

City of Fairhope Adult Recreation Center

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Alabama Coastal Birdfest

Phone Numbers

[City of Fairhope](#)

928-2136

James P. Nix Center

928-2835

Police Department

928-2385

Public Works/Utilities

928-8003

Recreation/Pool

990-0175

Quail Creek Golf Course

990-0240

Baldwin County
Courthouse/BRATS

928-3002

To report Medicare Fraud

1-800-AGELINE

Sponsors

Phone Numbers

[Aseracare Hospice](#)

943-6094

[Atlantes Financial Advisors
Corp.](#)

928-1616

[Comfort Care Coastal](#)

For the 13th year, Alabama Coastal BirdFest returns to welcome the fall migration of birds from all over North America. Since 2004, BirdFest has had participants from more than 25 states and Canada, who have come here for a chance to see local and migrating birds as they pass through our area on their way to winter homes in Central and South America. This year's BirdFest is Wednesday-Saturday, **October 5-8**.

"The Alabama Gulf Coast is right in the middle of a flyway. There are many species that spend the summer in North America, some as far north as the Arctic Circle and then winter in Central and South America," said BirdFest Founder John Borom. Birds that are about to cross the Gulf of Mexico spend time here preparing for that long journey, and birders from all over know that if they hope to see a bird they've never seen before, this is a good place and BirdFest is a good time to do that."

BirdFest, a birding and nature festival, features more than 30 expertly guided tours to spots all around Mobile Bay giving participants a chance to see local and migratory birds as well as other creatures who share our world, especially dolphins and alligators. The festival includes walking tours, kayak and canoe paddles, boat rides, workshops, lectures, dinners, and more. Tours, workshops, and evening events require advance registration. The Bird & Conservation Expo, 9 a.m. to 4 p.m. on Saturday, October 8, at the Halstead Amphitheater on the Faulkner Campus in downtown Fairhope, is a fun, free family day with live raptor and

621-4228

[Covenant Care](#)
626-5255

[Hartmann, Blackmon & Kilgore](#)
928-2443

[Homestead Village](#)
929-0250

[Kindred Care](#)
621-0882

[PNC Bank](#)
928-8838

[Wolfe-Bayview Funeral Home](#)
990-7775

[Country Place Living](#)
929-3627

[The Gardens of Daphne](#)
625-0802

[The Blake at Malbis](#)
625-6400

NIX CENTER BALLROOM DANCE

Dances are held the 2nd & 4th Thursday of every month at the Nix Center from

7:00 p.m. - 10:00 p.m.

Costs: \$5.00 **Members**

\$9.00 **Guests**

October 13

Charlie Freeman

October 27

snake shows, a birdhouse build, and many hands-on activities for all ages. For more information on

BirdFest or to register for a paid tour or event, visit

www. AlabamaCoastalBirdFest.com.
Registration is open from August 15 through September 23.

Gulf Coast Duck Boat Tour Trip

The Nix Center bus will take a trip on the Gulf Coast Duck Boat on Thursday, **November 17**. The cost is \$23 per person and must be paid in advance when signing up for the trip. Spots are limited to the first 15 people to sign up. The deadline to sign up and pay is Thursday, November 3. Spots on the boat will only be reserved for those who have paid in full by the deadline. Due to the vintage nature of the boat vehicle, the Duck Boats are not handicap accessible. You must be able to walk up and down 8 steps to get on and off the boat. Handrails are available to assist in boarding. The tour is a 60 minute tour. There are no restrooms on the boat. There is a possibility of getting wet on the tour as the boat makes it's initial entry into the water. For more information, please see the Nix Center front desk or call 251-928-2835.

Matter of Balance Class at the Nix Center

Sonny Tanner

Theme: Halloween

**Costume contest for
Best Dressed Male, Best
Dressed Female and
Best Dressed Duo!**

Split the pot drawing held at every dance!

*Thanks to our dance
helpers Betty Deese, Marie
Weatherly, Bonnie Matchey,
Jerry Bergman &
Louise Eckman .*

ACTIVITIES AROUND TOWN

Senior Lifestyle Expo

Thursday, October 6. 9:30 a.m. to 1:30 p.m. at the Baldwin County Coliseum in Robertsdale. Visit

informational booths and enter to win prizes! Sponsored by the

Area Agency on Aging.

