# James P. Nix Center

City of Fairhope Adult Recreation Center 1 Bayou Dr., Fairhope, AL, 251-928-2835 August 2022

The City of Fairhope 251-928-2136 Public Works/ Utilities 251-928-8003 Police Department 251-928-2385 Recreation Ctr/ Pool 251-928-7270 Quail Creek Golf 251-990-0240

James P. Nix Center
Senior Services Mgr.
Kim Ryland
Senior Services Ass't.
Angie Dennis
Rental Coordinator
Margie Smitherman
Staff
Sonya Reed
Peggy Hall
Mary Wilsford













### The Nix Has Something for Everyone!

**Acoustic Jammers** – Thursdays at 1:00. Acoustic music; rhythm and blues, soft rock, country, and oldies. Everyone welcome. Contact Dave L. 251-990-8777 for more information.

**Beading - Intro to Beading** is back! Beginning Wednesday, September 7 from 9:30-12:00 for 6 weeks. Contact Diana 850-434-9261 for more information and to register.

Billiards - Daily 8-5. Join the fun and enjoy our beautiful tables!

**Blood Pressure Checks** - Springhill Home Care will come the 3rd Tuesday (8:30 a.m.) & 3rd Thursday (9:30 a.m.) to check blood pressures.

**Bowling for Nix Members** - If you would like to join a Thursday afternoon bowling group with other Nix members, text Linda at 256-527-4135.

**Coffee and Conversation** - Thursdays at 1:30. Discussions for more than 30 years on global, national, regional, local, and personal issues. Bring knowledge and opinions and speak up or sound off. Join the friendship. Contact Gary 251-990-8662 for more information.

**Coping Conversations** - Thursdays at 9:30. This is a grief support group facilitated by Covenant Care. Contact the front desk or Joe at 251-626-5255 for more information.

**Helen McKee Stretch Class** - Tuesdays and Thursdays 8:00 am. This member led class includes gentle stretching of muscles and joints from face to feet and isometrics for arms and legs.

**Jam'n Folks on Mountain Dulcimers -** Fridays at 9:00 am. This group plays folk music and is open to all-beginner to proficient. Contact Mary Ann 251-473-5613.

**Joyful Jammers** – Tuesdays at 9 a.m. This group includes all types of musical instruments. Contact George at 919-324-5018 for more information.

**Intermediate Duplicate Bridge** Every Tuesday at 12:30 join Janet and the Daphne Bridge Buffs for an afternoon of duplicate bridge. Open to those with under 750 Masterpoints, this Tuesday game is known for being especially welcoming to new bridge players. No partner is required. For information, call Janet at 251-284-8306.

**Recipe Round-Up** - Calling all members! Please share your favorite recipes for our newsletter.

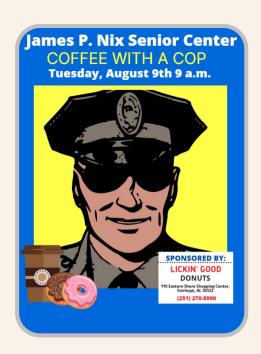
**Senior Stitchers** – Tuesdays from 9:30-12:30; Calling all Stitchers! If you knit, crochet, needlepoint, cross stitch, ...join the fun. Contact Kay 251-751-2162 or Mary 251-605-9017.

Tai Chi - This member led group meets on Wednesdays (advanced) and Thursdays at 10:15.

**Workout with Joni** – 9:00 Mondays (Stretch and Tone); Tuesdays/Thursdays (Low Impact Aerobics); Wednesdays (Line Dancing); Friday (Zumba Gold).

