The James P. Nix Center	May 2016
ty of Fairhope Adult Recreation Center	
n This Issue	Phone Numbers
Fairhope Girls Night Out	City of Fairhope
	928-2136
Additional BINGO game!	James P. Nix Center
Older Americans Breakfast	928-2835
	Police Department
MARK YOUR CALENDER	928-2385
Lunch & Learn	Public Works/Utilities
Cupcake Decorating Class	928-8003
cuptake Decorating class	Recreation/Pool
High Tea at the Nix Center	990-0175
USO Dance	Quail Creek Golf Course
	990-0240
Adult Coloring Session Basic Ballroom Dancing	Baldwin County Courthouse/BRATS
busie builloom building	928-3002
Cinco de Mayo Lunch & Learn	
FREE Skin Cancer Screenings	To report Medicare Fraud
Former's Morket	1-800-AGELINE
Farmer's Market	Sponsors
Nix Center Ballroom Dance	Phone Numbers
ACTIVITES AROUND TOWN	

Fairhope Girls Night Out

Fairhope's Girls Night Out is back, set for Thursday, **May 12** from 4-8 p.m., and it promises to be even more fun than the previous events, said Alex Robinson, director of the Downtown Merchants' Association. "All for a \$20 registration fee, you'll receive a fun T-shirt and shopping tote 'swag bag,' food vouchers, and an exclusive Girls Night Out coupon booklet with special deals available that night and throughout the weekend, May 13-15. The night includes great specials and fun activities at participating shops, such as trunk shows, giveaways, and refreshments.

"This year's event is the weekend after Mother's Day so we think it's a great way to give mom or grandma a special treat," Robinson said. "We saw many people out shopping and having fun with two or three generations of family last year. The Girls Night Out package is a fun way to spend time with your girlfriends, of course but it's also a great night out with the special women in your family. And since the coupon booklet is good through that Sunday, make it a Fairhope weekend!"

Tickets are \$20 each and can be purchased at the Nix Center front desk. Participants can also register the day of the event, starting at 3p.m. at the Fairhope Welcome Center.

Additional BINGO Game	Kindred Care
Following Potluck	621-0882
Additional BINGO following Potluck lunch on Monday, May 2 ! Bingo will begin at approximately 1:00. Prizes will be awarded after every game, with a total of 10 games! Sponsored by Synergy Home Care !	
	PNC Bank
Older Americans Breakfast	928-8838
at the Nix Center	Wolfe-Bayview Funeral
	<u>Home</u>
The James P. Nix Center and Southern Care Hospice will host a celebratory breakfast honoring Older Americans Month on Tuesday , May 24th at 10:30 a.m. in the Nix Center Ballroom. Attendees will	928-9555

943-6094

Atlantes Financial Advisors Corp.

928-1616

Southern Eye Network

990-3937

Covenant Care

626-5255

Hartmann, Blackmon & Kilgore 928-2443

Homestead Village 929-0250

be treated to a free breakfast, special guest speaker and door prizes. May is Older Americans month and this year marks the 51st celebration. This year's theme for Older Americans Month is "Blaze a Trail", with an emphasis on raising	<u>Country Place Living</u> 929-3627
awareness about important issues facing older adults while highlighting the ways that older Americans are advocating for themselves, their peers, and their community. Please register in advance with the Nix Center.	<u>The Brennity</u> 928-5555/626-9000
MARK YOUR CALENDAR	The Gardens of Daphne
May 2-POTLUCK LUNCH; noon	625-0802
Join us for our monthly Potluck luncheon.	
Main entrée will be Fried Chicken .	The Blake at Malbis
Cost is \$1. Please bring a dish that serves at least 8 people.	625-6400
Sponsored By: <u>Comfort Care</u>	
May 4- BIRTHDAY BASH; 10:30 a.m.	NIX CENTER BALLROOM DANCE
Celebrate your Birthday with the Nix Center.	
Enjoy Birthday Cake, Ice Cream, Games and	Dances are held the 2nd & 4th Thursday of every month at the Nix Center from 7:00 p.m 10:00 p.m. Costs: \$5.00 Members
Prizes!! Bring a friend to celebrate with you!	
Sponsored by: <u>Atlantes Financial Advisors,</u>	
Southern Eye Network	
& Wolfe-Bayview Funeral Home	
	\$9.00 Guests
May 10- COFFEE WITH A COP; 9 a.m.	φ 5.00 Ουζοιο
Enjoy coffee and donuts with Chief Joe Petties as he	
discusses local scams and fraud you need to be aware	<u>May 12</u>
of. Open to the public.	Band: JR Owen
May 11- TO YOUR HEALTH; 10 a.m.	

