



James P. Nix Center

City of Fairhope Senior Recreation Center
Bayou Dr., Fairhope, AL , 251-928-2835
November 2022

The City of Fairhope
251-928-2136
Public Works/ Utilities
251-928-8003
Police Department
251-928-2385
Recreation Ctr/ Pool
251-928-7270
Quail Creek Golf
251-990-0240

James P. Nix Center
Senior Services Mgr.
Kim Ryland
Senior Services Ass't.
Angie Dennis
Rental Coordinator
Margie Smitherman
Staff
Peggy Hall
Bruce Margreiter
Sonya Reed
Mary Wilsford



Hembree™
HEATING & AIR CONDITIONING
15333 State Highway 59
Foley, AL 36535
251-259-4664
HembreeAC.com

Thank you to our Newsletter
Sponsor.



The Nix Has Something for Everyone!

Anne's Alone Program- If you would like someone to call each weekday morning to check on you, please fill out a form at the front desk.

Blood Pressure Checks - Springhill Home Care will check blood pressure on the 3rd Tuesday @ 8:30 a.m. & 3rd Thursday 9:30 a.m. of the month.

Bowling for Nix Members - If you would like to join a Thursday afternoon bowling group with other Nix members, text Linda at 256-527-4135.

The Nix Center Bus is up and running Monday, Wednesday, & Thursday. If you need transportation, to the grocery store, library, post office, etc., please give us a call.

The Nix Golfers Meet on Tuesdays at Quail Creek Golf Course. Sign in is at 7:15. Call Bob M. at 251-990-9958 for more information.

Recipe Round-Up - Calling all members! Please share your favorite recipes for our newsletter.

OH MY
gourd,
IT'S FALL Y'ALL Dance

Thursday, November 17, 2022

6:30pm - 9:30pm

Music by Scott Langholff

Members - \$5

Non-Members - \$9

SPONSORED BY:
community
hospice



Art Therapy at the Nix!

You are cordially invited to spend some time with Margaret, an art therapist who will introduce you to some concepts of art therapy and one artistic technique at each session. At the first one, we will explore an artistic form that you may have heard of, but never had the chance to practice - Zentangle. This is a very pleasurable way of drawing which could be utilized in countless situations. Margaret will demonstrate my very favorite one and bring examples for you to copy, or you could be inspired to try your own.



Margaret has just moved to Fairhope from Ann Arbor, MI and would be very interested in meeting each of you. She may also tell you a bit about her work in medical art therapy and share her passionate approach with each participant. All art supplies are provided by Margaret, you just come and enjoy your artistic journey. Each session is \$10 per person. The first session is Tuesday, November 8 @11:30. Please sign up at the front desk.

The Nix Senior Center Will be
Closed the Following Days in
November:



Friday, November 11 for
Veterans Day



Thursday and Friday,
November 24 and 25 for
Thanksgiving Holidays

Cover Pictures

1. Costume winners "Boo Brunch"
2. Succulent Craft
3. Cemetery Tour
4. Boo Brunch
5. Halloween Dance



Have technical questions about your electronic devices? Join us Tuesday, November 29 at 1:30 if you need help with your phone, ipad, or computer. A library representative will be here to help answer your questions.



Special Programs



James P. Nix Senior Center

**"EVERYTHING TASTES BETTER PRETTY":
HOLIDAY ENTERTAINING**

FRIDAY, NOVEMBER 4TH
11:00 A.M.

Easy garnish, easy table decorations and even simple appetizers in one class.



