

Monday, January 29 from 1 – 3 pm

The Nix Center will host a Volunteer Fair so now is the perfect time to get involved and give back to your community. Local groups are looking for all types of volunteers with many different talents to offer. Local organizations who are in need of volunteers will have booths setup with information about their group and what kind of volunteer they are looking for. You can sign up to volunteer at the fair or take home information to make sure you find the right fit. The Volunteer Fair is open to the public and admittance is free of charge. We are still seeking organizations that are interested in having a booth at the Volunteer Fair. If you would like to participate in this free fair, contact Jim Bates or Misty Brown at 251-928-2835 or email jim.bates@fairhopeal.gov misty.brown@fairhopeal.gov

If you would like to receive your newsletter electronically, just stop by the front desk or phone us at (251) 928-2835 with your e-mail address.

MARK YOUR CALENDAR

Jan. 1—Nix Center Closed

<u>Jan. 3 — BIRTHDAY BASH; 10:30 AM</u> Celebrate your Birthday with the Nix Center.

Enjoy Birthday Cake, Ice Cream, Games and Prizes!! Bring a friend to cele-

brate with you!

Sponsored by Atlantes Financial Advisors,

The Brennity at Fairhope & Wolfe-Bayview Funeral Home

Jan. 9 — COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with Chief Joe Petties as he discusses local scams and fraud you need to be aware of. Open to the public.

Jan. 10 – TO YOUR HEALTH; 10 a.m.

Topic: Medicare Questions Answered

Speaker: Norman Soren

Jan. 10—Bring Your Own Bingo; 1-3pm

\$1.00 for 3 cards, 10 games. Each player brings

One small gift for prizes!

Jan. 11 – TEA TIME; 1 p.m.
Topic: House Plants & a Healthier You!

Speaker: Karen White

Sponsored By: Covenant Care

Jan. 15—Nix Center Closed

Jan. 16—Movie Trip—11:00 a.m. See page 4.

<u>Jan. 17 — LUNCH & LEARN; 11 a.m.</u> Topic: Sarah Bumgarner

Speaker: Social Media 101

Sponsored By: Country Place Senior Living

Jan. 17—Spanish Classes Begin; 10:00-11:00 a.m.

Jan. 18 — ICE CREAM SOCIAL; 2 p.m.

Join us for Ice Cream, friends and door prizes!

Sponsored by: St. Joseph Hospice & The Brennity in Daphne

Jan. 24 — BINGO; 1 p.m.

Play 10 Games of Bingo at the Nix Center!! Cost is \$1 for 3 cards.

Refreshments served and prizes after each game! Sponsored By: Kindred Home Health & Hospice

Jan. 26—Financial Friday 10:00-11:00

Topic: Consumer Credit Counseling

Speaker: Monica Wiggins

Jan. 29—Annual Volunteer Fair 1pm-3pm

Come and explore many volunteer opportunities

from local agencies.



Nix Center Ballroom

Dances

2nd & 4th Thursday of every month at the James P. Nix Center: 7 p.m. – 10 p.m.

Costs: \$5.00 Members \$9.00 Guests

Thanks to our dance helpers Louise Eckman, Fran Hocquard, Nancy Miller and Dolly Guy.

> **January 11** Sonny Tanner

January 25 Exit 105



ACTIVITIES AROUND TOWN

First Friday Art Walk

Enjoy the arts and more in downtown Fairhope on Friday, January 5 from 6-8 p.m. Start your evening at the Eastern Shore Art Center and then shop, dine and stroll through Fairhope.