Topic: Arthritis- Knee & Hip Pain	Band: Exit 105
Presented By: Karen Chastang, Joint Care Coordinator for <u>South</u> <u>Baldwin Regional Medical Center</u>	Theme: USO
<u>May 12- TEA TIME; 2 p.m.</u> Topic: 10 Easy Ways to Maximize Your Brain Power Now!	Split the pot drawing held at every dance!
Speaker: Ana Meeker Sponsored By: <u>Covenant Care</u>	<u>Thanks to our dance</u> <u>helpers Betty Deese,</u> <u>Marie</u> <u>Weatherly, Bonnie</u>
May 19- ICE CREAM SOCIAL; 2 p.m.	<u>Matchey, Jerry Bergman,</u> Judy Simpson <u>&</u>
Join us for Ice Cream, friends and door prizes!	<u>Louise Eckman .</u>
Sponsored by: The Gardens of Daphne & PNC Bank	
May 27 - FINANCIAL FRIDAY; 10 a.m.	ACTIVITIES AROUND TOWN
Topic: Current Market Conditions	
Speaker: Chase Smith, Edward Jones Financial	<u>Older Americans Day</u> <u>Picnic</u>
<u>May 25 - BINGO; 1 p.m.</u> Play 10 games of Bingo at the Nix Center!! Cost is \$1 for 3	Thursday, May 12 at the Baldwin County Coliseum . 9 a.m. until noon.
cards. Refreshments served and prizes after each game! Sponsored By: <u>Kindred Care Home Health</u>	<u>Fairhope Single Tax</u> Lecture
DAILY DONATIONS	Tuesday, May 3rd at the Fairhope Public Library. Starts at 6 p.m. Topic is Clay City Tile: An
Just a reminder to please donate to our refreshments fund when you are enjoying the coffee, cookies and many other refreshments we serve around the center. These donations are what we use to purchase the snacks and coffee you are served at the center	
everyday. Thank you for your ongoing support of the Nix Center and our programs.	Architectural History of Fairhope. Call 928-8162 for more info.
Lunch & Learn	Senior Lifestyle Expo

The Nix Center and Country Place Senior Living host a "Lunch & Learn" on the 3rd Wednesday of each month, featuring a different speaker or demonstration. Lunch is \$2 per person and will include your main entrée, drink and dessert. Please sign up in advance and pay at the door. This month's Lunch & Learn will be on Wednesday, May 18 at 11:00 a.m. Our topic for Lunch & Learn in May will be Spring Makeup Tips for Seniors. Please register in advance with the Nix Center front desk.

Cupcake Decorating Class

Master the art of "Modern Cupcake" decorating with Beth Cullinan, instructor at Faulkner State. Beth will teach

participants the different techniques of working with chocolate and edible gold! The skills you learn will make your next

social get together extra special when you make your very own cupcakes! The class will be on Monday, May 16 at 10:30 a.m. and costs \$10 per person. Please register in advance with the Nix Center front desk.

High Tea at the Nix Center

Join us for an afternoon of delicious food and fun at our High Tea on Monday, May 23rd at 2 p.m. here at The Nix Center, co-sponsored by The Blake at Malbis and The Gardens of Daphne. We will have a selection of freshly prepared finger sandwiches, warm scones with clotted cream and preserves, a variety of homemade cakes and pastries, & your choice from a range of teas. Come out and enjoy a traditional Southern High Tea! Please sign up with the Nix Center front desk in advance.

USO Dance Fax(251)990-0207 The Nix Center will host our annual USO Dance on **Thursday, May 26** Hours at 7 p.m. Dress in your 8:00 a.m.-5:00 p.m. war-era attire or your service uniform and take a picture in the Army Monday-Friday Jeep! Take a look through history with the display of service

Visit the Area Agency on Aging spring expo in Mobile on Wed., May 18 at the Abba Shrine

Center from 9:30 a.m. to 1:30 p.m. Call 706-4671 for more info.

