



James P. Nix Center

City of Fairhope Adult Recreation Center
1 Bayou Dr., Fairhope, AL , 251-928-2835
June 2022

The City of Fairhope
251-928-2136
Public Works/ Utilities
251-928-8003
Police Department
251-928-2385
Recreation Ctr/ Pool
251-928-7270
Quail Creek Golf
251-990-0240

James P. Nix Center
Senior Services Mgr.
Kim Ryland
Senior Services Ass't.
Angie Dennis
Rental Coordinator
Margie Smitherman
Staff
Sonya Reed
Peggy Hall



Hembree™
HEATING & AIR CONDITIONING
15333 State Highway 59
Foley, AL 36535
251-259-4664
HembreeAC.com

Thank you to our Newsletter Sponsor.



The Nix Has Something for Everyone!

Blood Pressure Checks - Springhill Home Care will come the 3rd Tuesday (8:30 a.m.) & 3rd Thursday (9:30 a.m.) to check blood pressures.

Bowling for Nix Members - If you would like to join a Thursday bowling group with other Nix members, text Linda at 256-527-4135.

Coping Conversations - Thursdays at 9:30. This is a grief support group facilitated by Covenant Care. Contact Joe at 251-626-5255 for more information.

Dance Lessons - Come learn Ballroom Dances! On Thursdays, June 2, 9, 16, 23, and 30 at 5:30 p.m. Cost is \$30 for members; \$40 for nonmembers. Register at the front desk. Call Skip for more information 251-209-4370.

Intermediate Duplicate Bridge Every Tuesday at 12:30 join Janet and the Daphne Bridge Buffs for an afternoon of duplicate bridge. Open to those with under 750 Masterpoints, this Tuesday game is known for being especially welcoming to new bridge players. No partner is required. For information, call Janet at 251-284-8306.

Italian Language Classes - Learn to speak Italian right here at the Nix. Tuesdays in June from 1-3pm. Space is limited, so sign up at the front desk early.

Recipe Round-Up - Share your favorite recipes for our monthly newsletter!!

Beading Classes in June

Make a wire-wrapped beaded shell pendant, pretty for a summer fashion accessory



Beaded Scallop Shell Pendant
Wed., June 15, 9:30 a.m.-12:00 p.m.



Beaded Olive Shell Pendant
Wed., June 22, 9:30 a.m.-12:00 p.m.

!!FREE CLASSES!! Fun 2 1/2 hour 1-day classes.

Students will be provided demonstration, written instructions, 1 shell, and 2 sizes of copper wire. Students will provide their own small beads of glass, pearl, crystal, gemstone chips, wood, or bone, plus scotch tape. Please arrive 15 mins early for class.

Instructor has a very limited number of tools to loan for students to use, so if you have them please also bring needle nose pliers, round nose pliers, wire cutters.

*Class sizes are limited: maximum 10, minimum 6
Please call Diana for questions and to register. 850-434-9261*

DO YOU HAVE **concerns**
about falling?



**A MATTER OF
BALANCE**
MANAGING CONCERNS ABOUT FALLS

Many older adults experience concerns about falling and restrict their activities. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels.

This program emphasizes practical strategies to manage falls.

YOU WILL LEARN TO:

- view falls as controllable
- set goals for increasing activity
- make changes to reduce fall risks at home
- exercise to increase strength and balance

WHO SHOULD ATTEND?

- anyone concerned about falls
- anyone interested in improving balance, flexibility, and strength
- anyone who has fallen in the past
- anyone who has restricted activities because of falling concerns



(251)706-4663

Classes are held at
The Nix Center
1 Bayou Drive, Fairhope

**Wednesdays,
June 8 – July 20**
10:15 am to 12:15 pm

Lots of fun and it Works!

**To RSVP call The Nix Center
251-928-2835**

Instructors: Debbie & Henry Leidheiser



POTLUCK
MONDAY, JUNE 6TH & 20TH
@ 11 A.M.

\$1.00 per person with a side dish
\$3.00 per person without a side dish

R.S.V.P. REQUIRED-SIGN UP AT THE FRONT DESK OR CALL 251-928-2835

Sponsored by



Birthday Bash



Wednesday, June 1st @ 10:30

If you are celebrating a May birthday, please join us. RSVP to 251-928-2835, or stop by the front desk.



Thank you to our sponsors!



