



## Men's Health Month

Wednesday June 12, 10:00 am

In honor of Men's Health Month,

the James P Nix Center is partnering with

Thomas Hospital to bring you the ICC cancer screening bus and

Dr. John Russell, radiation oncologist.

The ICC bus will be conducting FREE PSA screenings and giving away colorectal home screening kits.

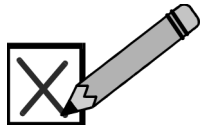
Dr. John Russell will be discussing the latest treatments in prostate cancer.

Please call (251) 928-2835 to RSVP for Dr. Russell's discussion



**If you would like to receive your newsletter electronically, just stop by the front desk or phone us at (251) 928-2835 with your e-mail address.**

## MARK YOUR CALENDAR



### June 3 - Pot Luck Lunch; Noon

Sponsored by **Brennity at Fairhope**  
Sign up at the front desk.

### June 5 — BIRTHDAY BASH; 10:30 AM

Celebrate your Birthday with the Nix Center.  
Enjoy Birthday Cake, Ice Cream, Games and Prizes!!  
Bring a friend to celebrate with you!  
Sponsored by **Atlantes Financial Advisors,**  
**& Wolfe-Bayview Funeral Home, Westminster Village Retirement Community**



### June 11 — COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with the Fairhope P.D.  
**Sponsored by Lickin' Good Donuts!**  
**Open to the public.**

### June 12 - Lunch Trip; 10:45-12:30

### June 12 - To Your Health, 10 a.m.

Topic: ICC Cancer Screening Bus  
Speaker: Dr. John Russell  
**Sponsored by Thomas Hospital**

### June 12 - BYO Bingo 1 p.m.

### June 13 —Tea Time 2pm

Topic: Sailing in Mobile Bay  
Speaker: Gary Gover

### June 16 - Fathers Day

### June 19 - Lunch & Learn; 11 a.m.

Topic: Protecting the Mobile Delta - see pg. 4  
Instructor: Weeks Bay Reserve  
Sponsored by: **Country Place Senior Living**

### June 20 — ICE CREAM SOCIAL; 2 p.m.

Join us for Ice Cream, friends and door prizes!  
Sponsored by: **Community Hospice**

### June 26 — BINGO; 1 p.m.

Play 10 Games of Bingo at the Nix Center!! Cost is \$1 for 3 cards. Refreshments served and prizes after each game!  
Sponsored By: **Kindred Home Health & Hospice**

### June 28 - Financial Friday - 10 a.m.

Topic: Reverse Mortgages - see pg. 4  
Instructor: Danny Phillips



**Don't forget  
Father's Day!  
Sunday  
June 16**



# FAIRHOPE CABARET

PRESENTED BY THE  
JAMES P. NIX CENTER

2nd and 4th Thursday

7:00 p.m. - 10:00 p.m.

\$5 Members

\$9 Non Members

THANK YOU  
DANCE  
VOLUNTEERS

Louise Eckman • Dolly Guy  
Fran Hocquard • Betty Williamson

June 13

Exit 105

**"Moth Ball"**

June 27

Front Stage Band

## What's Happening around Town?

### First Friday Art Walk

June 7, 6-8 pm

Enjoy the arts and more in  
downtown Fairhope on Friday,  
Start your evening at the Eastern  
Shore Art Center and then shop,  
dine and stroll through Fairhope.

### Fairhope Outdoor Farmers Market

June 6, 13, 20 & 27

The City of Fairhope Farmer's Mar-  
ket is here! The market will be held  
on Thursday afternoons from 3-6  
p.m. behind the Fairhope Public Li-  
brary on Bancroft Street in down-  
town Fairhope.

Fresh Baldwin County produce,  
fresh cut flowers, local honey, a  
large variety of plants, baked goods  
and more!