Polo At The Point

Saturday, October 15 at the Point Clear Polo Fields. Visit

The Area Agency on Aging will host their "Matter of Balance: Managing Concerns About Falling" class at the Nix Center beginning on **Monday, October 3**. The free class will run every Monday for 8 weeks, ending on November 1. Class is from 10 a.m. to 12 p.m. in the Nix Center Library. Students will learn how to view falls as controllable, set goals for increasing activity, make changes at home to reduce fall risk and exercise to increase strength and balance. Please sign up in advance with the Nix Center front desk or call 251-928-2835.

MARK YOUR CALENDAR

October 3 - POTLUCK LUNCH; Noon

Join us for our monthly Potluck luncheon. Main entrée will be Announced. Cost is \$1. Please bring a dish that serves at least 8 people.

Sponsored By: **Synergy Home Care**

October 5- BIRTHDAY BASH; 10:30 a.m.

Celebrate your Birthday with the Nix Center. Enjoy Birthday Cake, Ice Cream, Games and Prizes!! Bring a friend to celebrate with you!

Sponsored by: Atlantes Financial Advisors.

The Blake at Malbis,

& Wolfe-Bayview Funeral Home

October 11- COFFEE WITH A COP; 9 a.m.

Enjoy coffee and donuts with Chief Joe Petties as he discusses local scams and fraud you need to be aware of. Open to the public.

www.pointclearpolo.com
for more information.

Downtown Trick or Treat

Saturday, October 29
from 10 a.m. until 12 p.m. Children are invited to dress in their Halloween costumes and Trick-or-Treat in downtown Fairhope. Start at the Fairhope Welcome Center!

JAMES P. NIX SENIOR ACTIVITY CENTER

Location

One Bayou Drive
Fairhope, Alabama 36532
(251)928-2835
Fax(251)990-0207

Hours

8:00 a.m.-5:00 p.m.
Monday-Friday

Email

sherry.sullivan@
cofairhope.com

OR

[sarah.smith@
cofairhope.com](mailto:sarah.smith@cofairhope.com)

Website

www.cofairhope.com

Personnel

**Director Community Affairs &
Recreation,
Sherry Sullivan**

Facility Manager,

October 12- TO YOUR HEALTH; 10 a.m.

Topic: Supplemental Healthcare Plans/Long-term Care

Presented By: Daniel Edgar, RN, Noland Eastern Shore Rehab

October 13- TEA TIME; 2 p.m.

Topic: TBA

Speaker: TBA

Sponsored By: **Covenant Care**

October 14 - FINANCIAL FRIDAY; 10 a.m.

**Topic: The Presidential Election & Your Portfolio-
What You Need To Know**

Speaker: Paul Stanley, Edward Jones Investments

October 19 - LUNCH & LEARN; 11 a.m.

Topic: Reflexology & Essential Oils

Speaker: Laurie Azzarella, Young Living Divine Oilers

Sponsor: **Country Place Senior Living**

October 20- ICE CREAM SOCIAL; 2 p.m.

Join us for Ice Cream, friends and door prizes!

Sponsored by: **The Gardens of Daphne & PNC Bank**

October 26 - BINGO; 1 p.m.

Play 10 games of Bingo at the Nix Center!! Cost is \$1 for 3 cards. Refreshments served and prizes after each game!

Sponsored By: **Kindred At Home**

October 28 - FINANCIAL FRIDAY; 10 a.m.

Topic: Behavioral Finance

Speaker: Sheila Hale, **Merrill Lynch**

Sarah Smith

Danon Atkinson
Karen Beauchamp
Paige Crawford
Josh Graham
Peggy Hall
Marguerite Peterson

This publication is produced by the James P. Nix Center. Printing of this newsletter is provided by **Hartmann, Blackmon & Kilgore, P.C. & Homestead Village.**

DAILY DONATIONS

Just a reminder to please donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what we use to purchase the snacks and coffee you are served at the center everyday. Thank you for your ongoing support of the Nix Center and our programs.

