



























Group Fitness Schedule – September 2021 (subject to change) changes

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 & 6:30 AM	 5:30 AM Spinning (Trish)	 6:30 AM Water Aerobics (Trish)	 5:30 AM Spinning (Trish)	 6:30 AM Water Aerobics (Trish)	 5:30 AM Spinning (Trish)
7:00 AM	Yoga Moving to Friday	There will be NO classes on LABOR DAY Monday, Sept. 6th	 7:00 AM Yoga (Leslie)		7:00 AM Yoga (Leslie)
8:00 AM	 8:00 AM Tone to Stone (Jahane) -----  8:00 AM Spinning (Phil)	 8:00 AM Zumba (Jessie) -----  **8:00 AM Spinning (Annette)	 8:00 AM Tone to Stone (Jahane) -----  8:00 AM Spinning (Leslie)	 8:00 AM Zumba (Jessie) -----  **8:00 AM Spinning (Annette)	 8:00 AM Tone to Stone (Jahane) -----  8:00-AM Spinning (Leslie)
9:00 AM	 9:00 AM Water Aerobics (Phil)	9:00 AM Barre Class (Annette) Indoor Track	 9:00 AM Water Aerobics (Leslie)	9:00 AM Barre Class (Annette) Indoor Track	 9:00 AM Water Aerobics (Leslie)
10:00 AM		**10:00 AM Spin moved to 8:00 AM -----  10:00 AM Pilates (Sue Ann)	 Yoga 10:30 am (Leslie)	**10:00 AM Spin moved to 8:00 AM -----  10:00 AM Pilates (Sue Ann)	 Yoga 10:30 am (Leslie)
5:30 PM	 5:30 PM Yoga Leslie	Basketball courts are open for play during unscheduled class times – check with the front desk			
	Pickleball Starting Aug 11th - 9 to 12	Pickleball Starting Aug 11 th - 10 to 1	Pickleball Starting Aug 11 th - 9 to 12	Pickleball Starting Aug 11 th – 10 to 1	Pickleball Starting Aug 11 th - 9 to 12

We are taking extra precautions cleaning and disinfecting the facility for your safety. We ask that our members are mindful and considerate of others by helping us maintain cleanliness.

Fairhope Recreation Center
251/928-7270
803 N. Greeno Rd., Fairhope, AL 36532
Class Coordinator Juana Murray

The Recreation Center is a community center. We welcome all those who wish to use this facility.