Town Hall Meeting

January 16 @ 6:30 p.m. Fairhope Public Library

City Offices Closed January 15 for

MLK Jr. Day

James P. Nix Center **Daily Activities for January**

MONDAY 8:00-4:00 9:00-10:00 10:00-11:30 12:30-4:00	Pool/Billiards for men & women Tone & Stretch with Joni Tai Chi Eastern Shore Duplicate Bridge Club \$3.00 per game. For more information, call Art Meyers at 626-5109.
1:00-4:00 1:30-4:00	www.easternshorebridgeclub.com Open Cards, Mahjong Hand, Foot & Knee
TUESDAY	
8:00	Nix Center Golf Mixed Scramble at Quail Creek
8:00-9:00	Reservations required, fee to play is \$3. If you would like to play, call Bob Mull at 990-9958. Helen McKee Senior Stretch Class
8:00-4:00	Pool/Billiards for men & women
9:00-10:00	Coffee with a Cop (January 9)
9:00-10:00 9:00-12:00	Low Impact Aerobic Class Jam N' Folks Music Group
11:00	TUESDAY MOVIE (January 16) Ride the Nix Center bus to the movie theatre in Daphne.
	Ride the Nix Center bus to the movie theatre in Daphne. Space is limited to 11 people. Participants are responsible for admission
	fee to movie and refreshments. Pre-registration is required.
12:30-4:00	Open Cards, Hand & Foot, Party Bridge, Scrabble, Cribbage, etc.
12:30-4:00	(Must bring your own foursome) 299 Duplicate Bridge For more information, contact Janet Anderson at 251-990-5114.
1:30-3:30	Bridge Lesson with Frank Walsh
WEDNESI	DAY
8:00-4:00	Pool/Billiards for men & women
9:00-10:00	LINE DANCING. No Reservation required; \$5 fee is required.
9:30-11:30	"Arts & Crafts & Chat" Bring your own craft or hobby and socialize while you do your own project.
	You do not have to bring a project— just come & chat!
10:00-11:00	Spanish Class. \$5.00 fee required.
10:00-11:00	TO YOUR HEALTH (January 10)
10:45	LUNCH TRIP ON THE BUS (January 10) Ride the Nix Center bus to Lunch on the Eastern Shore!
11:00-12:00	LUNCH & LEARN (January 17)
10:30-11:30	BIRTHDAY BASH (January 3)
	Sponsored by Atlantes Financial Advisors, The Brennity at Fairhope & Wolfe-Bayview Funeral Home.
12:30-4:00	Open Cards, Mahjong, and Other Games.
	(Must Bring your own foursome)

12:30-4:00

1:00-3:00

1:30-4:00

(Must Bring your own foursome).

Bingo (January 24) Hand, Foot & Knee

Eastern Shore Duplicate Bridge Club \$3 per game.

Bring Your Own Bingo (January 10)

Just a reminder: There will be no Pot Luck Lunch in January! Next Pot Luck will be on February 5th.

For information, call Art Meyers at 626-5109. www.easternshorebridgeclub.com

THURSDAY

8:00-9:00	Helen McKee Senior Stretch Class
8:00-4:00	Pool/Billiards for men & women
9:00-10:00	Low Impact Aerobic Class
9:00-10:00	Blood Pressure Screening with Crowley Home Care
9:30-11:30	Bridge Lessons with Frank Walsh
9:30-11:00	Spouse Grief Support Group
	(January 4, 11, 18, 25) sponsored by Covenant Care
10:30-11:30	Tai Chi
12:30- 4:00	Open Cards & Other Games (Must bring your own foursome)
12:30- 4:00	Eastern Shore Duplicate Bridge Club \$3 per game.
	For information call Art Meyers at 626-5109.
	www.easternshorebridgeclub.com
1:30-3:30	COFFEE & CONVERSATION. Come and join in on an
	afternoon of fellowship and stimulating conversation.
	All are welcome to add their own information
	or opinions and to listen to those of others.
2:00-3:00	TEA TIME (January 11)
	Sponsored By: Covenant Care
2:00-3:00	ICE CREAM SOCIAL (January 18)
	Join us for Ice Cream, friends and door prizes!
	Sponsored by St. Joseph Hospice & The Brennity at
	Daphne
7:00-10:00	FAIRHOPE'S FAMOUS DANCES (January 11 & 25)
7.00-10.00	(see information on page 2)
	(300 information on page 2)



FRIDAY

FRIDAI	
8:00-4:00	Pool/Billiards for men & women
9:00-10:00	GOLD ZUMBA with Joni (January 5, 12, 19, 26)
10:00-11:00	Financial Friday (January 26) See "Mark Your Calendar"
12:30-4:00	Eastern Shore Duplicate Bridge Club \$3 per game.
	For information, call Art Meyers at 626-5109. www.easternshorebridgeclub.com
12:30-4:00	Open Cards
12:30-4:00	Mexican Dominos



Go to the Movies with the Nix Center!