Tuesday Talk

CPR TRAINING
 with Kim Smith from Springhill Home Care



Training is FREE!
Limited space- 10 people

If you want certification, pay \$15.

Tuesday, June 7th @ 11 a.m.

Training includes:

- Learn about Emergency Situation
- Basic Life Supports
- Get Started with CPR
- Get Started with First Aid
- Real-life Demonstration

CALL 251-928-2835 OR STOP BY THE FRONT DESK TO SIGN UP.

Tuesday Talk

Fire Safety
 with Fairhope Fire Chief Chris Ellis



Tuesday, June 14 11 a.m.

Find out how to protect yourself and your home from fire hazards.

Please call 251-928-2835 or stop by the front desk to sign up.

NIX CENTER

HOLIDAY CLOSINGS

Memorial Day
 Monday, May 30th

Independence Day
 Monday, July 4th

Labor Day
 Monday, September 5th

Italian Language Classes

Tuesdays,
 Starting June 7th
 1 p.m.-3 p.m.
 6 weeks
 10 spots available



la Dolce Vita
Grazie Mille!
Bella Ciao

Instructor: Nix Member,
 Giorgi Di Lemis

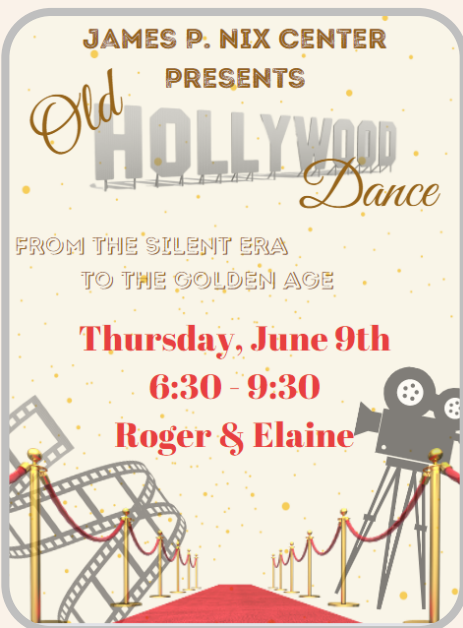
You must call 251-928-2835 or stop by the Nix to register.

JAMES P. NIX CENTER PRESENTS

Old **HOLLYWOOD** *Dance*

FROM THE SILENT ERA
 TO THE GOLDEN AGE

Thursday, June 9th
6:30 - 9:30
Roger & Elaine



Meet & Eat with the Nix!
Thursday, June 23rd
4 p.m.



El Mexicano
 MEXICAN RESTAURANT
 195 Baldwin Square,
 Fairhope, AL 36532

RSVP by the Friday before the event.

RESCHEDULED

Getting Crafty with Angie & Karen!
Friday June 24th
@ 10 a.m.



Cost \$10

Join us to make a fun creation with red, white, and blue. This is a perfect craft to display for Memorial Day, Fourth of July, and Veterans Day.

You must register and pay prior to the day of class.

JAMES P. NIX SENIOR CENTER

Monday

Tuesday

 Thank You to
Our Sponsors



THE BRENNITY
AT FAIRHOPE
SENIOR LIVING



6 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
10am-4pm Open Cards
11am Potluck
12pm Wood Carving
12:15pm-4pm Duplicate
1pm Cribbage
1pm Mahjong

13 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
12pm Wood Carving
*** All Day-Card Room Closed**
1pm Mahjong

20 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
10am-4pm Open Cards
11am Potluck
12pm Wood Carving
12:15pm-4pm Duplicate Bridge
1pm Cribbage
1pm Mahjong

27 8am-4pm Pool/Billiards
9am-10am Stretch & Tone
10am-4pm Open Cards
12pm Wood Carving
12:15pm-4pm Duplicate
1pm Cribbage
1pm Mahjong

7 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitchers
11am-4pm Open Cards
11am Tuesday Talk
CPR Training
12:15pm-4pm Duplicate Bridge
1pm Italian Language Classes
Start
1pm Frank Walsh Bridge
1pm Euchre

14 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9am Coffee with a Cop
9:30am Senior Stitchers
*** All Day-Card Room Closed**
11am Tuesday Talk
Fire Safety
1pm Frank Walsh Bridge

21 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitchers
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre

28 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9am Joyful Jammers
9:30am Senior Stitchers
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Frank Walsh Bridge
1pm Euchre

