James P. Nix Center City of Fairhope Adult Recreation Center 1 Bayou Dr., Fairhope, AL , 251-928-2835 February 2022

The City of Fairhope 251-928-2136 Public Works/ Utilities 251-928-8003 Police Department 251-928-2385 Recreation Ctr/ Pool 251-928-7270 Quail Creek Golf 251-990-0240

James P. Nix Center Senior Services Mgr. Kim Ryland Senior Services Ass't. Angie Dennis Rental Coordinator Mims Ebelhar Staff Margie Smitherman Sonya Reed Peggy Hall











The Nix Has Something for Everyone!

Bead Embroidery - New Zulu Necklace/Bracelet Class - Wednesdays in February Call Diana at 850-434-9261 for more information.

Bowling for Nix Members - If you would like to join a bowling group with other Nix members, there will be an organizational meeting on February 17 @ 11:30 at the Nix.

Bridge for Beginners/Refresher Class -Tuesdays from 10:00-12:00 10 weeks beginning February 15, 2022. There is a \$10 supply fee. Call or stop by the front desk to register.

Coping Conversations - Thursdays at 9:30. A grief support group facilitated by Covenant Care. Contact Joe at 251-626-5255 for more information.

Cribbage - If you are interested, contact Pepper 225-892-6452. Mondays at 1:00.

Intermediate Duplicate Bridge players meet on Tuesdays at 12:15. Partnership for single players. Call Janet 251-284-8306 for more information.

Potluck is Back!! Join us Monday, February 7 at 11:00. \$3 per person (\$1 per person if you bring a side). Sign up at the front desk.

Tai Chi, a member led class, meets Thursdays at 10:15. Contact Michael 520-678-4174 for more information.



| Daphne Public Library (251) 289-9478 | Monday | 9:30a – 1p | Starts Jan. 31 st |
|---|--------------------------|---------------|------------------------------|
| Bay Minette Senior Center (251) 289-1391 | Tuesday | 9:45a – 1:45p | Starts Feb. 1 st |
| Spanish Fort Goodwill [®] NO WALK-INS | 2/28, 3/28, 4/11 ONLY | | |
| Spanish Fort Public Library* (251) 289-1391 | Wednesday | 9:30a – 1p | Starts Jan. 26 th |
| Fairhope Satellite Courthouse (251) 317 1877 | Tues, Wed, Thurs | 8a – Noon | Starts Feb. 1 st |
| Robertsdale BC Council on Aging (251) 937-9561 | Tues, Thurs | 9a – Noon | Starts Feb. 1 st |
| Orange Beach Senior Center (251) 981-3440 | Tuesday, Friday | 9a – 1p | Starts Feb. 1 st |



Although not an African Zulu technique, this style was inspired by that traditional beadwork. The developer, Ina Hascher, has honored the tribe by naming her technique after its inspiration. Individual rings of seed beads, gemstones, crystals, shell, chips, etc encapsulate cording to create a rich texture and color variation. The ends are tubular peyote stitch, to which is attached a bead-strung strap to circle the neck.

Date: Every Wednesday in February Time: 9:30-noon
OPEN TO ALL.....NO BEADING EXPERIENCE NECESSARY

No instruction fee, but students must provide their own materials and supplies of beads, needles, thread. See photos for examples of types of beads. Cording may be purchased from instructor for \$1.

For information and to register, please call instructor: Diana Yum-Bucher 850-434-9261



JAMES P. NIX SENIOR CENTER Monday

Tuesday

| Thank You to Our Sponsors | | 1 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre |
|--|---|---|
| Atlantes Financial Advisor Corp John Brandon The Brennity Covenant Care | 8am-4pm Pool/Billiards 9am-10am Stretch & Tone 10am-4pm Open Cards 11am Potluck 12pm Wood Carving 12:15pm-4pm Duplicate 1pm Cribbage 1pm Mahjong | 8 8am-4pm Pool/Billiards 8 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 9am Coffee with a Cop 10am-4pm Open Cards 10:30am Tuesday Talk "The Brain in Love" 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre |
| Community Hospice Gardens of Daphne Assisted Living Lickin' Good Donuts Springhill Home Health | 14 8am-4pm Pool/Billiards 9am-10am Stretch & Tone 10am-4pm Open Cards 10:30am Matinee Monday 12pm Wood Carving 12:15pm-4pm Duplicate Bridge 1pm Cribbage 1pm Mahjong | 15 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 10am Bridge Lessons 10:30am Tuesday Talk Jerry Taylor Law 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre |
| & Hospice Wolfe-Bayview Funeral Home & Crematory, Inc Your Choice Senior Care | 21 8am-4pm Pool/Billiards 9am-10am Stretch & Tone 10am-4pm Open Cards 11am Eat and Greet 12pm Wood Carving 12:15pm-4pm Duplicate Bridge 1pm Cribbage 1pm Mahjong | 22 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9am Joyful Jammers 9:30am Senior Stitchers 10am Bridge Lessons 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Frank Walsh Bridge 1pm Euchre |
| | 28 8am-4pm Pool/Billiards 9am-10am Stretch & Tone 10am-4pm Open Cards 1pm Movie Monday 12pm Wood Carving 12:15pm-4pm Duplicate 1pm Cribbage 1pm Mahjong | |

