



James P. Nix Center

City of Fairhope Adult Recreation Center
1 Bayou Dr., Fairhope, AL , 251-928-2835
October 2022

**The City of Fairhope
251-928-2136**

**Public Works/ Utilities
251-928-8003**

**Police Department
251-928-2385**

**Recreation Ctr/ Pool
251-928-7270**

**Quail Creek Golf
251-990-0240**

**James P. Nix Center
Senior Services Mgr.
Kim Ryland
Senior Services Ass't.
Angie Dennis
Rental Coordinator
Margie Smitherman
Staff
Sonya Reed
Peggy Hall
Mary Wilsford**



Hembree™

HEATING & AIR CONDITIONING

15333 State Highway 59
Foley, AL 36535
251-259-4664
HembreeAC.com

**Thank you to our Newsletter
Sponsor.**



The Nix Has Something for Everyone!

Anne's Alone Program- If you would like someone to call each weekday morning to check on you, please fill out a form at the front desk.

Blood Pressure Checks - Springhill Home Care will check blood pressure on the 3rd Tuesday (8:30 a.m. & 3rd Thursday (9:30 a.m.) of the month.

Bowling for Nix Members - If you would like to join a Thursday afternoon bowling group with other Nix members, text Linda at 256-527-4135.

Coping Conversations - Thursdays at 9:30. This is a grief support group facilitated by Covenant Care.

The Nix Center Bus is up and running Monday, Wednesday, & Thursday. If you need transportation, to the grocery store, library, post office, etc., please give us a call to find out the schedule.

The Nix Golfers Meet on Tuesdays at Quail Creek Golf Course. Sign in is at 7:15. Call Bob M. at 251-990-9958 for more information.

Recipe Round-Up - Calling all members! Please share your favorite recipes for our newsletter.

Tech Tuesday - Tuesday, October 25 , 1:30-2:30. If you need help with your electronic device (phone, ipad,...), come by and see one of the Reference Staff members from the Fairhope Public Library.

Meet & Eat
with the Nix!
Thursday, October 27th at 4:00 p.m.



16542 Ferry Rd, Fairhope, AL 36532
(251) 990-8555

RSVP by the Tuesday before the event.

Theatre 98

PRESENTS

DEATH BY DESIGN

TUESDAY, OCTOBER 11TH

FREE SHOW TO SENIORS

BOX OFFICE DOORS OPEN AT 6:30 PM FOR
TICKET HANDOUT (SEATING IS LIMITED);
THEATRE DOORS OPEN AT 7PM; AND
SHOW STARTS PROMPTLY AT 7:30.

Fresh Berry Trifle Nancy W.

Store bought angel food cake torn into bite sized pieces
2 small instant vanilla pudding prepared according to
package directions

16 oz cool whip

Large container strawberries, sliced

1 container blueberries

1 container blackberries

1 container raspberries

Reserve a small amount of berries for the top

After preparing pudding, stir 12 oz cool whip into pudding.
Beginning with a layer of cake and ending with pudding,
layer cake, different fruits and pudding. Repeat layers. Top
with remaining berries and cool whip.



Cover Pictures

1. Office Volunteers
2. Football Fever Dance
3. Fashion Show
4. Pool Tournament
5. Birthday Bash

JAMES P. NIX CENTER

Cauldron & Candlelight Night Dance

OCTOBER 13, 2022

6:30PM - 9:30PM

Members - \$5

Non-Members - \$9

Music by Roger & Elaine

SPONSORED BY:
community hospice



Special Programs

Fairhope Colony Cemetery Tour

for Nix Center Members
with Fairhope Museum Director,
Gabriel Gold-Vukson

This walking tour will begin at the cemetery's front gate and move along the roads through the cemetery pointing out interesting graves. You will hear some amusing stories of some of Fairhope's early citizens. Join us for this fun event!

Tuesday, October 11 at 1:30

Tuesday, October 18
(Handicap Accessible) @ 1:30

Space is limited. Sign up at
the Nix Center!

The James P. Nix Senior Center

Workshop Wednesday

KNEE PAIN

WEDNESDAY,
OCTOBER 12TH
11:30 A.M.

Having knee pain and discomfort that limits your ability to stay active or live a normal life? Come join us to learn common causes of knee pain and dysfunction and effective strategies to minimize and often eliminate pain!

Presented by:



CALL 251-928-2835 OR STOP BY THE
FRONT DESK TO SIGN UP.



BOO BRUNCH AND COSTUME CONTEST!



OCTOBER 24, 2022 - AT 10:30 AM

Beignets, prizes, and fun!

Please RSVP 251-928-2835, or stop by the front desk.



SPONSORED BY PANINI PETE'S AND

FAIRHOPE SQUEEZE



James P. Nix Senior Center BREAST CANCER

TRUTHS, MYTHS AND RISKS

OCTOBER 25TH
11:30 A.M.