JAMES P. NIX SENIOR CENTER
VETERANS DAY CELEBRATION

WEDNESDAY, NOVEMBER 9TH @ 11:30 AM

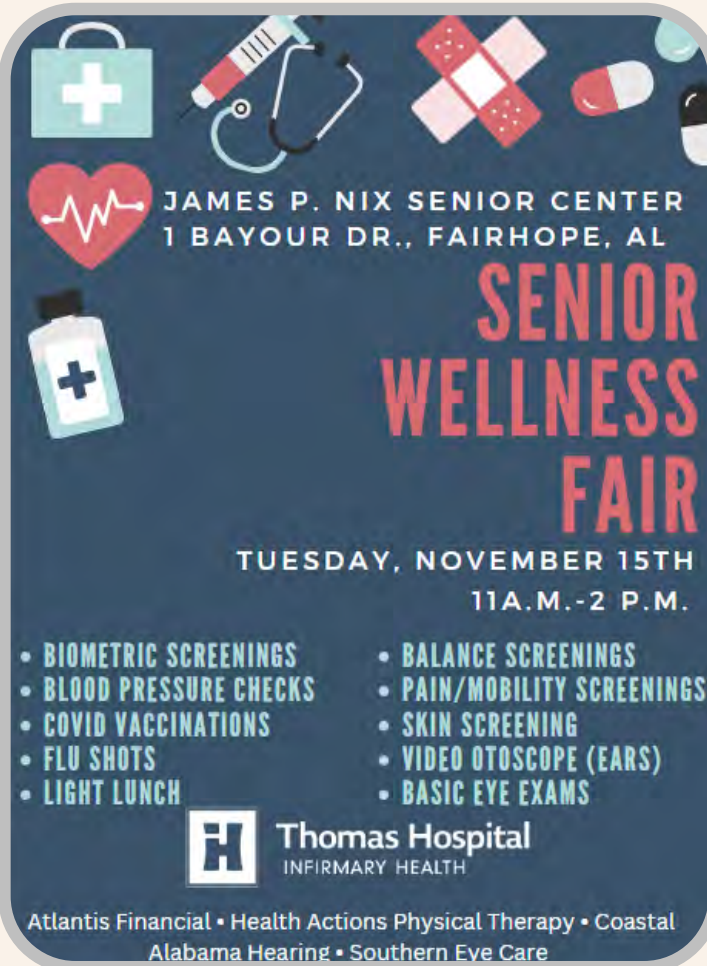
Join us as we honor our
Veterans for their service.

- Lunch
- Daphne High School AF JROTC Color Guard
- Fairhope High School Encore Ensemble
- Military Memorabilia Display

SPONSORED BY:



FOR MORE INFORMATION, PLEASE CALL 251-928-2835.




JAMES P. NIX SENIOR CENTER
1 BAYOUR DR., FAIRHOPE, AL

SENIOR WELLNESS FAIR

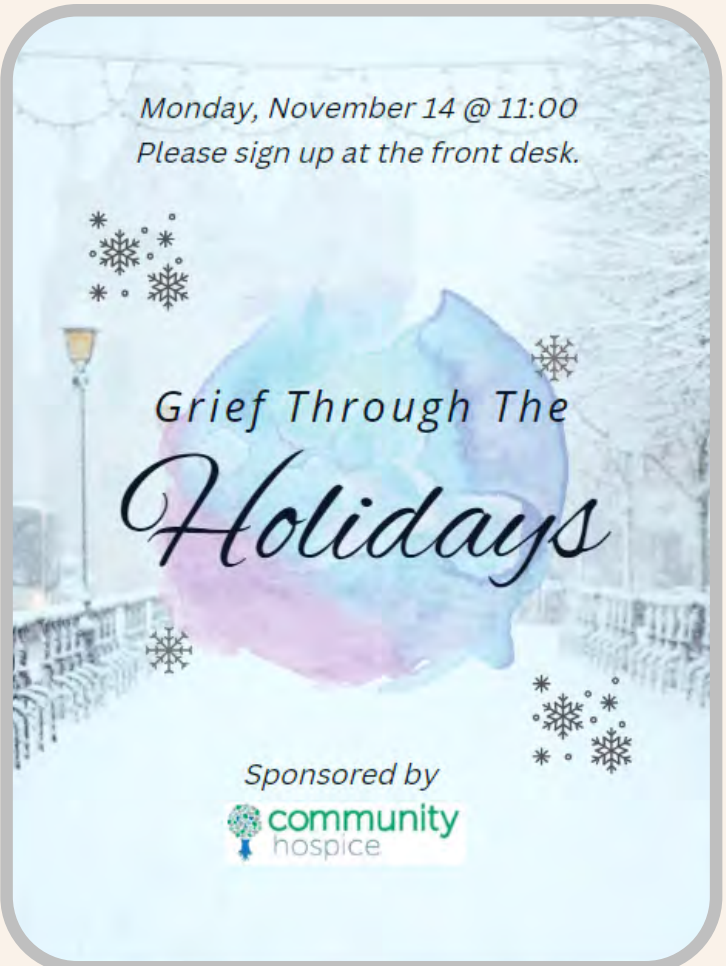
TUESDAY, NOVEMBER 15TH
11A.M. - 2 P.M.

