
















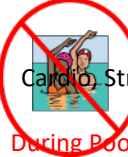
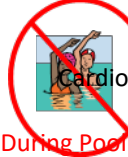
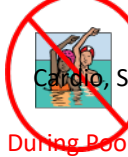








Group Fitness Schedule –February 2021 (subject to change) New Class or changes

Time	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 AM & 6:30 AM	 5:30 AM Spinning (Trish)	 NO During Pool Closing 6:30 AM Low-impact Aerobics (Trish)	 5:30 AM Spinning (Trish)	 NO During Pool Closing 6:30 AM Low-impact Aerobics (Trish)	 5:30 AM Spinning (Trish)
7:00 AM	 7:00 AM Yoga (Leslie)		 7:00 AM Yoga (Leslie)		
8:00 AM	 8:00 AM Tone to Stone (Jahane) -----  8:00 AM Spinning (Leslie)	 8:00 AM Spin (Annette) -----  TBD...8:00 AM Zumba (Jessie)	 8:00 AM Tone to Stone (Jahane) -----  8:00 AM Spinning (Leslie)	 8:00 AM Spin (Annette) -----  TBD...8:00 AM Zumba (Jessie)	 8:00 AM Tone to Stone (Jahane) -----  8:00 AM Spinning (Leslie)
9:00 AM & 9:15 AM	 NO During Pool Closing 9:15-9:45 AM Cardio, Strength & Stretch (Leslie)	9:00 AM Barre Class (Annette) Indoor Track	 NO During Pool Closing 9:15 AM Cardio, Strength & Stretch (Leslie)	9:00 AM Barre Class (Annette) Indoor Track	 NO During Pool Closing 9:15 AM Cardio, Strength & Stretch (Leslie)
10:00 AM		 10:00 AM Pilates (Sue Ann)	 Yoga 10:30 am (Leslie)	 10:00 AM Pilates (Sue Ann)	 Yoga 10:30 am (Leslie)
5:30 PM	 5:30 PM Yoga Leslie				
	Pickleball 9:00-12	Pickleball 12:00 – 3:00	Pickleball 9:00-12	Pickleball 12:00 – 3:00	Pickleball 9:00-12

We are taking extra precautions cleaning and disinfecting the facility for your safety. We ask that our members are mindful and considerate of others by helping us maintain cleanliness.

Fairhope Recreation Center
251/928-7270
803 N. Greeno Rd., Fairhope, AL 36532
Class Coordinator Juana Murray

Thank you for your understanding and cooperation during this uncertain time. We will be reviewing and updating classes as restrictions change.