

# The James P. Nix Center

# September 2017

*City of Fairhope Senior Activity Center*

## 12th Annual Atlantes Financial Advisors & James P. Nix Center Health & Wealth Fair

Senior citizens and their loved ones are invited to the 12th Annual Health & Wealth Fair on Thursday, September 28, 2017 at the Nix Center in Fairhope. The event is co-sponsored by the City of

Fairhope's James P. Nix Center and Atlantes Financial Advisors. The event begins at 9 a.m. and features informational displays from area businesses and professionals in the health and financial fields, door prizes, and keynote speakers.

Participants who attend all informational booths will be eligible for a free box lunch at noon, courtesy of The Brenntity. Participants who attend the lectures from noon until 2:00 p.m. will be eligible to win door prizes, including the grand prize. You must be present to win. After visiting all of the booths, enjoy a few rounds of BINGO. Bingo games will be ongoing throughout the morning, beginning at 9:30 a.m. and winners will win cash prizes! You must visit all informational booths before playing Bingo.

### Phone Numbers

#### City of Fairhope

928-2136

James P. Nix Center

928-2835

Police Department

928-2385

Public Works/Utilities

928-8003

Recreation/Pool

990-0175

Quail Creek Golf Course

990-0240

Baldwin County Courthouse/BRATS

928-3002

To report Medicare Fraud

1-800-AGELINE

### Sponsors

#### Phone Numbers

#### Atlantes Financial Advisors Corp.

928-1616

#### Covenant Care

626-5255

#### Hartmann, Blackmon & Kilgore

928-2443

#### Homestead Village

929-0250

#### Kindred at Home

621-0882

Informational booths and health screenings will be provided from 9:00 a.m. until noon by these and other agencies: Atlantes Financial Advisors, The Brennity at Daphne & Fairhope, Alabama Hospice Care, Thomas Home Health, South Alabama Regional Planning Commission, Eastern Shore Wound Care & Hyperbaric Medicine Center, Comfort Care, Covenant Care, Fairhope Smiles, Country Place Senior Living, Kindred Hospice, Southern Care Hospice, Live Oak Village, Synergy Home Care, Bayside Orthopedic, Infirmary Health, Homestead Village, Community Services for Vision Rehab, Reflex-Oil-ogy, Council on Aging, Aseracare Hospice, Clear Captions, Seniors Blue Book, Peak Alkalinity, Veteran Benefit Project.

The Health & Wealth Fair is free and open to the public, so bring your friends!

For more information, call the Nix Center at 251.928.2835.

### Nix Center Coffee With a Cop

The Nix Center program "Coffee With a Cop" enables seniors and others to meet face to face with Chief Joseph Petties and a Fairhope Police officer to ask questions and learn about how to deal with scams, fraud, and other issues of interest. The program is held on the second Tuesday (September 12) of each month at 9 a.m. This event is open to the public, so bring your friends and neighbors! Call 928-2835 for more information.

### MARK YOUR CALENDAR

Sept. 6 - BIRTHDAY BASH; 12:00 noon

Wolfe-BayviewFuneralHome  
990-7775

Country Place Living  
929-3627

Synergy Home Care  
621-1900

The Brennity at Fairhope  
928-5555

St. Joseph Hospice  
675-7555

The Brennity at Daphne  
626-9000

### NIX CENTER BALLROOM DANCE

Dances are held the 2nd & 4th Thursday of every month at the

Nix Center from

**7:00 p.m. - 10:00 p.m.**

Costs: \$5.00 **Members**

\$9.00 **Guests**

### September 14

Two of Hearts

### September 28

Exit 105

**Split the pot drawing held at every dance!**

Thanks to our dance helpers Frankie Hyde, Louise Eckman, Fran Hocquard, Nancy Miller and Dolly Guy.

Celebrate your Birthday with the Nix Center.

Enjoy Lunch, Birthday Cake, Ice Cream, Games and Prizes!! Bring a friend to celebrate with you!

Sponsored by Atlantes Financial Advisors,  
The Brennity at Fairhope & Wolfe-Bayview Funeral Home

Sept. 7-Penny Auction; 10:30-11:30

Sponsored by LHC Group-Ailene Miller

Sept. 12 - COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with Chief Joe Petties as he discusses local scams and fraud you need to be aware of.

Open to the public.