- BIOMETRIC SCREENINGS
- BLOOD PRESSURE CHECKS
- COVID VACCINATIONS
- FLU SHOTS
- LIGHT LUNCH
- BALANCE SCREENINGS
- PAIN/MOBILITY SCREENINGS
- SKIN SCREENING
- VIDEO OTOSCOPE (EARS)
- BASIC EYE EXAMS




Thomas Hospital
INFIRMARY HEALTH

Atlantis Financial • Health Actions Physical Therapy • Coastal Alabama Hearing • Southern Eye Care



Monday, November 14 @ 11:00
Please sign up at the front desk.

Grief Through The
Holidays

Sponsored by
 community hospice

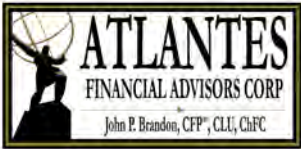
JAMES P. NIX SENIOR CENTER

Monday

Tuesday



Thank You to
Our Sponsors



7 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
10am-4pm Open Cards
***11am Potluck**
11:00am Wood Carving
12:15pm-4pm Duplicate Bridge
1pm Mahjong

14 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
10am-4pm Open Cards
11:00am Wood Carving
11:00am "Grief Through the Holidays"
12:15pm-4pm Duplicate Bridge
1pm Mahjong

21 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
***11am Thanksgiving Potluck**
11:00am Wood Carving
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Mahjong

28 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
10am-4pm Open Cards
11:00am Wood Carving
12:15pm-4pm Duplicate
1pm Mahjong
1pm Games and Goodies

1 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitchers
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Frank Walsh Bridge & Euchre

8 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9am Coffee with a Cop
9:30am Senior Stitchers
10am -4pm Open Cards
***11:30 Art Therapy**
12:15pm-4pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre

15 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers!
9:30am Senior Stitchers
10am-4pm Open Cards
11am-2pm Senior Wellness Fair
12:15pm-4pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre

22 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitchers
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre

29 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitchers
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre
1:30pm Tech Tuesday

November 2022

Wednesday

2 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10:15am Advanced Tai Chi
10:30 am Birthday Bash
12:00 Along the Bay Wednesday
12:15pm-4pm Duplicate Bridge
1:00pm Pitch/Setback
1:00 Mahjong

9 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10am-4pm Open Cards
10:15am Advanced Tai Chi
11:30 am Veterans Luncheon
12:15pm-4pm Duplicate Bridge
1pm Bingo
1:00pm Pitch/Setback
1:00 Mahjong

16 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10:15am Advanced Tai Chi
12:00 Along the Bay Wednesday
12:15pm-4pm Duplicate Bridge
1:00pm Pitch/Setback
1:00 Mahjong

23 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10am-4pm Open Cards
10:15am Advanced Tai Chi
12:15pm-4pm Duplicate Bridge
1pm Bingo
1:00pm Pitch/Setback
1:00 Mahjong

30 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10am-4pm Open Cards
10:15am Advanced Tai Chi
12:15pm-4pm Duplicate Bridge
1:00pm Pitch/Setback
1:00 Mahjong

Thursday

3 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
10:15am Tai Chi
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation

10 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
10:15am Tai Chi
11am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation

17 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
10am -4pm Open Cards
10:15am Tai Chi
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation
2 pm Ice Cream Social
6:30pm Dance

24 **CLOSED**


Friday

4 8am-4pm Pool/ Billiards
9am Zumba Gold
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am-4pm Open Cards
***11am "Everything Tastes Better Pretty"**
12:15pm-4pm Duplicate Bridge
12:30pm-4pm Chicken Foot
Dominoes

11
CLOSED


18 8am-4pm Pool/ Billiards
9am Zumba Gold
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am-4pm Open Cards
***10:30am Craft Party**
12:15pm-4pm Duplicate Bridge
12:30pm-4pm Chicken Foot
Dominoes

25 **CLOSED**

***REGISTRATION REQUIRED**

The James P. Nix Center

CRAFT PARTY



JOIN US NOVEMBER 18TH
AT 10:30AM



Please sign up to participate.
Space is limited!

Monthly Programs November

POTLUCK

MONDAY, NOVEMBER 7TH &
21ST @ 11 A.M.

\$1.00 per person with a side dish
\$3.00 per person without a side dish

R.S.V.P. REQUIRED-SIGN UP AT THE
FRONT DESK OR CALL 251-928-2835



Birthday Bash

Wednesday, November 2nd
@ 10:30



James P. Nix Center

COFFEE WITH A COP

Tuesday, November 8th
@ 9 a.m.



Dance

Thursday, November 17th
6:30 p.m.-9:30 p.m.