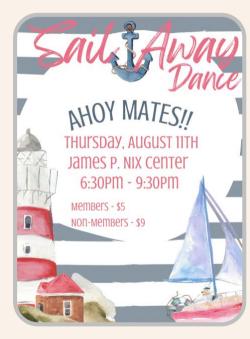


















### **JAMES P. NIX SENIOR CENTER**

















### **Monday**

1 8am-4pm Pool/Billiards 9am-10am Stretch & Tone 11am Potluck

12pm Wood Carving 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Mahjong

- 8 8am-4pm Pool/Billiards
  9am-10am Stretch & Tone
  12pm Wood Carving
  10am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  1pm Mahjong
- 15 8am-4pm Pool/Billiards 9am-10am Stretch & Tone 11am Potluck 12pm Wood Carving 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Mahjong
- 22 8am-4pm Pool/Billiards
  9am-10am Stretch & Tone
  10am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  12pm Wood Carving
  12:15pm-4pm Duplicate Bridge
  1pm Mahjong
- 29 8am-4pm Pool/Billiards
  9am-10am Stretch & Tone
  10am-4pm Open Cards
  12pm Wood Carving
  12:15pm-4pm Duplicate
  1pm Mahjong

## **Tuesday**

- 2 8am-4pm Pool/Billiards
  8am Stretch Class
  9am Low Impact Aerobics
  9am Joyful Jammers
  9:30am Senior Stitchers
  10am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  1pm Frank Walsh Bridge
  1pm Euchre
- 9 8am-4pm Pool/Billiards
  8am Stretch Class
  9am Low Impact Aerobics
  9am Joyful Jammers
  9am Coffee with a Cop
  9:30am Senior Stitchers
  10am-4pm Open Cards
  11am Tuesday Talk
  "Battle House Honor Killing"
  12:15pm-4pm Duplicate Bridge
  1pm Frank Walsh Bridge & Euchre
  \*2pm Travel Class
- 8am-4pm Pool/Billiards
  8am Stretch Class
  9am Low Impact Aerobics
  9am Joyful Jammers
  9:30am Senior Stitchers
  10am -4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  1pm Frank Walsh Bridge
  1pm Euchre
  \*2pm Travel Class
- 23 8am-4pm Pool/Billiards
  8am Stretch Class
  9am Low Impact Aerobics
  9am Joyful Jammers!
  9:30am Senior Stitchers
  10am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  1pm Frank Walsh Bridge
  1pm Euchre
  \*2pm Travel Class
- 30 8am-4pm Pool/Billiards
  8am Stretch Class
  9am Low Impact Aerobics
  9am Joyful Jammers
  9:30am Senior Stitchers
  10am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  1pm Frank Walsh Bridge
  1pm Euchre
  \*2pm Travel Class

# Wednesday

# **Thursday**

# **Friday**

- 3 8am-4pm Pool/Billiards
  9am Line Dancing
  \*9:30am Beading Class
  9:30am Table Tennis
  10:30am Birthday Bash
  10am-4pm Open Cards
  10:15am Advanced Tai Chi
  12:15pm-4pm Duplicate Bridge
  1:00pm Pitch/Setback
  1:00 Mahjong
- 4 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30am Grief Support 10:15am Tai Chi 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Acoustic Jammers 1:30pm Coffee & Conversation
- 5 8am-4pm Pool/ Billiards
  9am Zumba Gold
  9am Jam'n Folks on Mtn.
  Dulcimers for Beginners
  10am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  12:30pm-4pm Chicken Foot
  Dominoes

- 10 8am-4pm Pool/Billiards
  9am Line Dancing
  \*9:30am Beading Class
  9:30am Table Tennis
  10:15am Advanced Tai Chi
  12:15pm-4pm Duplicate Bridge
  1:00pm Pitch/Setback
  1pm Bingo
  1:00 Mahjong
- 11 8am-4pm Pool/Billiards
  8am Stretch Class
  9am Low Impact Aerobics
  9:30am Grief Support
  10:15am Tai Chi
  11am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  1pm Acoustic Jammers
  1:30pm Coffee & Conversation
  6:30pm Dance
- 12 8am-4pm Pool/Billiards
  9am Zumba Gold
  9am Jam'n Folks on Mtn.
  Dulcimers for Beginners
  10am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  12:30pm Chicken Foot
  Dominoes

17 8am-4pm Pool/Billiards
9am Line Dancing
\*9:30am NO Beading Class
9:30am Table Tennis
10:15am Advanced Tai Chi
11am Workshop Wednesday
"Hurricane Preparedness"
12:15pm-4pm Duplicate Bridge
1:00pm Pitch/Setback

