

# James P. Nix Center

City of Fairhope Adult Recreation Center 1 Bayou Dr., Fairhope, AL , 251-928-2835 April 2022

The City of Fairhope 251-928-2136 Public Works/ Utilities 251-928-8003 Police Department 251-928-2385 Recreation Ctr/ Pool 251-928-7270 Quail Creek Golf 251-990-0240

James P. Nix Center Senior Services Mgr. Kim Ryland Senior Services Ass't. Angie Dennis Rental Coordinator Mims Ebelhar Staff Margie Smitherman Sonya Reed Peggy Hall











### The Nix Has Something for Everyone!

**Bead Embroidery - Beaded Silk Dollie Pendant Class -** Wednesdays 9:30 - 12:00 in April Call Diana at 850-434-9261 for more information.

**Baldwin Senior Travelers** will have an informational table in the lobby on Monday, April 18 from 10:00-1:00. Stop by and see what they have to offer!!

**Bowling for Nix Members -** If you would like to join a Thursday bowling group with other Nix members, contact Linda at 256-527-4135.

**Coping Conversations** - Thursdays at 9:30. A grief support group facilitated by Covenant Care. Contact Joe at 251-626-5255 for more information.

**Dance Lessons** -Come learn Ballroom Dances! Starting Thursday, April 21 at 5:30. Call Skip for more information 251-209-4370.

Intermediate Duplicate Bridge players meet on Tuesdays at 12:15. Partnership for single

players. Call Janet 251-284-8306 for more information.

**Matter of Balance** - Classes will begin in June. Sign up at the front desk.

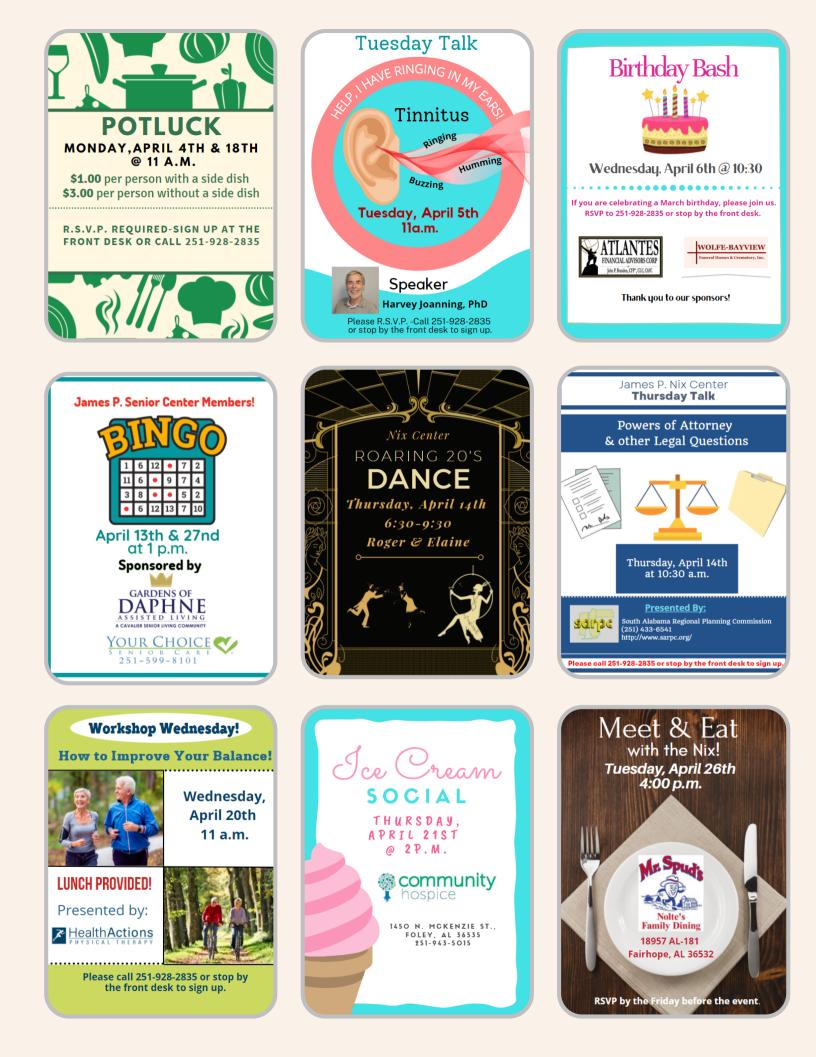
Meet and Eat - Join us for dinner at Mr. Spuds on Tuesday, April 26 at 4:00. RSVP no later than the Friday before the event.