# James P. Nix Center Daily Activities for June

## MONDAY

- 8:00-4:00 Pool/Billiards for men & women  
9:00-10:00 Tone & Stretch with Joni  
12:00-1:00 **Pot Luck Lunch—Sign-up requested (June 3)**  
12:30-4:00 Eastern Shore Duplicate Bridge Club \$3.00 per game.  
For more information, call Art Meyers at 626-5109.  
www.easternshorebridgeclub.com
- 1:00-4:00 Open Cards, Mahjong  
1:30-4:00 Hand, Foot & Knee

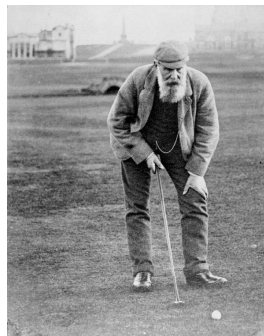


## TUESDAY

- 8:00 Golf - Nix Center Mixed Scramble at Quail Creek Reservations required, fee to play is \$3.  
If you would like to play, call Bob Mull at 990-9958.
- 8:00-9:00 Helen McKee Senior Stretch Class  
8:00-4:00 Pool/Billiards for men & women  
9:00-10:00 **Coffee with a Cop (June 11)**  
9:00-10:00 Low Impact Aerobic Class  
9:00-12:00 Jam N' Folks Music Group - Audiences always appreciated!  
12:30-4:00 Open Cards, Hand & Foot, Party Bridge, Scrabble, Cribbage, etc.  
(Must bring your own foursome.)  
299 Duplicate Bridge For more information, contact Janet Anderson at 251-990-5114.

## WEDNESDAY

- 8:00-4:00 Pool/Billiards for men & women  
9:00-10:00 **LINE DANCING.** No Reservation required; \$5 fee is required.  
10:00-11:00 **TO YOUR HEALTH (June 12)**  
10:30-11:30 **BIRTHDAY BASH (June 5)** Sponsored by **Atlantes Financial Advisors, & Wolfe-Bayview Funeral Home.**
- 10:45 **LUNCH TRIP ON THE BUS (June 12)**  
Ride the Nix Center bus to Lunch somewhere on the Eastern Shore!
- 11:00-12:00 **LUNCH & LEARN - \$2 per person (June 19)**  
12:30-4:00 Open Cards, Mahjong, and Other Games.  
(Must Bring your own foursome).  
12:30-4:00 Eastern Shore Duplicate Bridge Club \$3 per game.  
For information, call Art Meyers at 626-5109. www.easternshorebridgeclub.com
- 1:00-3:00 **Bring Your Own Bingo (June 12)** Sponsored by **Senior Care Authority**  
1:00-3:00 **Bingo (June 26)**  
1:30-4:00 Hand, Foot & Knee



### **Golf Anyone?**

**The Nix Golfers play every Tuesday at 8:00 am in a fun-filled 18 hole scramble at Quail Creek. Cost is \$3 + Green & Cart fee. For more details and to sign up, contact Bob Mull @ 990-9958 or missmary6@bellsouth.net**

## THURSDAY

- 8:00-9:00 Helen McKee Senior Stretch Class  
8:00-4:00 Pool/Billiards for men & women  
9:00-10:00 Low Impact Aerobic Class  
9:30-10:30 Grief Support  
12:30- 4:00 Open Cards & Other Games (Must bring your own foursome)  
12:30- 4:00 Eastern Shore Duplicate Bridge Club \$3 per game.  
For information call Art Meyers at 626-5109.  
[www.easternshorebridgeclub.com](http://www.easternshorebridgeclub.com)
- 1:00-3:00 **Jam Session** - Musical Nix Members! Bring your guitar or whatever and come on into the Nix library for some open jammin'!
- 1:30-3:30 **COFFEE & CONVERSATION**. Come and join in on an afternoon of fellowship and stimulating conversation. All are welcome to add their own information or opinions and to listen to those of others.
- 2:00-3:00 **TEA TIME**—Assorted Topics (**June 13**)  
2:00-3:00 **ICE CREAM SOCIAL (June 20)**  
Join us for Ice Cream, friends and door prizes!  
Sponsored by **St. Joseph Hospice & The Brennty at Daphne**
- 7:00-10:00 **FAIRHOPE CABARET DANCES (June 13, 27)**  
(see information on page 2)



## FRIDAY

- 8:00-4:00 Pool/Billiards for men & women  
9:00-10:00 **GOLD ZUMBA** with Joni (**June 7, 14, 21, 28**)  
10:00-11:00 **FINANCIAL FRIDAY (June 28)**  
12:30-4:00 Eastern Shore Duplicate Bridge Club \$3 per game.  
For information, call Art Meyers at 626-5109. [www.easternshorebridgeclub.com](http://www.easternshorebridgeclub.com)
- 12:30-4:00 Open Cards  
12:30-4:00 Mexican Dominos



### **Lunch and Learn**

**Wednesday June 19, 11:00 am**

The Weeks Bay Reserve will be on hand to explain their vital role as educators and protectors of the Mobile Delta and it's precious water ways.  
Please call (251) 928-2835 to RSVP



### **\$ Financial Friday \$**

Friday June 28 10:00 am

Reverse mortgages are gaining in popularity but are they right for you?