June 2022

Wednesday

1 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10am-4pm Open Cards
10:15am Advanced Tai Chi
10:30am Birthday Bash
12:15pm-4pm Duplicate Bridge
1:00pm Pitch/Setback
1:00 Mahjong

8 8am-4pm Pool/Billiards
9:30am Beading Class
9am Line Dancing
***No Tai Chi**
9:30am Table Tennis
10:15 am A Matter of Balance
12:15pm-4pm Duplicate Bridge
1:00pm Pitch/Setback
***All Day-Ballroom Closed**
No Bingo
1:00 Mahjong

15 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
*** All Day-Card Room Closed**
10:15am Advanced Tai Chi
10:15 am A Matter of Balance
1:00pm Pitch/Setback
1:00 Mahjong

22 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10am-4pm Open Cards
10:15am Advanced Tai Chi
12:15pm-4pm Duplicate Bridge
1:00pm Bingo
1:00pm Pitch/Setback
1:00 Mahjong

29 8am-4pm Pool/Billiards
9am Line Dancing
9:30am Beading Class
9:30am Table Tennis
10am-4pm No Open Cards
10:15am Advanced Tai Chi
12:15pm-4pm Duplicate Bridge
1:00pm Pitch/Setback
1:00 Mahjong

Thursday

2 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9:30am Grief Support
10:15am Tai Chi
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation
5:30pm Ballroom Dance Lessons

9
***All Day- Pool/Billiards Closed**
8am Stretch Class
9am Low Impact Aerobics
***No Tai Chi**
9:30am Grief Support
11am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation
5:30pm Ballroom Dance Lessons
6:30pm Dance

16 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9:30am Grief Support
10am -4pm Open Cards
10:15am Tai Chi
12:15pm-4pm Duplicate Bridge
2pm Ice Cream Social
1pm Acoustic Jammers
1:30pm Coffee & Conversation
5:30pm Ballroom Dance Lessons

23 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9:30am Grief Support
10:15am Tai Chi
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation
4 p.m. Meet & Eat
5:30pm Ballroom Dance Lessons

30 8am-4pm Pool/Billiards
8am Stretch Class
9am Low Impact Aerobics
9:30am Grief Support
10:15am Tai Chi
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
1pm Acoustic Jammers
1:30pm Coffee & Conversation
5:30pm Ballroom Dance Lessons

Friday

3 8am-4pm Pool/ Billiards
9am Zumba Gold
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
12:30pm-4pm Chicken Foot
Dominoes

10
***All Day- Pool/Billiards Closed**
9am Zumba
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
12:30pm Chicken Foot
Dominoes

17 8am-4pm Pool/ Billiards
9am Zumba Gold
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
12:30pm-4pm Chicken Foot
Dominoes

24 8am-4pm Pool/ Billiards
9am Zumba Gold
9am Jam'n Folks on Mtn.
Dulcimers for Beginners
10am Getting Crafty w/Angie & Karen
10am-4pm Open Cards
12:15pm-4pm Duplicate Bridge
12:30pm-4pm Chicken Foot
Dominoes



Beginning in June, ceiling tiles will be replaced throughout the Nix Center. Unfortunately, this will cause a disruption in our daily schedule. Avoid construction areas, and please check our Facebook page for updates. Thank you for your patience as we make the Nix Center even better!

DO YOU LIKE TO BOWL?

JOIN OUR NIX MEMBERS ON THURSDAYS, 1 P.M. AT EASTERN SHORE LANES IN SPANISH FORT

COST: \$10.00 PER PERSON. THIS INCLUDES THREE GAMES AND SHOES.

Contact Linda via text 256-527-4135 or email linlmer@gmail.com if you are interested in participating.



Join the Nix Golfers on Tuesdays at Quail Creek Golf Course. Sign in is at 7:15. Call Bob Mull at 251-990-9958 for more information.

Calico Beans

Kathie B.

- 1/2 lb. ground beef
- 6 slices bacon, optional
- 1 medium onion, diced
- 1/2 cup ketchup
- 1 tsp mustard
- 3/4 cup brown sugar
- 2 tsp vinegar
- 1 can pork and beans
- 1 can small lima beans
- 1 can kidney beans



Directions: Preheat oven to 325 degrees. Fry bacon and set aside. Brown ground beef and saute onion together until onion is tender and meat is brown. Mix together ketchup, mustard, brown sugar, and vinegar. Add beans and meat. Top with strips of cooked bacon. Bake at 325 degrees for 40 minutes.

