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| --- | --- | --- | --- | --- | --- |
| Time | Monday | Tuesday | Wednesday | Thursday | **Friday** |
| 5:30-----------**6:30****AM** |  Spinning**5:30AM(Trish)** | **C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\NR8Q7ZMT\MC900440536[2].wmfWater Aerobics****(Trish)** |  Spinning 5:30AM(Trish | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\NR8Q7ZMT\MC900440536[2].wmf **Water Aerobics** **(Trish)** | Spinning5:30AM(Trish)C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\RZX5L48S\MC900440542[1].wmf |
|  Taiji (Elliott) |
| 8:00 AM | MM900174000[1] Spinning(Mary Ellen) |  | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\IRXGURWP\MM900174000[1].gif Spinning (Mary Ellen) |  |  |
| 8:15 AM | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\EB68CZXH\MC900217608[1].wmf Tone to Stone (Jahane)  | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\C3D1P9HJ\MM900283939[1].gif Zumba (Joy) | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\EB68CZXH\MC900217608[1].wmf Tone to Stone  (Jahane) | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\C3D1P9HJ\MM900283939[1].gif Zumba (Joy) | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\EB68CZXH\MC900217608[1].wmf Tone to Stone  (Jahane) |
| 8:30 AM | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\12F0BCZ6\MC900286086[1].wmfPickleball 8:30-10:30 |  | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\12F0BCZ6\MC900286086[1].wmfPickleball 8:30-10:30 |  | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\12F0BCZ6\MC900286086[1].wmfPickleball 8:30-10:30 |
| 7:00 AM | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\NR8Q7ZMT\MC900440536[1].wmf Water Aerobics (Sandy) |  | MC900440536[2] Water Aerobics (Sandy) |  | MC900440536[2] Water Aerobics (Sandy) |
| 9:30 AM | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\AZFRPCZW\MC900439931[1].wmf Pilates (Allyson)  | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\RZX5L48S\MC900310178[1].wmf Yoga (Billie) |  C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\AZFRPCZW\MC900439931[1].wmf Pilates (Sue Ann) | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\B1NMVXDL\MC900439917[1].wmf Pilates Stretch (Allison, Sue Ann) | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\AZFRPCZW\MC900439931[1].wmf Pilates (Sue Ann) |
| 10:30 AM | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\RZX5L48S\MC900440542[1].wmf Taiji (Elliott) |  |  | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\RZX5L48S\MC900440542[1].wmf Taiji (Elliott)  |  |
| 12:00PM |  | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\12F0BCZ6\MC900286086[1].wmfPicklebal 12:00-2:00 |  | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\12F0BCZ6\MC900286086[1].wmfPickleball 12:00-2:00 |  |
| 5:30PM | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\RZX5L48S\MC900310178[1].wmfYoga (JamieRYT 200)-------------------------------------   | MM900174000[1] Spinning (Trish)(5:30) | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\EB68CZXH\MC900440408[1].png Boot Camp (Jahane) | C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\IRXGURWP\MM900174000[1].gif Spinning (5:30) (Mary Ellen) ------------------------------------------C:\Documents and Settings\cof-recctr1\Local Settings\Temporary Internet Files\Content.IE5\RZX5L48S\MC900310178[1].wmfYoga (Jamie RYT 200) | Saturday8:15 amZumba |

Fairhope Recreation Center Group Fitness Schedule – June 2016 (subject to change)