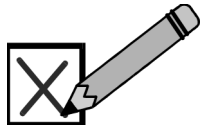


If you would like to receive your newsletter electronically, just stop by the front desk or phone us at (251) 928-2835 with your e-mail address.

MARK YOUR CALENDAR



July 1 - Pot Luck Lunch; Noon

Sponsored by Brennity at Fairhope
Sign up at the front desk.

July 3 — BIRTHDAY BASH; 10:30 AM

Celebrate your Birthday with the Nix Center.
Enjoy Birthday Cake, Ice Cream, Games and Prizes!!
Bring a friend to celebrate with you!
Sponsored by Atlantes Financial Advisors,
& Wolfe-Bayview Funeral Home, Westminster Village
irement Community



Re-

July 4 - Nix Center Closed for Independence Day!

July 9 — COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with the Fairhope P.D.
Sponsored by Lickin' Good Donuts!
Open to the public.

July 10 - Lunch Trip; 10:45-12:30

July 10 - To Your Health, 10 a.m. See Page 5

Topic: Achieving Health & Wellness
Speaker: Don Bivins, MD

July 10 - BYO Bingo 1 p.m.

July 11 — Tea Time 2pm See Page 4

Topic: Tracing your family tree
Speaker: Pam McRae

July 17 - Lunch & Learn; 11 a.m. See Page 4

Topic: Cancer Screening / DNA Testing
Instructor: Phyllis Terry
Sponsored by: Country Place Senior Living

July 18 — ICE CREAM SOCIAL; 2 p.m.

Join us for Ice Cream, friends and door prizes!
Sponsored by: Community Hospice

July 24 — BINGO; 1 p.m.

Play 10 Games of Bingo at the Nix Center!! Cost is \$1 for 3 cards. Refreshments served and prizes after each game!
Sponsored By: Kindred Home Health & Hospice

June 28 - Financial Friday - 10 a.m.

Topic: Financial Exploitation of Seniors
Instructor: Jacqueline Pritchett / Wood Forrest Bank



Happy 4th of July

FAIRHOPE CABARET

PRESENTED BY THE
JAMES P. NIX CENTER

2nd and 4th Thursday

7:00 p.m. - 10:00 p.m.

\$5 Members

\$9 Non Members

THANK YOU
DANCE
VOLUNTEERS

Louise Eckman • Dolly Guy
Fran Hocquard • Betty Williamson

July 11
Exit 105

"Country Western"

July 25
Front Stage Band

What's Happening around Town?

July 4th

The Baldwin Pops will perform
before the Fireworks on the Bluff.
The music begins at 7:00 pm
Fireworks at 9:00 pm

First Friday Art Walk

July 5, 6-8 pm

Enjoy the arts and more in
downtown Fairhope on Friday,
Start your evening at the Eastern
Shore Art Center and then shop,
dine and stroll through Fairhope.

James P. Nix Center Daily Activities for July

MONDAY

- 8:00-4:00 Pool/Billiards for men & women
9:00-10:00 Tone & Stretch with Joni
12:00-1:00 **Pot Luck Lunch—Sign-up requested (July 1)**
12:30-4:00 Eastern Shore Duplicate Bridge Club \$3.00 per game.
For more information, call Art Meyers at 626-5109.
www.easternshorebridgeclub.com
- 1:00-4:00 Open Cards, Mahjong
1:30-4:00 Hand, Foot & Knee

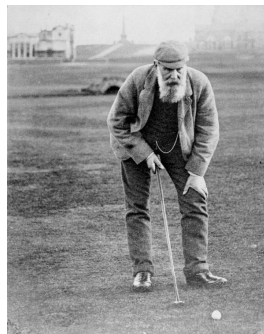


TUESDAY

- 8:00 Golf - Nix Center Mixed Scramble at Quail Creek Reservations required, fee to play is \$3.
If you would like to play, call Bob Mull at 990-9958.
- 8:00-9:00 Helen McKee Senior Stretch Class
8:00-4:00 Pool/Billiards for men & women
9:00-10:00 **Coffee with a Cop (July 9)**
9:00-10:00 Low Impact Aerobic Class
9:00-12:00 Jam N' Folks Music Group - Audiences always appreciated!
12:30-4:00 Open Cards, Hand & Foot, Party Bridge, Scrabble, Cribbage, etc.
(Must bring your own foursome.)
299 Duplicate Bridge For more information, contact Janet Anderson at 251-990-5114.