Wednesday

February 2022 Thursday

Eriday

| Wednesday | Thursday | Friday |
|---|--|--|
| 8am-4pm Pool/Billiards 9am Line Dancing 9:30am Beaders 9:30am Table Tennis 10am-4pm Open Cards 10:30am Birthday Bash 12:15pm-4pm Duplicate Bridge 2:00pm Pitch/Setback | 3 8am-4pm Pool/Billiards 8am Stretch Class 8:30am Blood Pressure Check 9am Low Impact Aerobics 9:30am Grief Support 10:15am Tai Chi 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Acoustic Jammers 1:30pm Coffee & Conversation 5:30pm Ballroom Dance Lessons | 4 8am-4pm Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 12:30pm-4pm Chicken Foot Dominoes |
| 9 8am-4pm Pool/Billiards 9am Line Dancing 9:30am Beaders 9:30am Table Tennis 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Bingo 2:00pm Pitch/Setback | 10 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30am Grief Support 10am-4pm Open Cards 10:15am Tai Chi 12:15pm-4pm Duplicate Bridge 1pm Acoustic Jammers 1:30pm Coffee & Conversation 6:30pm-9:30pm Dance 5:30pm Ballroom Dance Lessons | 11 8am-4pm Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 12:30pm Chicken Foot Dominoes |
| 16 8am-4pm Pool/Billiards 9am Line Dancing 9:30am Beaders 9:30am Table Tennis 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 2:00pm Pitch/Setback | 17 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30am Grief Support 10am -4pm Open Cards 10:15am Tai Chi 12:15pm-4pm Duplicate Bridge 1pm Acoustic Jammers 1:30pm Coffee & Conversation 2pm Ice Cream Social 5:30pm Ballroom Dance Lessons | 18 8am-4pm Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 12:30pm-4pm Chicken Foot Dominoes |
| 23 8am-4pm Pool/Billiards 9am Line Dancing 9:30am Beaders 9:30am Table Tennis 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge <u>1:00pm Bingo</u> 2:00pm Pitch/Setback | 24 8am-4pm Pool/Billiards 8am Stretch Class 9am Low Impact Aerobics 9:30am Grief Support 10:15am Tai Chi 10am-4pm Open Cards 12:15pm-4pm Duplicate Bridge 1pm Acoustic Jammers 1:30pm Coffee & Conversation 5:30pm Ballroom Dance Lessons | 25 8am-4pm Pool/ Billiards 9am Zumba Gold 9am Jam'n Folks on Mtn. Dulcimers for Beginners 10am-4pm Open Cards 10am Getting Crafty with Vickie! \$23 per person 12:15pm-4pm Duplicate Bridge 12:30pm-4pm Chicken Foot Dominoes |
| | | |



Volunteer Spotlight



Michael Bragg teaches Tai Chi at the Nix Center. He is a retired high school math teacher and is also retired from the army. Michael and his wife, Eugenia, have lived in Fairhope for the last 10 years. Prior to moving here, he lived in Sierra Vista, Arizona, and throughout the United States. He enjoys Tai Chi, reading, woodworking, gardening , and languages. Join the Nix Golfers on Tuesdays at Quail Creek Golf Course. Sign in is at 7:15. Call Bob Mull at 251-990-9958 or Quail Creek for more information.



251-990-0240

Recipe Round Up

Shortcut Stroganoff

Virginia M. Prep time 5 minutes; Cook time 30 minutes. Serves 4.

Ingredients 1 lb Boneless Beef Sirloin Steak (3/4" thick) 1 tbs. vegetable oil 1 can mushroom soup 1 can beef broth (10 1/2oz) 1 cup water 2 tsp. Worcestershire sauce 3 cups uncooked corkscrew pasta

1/2 cup sour cream

How to cook

Slice beef into thin strips. In a skillet, heat oil, add beef and cook until brown and juice evaporates, stirring often. Add soup, broth, water, and Worcestershire and heat to a boil. Stir in pasta and reduce to medium. Cook 15 minutes or until pasta is done, stirring often. Stir in sour cream. Heat through.