On the third Tuesday (January 16) of each month, members ride the Nix Center bus to the movie theater in Spanish Fort. Space is limited to the first 11 people who register. Movie and time to be announced closer to the movie date. Check with the Nix Center for possible changes. Participants are responsible for admission fee and refreshments. Only pre-registered participants will be guaranteed a seat on the bus.

Your Nix Center will be closed Monday January 1 for New Years and Monday January 15 for MLK Jr. Day.

Ann's Alone FREE Calling Service



The Nix Center offers a free telephone calling program called Ann's Alone and is for seniors who live alone and want someone to check in on them daily. Volunteers will be calling participants by 9 a.m. each day. You must register and provide some personal information and emergency call information. Participants are also responsible for advising callers when they will be out of town. If a volunteer does not get an answer from a participant, then their emergency contact or the police will be notified. To sign-up for the program, see the Nix Center front desk.

Brick Paver Program at the Nix Center

The Nix Center has a brick paver program similar to the one in downtown Fairhope. The program is designed to honor or memorialize friends or family members by placing a 12x12 limestone paver at the entrance of the Nix Center. The bricks can have up to six lines of text with 17 characters on each line. Each brick costs \$100 and will arrive up to three months after ordering. If you have any additional questions, stop by the front desk.

Ray's Casino Bus Every 3rd Wednesday



\$10 (Includes \$15 for casino play) Call to reserve your spot @ (251) 458-0233

The bus leaves from the NW corner of the Walmart parking lot at 8:00 a.m. sharp!



Have you moved lately? New telephone number? Started using E-mail?

Stop by the Nix Center front desk to update your membership information.



Create your own Greeting Card Class

with Emma Rose Fry from Stampin' Up
Monday February 5, 2018

3-cards; 1 valentine, 1 sympathy and 1 birthday \$15 materials fee must be paid in advance. Class size limited to 10 so sign up by January 29.

Friends of the Fairhope Museum of History

Consider joining the Friends of the Fairhope Museum of History.

Volunteer Opportunities, Special Events and so much more!

Membership is only \$20 per year!

Call 929-1471 for more info.

Donations

Just a reminder to please donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what we use to purchase the snacks and coffee you are served at the center everyday. Thank you for your ongoing support of the Nix Center and our programs.

Mark Your Calendar!

The James P. Nix Center
20th Anniversary Celebration
Sunday February 18, 2018
2-4 pm
Open to the Public
More Details on the way.

Volunteers needed for an upcoming February event!

We would like to measure your comfortable or usual walking speed and compare to normal values for a group of age and gender healthy individuals. These tests will indicate your risk of a major event, such as a fall as well as your functional level. We will have students on hand to make print outs on a large graph so participants will be better able to see what their functional level is.

This should be a very interesting study and we look forward to your participation. As soon as we have the dates, we will let you know how to sign up.

The James P. Nix Senior Activity Center

Location

One Bayou Drive Fairhope, Alabama 36532 (251) 928-2835 Fax: (251) 990-0207

Hours

8:00 a.m. - 5:00 p.m. Monday - Friday

Email

jim.bates@fairhopeal.gov

Website

www.cofairhope.com

Personnel

Fairhope
Special Events Coordinator,
Paige Crawford

Facility Manager, Jim Bates

Nix Center Team

Danon Atkinson Misty Brown Karen Beauchamp Josh Graham Carla Morgan

This publication is produced by the James P. Nix Center. Printing of this newsletter is provided by <u>Hartmann</u>, <u>Blackmon & Kilgore</u>, P.C. & <u>Homestead Village</u>.