Lunch & Learn

The Nix Center and Country Place Senior Living will host a "Lunch & Learn" on the 3rd Wednesday of each month, featuring a different speaker or demonstration. Lunch will be \$2 per person and will include your main entrée, drink and dessert. Lunch entrée will be announced closer to time. Attendees must sign up in advance and pay at the door. This month's Lunch & Learn will be on **Wednesday, October 19 at 11:00 a.m.** The topic for Lunch & Learn will be Reflexology and Essential Oils by Laurie Azzarella of Young Living Divine Oilers. Please register in advance.

Flu Shot Clinic at the Nix Center

The Nix Center will host a Flu Shot Clinic on **Thursday, October 6** from 10 a.m. until 1 p.m. in the Nix Center Ballroom. Representatives from Rite Aid will be here administering the flu shots on a first come, first served basis. The clinic is open to the public, with no age requirement. Please bring your photo ID and your insurance provider card.

Penny Auction

Back by popular demand is the Penny Auction at the Nix Center! YourChoice Senior Care and Comfort Care will be at the Nix Center on

Wednesday, October 19 at 2 p.m. to host the Penny Auction. All participants will be given fake money to play with that they can then use to bid on a selection of prizes donated by our sponsors. The Penny Auction is free to Nix Center members. Light refreshments will served.

St. James Concert Series

The next installment of the St. James Concert Series is scheduled for Friday, **October 28** at 7 p.m. at St. James Episcopal Church in Fairhope. Requiem by Maurice Durufle will be performed by the St. James Choir. Five months after Paris was liberated, Durufle's father died. This gave impulse to the completion of his greatest work, the Requiem, published in 1948 and dedicated to the memory of his father. Composed entirely of Gregorian themes, all nine movements are based on the missa pro defunctis, evoking memories of the disciplines learned by the choirboy prodigy. In this intense work the St. James Choir will be accompanied by Durufle's intricate organ score, cello and timpani. The program also

features Charles Gounod's Sanctus setting from his St. Cecilia Mass with St. James soloist Rebecca Stevens, and two works by California composer Craig Phillips. This free public concert series is made possible through donations to the Helen Norman Williams Endowment fund. For more

information on the concert series, call 251-928-2912.

Sassy Sisters Trip to Italy

Join the Sassy Sisters on a trip to Italy in the summer of 2017!! Come to a meeting on Friday, **October 7** at the Nix Center at 10 a.m. to learn more about the trip. The trip will be June 3-June 13, 2017. The 11-day tour includes Italy's Lake Como region, Milan, the Italian Riviera (Cinque Terre) and Venice. A two-night extension to Trieste is also an option for interested travelers.

Memory Screenings at the Nix Center

The Alzheimer's Foundation of America will host their National Memory Screening Program at the Nix Center Thursday, **November 3** from 12:00 p.m. to 4:00 p.m. in the Nix Center ballroom. Walk-ins are welcome, but if you would like to make an appointment please call 251-752-8742. The screening is totally free and confidential and only takes 15 minutes to gain "peace of mind" that one's memory loss is normal and age related. Can't make the Fairhope screening? Screenings will also be offered on November 1st at the Foley Civic Center, November 7th at the Orange Beach Community Center, November 8th at the Cultural Center in Gulf Shores and on November 10th at the Foley Civic Center. Memory screenings are an important first step toward determining if you may have a memory problem. They do not diagnose any illness and do not replace consultation with a qualified healthcare professional.

Theatre 98 Presents PROOF

Theatre 98 will present *Proof*, by David Auburn on **October 7-9, 14-16 and 21-23**. The Friday and Saturday showings are at 8 p.m.; Sunday at 2:30 p.m. Winner of the 2001 Pulitzer Prize and Tony Award for Best Play, *Proof* follows primary character Catherine who has spent years

caring for her brilliant but unstable father, a famous mathematician. Now, following his death, she must deal with the arrival of her estranged sister, Claire, and the attentions of Hal, a former student of her father's who hopes to find valuable work in the 103 notebooks that her father left

behind. The discovery of a mysterious notebook draws Catherine into the most difficult problem of all: How much of her father's madness-or genius-will she inherit? Theatre 98 graciously invites the public to their dress rehearsal for FREE on October 6. Limit of 2 tickets per person. Tickets are handed out on a first come, first served basis beginning at 6 p.m. at the theatre the night of the dress rehearsal. Theatre 98 is located on the corner of Morphy Avenue and Church Street in Fairhope.