Baldwin Pops Sunset <u>Concert</u>

Enjoy music and the sunset on Monday, May 30 (Memorial Day) for the Baldwin Pops Sunset

Concert on the Bluff at 6:30 p.m. Bring your chairs and blankets!

JAMES P. NIX SENIOR ACTVITY CENTER

Location

One Bayou Drive Fairhope, Alabama 36532 (251)928-2835

uniforms, pictures and advertisements. Dance the night away with local favorite Exit 105! Doors open at 6:30 p.m., \$5 for Nix Center members and \$9 for guests. Adult Coloring Session	<u>Email</u> sherry.sullivan@ cofairhope.com
Coloring for adults has become increasingly popular over the last year as it's health benefits have proven to be significant. In addition to just being fun, coloring helps relieve stress, improves your mood, boosts creativity, gives you a chance to relax and allows you to focus on a particular task. The Nix Center is excited to host an adult coloring session on Monday, May 9 at 10:00 a.m. The session is free to Nix Center members. Participants will be given one intricate coloring sheet to color with colored pencils. Please register in advance at the Nix Center front desk to join the fun!	OR <u>sarah.smith@</u> cofairhope.com <u>Website</u> <u>www.cofairhope.com</u>
Basic Ballroom Dancing	<u>Personnel</u>
Skip Smith, Ballroom Dance Instructor, will start a new series of basic ballroom dance lessons on Thursday, May 5 at 5:30 p.m. The six-session, one-hour class is \$35 for Nix Center members and \$40 for non- members. Please sign up at the Nix Center front desk to participate.	Director Community Affairs & Recreation, Sherry Sullivan Facility Manager, Sarah Smith
"Cinco de Mayo"	
Lunch & Learn Join Brad Johnson of American Heritage Financial for a special Lunch	Danon Atkinson Karen Beauchamp
& Learn on Thursday, May 5 at 11:00 a.m. in the Nix Center ballroom. Brad will discuss your options for coverage under Medicare and the pros & cons of those options. He will also take and answer questions from the audience. While you listen to the presentation, you can enjoy the complimentary Mexican Fiesta lunch, provided by Brad and American Heritage Financial. Please register in advance with the Nix Center front desk.	Paige Crawford Josh Graham Peggy Hall Marguerite Peterson Mona Schoenrock

Haley Dermatology, in partnership with the American Academy of Dermatology is offering free skin cancer screenings on **Thursday**, **May 5th** from 4-6 p.m. at Haley Dermatology in Fairhope. The screenings are part of a national campaign, SpotMe, to educate the public on the different types of skin cancer, the importance of early detection and preventative measures. Over one million new cases of skin cancer will be diagnosed in the United States this year. Sun protection from harmful UV rays is necessary for those that live along the Gulf Coast. May is Skin Cancer Awareness Month. Melanoma is the most fatal type of skin cancer, with one American almost every hour dying from Melanoma. The Academy of Dermatology has surveyed that more than 50% of Americans do not know the signs of Melanoma and only 33% regularly examine their skin.

Dermatologists want to educate the public on the proper skin changes to look for. Melanoma can be cured in its early stages. For more information on these screenings, contact Haley Dermatology at 251-928-3844.

City of Fairhope

Farmer's Market

The City of Fairhope Summer Farmer's Market is in full swing! The market is held on Thursday afternoons from 3:00 p.m. to 6:00 p.m. behind the Fairhope Public Library on Bancroft Street in downtown Fairhope. The market began on **Thursday, April 28** and run through July 7, offering fresh Baldwin County produce, fresh cut flowers, local honey, a large variety of plants, baked goods and more! The Haven will also be on hand with pets up for adoption. For more information, call 251-929-1466.

Foley Senior Center Breakfast

In celebration of Older Americans Month, the Foley Senior Center is hosting a breakfast on Wednesday, May 18 at 9 a.m. A FREE breakfast will be served, along with entertainment and door prizes. Advanced registration is required. Please sign up either with the Foley Senior Center or at the Nix Center by April 15th. For more

information, call 251-943-1877.