**Potluck** - The first and third Mondays at 11:00. \$1 if you bring a side; \$3 if you don't. Please RSVP no later than the Friday before event.

**Recipe Round-Up** - Share your favorite recipes for our monthly newsletter!!







JAMES P. NIX SENIOR CENTER					
	Monday	Tuesday			
Thank You to our Sponsors ATLANTES FINANCIAL ADVISORS CORP John P. Brandon, CFP*, CLU, CAFC					
community hospice	<b>4</b> 8am-4pm Pool/Billiards 9am-10am Stretch & Tone 10am-4pm Open Cards <b>11am Potluck</b> 12pm Wood Carving 12:15pm-4pm Duplicate 1pm Cribbage 1pm Mahjong	<ul> <li>5 8am-4pm Pool/Billiards 8am Stretch Class</li> <li>9am Low Impact Aerobics</li> <li>9am Joyful Jammers</li> <li>9:30am Senior Stitchers</li> <li>10am-4pm Open Cards</li> <li>11am Tuesday Talk</li> <li>Tinnitus</li> <li>12:15pm-4pm Duplicate Bridge</li> <li>1pm Frank Walsh Bridge</li> <li>1pm Euchre</li> </ul>			
GARDENS OF DAPHNE A SISTED LIVING A CAVALIER SENIOR LIVING COMMUNITY MERSING LIVING COMMUNITY HYSICAL THERAPY Lickin Good ONUTS	<b>11</b> <sub>8am-4pm Pool/Billiards 9am-10am Stretch &amp; Tone 10am-4pm Open Cards <b>10:30am Matinee Monday</b> 12pm Wood Carving 12:15pm-4pm Duplicate Bridge 1pm Cribbage 1pm Mahjong</sub>	<b>12</b> 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 9am Coffee with a Cop 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre			
SPRINGHILL HOME HEALTH & HOSPICE	<b>18</b> 8am-4pm Pool/Billiards 9am-10am Stretch & Tone <b>10am-1pm Baldwin Senior</b> <b>Travelers Information Table</b> 10am-4pm Open Cards <b>11am Potluck</b> 12pm Wood Carving 12:15pm-4pm Duplicate Bridge 1pm Cribbage 1pm Mahjong	<b>19</b> <sub>8am-4pm Pool/Billiards</sub> 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre			
Funeral Homes & Crematory, Inc. $ \underbrace{\text{YOUR CHOICE}}_{S E N I O R C A R E} \underbrace{\text{Constant}}_{251 - 599 - 8101} $	<b>25</b> 8am-4pm Pool/Billiards 9am-10am Stretch & Tone 10am-4pm Open Cards <b>1pm Movie Monday</b> 12pm Wood Carving 12:15pm-4pm Duplicate 1pm Cribbage 1pm Mahjong	26 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre 4pm Meet & Eat @ Mr. Spuds			