Sept. 13 - TO YOUR HEALTH; 10 a.m.

Topic: Myths & Misconceptions of Hospice Care

Speaker: Sarah Smith-Aseracare

Sept. 14 - TEA TIME; 2 p.m.

Topic: Local pottery making

Speaker: Zach Sierke

Sponsored By: Covenant Care

Sept. 18 - POTLUCK LUNCH; noon

Date change because of Labor Day

Join us for our monthly Potluck luncheon.

Main entrée will be Fried Chicken Cost is \$1.

Please bring a dish that serves at least 8 people.

Sponsored By: Coastal Caregivers

Sept. 20 - LUNCH & LEARN; 11 a.m.

## ACTIVITIES AROUND TOWN

### First Friday Art Walk

Enjoy the arts and Fairhope on Friday, September 1 while you shop, dine & stroll through the streets of downtown. Start your journey at the Eastern Shore Art Center!

### **30th Annual Alabama Coastal Cleanup**

Saturday September 16

8am to noon.

Volunteers are needed to help with the Coastal Cleanup. Sign up early and receive a free t-shirt.

T-shirts and other supplies can be picked up at the James P. Nix Center Friday Sept.15 from 9 am to 4 pm.

## JAMES P. NIX SENIOR ACTIVITY CENTER

### Location

One Bayou Drive  
Fairhope, Alabama 36532  
(251)928-2835  
Fax (251)990-0207

### Hours

8:00 a.m. -5:00 p.m.  
Monday-Friday

### Website

[www.fairhopeal.gov](http://www.fairhopeal.gov)

**Fairhope  
Special Events Coordinator  
Paige Crawford**

Topic: Giving the Gift of Time

Speaker: Leslye Barrow-Alacare

Sponsored By: Country Place Senior Living

\*SEE BACK PAGE FOR MORE INFO\*

Sept. 21 - ICE CREAM SOCIAL; 2 p.m.

Join us for Ice Cream, friends and door prizes!

Sponsored by: St. Joseph Hospice & The Brennity in Daphne

Sept. 22 - FINANCIAL FRIDAY; 10 a.m.

Topic: Long-Term Care Planning

Speaker: Rob Fields-Crossroads Retirement

Sept. 27 - BINGO; 1 p.m.

Play 10 Games of Bingo at the Nix Center!! Cost is \$1 for 3 cards. Refreshments served and prizes after each game!

Sponsored By: Kindred Home Health & Hospice

Sept. 28-Health & Wealth Fair

## Lunch & Learn

The Nix Center and Country Place Senior Living host a "Lunch & Learn" on the 3rd Wednesday of each month, featuring a different speaker or demonstration. Lunch is \$2 per person and will include your main entrée, drink and dessert. Please sign up in advance and pay at the door. This month's Lunch & Learn will be on Wednesday, September 20 at 11:00 a.m. Our topic for Lunch & Learn in September will be "Giving the gift of time" with Leslye Barrow from Alacare. Please register in advance with the Nix Center front desk.

## Take Full Advantage Of All

### Facility Manager

Jim Bates

[jim.bates@fairhopeal.gov](mailto:jim.bates@fairhopeal.gov)

### Nix Center Team

Danon Atkinson

Karen Beauchamp

Misty Brown

Josh Graham

Peggy Hall

Carla Morgan

This publication is produced by the James P. Nix Center. Printing of this newsletter is provided by

**Hartmann, Blackmon & Kilgore, P.C.**  
**& Homestead Village.**

## The Nix Center Bus Has To Offer!

The Nix Center is fortunate to have an excellent bus to use for our senior community. Karen, affectionately known as "Karen The Bus Driver", drives our Nix Center bus Monday-Wednesday to help transport members to and from the Nix Center, to the grocery store and to special outings scheduled throughout the year. The bus goes to Walmart every Tuesday morning, Publix on the 1st and 3rd Wednesday mornings, to the movie theater on the 3rd Tuesday (mid-morning) and to lunch on the 2nd Wednesday of the month. The bus, when available, will also pick up Nix Center members and bring them to the Nix Center for activities. For more information, see the Nix Center front desk.

## Basic Ballroom Dance Lessons !

Skip Smith, Ballroom Dance Instructor, will start a new series of basic ballroom dance lessons on Thursday, September 7 at 5:30 p.m. The

six-session, one-hour class is \$35 for Nix Center

members and \$40 for non-members. Please sign

up at the Nix Center front desk to participate.