SPEAKERS

DR. BRYAN JORDAN IS A DIAGNOSTIC RADIOLOGIST & SUB SPECIALIST IN BREAST IMAGING/INTERVENTIONS. HE IS WITH ALABAMA COASTAL RADIOLOGY AND BREAST IMAGING DIRECTOR FOR INFIRMARY HEALTH.

KATHY LINAM IS THE THOMAS HOSPITAL BREAST CENTER MANAGER. SHE HAS BEEN WITH THOMAS HOSPITAL FOR OVER 30 YEARS.

Please call 251-928-2835 or stop by the front desk to sign up

JAMES P. NIX SENIOR CENTER

Monday

Tuesday



Thank You to
Our Sponsors



3 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
10am-4pm Open Cards
11am Potluck
11:00am Wood Carving
12:15pm-4pm Duplicate Bridge
1pm Mahjong

10 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
10am-4pm Open Cards
11:00am Wood Carving
12:15pm-4pm Duplicate Bridge
1pm Mahjong

17 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
10am-4pm Open Cards
11am Potluck
11:00am Wood Carving
12:15pm-4pm Duplicate Bridge
1pm Mahjong

24 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
**10:30am Boo Brunch
with Panini Pete's**
11:00am Wood Carving
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Mahjong

31 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
10am-4pm Open Cards
11:00am Wood Carving
12:15pm-4pm Duplicate
1pm Mahjong
1pm Games and Goodies

4 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitchers
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Frank Walsh Bridge & Euchre

11 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9am Coffee with a Cop
9:30am Senior Stitchers
10am -4pm Open Cards
12:15pm-4pm Duplicate Bridge
***1:30pm Fairhope Colony
Cemetery Tour**
1pm Frank Walsh Bridge
1pm Euchre

18 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers!
9:30am Senior Stitchers
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre
***1:30pm Fairhope Colony
Cemetery Tour**

25 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitchers
10am-4pm Open Cards
**11:30am Breast Cancer
"Truth, Myths, & Risks"**
12:15pm-4pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre
1:30pm Tech Tuesday

October 2022

Wednesday

5 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10:15am Advanced Tai Chi
10:30 am Birthday Bash
12:15pm-4pm Duplicate Bridge
1:00pm Pitch/Setback
1:00 Mahjong

12 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10am-4pm Open Cards
10:15am Advanced Tai Chi
11:30am Workshop Wednesday
"Knee Pain"
12:15pm-4pm Duplicate Bridge
1pm Bingo
1:00pm Pitch/Setback
1:00 Mahjong

19 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10:15am Advanced Tai Chi
12:15pm-4pm Duplicate Bridge
1:00pm Pitch/Setback
1:00 Mahjong

26 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10am-4pm Open Cards
10:15am Advanced Tai Chi
12:15pm-4pm Duplicate Bridge
1pm Bingo
1:00pm Pitch/Setback
1:00 Mahjong

Thursday

6 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9:30am Grief Support
10:15am Tai Chi
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation
***5:30pm-6:30pm Dance Lessons**

13 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9:30am Grief Support
10:15am Tai Chi
11am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation
5:30pm-6:30 pm Dance Lessons
6:30pm Dance

20 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9:30am Grief Support
10am -4pm Open Cards
10:15am Tai Chi
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation
2 pm Ice Cream Social
***5:30pm-6:30pm Dance Lessons**

27 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9:30am Grief Support
10:15am Tai Chi
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation
***4 pm Meet & Eat**

Friday

7 8am-4pm Pool/ Billiards
9am Zumba Gold
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
12:30pm-4pm Chicken Foot
Dominoes

14 8am-4pm Pool/Billiards
9am Zumba Gold
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
12:30pm Chicken Foot
Dominoes

21 8am-4pm Pool/ Billiards
9am Zumba Gold
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
12:30pm-4pm Chicken Foot
Dominoes

28 8am-4pm Pool/ Billiards
9am Zumba Gold
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
12:30pm-4pm Chicken Foot
Dominoes

***REGISTRATION REQUIRED**

La-Ti-Dahls



These sweet dolly pendants, with their dangly arms and legs and fringy hair, have bodies of semi-precious gemstones and can be worn as a pendant or a brooch. Students will create one of their own, incorporating only 3 bead embroidery stitches. There is no cost for instruction, but students will be provided a list of supplies they will need to purchase on their own and must be members of the Nix Center. For information and to register call Diana Yum-Bucher 850-434-9261

+No prior beading experience required+
Two week class, 9:30-noon, Weds Oct. 19 and 26

Ballroom Dance Lessons at the Nix!

✦ Thursdays, 5:30 - 6:30 p.m.