April 2022					
Wednesday	Thursday	Friday			
		8am-4pm Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 12:30pm-4pm Chicken Foot Dominoes			
<ul> <li>6 8am-4pm Pool/Billiards 9am Line Dancing 9:30am Beading Class 9:30am Table Tennis 10am-4pm Open Cards 10:15am Advanced Tai Chi 10:30am Birthday Bash</li> <li>12:15pm-4pm Duplicate Bridge 1:00pm Pitch/Setback 1:00 Mahjong</li> </ul>	<ul> <li>8am-4pm Pool/Billiards 8am Stretch Class</li> <li>9am Low Impact Aerobics</li> <li>9:30am Grief Support</li> <li>10:00am Blood Pressure Check</li> <li>10:15am Tai Chi</li> <li>10am-4pm Open Cards</li> <li>12:15pm-4pm Duplicate Bridge</li> <li>1pm Acoustic Jammers</li> <li>1:30pm Coffee &amp; Conversation</li> <li>5:30pm Ballroom Dance Lessons</li> </ul>	<ul> <li>8 8am-4pm Pool/ Billiards 9am Zumba Gold</li> <li>9am Jam'n Folks on Mtn. Dulcimers for Beginners</li> <li>10am-4pm Open Cards</li> <li>12:15pm-4pm Duplicate Bridge</li> <li>12:30pm Chicken Foot Dominoes</li> </ul>			
<b>13</b> 8am-4pm Pool/Billiards 9am Line Dancing 9:30am Beading Class 9:30am Table Tennis 10am-4pm Open Cards 10:15am Advanced Tai Chi 12:15pm-4pm Duplicate Bridge <u>1:00pm Bingo</u> 1:00pm Pitch/Setback 1:00 Mahjong	<ul> <li>14 8am-4pm Pool/Billiards 8am Stretch Class</li> <li>9am Low Impact Aerobics</li> <li>9:30am Grief Support</li> <li>10:30am Thursday Talk - Legal</li> <li>10am -4pm Open Cards</li> <li>10:15am Tai Chi</li> <li>12:15pm-4pm Duplicate Bridge</li> <li>1pm Acoustic Jammers</li> <li>1:30pm Coffee &amp; Conversation</li> <li>6:30pm Dance</li> </ul>	<b>15</b> 8am-4pm Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 12:30pm-4pm Chicken Foot Dominoes			
<b>20</b> 8am-4pm Pool/Billiards 9am Line Dancing 9:30am Beading Class 9:30am Table Tennis 10am-4pm Open Cards 10:15am Advanced Tai Chi <b>11am Workshop Wed. Balance</b> 12:15pm-4pm Duplicate Bridge 1:00pm Pitch/Setback 1:00 Mahjong	21 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30am Grief Support 10:15am Tai Chi 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Acoustic Jammers 1:30pm Coffee & Conversation 2pm Ice Cream Social 5:30pm Dance Lessons	<b>22</b> 8am-4pm Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 12:30pm-4pm Chicken Foot Dominoes			
<b>27</b> 8am-4pm Pool/Billiards 9am Line Dancing 9:30am Beading Class 9:30am Table Tennis 10am-4pm Open Cards 10:15am Advanced Tai Chi 12:15pm-4pm Duplicate Bridge <u>1:00pm Bingo</u> 1:00pm Pitch/Setback & Mahjong	<b>28</b> 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30am Grief Support 10:15am Tai Chi 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Acoustic Jammers 1:30pm Coffee & Conversation 2pm High Tea	<b>29</b> 8am-4pm Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 12:30pm-4pm Chicken Foot Dominoes			

#### Silk Dollie Pins Classes at the Nix!!!



Unique fun boho doll pins are made from layered fabric (silk and cotton) that is embellished with hand sewn beads. The beaded hair springs from a head made of a large Rudraksha seed from India. Have fun making your own one-of-a-kind doll in your choice of colors.

4 week class, every Wednesday in April, 9:30 - noon

Instruction is FREE. Kits will be available for a fee of \$10 each, and include 5 coordinating fabrics, Pellon interfacing, ultrasuede backing fabric, plastic stiffener, a Rudraksha seed, pattern, and a pin back. Instructor will also provide multiple colors of sewing thread.

Students will provide their own seed beads, accent beads, beading thread and glue.

Please call Diana for information and to register: 850-434-9261



#### First Thursday of the month 10:00 a.m.

#### COFFEE WITH A COP Tuesday, April 12th 9 a.m.







Join the Nix Golfers on Tuesdays at Quail Creek Golf Course. Sign in is at 7:15. Call Bob Mull at 251-990-9958 or Quail Creek for more information.



Golf Course 19841 Quail Creek Dr. 251-990-0240



**Recipe Round Up One Bowl Yeast Bread** Mary Jane V.

4 Tbl shortening 4-6 cups all-purpose flour 2/3 cups instant powdered milk 4 Tbl instant potato flakes 2 cups hot tap water 2 tsp salt 1/2 cup sugar 2 pkg. yeast

Mix 3 cups flour, milk, potato, salt, sugar, yeast in a large bowl. Add the shortening, then hot water. Mix well. Gradually add more flour, until stiff, and leaves side of the bowl and follows the spoon. (Wooden spoon is best) Turn the dough out onto a floured board, scraping the bowl well and knead until smooth and elastic. Grease the bowl. Place the dough upside down, turn over to grease all sides of the dough. Cover with a cloth and place in a warm area to rise double in size. After it has risen, form into desired shape, let rise again and double in size. Makes two large loaves. Bake at 350 for 20 minutes or until golden brown.