Join us as Danny Phillips with Southchase Mortgage explains the pros and cons of reverse mortgages.

Please call (251) 928-2835 to RSVP



## Tea at Two

Thursday June 13, 2:00 pm

Join us as Gary Gover, sailing enthusiast, shares the adventure of navigating Mobile Bay.

Please call (251) 928-2835 to RSVP

### Donations and Dues

Just a reminder to **please** donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what we use to purchase the snacks and coffee you are served at the center everyday. Thank you for your ongoing support of the Nix Center and our programs.

Please remember that you must be a Nix Center member to participate in our exercise classes and other daily activities so please make sure that your memberships are current.

*We thank you for your cooperation!*



Fairhope Cabaret  
**Moth Ball Dance**  
Presented by the James P. Nix Center

June 13, 2019  
7:00 p.m.-10:00 p.m.

\$5 Members  
\$9 Non Members

Pull out that forgotten outfit in your attic or closet and wear it to the dance.

Sponsored by:  
**Humana**

**BAND:**  
EXIT 105

For more information call  
251-928-2835

### What exactly is a Cabaret dance you ask?

Cabaret style entertainment simply means guest seating is located on the dance floor – and we've got it!

Announcing the return of our Fairhope Cabaret Dances featuring monthly theme dances, our soon to be famous photo area, sponsors, and much more! Don't dance? No problem! You can still enjoy the band, mingle with old friends and make some new ones!

### Brick Paver Program

The Nix Center has a brick paver program similar to the one in downtown Fairhope. The program is designed to honor or memorialize friends or family members by placing a 12x12 limestone paver at the entrance of the Nix Center.

The bricks can have up to six lines of text with 17 characters on each line. Each brick costs \$125 and will arrive up to three months after ordering. If you have any additional questions, stop by the front desk.

## Ray's Casino Bus

Every 3rd Wednesday

\$10 (Includes \$15 for casino play)

Call to reserve your spot @

**(251) 458-0233**

The bus leaves from the NW corner of the  
Walmart parking lot at 8:00 a.m. sharp!

## Friends of the Fairhope Museum of History

**Consider joining the Friends of the  
Fairhope Museum of History.**

**Volunteer Opportunities, Special Events and so  
much more!**

**Membership is only \$20 per year!**

## **Shepherd's Place Offers FUN Volunteerism**

Do you like to play games, dabble in the arts and help those in need? Shepherd's Place Adult Day Respite is the perfect place to volunteer your time and share your talents. Shepherd's Place is a day respite program for adults living with dementia.

We offer family members a few hours of respite from their demanding job as a 24/7 caregiver while creating a fun and loving environment for our program participants. We are open Tuesday, Wednesday and Thursday from 9:00 a.m.- 1:00 p.m. Volunteers interact with program participants, play games and have fun during their time at Shepherd's Place. Volunteer once a week, twice a month or every day... whatever fits your schedule! For more information on how to volunteer,

call **Sarah Smith at 251.270.0097** or email  
director@shepherdsplacerespite.com. Also, check out our Facebook page to see a sampling of the fun things we do!

**Have you moved lately?  
New telephone number?  
Started using E-mail?**

**Stop by the Nix Center front  
desk to update your  
membership information.**

## The James P. Nix Senior Activity Center

### Location

One Bayou Drive  
Fairhope, Alabama 36532  
**(251) 928-2835**  
**Fax: (251) 990-0207**

### Hours

8:00 a.m. - 5:00 p.m.  
Monday - Friday

### Website

[www.cofairhope.com](http://www.cofairhope.com)

### Email

[Jim.bates@fairhopeal.gov](mailto:Jim.bates@fairhopeal.gov)

### Nix Center Team

**Jim Bates**  
Manager

**Misty Brown**  
Event Coordinator

**Angie Dennis**  
Rental Coordinator

**Sonya Reed**  
Member Services

**Josh Graham**  
Maintenance

**Carla Morgan**  
Front Desk

**Georgia Thomas**  
Driver

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