

James P. Nix Senior Center

City of Fairhope Adult Recreation Center 1 Bayou Dr., Fairhope, AL, 251-928-2835 January 2023



The City of Fairhope 251-928-2136 Public Works/ Utilities 251-928-8003 Police Department 251-928-2385 Recreation Ctr/ Pool 251-928-7270 Quail Creek Golf 251-990-0240

James P. Nix Center
Senior Services Mgr.
Kim Ryland
Senior Services Ass't.
Angie Dennis
Rental Coordinator
Margie Smitherman
Staff
Peggy Hall
Bruce Margreiter
Sonya Reed
Mary Wilsford



Serving both Mobile and Baldwin Counties.

(251) 214-0684 www.hembreeac.com













The Nix Has Something for Everyone!

Anne's Alone Program- If you would like someone to call each weekday morning to check on you, please fill out a form at the front desk.

Art Therapy Class - Our art therapy class will continue in January. Please register at the front desk. (\$13 per class)

Blood Pressure Checks - Springhill Home Care will check blood pressure on the 3rd Tuesday (8:30 a.m.) & 3rd Thursday (9:30 a.m.) of the month.

Bowling for Nix Members - If you would like to join a Thursday afternoon bowling group with other Nix members, text Linda at 256-527-4135.

Bridge Lessons - Bridge lessons will begin in January. Sign up at the Front Desk.

Dance Lessons - Thursdays, from 5:30p.m.-6:30p.m. Register at the Front Desk. \$35/\$45 **Membership** - Please check your membership card or ask at the front desk to see if it is time for you to renew.

The Nix Center Bus is running on Monday, Wednesday, & Thursday. If you live in the city of Fairhope and need transportation to the grocery store, library, post office, etc., please give us a call.

The Nix Golfers meet on Tuesdays at Quail Creek Golf Course. Sign in is at 7:15. Call Ron Kozlowski 248-765-1476 for more information.

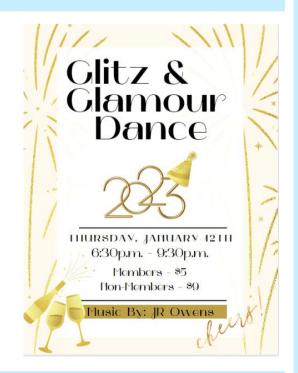
Recycling bottles for household oil are available at the front desk.

Recipe Round-Up - Calling all members! Please share your favorite recipes for our newsletter.

Potluck date changes for January due to Holiday closings: January 9 and 23 at 11:00 a.m. **Puzzles** are needed for our library, especially those with larger pieces.

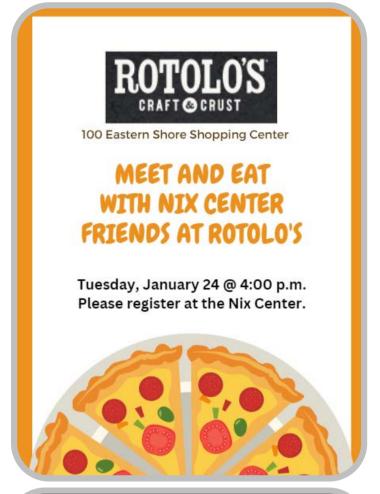


Theatre 98 presents the comedy <u>Four Old Broads</u>, Tuesday January 17th. Ticket handout begins at 6:30. Seating is limited. This performance is free to our Seniors.

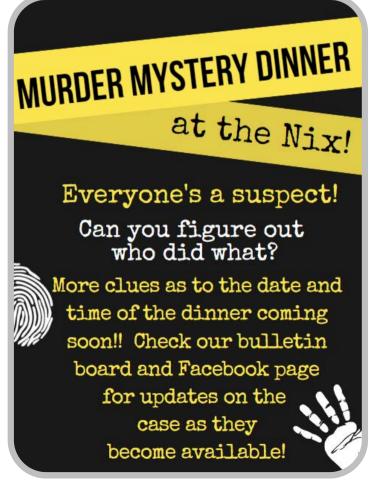


Special Programs









Thank You to **Our Sponsors**

















Monday

2 **CLOSED**



8am-4pm Pool/Billiards 8am Stretch Class **9am Low Impact Aerobics** 9am lovful lammers 9:30am Senior Stitchers 10am -4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre

Tuesday

9 8am-4pm Pool/Billiards 9am-10am Stretch & Tone 10am-4pm Open Cards *11am Potluck

11:00am Wood Carving

12:15pm-4pm Duplicate Bridge 1pm Mahiong

10 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9am Coffee with a Cop 9:30am Senior Stitchers *10am-12pm Bridge Lessons 10am -4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre

16

CLOSED



17 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers! 9:30am Senior Stitchers *10am-12pm Bridge Lessons 10am-4pm Open Cards

12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre

23 8am-4pm Pool/Billiards 9am-10am Stretch & Tone *11am Potluck

11:00am Wood Carving 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Mahjong

24 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 10am-4pm Open Cards

*11:30am Art Therapy 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre *4pm Meet & Eat

8am-4pm Pool/Billiards 9am-10am Stretch & Tone 10am-4pm Open Cards 11:00am Wood Carving 12:15pm-4pm Duplicate Bridge 1pm Mahjong 1pm Games and Goodies

31 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre

1:30pm Tech Tuesday

Wednesday

4 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10am-4pm Open Cards
10:30am Birthday Bash
10:15am Advanced Tai Chi
12:15pm-4pm Duplicate Bridge
*12:30pm Along the Bay
Wednesday

1:00pm Pitch/Setback 1:00 Mahjong

Thursday

8am-4pm Pool/Billiards

 8am Stretch Class

 9am Low Impact Aerobics

 10:15am Tai Chi
 10am-4pm Open Cards

 12:15pm-4pm Duplicate Bridge

 1pm Acoustic Jammers

 1:30pm Coffee & Conversation

 *5:30 p.m. Dance Lessons

Friday

6 8am-4pm Pool/ Billiards
9am Zumba Gold
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
12:30pm-4pm Chicken Foot
Dominoes

- 11 8am-4pm Pool/Billiards
 9am Line Dancing
 9:30am Beading Class
 9:30am Table Tennis
 10am-4pm Open Cards
 10:15am Advanced Tai Chi
 *11:30am Lifestories Class
 12:15pm-4pm Duplicate Bridge
 1pm Bingo
 1:00pm Pitch/Setback
 1:00 Mahjong
- 12 8am-4pm Pool/Billiards
 8am Stretch Class
 9am Low Impact Aerobics
 10:15am Tai Chi
 11am-4pm Open Cards
 12:15pm-4pm Duplicate Bridge
 1pm Acoustic Jammers
 1:30pm Coffee & Conversation
 *5:30 p.m. Dance Lessons
 6:30pm Dance
- 13 8am-4pm Pool/ Billiards
 9am Zumba Gold
 9am Jam'n Folks on Mtn.
 Dulcimers for Beginners
 10am-4pm Open Cards
 12:15pm-4pm Duplicate Bridge
 12:30pm-4pm Chicken Foot
 Dominoes

- 18 8am-4pm Pool/Billiards
 9am Line Dancing
 9:30am Beading Class
 9:30am Table Tennis
 10:15am Advanced Tai Chi
 *11:30am "Let's Taco About
 Balance"
 *12:30pm Along the Bay
 Wednesday
 12:15pm-4pm Duplicate Bridg
- Wednesday
 12:15pm-4pm Duplicate Bridge
 1:00pm Pitch/Setback
 1:00 Mahjong
- 19 8am-4pm Pool/Billiards
 8am Stretch Class
 9am Low Impact Aerobics
 10am -4pm Open Cards
 10:15am Tai Chi
 12:15pm-4pm Duplicate Bridge
 1pm Acoustic Jammers
 1:30pm Coffee & Conversation
 2 pm Ice Cream Social
- **20** 8am-4pm Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 12:30pm-4pm Chicken Foot Dominoes

- 25 8am-4pm Pool/Billiards
 9am Line Dancing
 9:30am Beading Class
 9:30am Table Tennis
 10am-4pm Open Cards
 10:15am Advanced Tai Chi
 *11:30am Lifestories Class
 12:15pm-4pm Duplicate Bridge
 1pm Bingo
 1:00pm Pitch/Setback
 1:00 Mahjong
- 26 8am-4pm Pool/Billiards
 8am Stretch Class
 9am Low Impact Aerobics
 10am -4pm Open Cards
 10:15am Tai Chi
 12:15pm-4pm Duplicate Bridge
 1pm Acoustic Jammers
 1:30pm Coffee & Conversation
- **27** 8am-4pm Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 12:30pm-4pm Chicken Foot Dominoes

*REGISTRATION REQUIRED





with Rosanne Gulisana Two Week Class --Wednesday January 11 and Wednesday, January 25 11:30 a.m.-1:30 p.m.

Learn how to get started writing your life stories for future generations. Inspiration, motivation and organizational tips for beginning the project and staying on track.

- *How to begin
- *What topics to choose
- *Choosing a format, i.e. chronological vs. random stories
- *Tips to make your writing sparkle and keep your readers' interest
- *Includes handouts with helpful hints and ideas

Art Therapy at the Nix!