Ice Cream SOCIAL

THURSDAY, JUNE 16TH @ 2 P.M.

community hospice
1450 N. MCKENZIE ST., FOLEY, AL 36535
851-943-5015

James P. Nix Senior Center COFFEE WITH A COP Tuesday, June 14th 9 a.m.



SPONSORED BY:
LICKIN' GOOD DONUTS
110 Eastern Shore Shopping Center, Fairhope, AL 36526
(251) 270-8990



Comedy Corner

Why do golfers carry an extra pair of socks?
In case they get a hole in one!
What is white when it is dirty?
A blackboard



BINGO



June 22nd at 1:00 p.m.

Sponsored by



June Birthdays

1 Debbie Z., June B., Pam F., Richard G.

2 Barbara R.

3 Betty J., Ken B.

4 Chris T., Clara N., Helen N., Valerie W.

5 Daniel F., Dorothy L., Jeff D., Joyce J., June H., Kathie U.

6 Iris B., Marie Ann W., Marie S.,

7 Jackie U. Kay H., Paul S.

9 Jim C.

10 Beth H.

11 Bud Y., Corrine C., Lillian R., Rebecca S., Robert M., Sue G.

12 Brenda P., Leonard B., Thomas T.

13 Susan C., Teri V., Vicky C.

15 Fleur B., Fred N.

17 Kathleen F., Warwick L.

18 Barbara L.

19 Gayle H., Mary S., Suzanne H.

20 Beth R., Maxine B., Pamela H., Robert M., Sara H., Virginia C.

21 Betty H., Luci B.

22 Jody W., Joyce B., Ken V.

25 Aimee N.

26 Bill H., Mary B., Ramon L., Suzanne R.

27 Donna R., Joyce A.

28 Betsy G., Carol W., Jerry B., Margaret W., Pamela K.

29 Ann R., Carl H., Gene S., Joyce P., K.L. O, Ken P.

30 Camma S., Cheryl W., Kim M., William C.



James P. Nix Center Senior Savings Program

Present Nix Center membership card prior to purchase. Please thank our donors for their support.

Bill-E's

10% off menu items

19992 Hwy 181
251-281-2663

Bouch's Cigars

10% discount on regular
price merchandise

77 S. Section St.
251-517-9526

The Cat's Meow

10% discount on regular
price merchandise

395 Fairhope Ave.
251-990-0061

Eastern Shore Glass

10% off material only

22886 US 98
251-928-5108

El Mexicana

10% off Mon. -Thurs.

251-929-7827
195 Baldwin Square

Fairhope Fly Fishing

10% off regular price

14 S. Church St.
251-680-3745

Fairhope Pharmacy

10% off Christmas and
Gifts

398 Fairhope Ave.
251-928-8822

Mr. Gene's Beans

10% off Coffee

302 De La Mare Ave.
251-928-6915

Homestead Village Wellness Center

\$50 enrollment fee waived

924 Plantation Blvd.
251-929-0250

Honey Baked Ham

10% off lunch

426 Fairhope Ave.
251-928-7262

Lyons Share

20% off framing

330 De La Mare Ave.
928-2507

M & F Casuals

Free gift with purchase

380 Fairhope Ave.
251-928-5564

We Love Our Seniors!



The Nix Center Staff

Monogram Mercantile

10% off monogram

251-510-0696
555 S. Section St.

Objects

10% off coffee

251-510-0696
555 S. Section St.

Old Tyme Feed

10% off plants

19580 S. Greeno Rd.
251-928-1156

Panini Pete's

10% off order

42 S Section St.
251-929-0122

Peaches-n-Clean

10% off Carpet Cleaning

8602 Athlete Dr., Daphne
251-621-0066

Private Gallery

10% off regular price
merchandise

218 Fairhope Ave.
251-990-4555

Sandra's Place

10% discount

Best Chicken Salad, Period!
218 Fairhope Ave.
251-990-3344

Southern Veranda

10% off

105 N. Bancroft St.
251-928-4433

Stowe's Jewelers

10% discount

393 Fairhope Ave.
251-928-5349

Subway Sandwiches

10% off order

80 Plantation Pointe
251-928-0603

Tamara's Downtown

10% off

104 N Section St.
251-929-2219