\$5 Members \$9 Non-members



Ice Cream

SOCIAL

THURSDAY,
NOVEMBER 17TH
@ 2 P.M.



BINGO

November 9th &
23rd at 1:00 p.m.



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ALONG THE BAY WEDNESDAYS

The first and third Wednesdays of
each month at 12 p.m.



Beginning November 2, 2022

Enjoy the outdoors with us! Come sit on a bench or
walk the sidewalks along beautiful Mobile Bay.
We will meet at the Fairhope Pier at 12 p.m.

Need a ride?

Call the Nix Center to schedule a ride. Sign up is required
due to limited seating.

Call 251-928-2835 or stop by the front desk to sign up.

November Birthdays

1 Teri Mackenzie

3 Ann F., Betty J., Gena S., Gerald P., Jim B., Kim H., Linda H.

4 Jane L., Linda O., Stephen D.

5 Jerry D., Mike H.

6 Ennios I., Mary H., Susan M., Tina B., Virginia M.

7 Martha B., Pat T., Patty J., Susannah T., Terri D.

8 Dennis P., Gino S., Henrietta F.

9 Clara L., David V.

10 Frances M., George S., Jane T., Pam S.

11 Charlotte H., Elizabeth K., Kay S.

12 Beverly B., Evan S., Karen U., Marion M.

13 Lynn K., Randall W., Thomas A.

14 Anne C., Robert C., Virginia K.

15 Allen M., Gilbert W., Kem H., Phil B.

16 Chuck G., Margaret J. 17 Delbert A.

18 Catherine S., Helen C., Linda K., Paul C.

19 Evans M., Jessalyn A., Jim S.

20 Cindy S., Jacqueline Z., Jenny H., Maria I., Mary L., Ron A.

21 Dorothy N., Julia H.

22 James F., James P., John H., Judy G., Sandra S.

23 Alice R., Thomas S.

24 Don D., Maryanne C., Robert B.

26 Diane G., Don T., Kay J., Kenneth B., Lee S., Sharon L.,

Sue S., Suzanne A.

27 Bobby H., Vi P.

28 Bettie D., Reba "C" F., Cindy W., Ross H., Johnny H., Kelsey B.

30 Carolyn G., Kenneth K., Rebecca K.



James P. Nix Center Senior Savings Program

Present Nix Center membership card prior to purchase. Please thank our donors for their support.

Bill-E's

10% off menu items

19992 Hwy 181
251-281-2663

Bouch's Cigars

10% discount on regular
price merchandise

77 S. Section St.
251-517-9526

The Cat's Meow

10% discount on regular
price merchandise

395 Fairhope Ave.
251-990-0061

Eastern Shore Glass

10% off material only

22886 US 98
251-928-5108

El Mexicana

10% off Mon. -Thurs.

251-929-7827
195 Baldwin Square

Fairhope Fly Fishing

10% off regular price

14 S. Church St.
251-680-3745

Fairhope Pharmacy

10% off Christmas and
Gifts

398 Fairhope Ave.
251-928-8822

Mr. Gene's Beans

10% off Coffee

302 De La Mare Ave.
251-928-6915

Homestead Village Wellness Center

\$50 enrollment fee waived

924 Plantation Blvd.
251-929-0250

Honey Baked Ham

10% off lunch

426 Fairhope Ave.
251-928-7262

Lyons Share

20% off framing

330 De La Mare Ave.
928-2507

M & F Casuals

Free gift with purchase

380 Fairhope Ave.
251-928-5564

We Love Our Seniors!



The Nix Center Staff

Monogram Mercantile

10% off monogram

251-510-0696
555 S. Section St.

Objects

10% off coffee

251-510-0696
555 S. Section St.

Old Tyme Feed

10% off plants

19580 S. Greeno Rd.
251-928-1156

Panini Pete's

10% off order

42 S Section St.
251-929-0122

Peaches-n-Clean

10% off Carpet Cleaning

8602 Athlete Dr., Daphne
251-621-0066

Private Gallery

10% off regular price
merchandise

218 Fairhope Ave.
251-990-4555

Sandra's Place

10% discount

Best Chicken Salad, Period!
218 Fairhope Ave.
251-990-3344

Southern Veranda

10% off

105 N. Bancroft St.
251-928-4433

Stowe's Jewelers

10% discount

393 Fairhope Ave.
251-928-5349

Subway Sandwiches

10% off order

80 Plantation Pointe
251-928-0603

Tamara's Downtown

10% off

104 N Section St.
251-929-2219