This publication is produced by the James P. Nix Center. Printing of this newsletter is provided by

Hartmann, Blackmon & Kilgore, P.C. & Homestead Village. Memorial Day Closing

The Nix Center will be closed on Monday, May 30 in honor of memorial day.

Free Blood Pressure Screenings!

Comfort Care

Offers the screening on the

1st Thursday of the month at 9 a.m.

Aseracare Hospice

offers the screening on the

3rd Tuesday of the month at 9 a.m.

JAMES P. NIX CENTER

DAILY ACTIVITIES

FOR

MAY

MONDAY

- 8:00-4:00 Pool for men & women
- 9:00 Tone & Stretch with Joni
- 12:00 POTLUCK LUNCH (MAY 2
-)

Main Entree: FRIED CHICKEN

Sponsor: COMFORT CARE

12:30-4:00 Eastern Shore Duplicate Bridge Club

\$2.00 per game. For more information, call Art

Meyers at 626-5109.

www.eastenshorebridgeclub.com

- 1:00-4:00 Open Cards, Mahjong, Canasta
- 1:30-4:00 Hand, Foot & Knee

<u>TUESDAY</u>

- 8:00-9:00 Helen McKee Senior Stretch Class
- 8:00-4:00 Pool/Billiards for men & women
- 8:00 Nix Center Golf Mixed Scramble at Quail Creek Reservations required, fee to play is required.

If you would like to play, call Bob Mull at 990-9958.

- 9:00 **COFFEE WITH A COP (MAY 10)**
- 9:00 FREE Blood Pressure Screening with

Aseracare Hospice (MAY 17)

- 9:00-10:00 Low Impact Aerobic Class with Joni
- 9:00-12:00 Jam N' Folks Music Group

11:00 TUESDAY MOVIE (MAY 17)

Ride the Nix Center bus to the movie theatre in Daphne.

Space is limited to 11 people. Participants are responsible for admission fee to movie and refreshments. Pre- registration is required.

12:30-4:00 Open Cards, Hand & Foot, Party Bridge, Scrabble, Cribbage, etc.

(Must bring your own foursome)

12:30 299 Duplicate Bridge

For more information, contact Janet Anderson at 251-990- 5114.

WEDNESDAY

8:00-4:00 Pool/Billiards for men & women

9:00-10:00 **LINE DANCING** with Donna! No Reservation required;

\$5 fee is required. For questions, call Donna Snedecker

at 251-989-2570

9:30-11:30 "Arts & Crafts & Chat"

Bring your own craft or hobby and socialize while you

do your own project. You do not have to bring a

project- just come & chat!

10:00 **TO YOUR HEALTH (MAY 11)**

Topic: Arthritis-- Knee & Hip Pain

Speaker: Karen Chastang, Joint Coordinator for

South Baldwin Regional Medical Center

10:30 MAY BIRTHDAY BASH (MAY 4)

Sponsored by Atlantes Financial Advisors,

Southern Eye Network & Wolfe-Bayview Funeral

Home.

10:45 LUNCH TRIP ON THE BUS (MAY 11)

Ride the Nix Center bus to Lunch on the Eastern

Shore!

11:00 LUNCH & LEARN (MAY 18)

Topic: Spring Makeup Tips for Senior Ladies

Speaker: Violet Gardner, Licensed Master Aesthitician Sponsored by Country Place Senior Living		
12:30 Open Cards, Mahjong, and Other Games.		
(Must Bring your own foursome).		
12:30-4:00 Eastern Shore Duplicate Bridge Club \$2 per game.		
For information, call Art Meyers at 626- 5109. <u>www.easternshorebridgeclub.com</u>		
1:00 BINGO (MAY 25)		
Sponsor: Kindred Care Home Health		
1:30-4:00 Hand, Foot & Knee		
THURSDAY		
8:00-9:00 Helen McKee Senior Stretch Class		
8:00-4:00 Pool/Billiards for men & women		
9:00-10:00 Low Impact Aerobic Class		
9:30 Bridge Lessons with Frank Walsh		
9:30 Spouse Grief Support Group		
(MAY 5, 12, 19 & 26)		
Sponsored by Covenant Care		
12:30Open Cards & Other Games(Must bring yourownfoursome)		
12:30- 4:00 Eastern Shore Duplicate Bridge Club \$2 per game.		
For information call Art Meyers at 626-5109.		
www.easternshorebridgeclub.com		
1:30 COFFEE & CONVERSATION . Come and join in on an		
afternoon of fellowship and stimulating conversation.		
Men and Women are welcome to add their own information		

or opinions and to listen to those of others.