# **Comedy Corner**

What was the radioactive older adult's super power? Gramma rays.

Why don't they play poker in the jungle? Too many cheetahs

# **April Birthdays** 1 Lynn W., Mike M., Sharon C. 2 Tim D. 3 Carolyn K. 4 Bill H, Cece S., Harry K., Howard H., Sandra W. 6 Brian D., Dolores T., Joyce H. 7 Lenore Q. 8 Deborah M., Jane W., Joan C., Sharon C. 9 Anne H., Sara M. 10 Carolyn K., Linda M., Sharon C. 11 Aileen B., Diane W., Donna D., Judy L. 12 Toni A. 16 Bob M., Laurel H., Linda L., Susan W. 17 Bill F., Kathy P. 18 Barbara W., Dale V. 19 Pamela C., Pat S., Valerie M. 21 Elliot L., Rosemary M. 22 Augusta J., Richard C., Sandra H. 23 Catherine D., Frank W., Ileen G., Valerie T. 24 Bill D. 25 Linda B. 26 Carl A., Ginger F., Jerry L., Kathy W. 27 Emily B., Sharon B. 28 Debbie D., Mark L., Rick G., Sharon L. 29 Norine M., Pat Owen 30 Lisa T., Nancy W.

## James P. Nix Center Senior Savings Program

Bill-E's	Bouch's Cigars	Cafe 98	The Cat's Meow
10% off menu items	10% discount on regular	10% off	10% discount on regular
10% off mena terns	price merchandise	1070 011	price merchandise
19992 Hwy 181	77 S. Section St.	901 Fairhope Ave.	395 Fairhope Ave.
251-281-2663	251-517-9526	251-517-7703	251-990-0061
Fairhope Fly Fishing	Eastern Shore Glass	El Mexicana	Fairhope Pharmacy
10% off regular price	10% off material only	10% off MonThurs.	10% off Christmas and
			Gifts
14 S. Church St.	22886 US 98	251-929-7827	398 Fairhope Ave.
251-680-3745	251-928-5108	195 Baldwin Square	251-928-8822
Mr. Conola Doone	Homestead Village	_ <u></u>	Lubuine
Mr. Gene's Beans	Wellness Center	Honey Baked Ham	Julwins
10% off Coffee	\$50 enrollment fee waived	10% off lunch	10% off
302 De La Mare Ave.	924 Plantation Blvd.	426 Fairhope Ave.	411 Fairhope Ave.
251-928-6915	251-929-0250	251-928-7262	251-990-9372
Luona Chava			
Lyons Share	M & F Casuals	Monogram Mercantile	Old Tyme Feed
20% off framing	Free gift with purchase	10% off monogram	10% off plants
330 De La Mare Ave.	380 Fairhope Ave.		19580 S. Greeno Rd.
928-2507	251-928-5564	251-510-0696 555 S. Section St.	251-928-1156
		555 5. Section 5t.	
Panini Pete's	Peaches-n-Clean	Private Gallery	Rita's Italian Ice
10% off order	10% off Carpet Cleaning	10% off regular price	10% off
		merchandise	
42 S Section St.	8602 Athlete Dr., Daphne	218 Fairhope Ave.	420 Eastern Shore Shop. Ctr
251-929-0122	251-621-0066	251-990-4555	251-517-7472
Sandra's Place	Southern Veranda	Stowe's Jewelers	Subway Sandwiches
10% discount	10% off	10% discount	10% off order
Best Chicken Salad, Period!			
218 Fairhope Ave.	105 N. Bancroft St.	393 Fairhope Ave.	80 Plantation Pointe
251-990-3344	251-928-4433	251-928-5349	251-928-0603

Present Nix Center membership card prior to purchase or order. Please thank our donors for their support.