1:00 Mahjong

- 18 8am-4pm Pool/Billiards
  8am Stretch Class
  9am Low Impact Aerobics
  9:30am Grief Support
  10am -4pm Open Cards
  10:15am Tai Chi
  12:15pm-4pm Duplicate Bridge
  1pm Acoustic Jammers
  1:30pm Coffee & Conversation
  2pm Ice Cream Social
- 19 8am-4pm Pool/ Billiards
  9am Zumba Gold
  9am Jam'n Folks on Mtn.
  Dulcimers for Beginners
  10am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  12:30pm-4pm Chicken Foot
  Dominoes

- 24 8am-4pm Pool/Billiards
  9am Line Dancing
  \*9:30am Beading Class
  9:30am Table Tennis
  10am-4pm Open Cards
  10:15am Advanced Tai Chi
  12:15pm-4pm Duplicate Bridge
  1pm Bingo
  1:00pm Pitch/Setback
  1:00 Mahjong
- 25 8am-4pm Pool/Billiards
  8am Stretch Class
  9am Low Impact Aerobics
  9:30am Grief Support
  10:15am Tai Chi
  10am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  1pm Acoustic Jammers
  1:30pm Coffee & Conversation
- **26** 8am-4pm Pool/ Billiards
  9am Zumba Gold
  9am Jam'n Folks on Mtn.
  Dulcimers for Beginners
  10am-4pm Open Cards
  12:15pm-4pm Duplicate Bridge
  12:30pm-4pm Chicken Foot
  Dominoes

31 8am-4pm Pool/Billiards
9am Line Dancing
\*9:30am Beading Class
9:30am Table Tennis
10am-4pm No Open Cards
10:15am Advanced Tai Chi
12:15pm-4pm Duplicate Bridge
1:00pm Pitch/Setback
1:00 Mahjong

\*REGISTRATION REQUIRED



Volunteer Spotlight





Giorgi Di Lemis teaches Italian and travel classes at the Nix Center. He grew up in Venice and lived in Rhodes, Greece, Istanbul, Turkiye, and London, England. He graduated from Accademia di Venezia and received his EMBA from Rollins College in Winter Park, Florida. Giorgi's Hospitality career has brought him and his family to live in 14 various USA locations, including the Caribbean islands. Giorgi retired from the Corporate world as a Vice President for a multi branded international hotel company.

He and his wife, Ann were married in New Orleans and spent their honeymoon 38 years ago at the Grand Hotel in Point Clear. They moved with their daughter to Fairhope 6 years ago. Their son and grandson live in Orlando Florida. He is partner to 7 restaurants, named Cru Food & Wine around the country.



Join the Nix Golfers on Tuesdays at Quail Creek Golf Course. Sign in is at 7:15. Call Bob Mull at 251-990-9958 for more information.



Our library has books, puzzles, and dvds for check out, or you may donate for others to enjoy.



The Best) Peanut Butter Cookie Sandy H.

2 1/2 cups all purpose flour 1 tsp salt 1 cup brown sugar 1 cup vegetable shortening 2 tsp baking soda 1 cup sugar 1 cup peanut butter 2 large eggs

Preheat oven to 350 degrees. Lightly grease cookie sheet. Combine flour, baking soda, and sugars in a large bowl and mix well. Add peanut butter, shortening, and eggs. Beat for 2 minutes or until a uniform dough forms. Shape dough into balls about 1 1/2 inch in diameter. Place cookies on baking sheet leaving about 1 1/2 inches between cookies. Press the top of the cookie both ways with a fork dipped in sugar or flour. Bake 16-20 minutes or until cookies are browned.

Traveling Through Italy-Greece-Western Turkiye (Turkey's new name) Without Leaving Your Couch



Giorgi Di Lemis who teaches Italian language classes at the Nix Center will conduct a class for 4 weeks with a duration of 2 hours.

He will address the following subjects:

- A. Simple communication in each language
- B. Geography
- C. History
- D. Gastronomy
- E. Favorite places
- F. Etiquette, customs ( what to do and not)
- G. Safety

<u>Dates of Classes: Tuesdays, August 9th, 16th, 23rd, & 30th</u> Hours: 2 p.m.-4 p.m.

Reservations: Call 251-928-2835 or stop by the front desk at the Nix Center. Class size is limited.

# Events Coming in September! The Nix Center Fashion Show and Games and Goodies with Cornhole & Table Tennis



We have a puzzle set up in the Conference Room for members to work on together at their leisure.