## Brick Paver Program at the Nix Center

The Nix Center has a brick paver program similar to the one in downtown Fairhope. The program is designed to honor or memorialize friends or family members by placing a 12x12 limestone paver at the entrance of the Nix Center. The bricks can have up to six lines of text with 17 characters on each line. Each brick costs \$100 and will arrive up to three months after ordering. If you have

any additional questions, stop by the front desk or call 928-2835.

## Go to the Movies with the Nix Center!

On the third Tuesday (**September 19**) of each month members ride the Nix Center bus to the movie theater in Daphne. Space is limited to the first 11 people who register. Movie to be announced. Time to be announced closer to movie date. Check with Nix Center personnel for possible changes. Participants are responsible for admission fee to movie and refreshments. Only pre-registered participants will be guaranteed a seat on the bus.

## DAILY DONATIONS

Just a reminder to please donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what we use to purchase the snacks and coffee you are served at the center everyday. Thank you for your ongoing support of the Nix Center and our programs.

### **JAMES P. NIX CENTER DAILY ACTIVITIES FOR SEPTEMBER**

**MONDAY**

8:00-4:00 Pool/Billiards for men & women

9:00 Tone & Stretch with  
Joni

10:00-11:30 Tai Chi

12:00 POTLUCK LUNCH (September 18)

ENTRÉE: Fried Chicken

SPONSOR: Coastal Caregivers

12:30-4:00 Eastern Shore Duplicate Bridge Club \$3.00 per  
game.

For more information, call Art Meyers at  
626-5109.

[www.easternshorebridgeclub.com](http://www.easternshorebridgeclub.com)

1:00-4:00 Open Cards, Mahjong

1:30-4:00 Hand, Foot & Knee

## TUESDAY

7:30 Nix Center Golf Mixed Scramble at Quail Creek

Reservations required, fee to play is \$3. If you would like  
to play, call Bob Mull at 990-9958.

8:00-9:00 Helen McKee Senior Stretch Class

8:00-4:00 Pool/Billiards for men & women

9:00 Coffee with a Cop (September 12)

9:00-10:00 Low Impact Aerobic Class

9:00-11:00 Bridge Lesson with Frank Walsh

9:00-12:00 Jam N' Folks Music Group

11:00 TUESDAY MOVIE (September 19)

Ride the Nix Center bus to the movie theatre in  
Daphne.

Space is limited to 11 people. Participants are  
responsible for admission

fee to movie and refreshments.

Pre-registration is required.

12:30-4:00 Open Cards, Hand & Foot, Party Bridge,  
Scrabble, Cribbage, etc.

(Must bring your own foursome)

12:30 299 Duplicate Bridge

For more information, contact Janet Anderson at  
251-990-5114.

1:30-3:30 Bridge Lesson with Frank Walsh

**WEDNESDAY**

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 LINE DANCING. No Reservation required; \$5 fee is required.

9:30-11:30 "Arts & Crafts & Chat"

Bring your own craft or hobby and socialize while you do your own project.

You do not have to bring a project- just come & chat!

10:00-11:00 Spanish Class. \$5.00 fee required.

10:00 TO YOUR HEALTH (September 13)

10:45 LUNCH TRIP ON THE BUS (September 13)

Ride the Nix Center bus to Lunch on the Eastern Shore!

11:00 LUNCH & LEARN (September 20)

12:00 AUGUST BIRTHDAY BASH (September 6)

Sponsored by Atlantes Financial Advisors, The Brennity at Fairhope &

Wolfe-Bayview Funeral Home.

12:30 Open Cards, Mahjong, and Other Games.

(Must Bring your own foursome).

12:30-4:00 Eastern Shore Duplicate Bridge Club \$3 per game.

For information, call Art Meyers at 626-5109. [www.easternshorebridgeclub.com](http://www.easternshorebridgeclub.com)

1:00-3:00 BINGO (September 27)

1:30-4:00 Hand, Foot & Knee

**THURSDAY**

8:00-9:00 Helen McKee Senior Stretch Class

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 Low Impact Aerobic Class

9:00-10:00 Blood Pressure Screening with Crowley Home Care

9:30 Spouse Grief Support Group

(September 7, 14, 21 & 28) sponsored by Covenant Care

10:30-11:30 Tai Chi

10:30-11:30 Penny Auction (Sept. 7)



12:30- 4:00 Open Cards & Other Games (Must bring your own foursome)

12:30- 4:00 Eastern Shore Duplicate Bridge Club \$3 per game.