October 6 * October 13 * October 20

\$25 Members ✦
\$35 Non-members



Applications for 2022 **Veteran of the Year** are now being accepted by the City of Fairhope. Applications are available at all city buildings, American Legion Post 199 and VFW Post 5660.

Applications must be submitted or postmarked no later than midnight October 19, 2022. Please stop by the front desk for more information.

Monthly Programs October



POTLUCK

MONDAY, OCTOBER 3RD & 17TH @ 11 A.M.

\$1.00 per person with a side dish
\$3.00 per person without a side dish

.....
R.S.V.P. REQUIRED-SIGN UP AT THE FRONT DESK OR CALL 251-928-2835



Birthday Bash

**Wednesday, October 5th
@ 10:30**



James P. Nix Center

**COFFEE WITH A COP
Tuesday, October 11th
@ 9 a.m.**



Dance

**Thursday, October 13th
6:30 p.m.-9:30 p.m.
\$5 Members \$9 Non-members**



Ice Cream SOCIAL

**THURSDAY,
OCTOBER 20TH
@ 2 P.M.**



**October 12th & 26th
at 1:00 p.m.**

October Birthdays

1 Patty L., Deanna F., Paul E., Robert S., Sally D., Thomas G.

2 Susie N.

3 Betty R., Mickey S., Lynne P., Marjorie B., Mary B.

4 Henry L., Kathy B., Rose M., Tim J.

5 Ingrid F., Sharon S.

6 Phyllis T. 7 Andrea F.

8 Andrew S., Robin W.

9 Betty S.

10 Joanne S., Valentin O.

11 James J., Jeanie L., Melissa S., Susan L., Tamlin A.

12 Bud P., Richard R., Sue S., Terri S.

13 Pamela F., Sharon H., Sharon W.

14 Elaine K., Roy W.

15 Betty B., Jean-Marie M., Lynn R., Mary Y., Peggy B.

16 Billy J., Ingrid H., Linda W., Ralph W., Susan H.

17 Dorothy M., Frank H., Joe S., Paula R.

18 Alice A., Betty G., Rhonda L.

19 Bill T., Cheri W., Mary A.

20 Ann E., Diane H., Marsha C., Sharon R., Tarrell P., Tom L.

21 Linda H., Marvin R.

22 Frank M., Harvey J., Joan S., Patricia H.

23 Gayla M., Kathy S., Mary R.

24 Jan F.

25 Joe M., Loretta M., Mary H., Maureen J., Nancy L.

26 George K., Linda F.

27 Carmen M., Pamela L., Susan H., Susan N.

30 Gretchen S., Janet T., Jim B., Pat F., Paula D.

31 Daryl H., Jacqueline L., Jan B.

James P. Nix Center Senior Savings Program

Present Nix Center membership card prior to purchase. Please thank our donors for their support.

Bill-E's

10% off menu items

19992 Hwy 181
251-281-2663

Bouch's Cigars

10% discount on regular
price merchandise

77 S. Section St.
251-517-9526

The Cat's Meow

10% discount on regular
price merchandise

395 Fairhope Ave.
251-990-0061

Eastern Shore Glass

10% off material only

22886 US 98
251-928-5108

El Mexicana

10% off Mon. -Thurs.

251-929-7827
195 Baldwin Square

Fairhope Fly Fishing

10% off regular price

14 S. Church St.
251-680-3745

Fairhope Pharmacy

10% off Christmas and
Gifts

398 Fairhope Ave.
251-928-8822

Mr. Gene's Beans

10% off Coffee

302 De La Mare Ave.
251-928-6915

Homestead Village Wellness Center

\$50 enrollment fee waived

924 Plantation Blvd.
251-929-0250

Honey Baked Ham

10% off lunch

426 Fairhope Ave.
251-928-7262

Lyons Share

20% off framing

330 De La Mare Ave.
928-2507

M & F Casuals

Free gift with purchase

380 Fairhope Ave.
251-928-5564

We Love Our Seniors!



The Nix Center Staff

Monogram Mercantile

10% off monogram

251-510-0696
555 S. Section St.

Objects

10% off coffee

251-510-0696
555 S. Section St.

Old Tyme Feed

10% off plants

19580 S. Greeno Rd.
251-928-1156

Panini Pete's

10% off order

42 S Section St.
251-929-0122

Peaches-n-Clean

10% off Carpet Cleaning

8602 Athlete Dr., Daphne
251-621-0066

Private Gallery

10% off regular price
merchandise

218 Fairhope Ave.
251-990-4555

Sandra's Place

10% discount

Best Chicken Salad, Period!
218 Fairhope Ave.
251-990-3344

Southern Veranda

10% off

105 N. Bancroft St.
251-928-4433

Stowe's Jewelers

10% discount

393 Fairhope Ave.
251-928-5349

Subway Sandwiches

10% off order

80 Plantation Pointe
251-928-0603

Tamara's Downtown

10% off

104 N Section St.
251-929-2219