Art Therapy classes will start Tuesday, January 24 and meet for 4 consecutive weeks at 11:30. The cost is \$13 per class. Please register at the front desk. Margaret, an art therapist, will introduce you to some concepts of art therapy and one artistic technique at each session.

Bridge Lessons for Beginners!



Tuesdays, beginning January 10 and running for 8 weeks 10 a.m.-12 p.m. Please register at the front desk.

Tech Tuesday at the Nix!



Monthly Programs January



POTLUCK

MONDAY, JANUARY 9TH & 23RD @ 11 A.M.

\$1.00 per person with a side dish \$3.00 per person without a side dish

R.S.V.P. REQUIRED-SIGN UP AT THE FRONT DESK OR CALL 251-928-2835



Birthday Bash

Wednesday, January 4th @ 10:30



James P. Nix Center

COFFEE WITH A COP

Tuesday, January 10th @ 9 a.m.



Dance

Thursday, January 12th 6:30 p.m.-9:30 p.m.

\$5 Members \$9 Non-members



Jce Cream 50CIAL THURSDAY, JANUARY 19TH @ 2P.M.



January Birthdays

1 Kay S., Linda E., Rebecca C.

2 Joe G., Nick C., Sandra K., Sue C., Thuan N.

3 Barbara L., Claudia D., Frank B., Judy S., Sara S., Worth V.

4 Karen B., Sue C., Trisha B.

5 Jenny A., Laura J., Margaret J., Maurice C., Ronald B., Sarah M. 6 Ruth S.

7 Edwin G., Jayne M., Juanita M.

8 Donald M.

9 Bonnie C., Jackie G., Kenneth M., Mary D.

10 Charlotte V., Mary M.

11 Eric B., Marcia M., Valerie B.

12 Bruce H., Helen R., Thomas Y.

13 Kim H., Warren R.

14 Barbara H., Bill M., Jeanette B., Maddie R., Patricia C., Sheila R.

15 Alice W., Catharine S., Lanell G., Marcelyn G.

16 Elaine P., Jim C., Patsy H.

17 Brian V., Edward S., Eleanor F., Elizabeth W., Kris L., Lana W.

18 Becky B., Ingrid E., Kay G., Mariam M., Swan B.

20 Ann S., Ernie T., Renee P., Tammy B.

21 Alison S., Jeanette K., Larry S., Robert C.

22 Dale W., Gary T.

23 Cheryl K.

24 Adonna B., Nancy S.

25 Anne M., Michael G.

26 Jennifer E., Lillian S., Mary B., Monica C.

28 Sue Z., Susan S.

29 Karen M.

30 Linda R.

31 Elaine R., Ginger E., Ron G.



James P. Nix Center Senior Savings Program

Present Nix Center membership card prior to purchase. Please thank our donors for their support.

Bill-E's

10% off menu items

19992 Hwy 181 251-281-2663

Bouch's Cigars

10% discount on regular price merchandise
77 S. Section St.

251-517-9526

The Cat's Meow

10% discount on regular price merchandise
395 Fairhope Ave.
251-990-0061

Eastern Shore Glass

10% off material only

22886 US 98 251-928-5108

El Mexicana

10% off Mon. -Thurs.

251-929-7827 195 Baldwin Square

Fairhope Fly Fishing

10% off regular price

14 S. Church St. 251-680-3745

Fairhope Pharmacy

10% off Christmas and Gifts

398 Fairhope Ave. 251-928-8822

Mr. Gene's Beans

10% off Coffee

302 De La Mare Ave. 251-928-6915

Honey Baked Ham

10% off lunch

426 Fairhope Ave. 251-928-7262

Lyons Share

20% off framing

330 De La Mare Ave. 928-2507

M & F Casuals

Free gift with purchase

380 Fairhope Ave. 251-928-5564

Monogram Mercantile

10% off monogram

251-510-0696 555 S. Section St.

We Love Our Seniors!



The Nix Center Staff

Objects

10% off coffee

251-510-0696 555 S. Section St.

Old Tyme Feed

10% off plants

19580 S. Greeno Rd. 251-928-1156

Panini Pete's

10% off order

42 S Section St. 251-929-0122

Peaches-n-Clean

10% off Carpet Cleaning

8602 Athlete Dr., Daphne 251-621-0066

Private Gallery

10% off regular price merchandise

218 Fairhope Ave. 251-990-4555

Sandra's Place

10% discount

Best Chicken Salad, Period! 218 Fairhope Ave. 251-990-3344

Southern Veranda

10% off

105 N. Bancroft St. 251-928-4433

Stowe's Jewelers

10% discount

393 Fairhope Ave. 251-928-5349

Subway Sandwiches

10% off order

80 Plantation Pointe 251-928-0603

Tamara's Downtown

10% off

104 N Section St. 251-929-2219

