiards 9am Line Dancing 9:30am Beading Class 9:30am Table Tennis *10am Coffee with Coach Riley 10am Open Cards 10:15am Advanced Tai Chi 12:15pm Duplicate Bridge 1pm Bingo 1pm Pitch/Setback 1pm Mahjong 	 8am Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30 Coping Conversations 10:15am Tai Chi 10 am Open Cards 12:15pm-4pm Duplicate Bridge 1pm Acoustic Jammers 1pm Mexican Train Dominoes 1:30pm Coffee & Conversation 6:30pm Dance 	10 8am Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am Open Cards 11:15am Table Tennis 12:15pm Duplicate Bridge 12:30pm Chicken Foot Dominoes
 8am Pool/Billiards 9am Line Dancing 9:30am Beading Class 9:30am Table Tennis 10:15am Advanced Tai Chi *12:30pm Along the Bay Wednesday 12:15pm Duplicate Bridge *1pm Penny Auction 1pm Pitch/Setback 1pm Mahjong 	16 8am Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30 Coping Conversations 10am Open Cards 10:15am Tai Chi 12:15pm-4pm Duplicate Bridge 1pm Acoustic Jammers 1pm Mexican Train Dominoes 1:30pm Coffee & Conversation 2 pm Ice Cream Social	17 8am Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners *10am Getting Crafty with Vanessa! 10am Open Cards 11:15am Table Tennis 12:15pm Duplicate Bridge 12:30pm Chicken Foot Dominoes
22 8am Pool/Billiards 9am Line Dancing *9:30am Bead Stringing Class 9:30am Table Tennis 10am Open Cards 10:15am Advanced Tai Chi 12:15pm Duplicate Bridge 1pm Bingo 1pm Pitch/Setback 1pm Mahjong	23 8am Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30 Coping Conversations 10am Open Cards 10:15am Tai Chi 12:15pm Duplicate Bridge 1pm Acoustic Jammers 1pm Mexican Train Dominoes *1:30pm Getting Crafty with Angie 1:30pm Coffee & Conversation	24 8am Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am Open Cards 11:15am Table Tennis 12:15pm Duplicate Bridge 12:30pm Chicken Foot Dominoes
29 8am Pool/Billiards 9am Line Dancing 9:30am Beading Class 9:30am Table Tennis 10am Open Cards 10:15am Advanced Tai Chi 12:15pm Duplicate Bridge 1pm Pitch/Setback 1pm Mahjong	30 8am Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30 Coping Conversations 10am Open Cards 10:15am Tai Chi 12:15pm Duplicate Bridge 1pm Acoustic Jammers 1pm Mexican Train Dominoes 1:30pm Coffee & Conversation	31 8am Pool/ Billiards 9am NO Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am Open Cards 11:15am Table Tennis 12:15pm Duplicate Bridge 12:30pm Chicken Foot Dominoes

MEDICARE FRAUD: DON'T BE A VICTIM



We will give you the tools and information you need to protect yourself against Medicare fraud.

Recently, the Alabama Department of Senior Services released a public announcement, warning Seniors about Medicare fraud. Fraud takes many forms: government impersonation scams, sweepstakes and lottery scams, robocalls and phone scams, fishing texts and emails, and issues relating to billing you for services and equipment that you may not even be aware of.



Medicare Fraud Prevention Seminar

March 14, 2023 10:30 a.m. James P. Nix Center 1 Bayou Drive Fairhope, Al 36532

Please call the Nix Center 251-928-2835. or stop by the front desk to register.

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LABAMA SHIP

Area Agency on Aging



James Roberson, MHA Regional Coordinator State Health Insurance Assistance Program

SHIP provides free and unbiased local counseling and assistance.



BEAD STRINGING 101 Lecture/Demonstration

Basic skills, techniques, and tools for creating or repairing a bead necklace or bracelet.



Do you:

*Have loose beads you would like to be able to wear? *Have a broken piece that needs restringing? *Have a clasp that needs replacing? *Have a piece that is too long or too short?

Seeing how it is done will help you choose whether you wish to do it yourself, or would prefer to hire someone to do it for you.

NOTE: this presentation does not address stretch bracelets or pearl knotting.