How do you make the number one disappear?
Add a "g" and it is gone!

# **August Birthdays**

- 1 Carolyn S., Judy R., Melinda H.
- 2 Bettye H., J. Huggins, Kenneth C., Valerie K.
- 3 Babs S., Bethel W., Kay S.
- 4 Nancy K.
- 5 Judy S., Mark S., Vidmer G.
- 6 Chris B., Gustave V., Jean T., Mary K., Paul B., Sally W.
- 7 Jan D., John S., Thomas P.
- 8 Anne A., Jeanne B., Tom A.
- 9 Cathy B., Darlene A.
- 10 Andrea C., David S., Ginger V., Patricia S.
- 11 Betty H., Janet A., Linda C., Sam J.
- 12 Cheri F., Vicky L.
- 13 Barbara F., Glenda P.
- 14 Larry E., Ralph B., Roy W.
- 15 Glenn L., Jim P., Susan D.
- 16 Christine T., Jo Ann S.
- 17 Carolyn P., Kenneth B., Mac G., Nancy F., Ursula K.
- 18 Mary A.
- 19 Colleen B., Louise H., Rosemary H.
- 20 David L
- 21 Becky H., Larry J., Virginia S.
- 22 Melanie M., Sally A., Thomas B.
- 23 Robert L., Sue W.
- 24 Angele B., Anna F., Brenda R., Cathy B., Patricia S., Vera G.
- 25 Carole J., Marcus L., Sharon M.
- 26 Charles E., Hilda M., Phillip W.
- 27 Ann Y., Ashley L., Cindy P., Dorothy F., Horace S.
- 28 Bobby P., Harriet C.
- 29 Jim B., Sandy F.
- 30 Denise K., Rose Mary H.
- 31 Wanda W.

# James P. Nix Center Senior Savings Program

Present Nix Center membership card prior to purchase. Please thank our donors for their support.

#### Bill-E's

10% off menu items

19992 Hwy 181 251-281-2663

### **Bouch's Cigars**

10% discount on regular price merchandise
77 S. Section St.
251-517-9526

### The Cat's Meow

10% discount on regular price merchandise
395 Fairhope Ave.
251-990-0061

### **Eastern Shore Glass**

10% off material only

22886 US 98 251-928-5108

### El Mexicana

10% off Mon. -Thurs.

251-929-7827 195 Baldwin Square

### Fairhope Fly Fishing

10% off regular price

14 S. Church St. 251-680-3745

### **Fairhope Pharmacy**

10% off Christmas and Gifts

398 Fairhope Ave. 251-928-8822

### Mr. Gene's Beans

10% off Coffee

302 De La Mare Ave. 251-928-6915

# Homestead Village Wellness Center

\$50 enrollment fee waived

924 Plantation Blvd. 251-929-0250

### **Honey Baked Ham**

10% off lunch

426 Fairhope Ave. 251-928-7262

### **Lyons Share**

20% off framing

330 De La Mare Ave. 928-2507

### M & F Casuals

Free gift with purchase

380 Fairhope Ave. 251-928-5564

### We Love Our Seniors!



The Nix Center Staff

### **Monogram Mercantile**

10% off monogram

251-510-0696 555 S. Section St.

### **Objects**

10% off coffee

251-510-0696 555 S. Section St.

### Old Tyme Feed

10% off plants

19580 S. Greeno Rd. 251-928-1156

### Panini Pete's

10% off order

42 S Section St. 251-929-0122

### Peaches-n-Clean

10% off Carpet Cleaning

8602 Athlete Dr., Daphne 251-621-0066

### **Private Gallery**

10% off regular price merchandise

218 Fairhope Ave. 251-990-4555

#### Sandra's Place

10% discount

Best Chicken Salad, Period! 218 Fairhope Ave. 251-990-3344

#### Southern Veranda

10% off

105 N. Bancroft St. 251-928-4433

### Stowe's Jewelers

10% discount

393 Fairhope Ave. 251-928-5349

### **Subway Sandwiches**

10% off order

80 Plantation Pointe 251-928-0603

### Tamara's Downtown

10% off

104 N Section St. 251-929-2219