Did You Know?

The Nix Center offers a free Tai Ji Class on Thursday mornings from 10:30-11:30 a.m. in the Nix Center ballroom. Instructor Elliott Lauderdale graciously volunteers his time every week and we are excited to have this class at the Nix Center!

BINGO After Potluck!

Please join us for Bingo immediately following Potluck lunch on **October 3**. Synergy Home Care will be our lunch and bingo sponsor and will be giving away some great prizes!!

Free Blood Pressure Screenings!

Comfort Care

Offers the screening on the
1st Thursday of the month at 9 a.m.

Aseracare Hospice

offers the screening on the
3rd Tuesday of the month at 9 a.m.

JAMES P. NIX CENTER DAILY ACTIVITIES FOR OCTOBER

MONDAY

- 8:00-4:00 Pool for men & women
- 9:00 Tone & Stretch with Joni
- 12:30-4:00 Eastern Shore Duplicate Bridge Club
\$2.00 per game. For more information, call Art Meyers at 626-5109.
www.eastenshorebridgeclub.com
- 1:00-4:00 Open Cards, Mahjong, Canasta
- 1:30-4:00 Hand, Foot & Knee

TUESDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00-4:00 Pool/Billiards for men & women

8:00 **Nix Center Golf Mixed Scramble at Quail Creek**
Reservations required, fee to play is required.

If you would like to play, call Bob Mull at 990-9958.

9:00 **COFFEE WITH A COP (OCT 11)**

9:00 FREE Blood Pressure Screening with

Aseracare Hospice (OCT 19)

9:00-10:00 Low Impact Aerobic Class with Joni

9:00-12:00 Jam N' Folks Music Group

11:00 **TUESDAY MOVIE (OCT 19)**

Ride the Nix Center bus to the movie theatre in

Daphne.

Space is limited to 11 people. Participants are responsible for admission fee to movie and refreshments. Pre- registration is required.

12:30-4:00 Open Cards, Hand & Foot, Party Bridge, Scrabble, Cribbage, etc.

(Must bring your own foursome)

12:30 299 Duplicate Bridge

990- For more information, contact Janet Anderson at 251-5114.

WEDNESDAY

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 **LINE DANCING** with Donna! No Reservation required;

\$5 fee is required. For questions, call Donna Snedecker

at 251-989-2570

9:30-11:30 **"Arts & Crafts & Chat"**

you Bring your own craft or hobby and socialize while

do your own project. You do not have to bring a project- just come & chat!

10:00 **TO YOUR HEALTH (OCT 12)**

Care Topic: Supplemental Health Insurance/Long-term

Rehab Speaker: Daniel Edgar, RN, Noland Eastern Shore

10:30 **OCTOBER BIRTHDAY BASH (OCT 5)**

Sponsored by:

**Atlantes Financial Advisors, The Blake at Malbis
& Wolfe-Bayview Funeral Home.**

10:45 **LUNCH TRIP ON THE BUS (OCT 12)**

Shore! Ride the Nix Center bus to Lunch on the Eastern

11:00 **LUNCH & LEARN (OCT 19)**

Topic: Reflexology & Essential Oils

Speaker: Laurie Azzarella, Young Living Divine Oilers
Sponsored by Country Place Senior Living

12:30 Open Cards, Mahjong, and Other Games.
(Must Bring your own foursome).

12:30-4:00 Eastern Shore Duplicate Bridge Club \$2 per game.

For information, call Art Meyers at 626-
5109. www.easternshorebridgeclub.com

1:00 **BINGO (OCT 26)**

Sponsor: Kindred Hospice

1:30-4:00 Hand, Foot & Knee

THURSDAY

8:00-9:00 Helen McKee Senior Stretch Class

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 Low Impact Aerobic Class

9:30 Bridge Lessons with Frank Walsh

9:30 Spouse Grief Support Group

(OCT 6, 13, 20 & 27)

Sponsored by **Covenant Care**

12:30 Open Cards & Other Games(Must bring your
own foursome)

12:30- 4:00 Eastern Shore Duplicate Bridge Club \$2 per game.