Comedy CornerWhat do you call a snake wearing a hard hat?
A boa constructor.A boa constructor.What did the football coach say to the broken vending
machine?Give me my quarterback.

Blood Pressure Check



DONUTS

rn Shore Shopping airhope, AL 36532

February Birthdays

1 Dona C., Jacquelynn F., Pud N., Susan W. 2 Paula W. 3 Mary Jane V. 4 Clint L., Jimmie W., Kathleen P. 5 Trudy G. 6 Edward D., Jane O. 7 Gretchen C., Nina L., Sam N. 9 John S., Larry B., Sylvia M. 10 Darrell B., Lynn E., Sue D. 11 Blanche K., 12 Betty S., Buddy Z., Carol K., Diane S., Howard J., Lori S. 13 Arlene D., C.J. W., Sandra B., 14 Jerald H., Lynn S., Robin V. 15 Debbie W., Frances A., Frank P., Robert R., Susan D. 16 Ann A., Tom S. 17 Lynn W., 19 Emily R., Sally M., Susan B., William I. 20 Bonnie M., Diana Y., Karen B. 21 Becky M., Ginger M. 22 Allison W., Michael B. 23 Gisela K. 24 Betty D. 26 Betty C. 27 Barbara B., Karen N.

James P. Nix Center Senior Savings Program

| Bill-E's | Bouch's Cigara | Cafe 98 | The Cat's Meow |
|-----------------------------|--|-----------------------|-----------------------------|
| 10% off menu items | Bouch's Cigars 10% discount on regular | 10% off | 10% discount on regular |
| 10% off mend items | price merchandise | | price merchandise |
| 19992 Hwy 181 | 77 S. Section St. | 901 Fairhope Ave. | 395 Fairhope Ave. |
| 251-281-2663 | 251-517-9526 | 251-517-7703 | 251-990-0061 |
| | 231 317 3320 | | |
| Fairhope Fly Fishing | Eastern Shore Glass | El Mexicana | Fairhope Pharmacy |
| 10% off regular price | 10% off material only | 10% off MonThurs. | 10% off Christmas and |
| | | | Gifts |
| 14 S. Church St. | 22886 US 98 | 251-929-7827 | 398 Fairhope Ave. |
| 251-680-3745 | 251-928-5108 | 195 Baldwin Square | 251-928-8822 |
| Mr. Conolo Dooro | Homostond Villago | | Lubuing |
| Mr. Gene's Beans | Homestead Village Wellness Center | Honey Baked Ham | Julwins |
| 10% off Coffee | \$50 enrollment fee waived | 10% off lunch | 10% off |
| 302 De La Mare Ave. | 924 Plantation Blvd. | 426 Fairhope Ave. | 411 Fairhope Ave. |
| 251-928-6915 | 251-929-0250 | 251-928-7262 | 251-990-9372 |
| | | | |
| Lyons Share | M & F Casuals | Monogram Mercantile | Old Tyme Feed |
| 20% off framing | Free gift with purchase | 10% off monogram | 10% off plants |
| 330 De La Mare Ave. | 380 Fairhope Ave. | 251-510-0696 | 19580 S. Greeno Rd. |
| 928-2507 | 251-928-5564 | 555 S. Section St. | 251-928-1156 |
| | | | |
| Panini Pete's | Peaches-n-Clean | Private Gallery | Rita's Italian Ice |
| 10% off order | 10% off Carpet Cleaning | 10% off regular price | 10% off |
| | | merchandise | |
| 42 S Section St. | 8602 Athlete Dr., Daphne | 218 Fairhope Ave. | 420 Eastern Shore Shop. Ctr |
| 251-929-0122 | 251-621-0066 | 251-990-4555 | 251-517-7472 |
| Sandra's Place | Southern Veranda | Stowe's Jewelers | Subway Sandwiches |
| 10% discount | 10% off | 10% discount | 10% off order |
| Best Chicken Salad, Period! | | | |
| 218 Fairhope Ave. | 105 N. Bancroft St. | 393 Fairhope Ave. | 80 Plantation Pointe |
| 251-990-3344 | 251-928-4433 | 251-928-5349 | 251-928-0603 |

Present Nix Center membership card prior to purchase or order. Please thank our donors for their support.