WEDNESDAY

- 8:00-4:00 Pool/Billiards for men & women
9:00-10:00 **LINE DANCING.** No Reservation required; \$5 fee is required.
10:00-11:00 **TO YOUR HEALTH (July 10)**
10:30-11:30 **BIRTHDAY BASH (July 3)** Sponsored by **Atlantes Financial Advisors, & Wolfe-Bayview Funeral Home.**
- 10:45 **LUNCH TRIP ON THE BUS (July 10)**
Ride the Nix Center bus to Lunch somewhere on the Eastern Shore!
- 11:00-12:00 **LUNCH & LEARN - \$2 per person (July 17)**
12:30-4:00 Open Cards, Mahjong, and Other Games.
(Must Bring your own foursome).
- 12:30-4:00 Eastern Shore Duplicate Bridge Club \$3 per game.
For information, call Art Meyers at 626-5109. www.easternshorebridgeclub.com
- 1:00-3:00 **Bring Your Own Bingo (July 10)** Sponsored by **Senior Care Authority**
1:00-3:00 **Bingo (July 24)**
1:30-4:00 Hand, Foot & Knee



Golf Anyone?

The Nix Golfers play every Tuesday at 8:00 am in a fun-filled 18 hole scramble at Quail Creek. Cost is \$3 + Green & Cart fee. For more details and to sign up, contact Bob Mull @ 990-9958 or missmary6@bellsouth.net

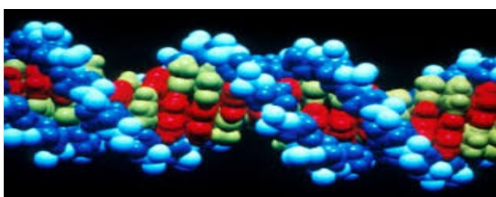
THURSDAY

- 8:00-9:00 Helen McKee Senior Stretch Class
8:00-4:00 Pool/Billiards for men & women
9:00-10:00 Low Impact Aerobic Class
9:30-10:30 Grief Support
12:30- 4:00 Open Cards & Other Games (Must bring your own foursome)
12:30- 4:00 Eastern Shore Duplicate Bridge Club \$3 per game.
For information call Art Meyers at 626-5109.
www.easternshorebridgeclub.com
- 1:00-3:00 **Jam Session** - Musical Nix Members! Bring your guitar or whatever and come on into the Nix library for some open jammin'!
- 1:30-3:30 **COFFEE & CONVERSATION**. Come and join in on an afternoon of fellowship and stimulating conversation. All are welcome to add their own information or opinions and to listen to those of others.
- 2:00-3:00 **TEA TIME**—Assorted Topics (**July 11**)
2:00-3:00 **ICE CREAM SOCIAL (July 18)**
Join us for Ice Cream, friends and door prizes!
Sponsored by **St. Joseph Hospice & The Brennity at Daphne**
- 7:00-10:00 **FAIRHOPE CABARET DANCES (July 11, 25)**
(see information on page 2)



FRIDAY

- 8:00-4:00 Pool/Billiards for men & women
9:00-10:00 **GOLD ZUMBA** with Joni (**July 5, 12, 19, 26**)
10:00-11:00 **FINANCIAL FRIDAY (July 26)**
12:30-4:00 Eastern Shore Duplicate Bridge Club \$3 per game.
For information, call Art Meyers at 626-5109. www.easternshorebridgeclub.com
- 12:30-4:00 Open Cards
12:30-4:00 Mexican Dominos



Lunch and Learn

Wednesday July 17, 11:00

Phyllis Terry with Care Connect Consulting will be here to present the latest innovation in cancer screening; DNA testing. Learn how your DNA may hold the secret to your risk for certain strains of cancer. Cost of lunch is \$2 per person.