Date: Weds 29 March Time: 9:30-noon Cost: None, but must be a Nix member Min: 5 students Max: 15 students Presenter: Diana Yum-Bucher Preregister by contacting Nix Center at 251-928-2835

Monthly Programs March



Birthday Bash Wednesday, March 1st @ 10:30

POTLUCK

20TH @ 11 A.M.



BINGO

RIN

BINGO March 8th & 22nd @ 1:00 p.m.



James P. Nix Center

COFFEE WITH A COP

Tuesday, March 14th @ 9 a.m.



ce ((, Maam THURSDAY. МАКСН 16ТН @ 2 P.M.



Tech Tuesday Tuesday, March 28th @ 1:30 p.m.

March Birthdays

1 Christina D., Christine B., Mark M., Michael W., Vicki Y. 2 Dianne W., Ralph U., Robin M. 3 Hank E., Jean K., Ken K., Liz C., Margery D. 4 Dallas S., John V. 5 Brenda C., Harold H., Terry P. 6 Ellen M., Gary G., Janet C., Leslie J., Susan F. 7 Barbara L., Dick S., Richard T. 8 Brenda K., John R., Rose M. 9 Sally B. 10 Aaron N., Frances K., Holly F., Jane Q., Ruth D. 11 Roy T. 12 Mary H., Paul W. 13 Angela M., Jan A., Jane K., Kay S. 14 Craig E. 15 Curtis F., Lee G., Lynn O., Maribeth M., Wayne Z. 16 Carol C. 17 Trudie M. 18 Allie Q., Fred N., Lee F., Lorene H. 20 Carol H., Robert V. 21 Leonard O., Nancy W., Susan P. 22 Becky L., Carmen L., Edward I., Watson S. 23 Ann P., Julene S., Kelly H., Marian E. 24 Bob S., Debbie L., John M., Mary Beth B., Rae M., Roy R., Susan T. 25 Janice C., Paul F. 26 Jeanne C. 28 Nene T., Susan D. 29 Claude D., Judy M. 30 Don W., Jeffery R. 31 Beth L., Gerald H., Susan H.

James P. Nix Center Senior Savings Program

Present Nix Center membership card prior to purchase. Please thank our donors for their support.

Anya's House 10% off entire purchase	Bill-E's 10% off menu items	Bouch's Cigars 10% discount on regular price merchandise	The Cat's Meow 10% discount on regular price merchandise
505 N. Section St. 843-532-0413	19992 Hwy 181 251-281-2663	77 S. Section St. 251-517-9526	395 Fairhope Ave. 251-990-0061
Eastern Shore Glass 10% off material only	El Mexicana 10% off MonThurs.	Fairhope Pharmacy 10% off Christmas and Gifts	We Love Our Seniors!
22886 US 98 251-928-5108	195 Baldwin Square 251-929-7827	398 Fairhope Ave. 251-928-8822	The Nix Center Staff
Mr. Gene's Beans	Honey Baked Ham	Lyons Share	M & F Casuals
10% off Coffee	10% off lunch	20% off framing	Free gift with purchase
302 De La Mare Ave. 251-928-6915	426 Fairhope Ave. 251-928-7262	330 De La Mare Ave. 251-928-2507	380 Fairhope Ave. 251-928-5564
	Monogram Mercantile 10% off monogram	Objects 10% off coffee	Old Tyme Feed 10% off plants
	555 S. Section St. 251-510-0696	25 S. Section St. B. 251-510-0696	19580 S. Greeno Rd. 251-928-1156
Panini Pete's	Peaches-n-Clean	Private Gallery	Sandra's Place
10% off order	10% off Carpet Cleaning	10% off regular price	10% discount
42 S Section St. 251-929-0122	8602 Athlete Dr., Daphne 251-621-0066	merchandise 218 Fairhope Ave. 251-990-4555	Best Chicken Salad, Period! 218 Fairhope Ave. 251-990-3344
Southern Veranda	Stowe's Jewelers	Subway Sandwiches	Tamara's Downtown
10% off	10% discount	10% off order	10% off
105 N. Bancroft St. 251-928-4433	393 Fairhope Ave. 251-928-5349	80 Plantation Pointe 251-928-0603	104 N Section St. 251-929-2219