For information call Art Meyers at 626-5109.

[www.easternshorebridgeclub.com](http://www.easternshorebridgeclub.com)

1:30-3:30 COFFEE & CONVERSATION. Come and join in on an

afternoon of fellowship and stimulating conversation.

All are welcome to add their own information

or opinions and to listen to those of others.

2:00-3:00 TEA TIME (September 14)

Sponsored By: Covenant Care

2:00 ICE CREAM SOCIAL (September 21)

Join us for Ice Cream, friends and door prizes!

Sponsored by St. Joseph Hospice & The Brennity at Daphne

7:00-10:00 FAIRHOPE'S FAMOUS DANCES (September 14 & September 28)

#### FRIDAY

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 GOLD ZUMBA with Joni (September 1, 8, 15, 22, 29)

10:00-11:00 FINANCIAL FRIDAY (September 22)

Topic: LTC planning

Speaker: Rob Fields, Crossroads Retirement

12:30 Eastern Shore Duplicate Bridge Club \$3 per game.

For information, call Art Meyers at 626-5109. [www.easternshorebridgeclub.com](http://www.easternshorebridgeclub.com)

12:30-4:00 Open Cards

12:30-4:00 Mexican Dominos

# Happy Birthday September Babies



**Sept 1** Lorraine Zerdas  
**Sept 2** Bill Brooke, Georgia Higley, Mike Warren, Pat Barrow  
**Sept 3** Barbara Willis, Deborah Getz, Julia Hobbs, Lenell Jordan, Margaret Smith, Norma Morrison, Pam Burckel, Robert Holliman  
**Sept 4** Bette Shuster, Bobbe Novak, Diane Gray, Dorothy Avery, Hsidi Schneekloth  
**Sept 5** Bari Campbell, Frank St. Lawrence, James Stowers, Lou Magee, Waynard White  
**Sept 6** Deborah Wells, Linda Holman, Lynn Ditto  
**Sept 7** Joan Thompson, Kay Huke, Nancy Ward, Yuriko Hinton  
**Sept 8** Donna Broussard, Joan Rogers  
**Sept 9** Bonnie Mabrey, Robert McKee, Susan Velovia, Wanda Phillips  
**Sept 10** Betsy Loch, Keith Ward, Linda Dorian  
**Sept 11** Patti Miller, Randall Holbrook, Vivien Bridges  
**Sept 12** Alice Hyde, Billie Loomis, Gisela Cupples, Katherine Robertson, Sue Milford  
**Sept 13** Helen Ingram  
**Sept 14** Nancy Chason, Paula Powell, Richard Casey  
**Sept 15** David Chambers, Merrilee Kaufman, Susan Trimble  
**Sept 16** Dorothy Ford, Jane Bodman, William Ninis, Yvonne Cox  
**Sept 17** Aimee Scott, Barbara Becker, Bob Holman, Frances Myers, Joan Hayes  
**Sept 18** Carole Schneider  
**Sept 19** Charles Davis, John Pierce, Larry Henderson, Reed Myers, Wanda Schoen  
**Sept 20** Henry Peace, Janet Taverna, Julie Marks, Mary Jo Detema  
**Sept 21** Annette Berry, Edna Edgerly, Ronald Lee  
**Sept 22** Blue Ruhland, Brandy Monroe, Susan Morgan  
**Sept 23** Allen Campbell, Bill Mundy, Jacqueline Stuart, James Perry, Jane Hoagland, Judy Singleton, Maggie Lamia, Penny Curtis  
**Sept 24** Eva Fralick, Virginia Gray  
**Sept 25** Howard Deck, Jackie Calhoun, Melba Saunders  
**Sept 26** Diana Hogan  
**Sept 27** Anita Graham, Lillian Woods, Randal Wright  
**Sept 28** Art Meyers, Donna Dinan, Joan Ardrey, Martha Muscat, Patricia Stucke  
**Sept 29** Christina Granger, Gillette Muller  
**Sept 30** Marisha Chavers