Please call (251) 928-2835 to RSVP

Lunch and Learn is sponsored monthly by
Country Place Senior Living



Tea at Two

Thursday July 11, 2:00

Pam McRae will be here to present an introduction to genealogy. Learn how to trace your family tree with
Ancestry.com

Please call (251) 928-2835 to RSVP

Define new goals for your health...
...and then exceed them



ARIIX
Independent
Representative

The James P. Nix Center
1 Bayou Drive
Fairhope, AL

• July 10, 2019
10:00 AM

• RSVP
Please call the Nix Center
Phone: 251-928-2835

"Achieving Health and Wellness...
a common sense approach"

with Don Bivins, MD

1. If my immune system is so darn important at my age, how can I boost it?
2. The lab says my A1C is high at 6.2. Should I be worried?
3. How do I calculate the ideal weight for my body size? *Really??*
4. So if you say I am overweight, what must I do to trim down?
5. I really want to prevent getting heart disease....
6. Doc, my joints just ache and ache.

dhbivins76md@outlook.com

Tel 540.557.7116

slenderiz.com/donbivins
nutrifit.com/donbivins
puritii.com/donbivins

jouveskin.com/donbivins
ariixtravel.com/donbivins
ariix.com/opportunity/donbivins

Western Dance

Presented by the James P. Nix Center
Thursday, July 11th 7 p.m.-10 p.m.



Sponsored By:



John A. Maddox D.M.D., L.L.C.
Family and Cosmetic Dentistry

Members: \$5
Guest: \$9



For more information call 251-928-2835

Donations and Dues

Just a reminder to **please** donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what we use to purchase the snacks and coffee you are served at the center everyday. Thank you for your ongoing support of the Nix Center and our programs.

Please remember that you must be a Nix Center member to participate in our exercise classes and other daily activities so please make sure that your memberships are current.

We thank you for your cooperation!



What exactly is a Cabaret dance you ask?

Cabaret style entertainment simply means guest seating is located on the dance floor – and we've got it!

Announcing the return of our Fairhope Cabaret Dances featuring monthly theme dances, our soon to be famous photo area, sponsors, and much more! Don't dance? No problem! You can still enjoy the band, mingle with old friends and

Brick Paver Program

The Nix Center has a brick paver program similar to the one in downtown Fairhope. The program is designed to honor or memorialize friends or family members by placing a 12x12 limestone paver at the entrance of the Nix Center.

The bricks can have up to six lines of text with 17 characters on each line. Each brick costs \$125 and will arrive up to three months after ordering. If you have any additional questions, stop by the front desk.



Financial Friday

Friday July 26, 10:00 am

One of the greatest crimes facing the senior community is financial exploitation.

Jacqueline Pritchett with Woodforest National Bank will be her to help us to better recognize the threat and prevent it from happening to you.

Please call (251) 9287-2835 to RSVP



**Have you moved lately?
New telephone number?
Started using E-mail?**

**Stop by the Nix Center front
desk to update your
membership information.**

The James P. Nix Senior Activity Center

Location

One Bayou Drive
Fairhope, Alabama 36532
(251) 928-2835
Fax: (251) 990-0207

Hours

8:00 a.m. - 5:00 p.m.
Monday - Friday

Website

www.cofairhope.com

Email

Jim.bates@fairhopeal.gov

Nix Center Team

Jim Bates
Manager

Misty Brown
Event Coordinator

Angie Dennis
Rental Coordinator

Sonya Reed
Member Services

Josh Graham
Maintenance

Carla Morgan
Front Desk

Georgia Thomas
Driver

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