For information call Art Meyers at 626-5109.

www.easternshorebridgeclub.com

1:30 **COFFEE & CONVERSATION.** Come and join in on an

afternoon of fellowship and stimulating conversation.

Men and Women are welcome to add their own information

or opinions and to listen to those of others.

2:00 **TEA TIME (OCT 13)**

Topic: TBA

Presented by: TBA

Sponsor: **Covenant Care**

2:00 **ICE CREAM SOCIAL (OCT 20)**

Join us for Ice Cream, friends and door prizes!

Sponsored by **The Gardens of Daphne & PNC**

Bank

7:00-10:00

NIX CENTER BALLROOM DANCES

(OCTOBER 13 & OCTOBER 27)

FRIDAY

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 **GOLD ZUMBA** with Joni **(OCT 7, 14, 21 & 28)**

12:30 Eastern Shore Duplicate Bridge Club \$2 per game.

For information, call Art Meyers at 626-5109. www.easternshorebridgeclub.com

12:30 Open Cards

12:30-4:00 Mexican Dominos

Happy Birthday October Babies



OCTOBER 1: Dorothy Herides, Michael Cerps, Paul East, Renea Canton, Robert Sutherland, Sally DeJarlais, Walter D'Olive
OCTOBER 2: Joan Browning, Robert Johnson
OCTOBER 3: Betty Riley, Betty Vance, Lynne Parker, Marjorie Baxter
OCTOBER 4: Judi Smith, Kathy Boone, Rose Marshall, Sara Martin, Thomas McCullough
OCTOBER 5: Deborah Turberville, Sharon Sims, Vi Scharles
OCTOBER 6: Barbara Mudd, Betty Mac Turner, Marie Cafferty, Mary McCullough, Shirley Burns
OCTOBER 7: Andrea Fagan, Bryce McMurry, Emily Pittman, Margaret Bero, Mary Jane Barrow, Robert Kerzie, Stella Burnham
OCTOBER 8: Andrew Soto, Mark Durrett

OCTOBER 9: Betty Stone
OCTOBER 10: Max Mattox
OCTOBER 11: Lois Bednarowski, Tammy Stewart
OCTOBER 12: Magrid Wichers, Tony Deas
OCTOBER 13: Alice Schiller, Arthur Ball, Peter Presel, Sharon Ware
OCTOBER 14: Chester Mae, Janet Waite, Laverne Larsen, Sue Hinton
OCTOBER 15: Betty Busby, Jeanne Douglas
OCTOBER 16: Dan Knight, Ingrid Schellenberg, Linda Wright, Maureen Muschel, Paul Sall, Ralph Webster, Susan Hebert
OCTOBER 17: Joe Williams
OCTOBER 18: Betty Gurley, Joann Kibbe, Judith Mathias, Mary Alice Fath, Mary Jones, Marylene Lowery
OCTOBER 19: Bill Trimble, Jackie Holmes, Mary Renfroe, Paul Orocco
OCTOBER 20: Douglas Fancher, Trey Fouché, Vicki Foster
OCTOBER 21: Court Hurst, Linda Hamilton, Mary Laseau, Richard Earp, Robert Bruenn, Steve Coppejans



OCTOBER 22: Harry Cichowski, Harvey Joanning, Jane McLendon, Joan Schnitzer, Pat Hess, Sharle Tatum
OCTOBER 23: Andrea Lytle, Gayla Mercer, Kathy St. Lawrence, Mabel Daves
OCTOBER 24: Floyd Fraser
OCTOBER 25: Bobbie O'Farrell, Jenny Andrews, Kitty Moreland, Marion Metzger, Tom Thompson
OCTOBER 26: Elaine Postma, Evelyn Jamvold, Martin Powell, Mary Ann Pugh
OCTOBER 27: Pamela Laning, Ron Muschel, Susan Helms
OCTOBER 28: Eleanor Brunell, Paddy McKenzie
OCTOBER 30: Flo Schneider, Gary King, Patti Lewis, Paula Dicks
OCTOBER 31: Beatrice Catting, Daryl Haskew, Jacqueline Lee, Thomas Kidd