2:00 **TEA TIME (MAY 12)**

Topic: 10 Ways to Maximize Your Brain Power Now!

Presented by: Ana Meeker

Sponsor: Covenant Care

2:00 ICE CREAM SOCIAL (MAY 19)

Join us for Ice Cream, friends and door prizes!

Sponsored by The Gardens of Daphne & PNC Bank

7:00-10:00

NIX CENTER BALLROOM DANCES

(MAY 12 & MAY 26)

FRIDAY

- 8:00-4:00 Pool/Billiards for men & women
- 9:00-10:00 GOLD ZUMBA with Joni (MAY 6, 13, 20 & 27)
- 10:00 FINANCIAL FRIDAY (MAY 27)

Topic: Current Market Conditions

Speaker: Chase Smith, Edward Jones Financial

12:30 Eastern Shore Duplicate Bridge Club \$2 per game.

For information, call Art Meyers at 626-

- 5109. www.easternshorebridgeclub.com
- 12:30 Open Cards
- 12:30-4:00 Mexican Dominos

Happy Birthday **May Babies**

MAY 9: Faye Kerzic, Jim

Davenport



MAY 1: Anna Myers, Harry Hackney, Nancy Miller MAY 2: Ann Taylor, Barbara Ross, Barbara Schweitzer, Patricia Boss, Patty Seay, William Maurer MAY 3: Betty Williamson, Bill Burdick, Ed Ahrens, Hattie Turberville, Kay Cobb MAY 4: Darwin Hardison MAY 5: Brenda Spivey, Delbert Hess, Fran Hocquard, Letty Oratowski, Sidney Chandler, Sylvia Ensley, Valerie Hogg MAY 6: Susan Breitfeller MAY 7: Cynthia Tellman, Richard Cink MAY 8: Dede Wilson, Judy MAY 2: Dece winson, sory Niemeyer, Rosemary Rhodes, Ruth Arata, Susan Pritchett, Todd MAY 22: Junius Klein, Landau

MAY 10: Bob McArthur, Bruce Raymond, Edy Rhodes MAY 11: Cile McNeese MAY 12: Bruce MacQueen, John Cherkofsky, Karen White, Paula Potter MAY 13: Kay Newbern, Pat Shelton MAY 14: Carol Moomaw, Marion Williams, Mike White, Xina Stone MAY 15: Albert Grassley, Gary Johnson, Kenneth Simmons, Nancy Weems, Linner MAY 17: Barbara Hofkamp, Henry Cummings, Ruth Panneton MAY 18: Dan Bowman, Fay Evans Felty, Mary Ann Ollinger, Pamela Bowman, Vivien Harmon MAY 19: Annette Montgomery, Charlene Rathbun, Elizabeth Jannoni, Mary Pittman MAY 20: Duane Sponaugle MAY 21: Margie Harner, Margie Gewritz



MAY 23: Clifford Nelson, Collin Rust, Shirley McDonald MAY 24: Karen Magdech, MAY 121: Marky Weens, Ralph Jennings MAY 16: Stan Evans, Walter Linner MAY 26: Gwen Rohan, Nancy Randolph, Vicki MacDonald MAY 27: Corinna Walker, Lawson Swearingen, Linda MAY 28: Clare Castleman, Mary Lemoine MAY 29: Barbara Turner, James Love, Jane Libbey, Joan Neely, Michael Renz, Milly Cowles, Raymond Pearce, Robert Burton,

Sandra Tobias, Stanley O'Halloran, Virgil Decker MAY 30: Leonard Nelson MAY 31: Ann Moore Jennings, Jeri Ann Dryer, Lois Magnon, Pat Hellebusch

Summer